Health rules fight crack houses

By LYNN FRANCISCO
King County health officials have developed a new way to fight the increasing use of crack cocaine.

They've asked the King County Board of Health to approve new rules that would require owners of crack houses to file a "plan of operation" with the health department, outlining how the crack house would eliminate health problems associated with crack cocaine use.

They have also asked for authority to levy a fine of $10,000 a day, if they don't submit an "acceptable" plan.

Gary Irvine, the department's environmental health supervisor, said crack house owners have developed numerous health problems.

"Crack houses not only provide drug dealing and shootings, but they also expose people to lethal fumes used in the manufacture of crack. They help spread sexually transmitted diseases, through prostitution, and they promote violence and neighborhood blight," he said.

While officials admit they don't expect crack house owners to file plans for liquor drug houses, they believe the rules will help.

"This is a total more extensive action than what has been done in the past," he said.

Fat fight: Dieters seek allies

By JODI YANCER

Pictures of delectable food adorn the walls of the chintzy waiting room. A stunning photo of weight-loss successes hangs prominently above the counter.

One day another, thin-armed women arrive at the Federal Way Weight Loss Centre. Some speak briefly with the receptionist while others are whisked away to the waiting room. A stunning photo of weight-loss success is displayed above the counter.

Several allegations of health department, outlining how the crack house would eliminate health problems associated with crack cocaine use. They have also asked for authority to levy a fine of $10,000 a day, if they don't submit an "acceptable" plan.

Gary Irvine, the department's environmental health supervisor, said crack house owners have developed numerous health problems.

"Crack houses not only provide drug dealing and shootings, but they also expose people to lethal fumes used in the manufacture of crack. They help spread sexually transmitted diseases, through prostitution, and they promote violence and neighborhood blight," he said.

While officials admit they don't expect crack house owners to file plans for liquor drug houses, they believe the rules will help.

"This is a total more extensive action than what has been done in the past," he said.

Fat fight: Dieters seek allies

By JODI YANCER

Pictures of delectable food adorn the walls of the chintzy waiting room. A stunning photo of weight-loss successes hangs prominently above the counter.

One day another, thin-armed women arrive at the Federal Way Weight Loss Centre. Some speak briefly with the receptionist while others are whisked away to the waiting room. A stunning photo of weight-loss success is displayed above the counter.

Several allegations of health department, outlining how the crack house would eliminate health problems associated with crack cocaine use. They have also asked for authority to levy a fine of $10,000 a day, if they don't submit an "acceptable" plan.

Gary Irvine, the department's environmental health supervisor, said crack house owners have developed numerous health problems.

"Crack houses not only provide drug dealing and shootings, but they also expose people to lethal fumes used in the manufacture of crack. They help spread sexually transmitted diseases, through prostitution, and they promote violence and neighborhood blight," he said.

While officials admit they don't expect crack house owners to file plans for liquor drug houses, they believe the rules will help.

"This is a total more extensive action than what has been done in the past," he said.

Fat fight: Dieters seek allies

By JODI YANCER

Pictures of delectable food adorn the walls of the chintzy waiting room. A stunning photo of weight-loss successes hangs prominently above the counter.

One day another, thin-armed women arrive at the Federal Way Weight Loss Centre. Some speak briefly with the receptionist while others are whisked away to the waiting room. A stunning photo of weight-loss success is displayed above the counter.

Several allegations of health department, outlining how the crack house would eliminate health problems associated with crack cocaine use. They have also asked for authority to levy a fine of $10,000 a day, if they don't submit an "acceptable" plan.

Gary Irvine, the department's environmental health supervisor, said crack house owners have developed numerous health problems.

"Crack houses not only provide drug dealing and shootings, but they also expose people to lethal fumes used in the manufacture of crack. They help spread sexually transmitted diseases, through prostitution, and they promote violence and neighborhood blight," he said.

While officials admit they don't expect crack house owners to file plans for liquor drug houses, they believe the rules will help.

"This is a total more extensive action than what has been done in the past," he said.

Fat fight: Dieters seek allies

By JODI YANCER

Pictures of delectable food adorn the walls of the chintzy waiting room. A stunning photo of weight-loss successes hangs prominently above the counter.

One day another, thin-armed women arrive at the Federal Way Weight Loss Centre. Some speak briefly with the receptionist while others are whisked away to the waiting room. A stunning photo of weight-loss success is displayed above the counter.

Several allegations of health department, outlining how the crack house would eliminate health problems associated with crack cocaine use. They have also asked for authority to levy a fine of $10,000 a day, if they don't submit an "acceptable" plan.

Gary Irvine, the department's environmental health supervisor, said crack house owners have developed numerous health problems.

"Crack houses not only provide drug dealing and shootings, but they also expose people to lethal fumes used in the manufacture of crack. They help spread sexually transmitted diseases, through prostitution, and they promote violence and neighborhood blight," he said.

While officials admit they don't expect crack house owners to file plans for liquor drug houses, they believe the rules will help.

"This is a total more extensive action than what has been done in the past," he said.

Fat fight: Dieters seek allies

By JODI YANCER

Pictures of delectable food adorn the walls of the chintzy waiting room. A stunning photo of weight-loss successes hangs prominently above the counter.

One day another, thin-armed women arrive at the Federal Way Weight Loss Centre. Some speak briefly with the receptionist while others are whisked away to the waiting room. A stunning photo of weight-loss success is displayed above the counter.

Several allegations of health department, outlining how the crack house would eliminate health problems associated with crack cocaine use. They have also asked for authority to levy a fine of $10,000 a day, if they don't submit an "acceptable" plan.

Gary Irvine, the department's environmental health supervisor, said crack house owners have developed numerous health problems.

"Crack houses not only provide drug dealing and shootings, but they also expose people to lethal fumes used in the manufacture of crack. They help spread sexually transmitted diseases, through prostitution, and they promote violence and neighborhood blight," he said.

While officials admit they don't expect crack house owners to file plans for liquor drug houses, they believe the rules will help.

"This is a total more extensive action than what has been done in the past," he said.
City cops top of year's news list

Uil last year, the Goodwill Games Pool in West Campus donned last herd of Top 10 local news items for 1989. In 1988, the Goodwill Games Pool didn’t even make the list. This year, while construction on the pool rolled along just five long months, other events were the talk of the town. At the end of the day, 1989 was the choosing of council members to lead that city. And in fact, this was the year of 1989 was the choosing of council members to lead that city.

Street Talk: Do you New Year’s Resolutions? Do you ever keep them?

Ken Mitchell (Boeing Inspector)

"No. I usually don’t make New Year’s resolutions. I know I won’t keep them."

Karen Westerdale (Unit Secretary)

"No, I don’t keep them. I promise and I always break them. I’m just too busy or something like that."

Gina Brotten (Medical Assistant)

"I’ve made a lot of them and I’ve kept them all. I’m just too busy. I used to look at my calendar last year but I can’t stop."

Frank Ortiz (Filer Metals Employee)

"Yes, I have kept one — to read the news every day for a year."

Mary Delaney (Cameoil Music Employee)

"No, I’ve never kept one. I always mean to but I never do."

Sorry, Janit, we’ll get it right next time.

A year ago, we also hinted that incorporation might make sense for the city. This is the year of incorporating. Not only the story of the year, this is the year of incorporation. The year of the birth of a new city, the story of the year. This is the year of incorporating. It’s the year of the city’s voice, the year of the city’s identity. It’s the year of the city’s growth, the year of the city’s expansion. It’s the year of the city’s future, the year of the city’s potential. It’s the year of the city’s dreams, the year of the city’s aspirations. It’s the year of the city’s promise, the year of the city’s hope. It’s the year of the city’s strength, the year of the city’s resilience.
Continued from A-2

Burglary spurs giving spree

Ritchie, to a hard job. It is

Dr. John Montgomery, president of the

Jeri Scharfenberg is the only person

Chris Monck, a Diet Center

Every one of our counselors had

New Year’s resolutions for

by taking control of your diet.

The burglar or burglars stole

So a great deal of giving may

Just a few years ago, Federal Way

Wien Erdman, who teaches a

Continued from A-2

Clinics help dieters keep resolution

New weapons sought in against

Continued from A-2

as if I were a salesperson at

So for those who succeed, a

If you are overweight men as

Beeline for a bright red model

Our bottom line is for

Soroptimist International of

You can go after.

The newly established Historical

Maryann Mitchell, past

She had to turn away for the cer

Lewis, 7, selected a cudgie white

The burglar or burglars stole

I was never able to control

Attitudes toward

200 pounds. People, the

Customers to take the weight

For those people who overeat,

The health department

It’s Action From a

The added burst of giving

The board tried to stem the flow,

America’s leading health

As far as we know, no needy

The children don’t draw their

Biling spurs giving spree

Maryann Mitchell, past

EYES WIDEN as Matthew Whyde,

Burglary spurs giving spree

Maryann Mitchell, past

Continued from A-2

Burglary spurs giving spree

The burglar or burglars stole

The burglar or burglars stole

Three weight-loss programs

In the war against drugs.

DEBUGG can up early,

We all need to take in more

I am going to spend more

I was able to call people we

Happy New Year to you all.

So it is possible to live

The King County Bar Association

The children don’t draw their

Anytime you can go after

I am looking forward to

I am the one who is

One of the best ways to

I am not out to

Our goal is to

I am not out to

continuously work with my

So it is possible to live

So I am out to

I am not out to

Our goal is to

I am not out to

200 pounds. People, the

Mourners attended funeral services for

I was able to call people we

We can always provide

We can always provide

We are considering a

I am not out to

I am out to

We can always provide

We are considering a

I am not out to

We can always provide

We are considering a

I am not out to
TUESDAY ONLY-SPECIAL HOURS 9 AM TO 11 PM

SAVE 30% MESIS SELECTED FALL SUITS
Reg. 59.99-189.99, one day only. 41.99-83.99. Exceptional end-of-season savings on a variety of styles. Misses Coats.

SAVE ADDITIONAL 50% MESIS CLEARANCE SPORTSWEAR
Save on the last marked price. Includes a select assortment of clearance sportswear in misses sizes. Misses Sportswear and Accessories.

SAVE ADDITIONAL 50% PETITES CLEARANCE APPAREL
Reg. 32.00-120.00, one day only. Designs from Perry Ellis or Nino Cerruti. Available where normally sold. Men's Tailored Clothing.

SAVE 25% ENTIRE STOCK MEN'S WOOL SUITS
Reg. 395.00-545.00, one day only. 245.00-417.50. Designs from Perry Ellis or Nino Cerruti. Limited to stock on hand. Men's Tailored Clothing.

SAVE 30% DANCERFAC JEWELRY
Reg. 7.00-30.00, one day only. 4.90-21.00. earnings, charms or chains in sterling silver or sterling with 24k gold overlay. Fashion Accessories.

SAVE 30% SELECTED FASHION SCARVES
Reg. 15.95-40.00, one day only. 11.20-28.00. Choose designs in silk or chiffon. Fashion Accessories.

SAVE 30% THERMAL UNDERWEAR & SLIPPER BOOTS

SAVE 30% MENS CASSUAL TWILL PANTS
Reg. 15.99-35.00, one day only. 12.00-19.60. Cotton pants in plain or pleat-front styles. Selection varies by store. Men's Casual Socks.

SAVE 25% ENTIRE STOCK REG. PRICE FINE & CASUAL CHINA
Reg. 2.00-300.00, one day only. 1.50-225.00. Choose from sets, place settings and open stock pieces from Noritake, Mikasa, Lenox and more. Limited to stock on hand. "Does not include Christian Dior, Casa de la Renta or Lenox Gift.

SAVE ADDITIONAL 25% SHEETS, COMFORTERS & BEDSPREADS
Additional savings on White Sale pieces. Make your selection from a wide selection of styles. Sheets.

SAVE 30% RCA 20" COLOR TV WITH REMOTE

SAVE 30% JVC PORTABLE STEREO SYSTEM

SAVE 50% JVC 3-PIECE PORTABLE STEREO WITH CD

SAVE 50% BOXED JEWELRY AND LADIES COLD WEATHER ACCESSORIES

SAVE 50% BOXED JEWELRY AND LADIES COLD WEATHER ACCESSORIES

SAVE 50% BOXED JEWELRY AND LADIES COLD WEATHER ACCESSORIES

SAVE 50% BOXED JEWELRY AND LADIES COLD WEATHER ACCESSORIES

SAVE 50% BOXED JEWELRY AND LADIES COLD WEATHER ACCESSORIES
Local coach to work Bo's final game

By CHUCK MINGORI

Schembechler's final game... By CHUCK CZUBIN, a school teacher at Highline High School and the head girls' basketball coach at Federal Way High School.

In case of a tie for the national championship, it would be decided by the winner of the Holiday Bowl in 1986, the Rose Bowl game.

CHUCK CZUBIN, a school teacher at Highline High School and the head girls' basketball coach at Federal Way High School.

A party of Orange Bowl players was received at the Federal Way girls' basketball coach at Federal Way High School.

The Rose Bowl was the real deal. We got here a foot of snow on us a few days before, however, having a police escort, the cold and snow was warm.

The Rose Bowl game is a big enough place. They all hate Notre Dame.

It's a real pump and pagentry and experience I never, you never forget.

We got a bunch of new practice jerseys with the regular season, Czubin said. But surprisingly this year the three from the Pac-10 were all out.

Those men still want to do it, and they will. We were given a big send off out of the Lamborghini that was parked outside.

I must say, we were all surprised and a bit later had a full team meeting. Coach Mac laid down the law, whereas with our officiating, it's an avocation in its own right.

We got into our rooms and just relaxed. Nothing to get the job," she said.

We got shirts and shorts with our names on them.

We got a second win on the same field during a football game.

Our practice facility is in downtown Miami. We got a big send off out of the Lamborghini that was parked outside.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure. 

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.

The current Raiders won the second round of the U.S. Olympic Committee's Olympic trials, he recounts his adventure.
Czubin to officiate in Rose Bowl

Continued from A-5

Czubin said. Working as a football official can be risky business. Czubin recalls the time he got knocked out cold during a Washington Junior varsity game when a tight end and cornerback hit him at full speed over the middle when he was working as an umpire. But side judges usually are not as susceptible to such dangerous collisions, he said.

"Czubin has known some officials who have been hurt much worse, though, such as the one who had to have five screws and three pins put in his leg after an accident on the sidelines when the official tripped over a television cameraman's extension cord.

OFFICIALS also have to occasionally take some heat from coaches. But Czubin hasn't known any to hold a serious grudge.

In addition to working as a Pac-10 official, Czubin also works the chain at Seahawks home games and as an official at Northwest junior college football games and the two NAIA national championships as well as a pair of state high-school championship games, although he no longer works prep games.

While working his way through the officiating ranks, Czubin can remember some crazy experiences as an official. He can recall one game when he threw a flag up in the air and had it land on the quarterback's "bird cage," obstructing his view. He can also remember times when he worked two or three games a day.

"That's when you learn," he said. "You hopefully made your mistakes then."

"This is as high as we can go," he said. "This is our Super Bowl."

Winter karate classes offered

King County Parks is now accepting sign-ups for winter sessions karate classes. Registration is available through Highline Community Center, 425 S.W. 144th.

Winter classes begin the week of Jan. 8 at the Glendale Site, 1201 S. 104th. Michael Shintaku, fourth degree black belt, will teach beginning through advanced classes for ages 10 to adult Monday and Wednesday evenings.

Pees for the 20-class session are $21 and $30, plus a 10 percent administrative fee. Preregistration is required by Jan. 3.

For more specific information, call the North Highline District office at 296-2956.

Lamonts

IN CELEBRATION OF A BRAND NEW YEAR!

Sunday 11am-6pm

Monday 10am-6pm

SAVE AN ADDITIONAL 19.90% OFF*

- Any Regular Priced Purchase
- Any Sale Priced Purchase

It's a brand new year... and we're celebrating with tremendous savings for you. You'll find terrific apparel and accessories for men, women and children at 19.90% off.*

Happy New Year from Lamonts!

19.90% Off

Plus Save an Additional 50% Off Every Red Tag Clearance Item!

Not valid on prior purchases. *Does not include cosmetics, Guess?, Swatch, Liz Claiborne, Value Price items, Lamonts gift certificates, clearance merchandise, offer cannot be combined with coupons.

SEATAC LAUNDRY CENTER

18th & Des Moines Way S.
A FULL SERVICE LAUNDRY

Featuring FLUFF & FOLD
Laundry by the pound
Decatur survives off-shooting night to down TJ

By CHUCK MINGORICH
The Decatur and Thomas Jefferson girls' basketball teams are district rivals, 40-28.

During holiday break, and Decatur survives off-shooting night to down TJ.
Open New Year's Day 9am to 6pm!

NEW YEAR'S DAY SALE

Shop Early for Additional Savings - 9am to 1pm

Save an additional 10% off your entire purchase! From 9:00am to 1:00pm New Year's Day, everything in our store, including thousands of sale-priced items and the Super Specials below, will be an additional 10% off!

10% off

Save $10
Sale $29.99
Reg $39.99

MOOREY TOY
Gold Money Toy

Save $59.99
Reg $79.99

REGAL HUNTLEYS
12" Hunting Dogs

Sale $69.99
Reg $99.00

GOSSAMER GORILLA
Stuffed plush animals and
booked plush animals

Sale $69.99
Reg $99.00

MY COFFEE GR-20 10-Cup Coffee Maker with Digital Clock/Timer

Sale $399.99
Reg $599.99

VITAMASTER Electronic Exercise Bike

Sale $249.99
Reg $299.00

COSTUME WARE 10 Pc Cookware

Sale $250.00
Reg $399.99

MOOREY (3) 16" Cans. Cat Food

Sale $179.99
Reg $239.00

XRAY-O-GRAF 1400-A 13" Diagonal Color TV. Remote tuning

Sale $149.99
Reg $199.99

These sale prices effective January 1, 1990 only. Additional
10% off good 9am to 1pm only
Not available through Mail Order. In stock merchandise only.

2200 S. 320th Federal Way
941-5000
Mon.-Fri. 10-9, Sat. 10-6, Sun. 11-6
Winter worshippers
add color to garden

The end of fall doesn't mean it's time to pack up your winter landscape. Why not incorporate the colors of greens, black and white when a garden of winter interest can be planted?

Q: How do you come in the fall to visit the
medical center?
A: The most explosive American
rights organization.

Marianne Binetti

The biggest mistake most homeowners make is to plant the coneflowers in the garden near the house or in the middle of a small area. Plant them in groups of three or more, near the house and on cold winter days.

• Holly: Winter-weary gardeners have been decking the halls for years with their favorite evergreen. White hollies are the most colorful and nodding tips make a beautiful contrast to the snowy white table settings. Place a few rocks half-buried in the soil. The stones not only fill the gaps in the plantings, but they also add an extra touch of elegance to the garden.

• Silver Leafed Plants: The coneflower family makes a perfect contrast to the silver leafed Astilbe. They both have a soft, feathery appearance that adds texture and interest to the garden. Use these plants in your landscape to create a beautiful, winter garden.

• Plant Rocks: Big boulders and small rocks are a great addition to any garden. They add interest and texture to the landscape. Place a few rocks half-buried in the soil. The stones not only fill the gaps in the plantings, but they also add an extra touch of elegance to the garden.

Winter worshippers
add color to garden

The end of fall doesn't mean it's time to pack up your winter landscape. Why not incorporate the colors of greens, black and white when a garden of winter interest can be planted?

Marianne Binetti

The biggest mistake most homeowners make is to plant the coneflowers in the garden near the house or in the middle of a small area. Plant them in groups of three or more, near the house and on cold winter days.

• Holly: Winter-weary gardeners have been decking the halls for years with their favorite evergreen. White hollies are the most colorful and nodding tips make a beautiful contrast to the snowy white table settings. Place a few rocks half-buried in the soil. The stones not only fill the gaps in the plantings, but they also add an extra touch of elegance to the garden.

• Silver Leafed Plants: The coneflower family makes a perfect contrast to the silver leafed Astilbe. They both have a soft, feathery appearance that adds texture and interest to the garden. Use these plants in your landscape to create a beautiful, winter garden.

• Plant Rocks: Big boulders and small rocks are a great addition to any garden. They add interest and texture to the landscape. Place a few rocks half-buried in the soil. The stones not only fill the gaps in the plantings, but they also add an extra touch of elegance to the garden.

Winter worshippers
add color to garden

The end of fall doesn't mean it's time to pack up your winter landscape. Why not incorporate the colors of greens, black and white when a garden of winter interest can be planted?

Marianne Binetti

The biggest mistake most homeowners make is to plant the coneflowers in the garden near the house or in the middle of a small area. Plant them in groups of three or more, near the house and on cold winter days.

• Holly: Winter-weary gardeners have been decking the halls for years with their favorite evergreen. White hollies are the most colorful and nodding tips make a beautiful contrast to the snowy white table settings. Place a few rocks half-buried in the soil. The stones not only fill the gaps in the plantings, but they also add an extra touch of elegance to the garden.

• Silver Leafed Plants: The coneflower family makes a perfect contrast to the silver leafed Astilbe. They both have a soft, feathery appearance that adds texture and interest to the garden. Use these plants in your landscape to create a beautiful, winter garden.

• Plant Rocks: Big boulders and small rocks are a great addition to any garden. They add interest and texture to the landscape. Place a few rocks half-buried in the soil. The stones not only fill the gaps in the plantings, but they also add an extra touch of elegance to the garden.

Winter worshippers
add color to garden

The end of fall doesn't mean it's time to pack up your winter landscape. Why not incorporate the colors of greens, black and white when a garden of winter interest can be planted?

Marianne Binetti

The biggest mistake most homeowners make is to plant the coneflowers in the garden near the house or in the middle of a small area. Plant them in groups of three or more, near the house and on cold winter days.

• Holly: Winter-weary gardeners have been decking the halls for years with their favorite evergreen. White hollies are the most colorful and nodding tips make a beautiful contrast to the snowy white table settings. Place a few rocks half-buried in the soil. The stones not only fill the gaps in the plantings, but they also add an extra touch of elegance to the garden.

• Silver Leafed Plants: The coneflower family makes a perfect contrast to the silver leafed Astilbe. They both have a soft, feathery appearance that adds texture and interest to the garden. Use these plants in your landscape to create a beautiful, winter garden.

• Plant Rocks: Big boulders and small rocks are a great addition to any garden. They add interest and texture to the landscape. Place a few rocks half-buried in the soil. The stones not only fill the gaps in the plantings, but they also add an extra touch of elegance to the garden.

Winter worshippers
add color to garden

The end of fall doesn't mean it's time to pack up your winter landscape. Why not incorporate the colors of greens, black and white when a garden of winter interest can be planted?

Marianne Binetti

The biggest mistake most homeowners make is to plant the coneflowers in the garden near the house or in the middle of a small area. Plant them in groups of three or more, near the house and on cold winter days.

• Holly: Winter-weary gardeners have been decking the halls for years with their favorite evergreen. White hollies are the most colorful and nodding tips make a beautiful contrast to the snowy white table settings. Place a few rocks half-buried in the soil. The stones not only fill the gaps in the plantings, but they also add an extra touch of elegance to the garden.

• Silver Leafed Plants: The coneflower family makes a perfect contrast to the silver leafed Astilbe. They both have a soft, feathery appearance that adds texture and interest to the garden. Use these plants in your landscape to create a beautiful, winter garden.

• Plant Rocks: Big boulders and small rocks are a great addition to any garden. They add interest and texture to the landscape. Place a few rocks half-buried in the soil. The stones not only fill the gaps in the plantings, but they also add an extra touch of elegance to the garden.

Winter worshippers
add color to garden

The end of fall doesn't mean it's time to pack up your winter landscape. Why not incorporate the colors of greens, black and white when a garden of winter interest can be planted?

Marianne Binetti

The biggest mistake most homeowners make is to plant the coneflowers in the garden near the house or in the middle of a small area. Plant them in groups of three or more, near the house and on cold winter days.

• Holly: Winter-weary gardeners have been decking the halls for years with their favorite evergreen. White hollies are the most colorful and nodding tips make a beautiful contrast to the snowy white table settings. Place a few rocks half-buried in the soil. The stones not only fill the gaps in the plantings, but they also add an extra touch of elegance to the garden.

• Silver Leafed Plants: The coneflower family makes a perfect contrast to the silver leafed Astilbe. They both have a soft, feathery appearance that adds texture and interest to the garden. Use these plants in your landscape to create a beautiful, winter garden.

• Plant Rocks: Big boulders and small rocks are a great addition to any garden. They add interest and texture to the landscape. Place a few rocks half-buried in the soil. The stones not only fill the gaps in the plantings, but they also add an extra touch of elegance to the garden.

Winter worshippers
add color to garden

The end of fall doesn't mean it's time to pack up your winter landscape. Why not incorporate the colors of greens, black and white when a garden of winter interest can be planted?

Marianne Binetti

The biggest mistake most homeowners make is to plant the coneflowers in the garden near the house or in the middle of a small area. Plant them in groups of three or more, near the house and on cold winter days.

• Holly: Winter-weary gardeners have been decking the halls for years with their favorite evergreen. White hollies are the most colorful and nodding tips make a beautiful contrast to the snowy white table settings. Place a few rocks half-buried in the soil. The stones not only fill the gaps in the plantings, but they also add an extra touch of elegance to the garden.

• Silver Leafed Plants: The coneflower family makes a perfect contrast to the silver leafed Astilbe. They both have a soft, feathery appearance that adds texture and interest to the garden. Use these plants in your landscape to create a beautiful, winter garden.

• Plant Rocks: Big boulders and small rocks are a great addition to any garden. They add interest and texture to the landscape. Place a few rocks half-buried in the soil. The stones not only fill the gaps in the plantings, but they also add an extra touch of elegance to the garden.

Winter worshippers
add color to garden

The end of fall doesn't mean it's time to pack up your winter landscape. Why not incorporate the colors of greens, black and white when a garden of winter interest can be planted?

Marianne Binetti

The biggest mistake most homeowners make is to plant the coneflowers in the garden near the house or in the middle of a small area. Plant them in groups of three or more, near the house and on cold winter days.

• Holly: Winter-weary gardeners have been decking the halls for years with their favorite evergreen. White hollies are the most colorful and nodding tips make a beautiful contrast to the snowy white table settings. Place a few rocks half-buried in the soil. The stones not only fill the gaps in the plantings, but they also add an extra touch of elegance to the garden.

• Silver Leafed Plants: The coneflower family makes a perfect contrast to the silver leafed Astilbe. They both have a soft, feathery appearance that adds texture and interest to the garden. Use these plants in your landscape to create a beautiful, winter garden.

• Plant Rocks: Big boulders and small rocks are a great addition to any garden. They add interest and texture to the landscape. Place a few rocks half-buried in the soil. The stones not only fill the gaps in the plantings, but they also add an extra touch of elegance to the garden.
**YEAR END CLEARANCE**

**HOTPOINT DELUXE**
21.6 Cu. Ft. Side-by-side refrigerator with crushed ice, cubes and water thru the door.

**$1099**

**Amana REFRIGERATOR FREEZER**
- Adjustable Refrigerator & Door Shelves
- Sealed Deli Drawer
- Large, Glide-Out Freezer Basket
- Humidity-Controlled Crisper
- 20 Cubic Feet of Storage Space

**$799**

**KitchenAid DISHWASHER OR CLOTHES WASHER**
**YOUR CHOICE only**
- $399 each
- Duble-choice of KitchenAid dishwasher or clothes washer tor the same low price and get the same outstanding value as well as these KitchenAid performance, durability and quality features.
- Dishwasher
  - Model KU0B2NT Built-in Dishwasher
  - ENERGY SAVER DRY Option
  - SURE-SCRUB™ Multi-Level Washing
  - Triple Filtration and Soil Collector System
  - TriDura porcelain-on-steel lank and Inner door.
- Clothes Washer
  - Model KAWE'KV Clothes Washer
  - Extra capacity lor extra-large loads
  - SURE-SCRUB™ Clothes Mover Agitator with Double Action Movement
  - QUIETSCRUB™ sound reduction system
  - TriOuraru porcelain-on-steel Inner basket.

**Model CSDSOOL**
- 2-stage wash atthiin. 3-stage sound control. 10-year Warranty on PermaTuf™ luh and door (ask for details).
- Over 1500 Movies In Stock. Rentals As Low As $1.00. Also Nintendo
- **MODEL SV410**
- 90 DAYS SAME AS CASH

**COUCH’S FEDERAL WAY**

**COUCH’S FEDERAL WAY**

**RadioShack**

**31" RCA ColorTel**
- Super Sound
- 1000 picture memories
- $1,349

**25" RCA ColorTel**
- $388

**Quasar ColorTel**
- $499

**Panasonic ColorTel**
- $799

**B&W ColorTel**
- $699

**RCA Video Cassette Recorder**
- $289

**Join Our Video Club FREE!**

Come in for details. Over 4500 Movies In Stock. Rentals As Low As $1.00. Also Nintendo
- 90 DAYS SAME AS CASH
- 90 DAYS SAME AS CASH
Continued from B-1

Kent council meets on West Hill

The Kent City Council will meet Thursday at 7 p.m. at Kent City Hall, 3030 6th Ave. S.

One of the items to be discussed at the 7 p.m. meeting is the proposed site of a new public safety tower, call the Kent Fire Department at 859-3322. Students are carefully screened, leaving home! 

Positive Addictions, L.L.C., 33170 9th Ave. So. Suite 15, 838-6330

Mental Health is one of the items to be discussed at the meeting, and a presentation to discuss alternatives will be given. For further information or to make a presentation to discuss alternatives, contact the tower, call the Kent Fire Department at 859-3322. Students are carefully screened, leaving home without their own spending money.

We Lost 113 Pounds.

F A S T E A S Y.

You, too, can lose 10-20-30 pounds or more. And keep it off. Don't wait. Call Today!

* You can lose 5 to 5 pounds per week.
* Individual one-on-one counseling.
* No bonding contracts.
* First visit is free.

- We Lost 113 Pounds.
- Don't DRINK & DRIVE. DON'T DRINK & DRIVE.
- M O D E R A T I O N IS T H E K E Y T O A H A P P Y A N D H E A L T H Y N E W YEAR. Enjoy yourself with family and friends. Celebrate the transition into 1990 and use good judgment while you're at it. Don't forget to buckle up on your way too.

If your favorite Woody Allen movies of the decade were 1983's "Zelig" (Warner), the poignant "Summers Place" (Pacific Arts) and the stylish remake of John Farrow's "The Big Clock."

For us, 1987 turned out to be the end of the decade, with Steven Spielberg's "Empire of the Sun," although Oliver Stone's "Platoon" (Warner), from the previous year, was not far behind. Also in 1987: Stanley Kubrick's "Full Metal Jacket" (Warner) was the last original film made by the director. Indeed, leaving home! 

INVITE THE WORLD HOME! Host an International Exchange Student! 

In the past, the exchange student program was reserved for upper-division university students; now it's open to everyone. Many families provided only room and board, it's rewarding. Easier going to another country and becoming a part of another family. Students are carefully screened, leaving home without their own spending money.

We Lost 113 Pounds.

F A S T E A S Y.

You, too, can lose 10-20-30 pounds or more. And keep it off. Call Today!

* You can lose 5 to 5 pounds per week.
* Individual one-on-one counseling.
* No bonding contracts.
* First visit is free.

- We Lost 113 Pounds.
- Don't DRINK & DRIVE. DON'T DRINK & DRIVE.
- M O D E R A T I O N IS T H E K E Y T O A H A P P Y A N D H E A L T H Y N E W YEAR. Enjoy yourself with family and friends. Celebrate the transition into 1990 and use good judgment while you're at it. Don't forget to buckle up on your way too.

If your favorite Woody Allen movies of the decade were 1983's "Zelig" (Warner), the poignant "Summers Place" (Pacific Arts) and the stylish remake of John Farrow's "The Big Clock."

For us, 1987 turned out to be the end of the decade, with Steven Spielberg's "Empire of the Sun," although Oliver Stone's "Platoon" (Warner), from the previous year, was not far behind. Also in 1987: Stanley Kubrick's "Full Metal Jacket" (Warner) was the last original film made by the director. Indeed, leaving home! 

INVITE THE WORLD HOME! Host an International Exchange Student! 

In the past, the exchange student program was reserved for upper-division university students; now it's open to everyone. Many families provided only room and board, it's rewarding. Easier going to another country and becoming a part of another family. Students are carefully screened, leaving home without their own spending money.
Robbers grab cash and beer six-pack

Two robbers took a six-pack of beer and some cash as they held up a north Federal Way area convenience store on the morning of Tuesday, Jan. 3.

Dear Mr. Campbell:

For the record, I would like to share a personal reason why I think the Internal Revenue Service is too generous in giving one-time exclusions on capital gains. I live in Ohio, which is where I was born. I have owned a home in Ohio for the past 10 years and I have spent seven months out of the year in Ohio. My question: Can I take the capital gains advantage on the sale of my home in Ohio, or am I limited to taking it on the home in Florida where I have lived for the past five months?

Mr. R.L.P., Galloway, Ohio

Answer:

You'd think that anyone who has had the good fortune to buy a home in a state that has almost tripled in value needs advice from one like me, who knows a little about taxation, doesn't he? No, don't do a thing differently. If I were you, I would own too much in tangible funds at 8.5 percent to 9.0 percent and some stock growth.

About Real Estate

Don Campbell

Get serious. Call Diet Center NOW!

Seems like just about everyone in town is trying to lose weight. For a reason that isn't obvious.

Sears outlet

20%-70% off

While quantities last - Hurry

Open New Years Eve 11-5 • Open New Year's Day 10-6

Electronics

Save $99.99

Save 18.00

Save 13.99 - 28.00

Save 71.00

Men's Styles

Men's Styles

Men's Pant's Insulated Work Suit

Men's Teen's Ski Suits

Men's Selected 2-piece Suits

Women's Guides to Buying and Remodeling Our Home with a Broad Line of Trade Names in Appliances, in the Opinion of Experts Grind Their Teeth at Sears. How are you planning to spend the $15,000 exclusion from capital gains, the Internal Revenue Service interprets "principal residence" as being the home where you spend the bulk of your time. The exclusion is limited. Five months in Florida, would make the Ohio residence the eligible one. "Legal residence," as set, then, is the IRS says you can take the $12,000 exclusion from capital gains. I legally establish my residence in Florida, in your case, right? The IRS says you can take the capital gains advantage on the sale of your home in Ohio, or am I limited to taking it on the home in Florida? I would have a larger capital gain on the home in Ohio.

Mr. R.L.P., Galloway, Ohio

Answer: Yes, you would have a larger capital gain on the home in Florida. So, when I retire, I don't feel I should own too much in tangible funds at 8.5 percent to 9.0 percent and some stock growth.

FRIDAY

Get ready for the annual Sears winter sale! Sears winter sale starts November 15. Men's, Women's, Children's, Home Furnishings, Appliances. Call or come in to shop in person.

Five States

Satisfaction guaranteed or your money back.

FEDERAL WAY

18017-150th st., Suite 5, 941-1999

DES MOINES

72175 Miami Valley Rd., 878-7777

Call Diet Center NOW!

Save $99.99

Save 18.00

Save 13.99 - 28.00

Save 71.00

Men's Styles

Men's Styles

Men's Pant's Insulated Work Suit

Men's Teen's Ski Suits

Men's Selected 2-piece Suits

Women's Guides to Buying and Remodeling Our Home with a Broad Line of Trade Names in Appliances, in the Opinion of Experts Grind Their Teeth at Sears. How are you planning to spend the $15,000 exclusion from capital gains, the Internal Revenue Service interprets "principal residence" as being the home where you spend the bulk of your time. The exclusion is limited. Five months in Florida, would make the Ohio residence the eligible one. "Legal residence," as set, then, is the IRS says you can take the $12,000 exclusion from capital gains. I legally establish my residence in Florida, in your case, right? The IRS says you can take the capital gains advantage on the sale of your home in Ohio, or am I limited to taking it on the home in Florida? I would have a larger capital gain on the home in Ohio.

Mr. R.L.P., Galloway, Ohio

Answer: Yes, you would have a larger capital gain on the home in Florida. So, when I retire, I don't feel I should own too much in tangible funds at 8.5 percent to 9.0 percent and some stock growth.

FRIDAY

Get ready for the annual Sears winter sale! Sears winter sale starts November 15. Men's, Women's, Children's, Home Furnishings, Appliances. Call or come in to shop in person.
By BRADBROBERG

the end of October for $188 round
Dolores.
there's nothing Scrooge-like
said. "It's very difficult to get in
a real fight when you're
and business law.
Mac's Tavern stands today, was
Way.
shared much in their 28 years of
psychiatric social worker and
in Port Townsend. Dolores was a
center for juvenile delinquents
Her best friend is Leon
who owns a hardware store
rode bikes and picked berries.
SUSET RUTHERFORD
stem for a "hot car" to use in
the hood. It once belonged to a
became the county's property.
and a stereo system with
wheels and a lowered front end,
to go atop the sedan, and a
"Humor's a lubricant," he
Butschli said officers will
 Ditto with cancer. He had lived in

Now, however, the two can
share a laugh about the bumbl­
26, and Elizabeth, 24.

The business community
for a "hot car" to use in
the hood. It once belonged to a
became the county's property.
and a stereo system with
wheels and a lowered front end,
to go atop the sedan, and a

"Humor's a lubricant," he
Butschli said officers will
 Ditto with cancer. He had lived in

Now, however, the two can
share a laugh about the bumbl­
26, and Elizabeth, 24.

The business community
for a "hot car" to use in
the hood. It once belonged to a
became the county's property.
and a stereo system with
wheels and a lowered front end,
to go atop the sedan, and a

"Humor's a lubricant," he
Butschli said officers will
 Ditto with cancer. He had lived in

Now, however, the two can
share a laugh about the bumbl­
26, and Elizabeth, 24.

The business community
for a "hot car" to use in
the hood. It once belonged to a
became the county's property.
and a stereo system with
wheels and a lowered front end,
to go atop the sedan, and a

"Humor's a lubricant," he
Butschli said officers will
 Ditto with cancer. He had lived in

Now, however, the two can
share a laugh about the bumbl­
26, and Elizabeth, 24.

The business community
for a "hot car" to use in
the hood. It once belonged to a
became the county's property.
and a stereo system with
wheels and a lowered front end,
to go atop the sedan, and a

"Humor's a lubricant," he
Butschli said officers will
 Ditto with cancer. He had lived in

Now, however, the two can
share a laugh about the bumbl­
26, and Elizabeth, 24.

The business community
for a "hot car" to use in
the hood. It once belonged to a
became the county's property.
and a stereo system with
wheels and a lowered front end,
to go atop the sedan, and a

"Humor's a lubricant," he
Butschli said officers will
 Ditto with cancer. He had lived in

Now, however, the two can
share a laugh about the bumbl­
26, and Elizabeth, 24.

The business community
for a "hot car" to use in
the hood. It once belonged to a
became the county's property.
and a stereo system with
wheels and a lowered front end,
to go atop the sedan, and a

"Humor's a lubricant," he
Butschli said officers will
 Ditto with cancer. He had lived in

Now, however, the two can
share a laugh about the bumbl­
26, and Elizabeth, 24.

The business community
for a "hot car" to use in
the hood. It once belonged to a
became the county's property.
and a stereo system with
wheels and a lowered front end,
to go atop the sedan, and a

"Humor's a lubricant," he
Butschli said officers will
 Ditto with cancer. He had lived in

Now, however, the two can
share a laugh about the bumbl­
26, and Elizabeth, 24.
DOMOGE. 6 mo. lease. No
3 BDRM., 1 both, frplc, 1
home. 2 cor garoge. frplc.
count. 939 1065
TWIN Lakes 2 story, $850.00. I
area, this one wont
bedroom, 1 bath apart-
bath. Unit Kaa large kit-
deral Way. Appliance*
AD 013 - 2 bedroom 1
Mall. Clo.ie to bus and
andon In Campus
deral Way. Appliance*
LOST Kitten near H.C.C.
LOST Fennale poodle^ Groy.
Moplewild oreo REWARDI
Reword. 246-7423.
A Totol Home Service.
433-8550
400 499
400 499
CALL AN EXPERT
400 499
CALL AN EXPERT
400 499
CALL AN EXPERT
400 499
CALL AN EXPERT
400 499
CALL AN EXPERT
400 499
CALL AN EXPERT
400 499
CALL AN EXPERT
400 499
CALL AN EXPERT
400 499
CALL AN EXPERT
400 499
CALL AN EXPERT
927-6693 EOE
517 Drivers
FULL-TIME.
FURNACE Repair Man
Ponific Water Sports
IMMEDIATE Openings At
South Pari, 430 So. 96th,
517 Drivers
FULL-TIME.
FURNACE Repair Man
Ponific Water Sports
IMMEDIATE Openings At
South Pari, 430 So. 96th,
517 Drivers
FULL-TIME.
FURNACE Repair Man
Ponific Water Sports
IMMEDIATE Openings At
South Pari, 430 So. 96th,