New city council would tackle transition

Metro Council appears destined for reduction

Public wants accountability, equal council representation

BY LYNN KEERBAUGH

Everyone agrees the Metropolitan Council needs fixing.

But how to fix the sprawling transportation and sewage-treatment agency in another manner. Roughly seven other matters. That's how many reorganization plans were laid out last week at a House Local Government Committee hearing in Bremerton.

Metro is too big. It doesn't fairly represent unincorporated areas of King County. The council doesn't have accountability because half of its members are directly elected to those particular posts. Its partisan status and lack of council staff members, prevents council members from spending enough time on Metro duties and being well-informed. Many members don't even attend meetings.

Those were recurring complaints brought out in public testimony by citizens. Metro council members and people who deal with the council, as well as the authors of the reorganization proposals.

"IT EXISTS, Metro has 40 members in the federal belt. That means none of these representatives is really representative as they are not elected directly to the posts. The council consists of:

- The county executive.
- Each county council member whose district has 13,000 or more people. This is true for all nine members on the Metro Council.
- At least one member of any county council district, appointed by the county executive, to represent the council.
- The mayor (or council member) from each city with a population of 15,000 or more.

Once city council members from each city for every block of 15,000 or more people. That puts all nine Seattle City Council members on the Metro Council.

Elected council members selected by councils having fewer than 15,000 residents.

Two sewer district commissioners.

One additional member who sits as chair of the council and is appointed to the council.

SUGGESTIONS received Metro range from reducing it to anywhere from one to nine to 15 members. Some versions are a combined format similar to the current format and others, like the Rich (Bridle Trails) School District (8-15 member) are simple. Each give county council district two elected representatives to the council.

One of those seven council members would be elected mayor by the council itself — if it so chooses. Under the council-manager form of government, a mayor's duties are generally ceremonial and ceremonial. The manager has no

Making the grade

Architect aims for diversity in design

BY MELLODIE STIGER

Rick McGovern is a grocery store manager. Every Wednesday, when clockwork, he品格d the doors. Every Thursday heclocked in.

He didn't like it much.

Now McGovern is head architect for Federal Way's first new school in 15 years, says he never needed as many people. Although he overcomes the construction of and reorganization of the Metro Council, he says he never designs the same building twice. And you find two schools, schools are all different.

Take the first of Federal Way's two new elementary schools, which broke ground for fall 1989. Besides classrooms, bathrooms and play rooms, a federal school district wanted something more. Not part of the game rooms, but separate space for sports. And for meetings.

And for art projects and music practice and whatever.

Just make it other than the gym, the school board said.

So the Erickson-McGovern team of architects, three graduates, two construction experts and one draftsman, have been putting their hands to work. They're studying a 15,000 square foot building, which will be open for large events and closed when smaller events are held.

"The gymnasium is being designed to be used for large events and closed when smaller events are held," McGovern said in the design. The

Continued on A-3

Metro Council ponder future status

BY ANN EIDEMANN

Residents of Browns Point and Dash Point who have not yet expressed their opinions about several local issues will do so in less than

N.E. Tacoma ponder future status

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McGovern finds school design elementary

CONTINUED FROM PAGE 1
solves a problem neatly, he said. "Architects really means answering people's needs," he said. "The district needs to know how many students are in a building and X number of teachers as they can teach it. If we can do that, we can show them what school design can also do to allow them to accomplish that goal.

NOW WE DO IT WITH hundreds of drawings — about 300 will be needed for the 30 minutes of detail, the school's architectural mediators lightly sketch and the composition of the elements to form them. The drawings are submitted to architects, builders, and subcontractors, too, to acquaint them with the ideas and instructions.

Mini-purpose room part of school plans

The early designs of Federal Way's new school in 1986, 16 years ago, include several details of how the school will look. The building plans will include six classrooms.

According to the Erickson-McGovern design, the 18,105-square-foot school at 325th and 13th Place Southwest will be V-shaped. The school will be placed at Southwest 13th Place Southwest and will have classrooms for special students.

The classrooms will hold 600 students and such as the location of electricity.

The drawings will go to the contractor and sub-contractors, who will receive a survey, said the club's monthly newsletter, to be distributed 1,500 copies.

The school will be placed at Southwest 13th Place Southwest and will have classrooms for special students.

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The classrooms will hold 600 students and such as the location of electricity.
City joins port to launch EIS on tideflats road plans

By RANDY BLACK

O’Ncall faces Bellingham car-theft charge

March 20 for stealing the car of a woman

Moines woman, will stand trial

victed of murdering a Des

murder. He said Bellingham

is still a suspect in Aughe’s

murder. He said Bellingham

police are still investigating

whether he’s involved in her disappearance.

Aughe’s car was found shortly after the murder.

Bail was set at $100,000. But

because O’Neall was sentenced

5 years ago.

last month to 27 years, 9 months

O’Neall, who was his next

for stealing the car of a woman

who may have been his next

murder victim.

O’Neall, 29, pleaded guilty in

for stealing the car of a woman

who may have been his next

murder victim.

O’Neall faces Bellingham car-theft charge

The city and port originally at­

posed to remove the Blair Bridge

on East 11th Street and build a

million arterial around the

tideflats.

The EIS will include a study of

alternatives, namely, replacing

the bridge with a longer and

wider span to allow for increas­

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Lobster gets tail saved — for now

By BILL SHEETS

Suzanne Brown had a great idea for a Valentine’s Day present for her husband, Dave. She found notes of a live lobster tail hanging from Dave’s fork, dripping with lobster sauce.

So she went to John’s Seafood Company at 2760 First Ave. S. to buy another.

There were only one small problem. She couldn’t kill it.

Now it’s in Oscar.

“Have you ever looked at a lobster in the eye?” she asks.

She began calling around and discovered that lobsters need a refrigerated, saltwater tank — at a $3,300 investment.

“I don’t have it,” said Brown.

She called the Seattle Aquarium but they would take Oscar, but she was told volunteers house him. She was not. She called the University of Washington.

Miller earns honor

Federal Way Water and Sewer District Commissioner Don Miller was recently elected secretary of the Washington State Association of Water/Wastewater Districts by lobbying for related legislation in the Legislature.

Miller, who represents water and sewer districts by lobbying for related legislation in the Legislature.

Water/Wastewater District Commissioner Don Miller has been a representative since 1979.

Miller works full-time as an agent for Prudential Insurance Company and has been a member of the Federal Way Rotary Club since 1980.

“You can imagine what a great job he’s doing,” said Miller.

Miller says people have thought about buying live lobsters and crab because they’re loved, just like anyone else.

“I have a great love of animals and started to think about it,” she said.

“They are scaly and prawn-like. Martin has agreed to keep Oscar toward the back of the store and that he doesn’t come up a scheme to rescue him. She’s still trying to find a way,” she said.

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Call the SeaTac Mall at 839-6156 to reserve your space or use convenient order form below.

Monies Raised Benefit These Federal Way Programs:

• High School Scholarships
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The Federal Way Rotary thanks you for your support in the past! This year the Auction is back, bigger and better than ever! You are invited to attend the Federal Way Rotary Auction.

BIGGER AND BETTER $20 per person or $160 per table of 8

DRAINAGE MEETING ON TAP

Drainage meeting on tap

The King County Surface Water Management Division will host a meeting of a local citizens advisory committee at the Federal Way Library, 8600 26th Ave. S.W.

Newly appointed members of the Skyline/Lower Puyallup Drainage Citizens Advisory Committee will give autobiographies and will summarize their surface water program concerns about the local area.

County officials of the program will explain the program and will preview surface water management plans.

The meeting is open to the public and comments will be heard from the audience.

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We treat the disease of obesity and find a successful cure using a medically supervised, individualized program. Consider the Optifast Program. The success is medically supervised and gives you professional help and support along the way.

Up to 80% of Optifast patients lose 40 pounds or more — because this program helps change your behavior, not just your eating.

Call today because what you’ve seen on TV, you can soon see in your mirror.
Rail may fail to unlock gridlock

BY ALICE FISHER

A rail system will solve congestion in the "commute corridors," heavily traveled roads between the suburbs and downtown, said Davis. At present, "Only the corridor from downtown to south Deschutes County is high-speed enough. You can't put park-and-ride in the length of it."

This session will not support rail until commuters live in denser clumps, as in the suburbs in the Boston area, Keegan said. The forum, sponsored by the Center for Urban Affairs, explored the future of commuting in the region, from the proposed rail system to the less glamorous alternatives of car pools and the Metro bus.

Correction: Sewer rate hike not expected in '90

An article in the Sunday Times, cited by Keegan, showed that between 1977 and 1988 King County experienced a population increase of 24 percent. In the same time period, the number of miles traveled over the county's roads increased by 34 percent.

After choosing to become a parent, perhaps your second most important decision is where to have your baby. Because the joy, togetherness and peace of mind that comes from a well-planned nine months can bring you happiness that lasts a lifetime. That's why we focus our efforts on creating a patient-centered environment that is soothing and comforting.

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Family Center 20 Second Street • North East Auburn WA 98002 • (206) 833-7711

We share your joy.Visiting-mothers-to-be receive a free teddy bear while our staff make you feel welcome.
By RANDY BLACK

"I'm not going to go Hollywood just because she has announced a book about a crime of her own," Rule said. "I might even do it for 20 days."

After a newspaper article about her writings on murderers Ted Bundy and Dennis Weaver, a contract with publisher Simon & Schuster for a book about the Green River killer, the $3.2 million advance, and a book about murder cases in which she has worked, Rule finally laughed. "I've been going around saying I've signed a contract for a $3.2 million advance," Rule said. "What a way to voice my friends. "I'm not going to go Hollywood just because she has announced a book about a crime of her own," Rule said. "I might even do it for 20 days."
Parents retreat to strategy planning sessions

By WENDY CULVENOR

The Children's Home Society in Des Moines is offering parenting retreats, which provide services required directly to parents of children. Parents include family members, grandparents or step-parents. Services include family therapy, child guidance, support groups and parenting retreats.

Upcoming parenting retreats include:
- Single, March 11 to April 5.
- Two-career/traditional, March 16 to April 2.
- Step-parent, March 25 to April 29.
- Single parent, March 26 to April 30.
- Two-career/traditional, May 3 to June 6.
- Step-parent, May 27 to June 24.
- Single parent, May 27 to June 24.
- Marital, May 27 to June 24.

Attendance is limited to 20 parents. Call now! Limited Offer Call Now!!

WARTS?

Warts are one of the most common skin diseases. They usually develop around the hands and on the feet, where they can cause discomfort. Treatment is aimed at removing the infected tissue without damage to the skin. There are several methods for treating warts. One common technique is freezing the wart with liquid nitrogen. This method can be painful and is not always effective, especially when dealing with dry, thick warts. It is important to consult a dermatologist for proper diagnosis and treatment.

SUE AND BRUCE DILL had a ready-made family with four children when they married a year ago — he brought his three children and she brought her daughter. In their efforts to make the transition smooth, the Dills participated in weekend retreats. Leaders share the same parenting style.

"The program was very beneficial," said Dill. "The retreats were only a weekend long, they don't affect work, family or other commitments." She added that the Dills found the program very helpful.

Parents who attend parenting retreats are Pacified by the fact that all the participants and guides are parents who have been through the same experiences. The program will never be static, Vanderwerf said. Because the retreats are only a weekend long, they don't affect work, family or other commitments.

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Attendance is limited to 20 parents. Call now! Limited Offer Call Now!!
A few rays of sunshine may brighten the atmosphere for a few, but not all of us. If you have a window seat or a sun-bathed location, you may want to consider the possibility of planting something that requires a lot of sunlight. However, if your garden is in a location where the sunlight is limited, you might consider planting something that requires less sunlight.

Most gardens can be tilled up, aerated, and fertilized, but high in acid will enervate the light. A soil low in nutrients but high in acid will enervate the light. A soil low in nutrients but high in acid will enervate the light. A soil low in nutrients but high in acid will enervate the light. A soil low in nutrients but high in...
Johnson-Bowman will marry in July

Kathy Johnson and Mark Bowman have announced that they will be married July 19.

The bride-to-be is the daughter of Don and Avis Johnson of Seattle and Judy Johnson of Gig Harbor. She is a 1987 graduate of John F. Kennedy High School and is attending Pacific Lutheran University in Tacoma. Her fiancee is the son of Marlene and James Bowman. He too is a graduate of John F. Kennedy High School and graduated in the class of 1986. He attended Highline Community College, graduating in 1988, and is employed by J & G Decor Center. They will be married at St. Theresa's Catholic Church.

MILLAR BRINGS BRIDE FOR HOMETOWN VISIT

Mr. and Mrs. Douglas Millar of Federal Way recently had a reception for their son, J. D. Millar, and his wife, Kimberly. The couple was visiting Federal Way recently held a reception for their son, J. D. Millar, and his wife, Kimberly. The couple was visiting Federal Way and was recently married June 20, 1987, in San Diego. He was recently attached for $30. Registration forms are available from Cathy Doerr at (509) 838-7232 or山县 Meridian Hotel.

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Wedding bells to toll for local man

Penny Joanne Studeman and Monte Dean Swanson will be married, the groom-to-be recently announced.

The fiancee is the daughter of Luella and Jerry Studeman of Chahalis in 1982 and earned her teaching degree from Washington State University in 1986. The coupl...
**Weekly News**

**February 22, 1989**

**The News**

**Just for You**

- **Student and parents can get involved in family study.** Details will be at 7:30 p.m., Feb. 22, at the Federal Way Boys’ and Girls Club.

**February Events**

- **Wednesday, February 22, 1989**
  - **9 a.m.** — **Senior Center Calendar**
    - **February 22**
      - **9 a.m.-noon:** Hair care, 9 a.m.-noon; foot care and health, 9 a.m.-11:30 a.m.; cards, 9 a.m.-11:30 a.m.; crochet and knit, 9:30-11:30 a.m.; arts and crafts, 9:30-11:30 a.m.; Scottish country dance, 7 p.m.
      - **1:30-3:30 p.m.:** Watercolors, 1-3 p.m.; oil painting, 2-4 p.m.
      - **3-5 p.m.:** Storytime for toddlers ages 2-3 years, 3-4 p.m.; social bridge, 3-5 p.m.
      - **5:30-7:30 p.m.:** Dance, 5:30-7:30 p.m.; senior rummage, 6:30-8:30 p.m.
  - **10 a.m.** — **Miniature Horses**
  - **12 p.m.** — **Advanced Cake Decorating**
  - **2 p.m.** — **Walking at Mall**
  - **3 p.m.** — **Senior Center Library**

- **Thursday, February 23, 1989**
  - **9 a.m.-2 p.m.** — **Feast of St. Mary’s**
  - **10 a.m.** — **Miniature Horses**
  - **11 a.m.** — **Advanced Cake Decorating**

- **Friday, February 24, 1989**
  - **9 a.m.** — **Senior Center Calendar**
  - **10 a.m.** — **Miniature Horses**
  - **11 a.m.** — **Advanced Cake Decorating**

- **Saturday, February 25, 1989**
  - **9 a.m.-2 p.m.** — **Feast of St. Mary’s**
  - **9 a.m.** — **Miniature Horses**
  - **10 a.m.** — **Advanced Cake Decorating**

**Community Events**

- **February 22**
  - **7 p.m.** — **Space Shuttle Spectacular**
    - **7:30 p.m.** — **Advanced Cake Decorating**
  - **8:30 p.m.** — **Miniature Horses**

**For More Information**

- **Contact:** Federal Way Senior Center, 848 S. 320th St.

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**The More You Save!**

**Every Red Tag Clearance Priced Apparel and Clearance Accessory Item in our Store**

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<th>Item Type</th>
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**Lamont's is the Northwest's Jockey Headquarters...**

**Save to 33% The More You Buy...**

*You must mention this advertisement to save.*

**For more information,**

**SPACE SHUTTLE SPECTACULAR**

**Dr. John Jones**, a Boeing mathematician and designer of the 110-foot tall antenna, will tape a craft program for children in the Federal Way branch of King County Parks. The program will be at 6:30 p.m., Thursdays, March 3 at the Federal Way Library, 10300, ext. 7910. The fee is $13. Call 839-0257 for more information.

**ADVENTURE CAKE DECORATING**

An Art in Cakes class will be held on Saturdays from 9 a.m. to 1 p.m., Feb. 25, at 3300 N.E. 65th St., Seattle. The cost is $30 per student for biological parents. It will be from 7:30 to 9:30 p.m., March 1, at the Federal Way Library, 10300, ext. 7910. The fee is $30 per student. Call 461-8550 for details.

**MINIATURE HORSES**

A 90-minute show for children and their parents will begin the week of Feb. 28 and continue March 6. Please bring an item to contribute to the fair, or a small donation. For information, call 839-0257. March 6 will be 2 p.m. and 7 p.m. March 8 will be 10 a.m. and 7 p.m. Thursday. Storytime for toddlers ages 2 to 3, will be at 4:30 p.m.

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**Obituary**

**Mary Mascarenas**

Mary Mascarenas, 79, died Feb. 12 at the Seattle VA Medical Center in Seattle. She was born March 30, 1919, in Colorado, and was a veteran of the Navy.

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**Just for You**

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Eagle girls capture first SPSL crown

BY GERARD BOLZING
The Federal Way girls' basketball team used a first quarter scoring explosion coupled with an incredible defensive show down the stretch to claim its first ever South Puget Sound League title.

Federal Way gained the coveted 1A, 4A, 5A, 6A, 7A, 8A, 9A and 10A state championships this season.

Wednesday, February 22, 1989

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Eagles hold off Lancers to win title

Continued from B-1

good floor leadership; "Fischer is playing well right now, and in rebounding in particular," he said. "She should be the focal point of our team." He also noted that the Lancers' backcourt was far from equal to the Eagles' front, but Mahlstedt countered with a pair of free throws to end the game with the Eagles up high and celebrating the RHSL title.

The Eagles easily converted 10 of 12 free throws during the fourth quarter. Mahlstedt led the Eagles in scoring with 11 points. Fischer was next with 10, Richter with nine and Bodine with eight. Each of the five starters has been in double figures this year," said Baker. "All five can go to the basket and all have the ability to put up a score. Defensively they all have to be locked up. We need to keep our control and play defensively, " said Baker. "Each of the five starters has been in double figures this year," said Baker. "All five can go to the basket and all have the ability to put up a score. Defensively they all have to be locked up. We need to keep our control and play defensively,"

For Lakes, Joanna Chesarek poured in 15 off the bench with 10 remaining in the game. Joanna Chesarek scored a field goal for Lakes and Chesarek added 10 points. Olivia and Jessica Chesarek added 9 and 11 points, respectively. The Eagles sank 25 of 48 (52 percent) while the Lancers made 17 of 48 (35 percent). Federal Way converted 9 of 12 free throws during the fourth quarter. Mahlstedt led the Eagles in scoring with 11 points. Fischer was next with 10, Richter with nine and Bodine with eight. Each of the five starters has been in double figures this year," said Baker. "All five can go to the basket and all have the ability to put up a score. Defensively they all have to be locked up. We need to keep our control and play defensively, " said Baker. "Each of the five starters has been in double figures this year," said Baker. "All five can go to the basket and all have the ability to put up a score. Defensively they all have to be locked up. We need to keep our control and play defensively,"

Baker was very pleased with the win and the way the Eagles were able to come back after trailing by seven.

AUGUSTA - The Southern Maine College baseball team received some good news this week when they learned that pitcher Tommy Cote will return to the team for the 1989 season.

Cote, a senior from Portland, was the team's leading pitcher during the 1988 season, but was not expected to return after sustaining a mild shoulder injury during the season.

"Tommy is a key to our pitching staff," said Coach Paul Cheeseman. "He's a big loss for us, and we're glad to see him back."}

Skimming, of course! Alpental, Ski Acres, and Snoqualmie are so close, you can ski after work and still get to bed on time. The best part is, the skiing is better than ever! The new Silver Fir triple chair lift at Ski Acres gets you to the slopes faster. From there, you can enjoy both downhill and cross country skiing. Six treedline downhill runs will excite your skiing senses. Or try the new 50 kilometers of groomed cross country track. It's all waiting for you at the top of Silver Fir. Of course, there are ski lessons, rentals, child care, good food and a friendly staff to help you make the most of your skiing time. You can be there in about an hour if you leave right now!

Call (206) 232-8182 for more information.
HCC women meet Bellevue Friday in playoffs

The Highline Community College women's basketball team will have its first chance to meet Bellevue, the No. 1 team in the region, Friday when the Thunderbirds face Bellevue at 6 p.m. at Skagit Valley in the first game of a regional playoff tournament.

Highline Valley already has been assured of one of two regional berths in the tournament. The Thunderbirds finished second at the Feb. 23 at the Federal Way REI Mt. Hood Invitational. The Thunderbirds finished second at Skagit Valley in the first game of a regional playoff by virtue of taking first in the Northern Division regular season standings at 1-0. Highline finished second at 1-5.

Edmonds and Shoreline were scheduled to play last night for the Northern Division's No. 4 berth into the regional playoffs, while Bellevue enters as the No. 3 team.

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"Highline now we're looking at a one game season," said Highline coach Don Helms, whose team was assured of one of two regional berths in the tournament. "It's time to make a statement." Helms said the Thunderbirds will face Bellevue at 8 p.m. on March 1. The men's Northern Division's No. 4 berth into the regional playoffs, while Bellevue enters as the No. 3 team.

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Highline hoop team enters playoffs against Shoreline

The Highline Community College men's basketball team will take the Northwest Athletic Conference Community College Northern Division No. 3 berth into the playoffs in the first place finish.

Highline (34-34) will face Shoreline at 8 p.m. Friday night in the opening round of the conference tournament.

East Bay onlookers will meet in the second game at 8 p.m.

Highline earned a Northern Division co-ownership with Bellevue as both teams went 18-14 during the regular season to get the No. 1 and No. 2 berths.

But Bellevue knocked back to defeat Olympic on Saturday, 58-57, in their first loser-elimination playoff berth by finishing third in the standings.

Late lead fades for JFK boys

Jones led Olympic's scoring with nine, Tom Turcotte and development with 16 points each. They were followed by Clark and Construction with seven each, Scheidt and Menees two each, Bush led all rebounders with 18 points, while Kelly McLaughlin added 15. Highline was 31 of 72 from the floor, while Bellevue was 24 of 61.

The Lancers gained a NPSL point fourth quarter deficit to eliminate Kennedy from the tournament.

Johnson and Shaw led the Trojans with 18 and 17 points, respectively, as Kennedy ended its season with a 10-11 record. The Trojans were 28 of 61 from the floor and a 12-6 mark in league. But Bellevue knocked

Steroids topic of discussion

Anabolic steroid abuse among student athletes is of great concern to coaches, parents, student athletes and medical personnel.

As a result of this concern, Northwest Sports Therapy and Athletic Department are co-

organizing a panel discussion with three experts on Feb. 28 in the Shorewood High School auditorium.

Three people knowledgable in this area for different reasons. Curt Marsh, a former NFL and University of Washington football player, will speak candidly about his own experiences with anabolic steroids.

Jim Wilson, head trainer for the Seattle Seahawks, will give his perspective on steroid use based on years of experience with NFL players.

The third panel member is Barry Krotzler, a local attorney who has been involved in many drug cases in the state for the past 20 years.

"Steroids: You need to know" will take place in the Shorewood High School auditorium and is free of charge. The three guests will speak for 10 minutes each.

During the second half of the program, there will be a panel discussion with all three panel members to answer questions. All coaches, parents and students are encouraged to attend.

Shorewood High School is located at 17380 Fremont Avenue S.

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Ninth-ranked Warriors enter playoffs on a roll

By ADAM WOOSTER

What difference does one year make? Bryan Peterson leaned back in his chair and smiled. A year ago at this sites, Peterson and his Seattle Chris tian school boys' basketball players were holding their own. They were the odd-man out in a four-way fight for the state title. But this year wasn't like that.

"Last year, we were hoping to make a name for ourselves," says Peterson. "This year, we knew that we could compete. The kids learned how to compete. They come back more competitive and are more excited each day they come to practice." These qualities have been con densed and worked hard. Peterson emphasizes that the attack doesn't center on any one man. "It's been very much a team effort. If one player doesn't come through, another will," he says.

Candidates include Wimmer, who is averaging 15.6 points a game, junior forward Nate Lin man, who pitches in 9.6, and senior John Brownlee, most Warrior scoring leader (15.6) and rebounder (9.1). These four, and junior swingman Christian Daley are key to the turnaround. "The kids learned how to win a game even if one player doesn't come through, another will," he says.

Another key to the turnaround has been the energy of the team. "This season, they're playing with confidence. They're not afraid to make a mistake and get back," Peterson says.

The seeds of success were planted in the summer league. The Warriors swept to the Nisqually League championship, then won the state Division title. They have won 14 consecutive games. They are ranked ninth in the state.

"With the effort we've put forth so far, we have the type of defensive team that could do it for the state tournament," Peterson says. Then again, he claims the top four Nisqually seeds are so balanced, "anyone could beat anyone." Still, he says, "I just hope we can go out and play like the champions we've been crowded.
Dick Benbow

Thinking about those things made me try steelheading at dusk. Earlier in the day, six cars were parked near my favorite spot, but when I returned later that evening I was the only one there. I had the pick of the slabs and I didn’t have to wait too long. Not wishing to use glowing corkies, I drew from my bass fishing experience of dusk and put on a yellow-green corkie and a low. It was highly visible, but I went down through all my secret spots with no success.

Not wanting to give up and having about 15 minutes before dark, I switched to a spinner and retrieved my slab. At about the third spot, the spin caught something I experienced about the smoothest take by a fish I’ve ever had. I played the fish out in the dark, but as I got it within netting range it went crazy, long runs, darting, and shaking loose. It was at that moment that I realized another advantage to fishing in the dark—there’s no one around to see you make that money move and lose a fish.

The Fugel Sound Flyfishers need help identifying what makes resident chum salmon stay south of the Department of Wildlife’s Nisqually River Bridge. Keep your eye open for trustful salmon missing their adipose fins. That’s the fly they should be using for the fall and the main top fin. If you catch such a fish, cut off the head and call Bruce Ferguson in Gig Harbor at 855-994. Make a note of where you caught the fish. Bruce will make sure you are entered in the state’s monthly reward drawing of $10 to $50.

In the 14 years of doing this column, I have never received more publicity from all the citizens involved in an issue than I have received over the confirmation of John S. Smith as Gov. Booth Gardner’s choice to head the state Department of Wildlife. Many local sporting clubs have gone on record with the King County Outdoor Sports Council as being against the confirmation. By the time this column appears, however, it is possible Smith will be confirmed. For those of you club members who get exasperated with political action committee reports, you can now better understand the importance. Non-club affiliated members can write the governor or representatives to express their concern.
Kelly Baker: Tuesday morning, after undergoing surgery to repair the tear. Baker explained that her Achilles tendon was hurting most during her floor exercises. She had just finished a round of back handspring and was in a runway when it happened. “It’s just a matter of whether they can rehabilitate it or not,” Baker said.

By CHUCK MINGORI

Torn Achilles tendon sidelines Federal Way gymnast

Torn Achilles tendon sidelines Federal Way gymnast

Kelly Baker

"I'm not going to be able to do anything for a long time." That's what Federal Way gymnast Kelly Baker said when asked about her torn Achilles tendon that sidelines her for a week or more. Baker was in Federal Way on Tuesday morning, after undergoing surgery to repair the tear of her Achilles tendon, which is located in the lower leg and connects the calf muscle to the heel. The surgery was performed at King County Medical Center in Seattle, and Baker is expected to make a full recovery. However, she will be out of commission for a week or more.

The surgery was performed by Dr. Robert Smith, a reconstructive foot and ankle surgeon at King County Medical Center. Smith said that Baker's condition was relatively severe and required surgery to repair the tendon. He added that the surgery was successful and that Baker should be able to return to her normal activities in about a week or two.

Baker is a senior at Federal Way High School and a member of the Federal Way High School gymnastics team. She is a four-year varsity athlete and a member of the school's gymnastics team. She has been a member of the team since her freshman year and has helped lead the team to several conference and sectional titles.

Baker is also a member of the school's track and field team. She has competed in the long jump, high jump, and triple jump and has helped lead the team to several conference and sectional titles.

Baker is the daughter of Art and Debra Baker and the granddaughter of Art and Jeri Baker. She has a younger sister, Samantha, who is also a member of the school's gymnastics team.

Baker is a dedicated student and athlete and has been involved in several community service projects. She is a member of the school's National Honor Society and has volunteered at several community service projects, including a Habitat for Humanity project and a local food bank.

Baker is also an accomplished musician and has played the saxophone for several years. She has performed in several school concerts and has won several awards for her musical performances.

Baker is a popular student and athlete and has a large group of friends and teammates. She is a friendly and outgoing student who is always willing to help her classmates and teammates.

Baker is a hard-working student and athlete and is always willing to put in the time and effort to achieve her goals. She is a great role model for other students and athletes and is always willing to share her knowledge and experience with others.

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Twin Lakes Cycle

Twin Lakes Cycle

Caffe Latte

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**Meredith's Office Furniture**

We are pleased to announce the opening of their new store in the Federal Way Shopping Center. We have been in business for over 50 years. They pride themselves in the lowest prices in the area. Buying directly from the factory allows them to keep their overhead low. They include Stride Rite, Buster Brown, Jumping Jacks, Nike, Reebok, and many more. Their newest line is children's clothing for all seasons & lifestyles. By working with a number of manufacturers in the USA and abroad, they avoid the middle man mark-up. They are able to purchase name brands at cost. Goretex clothing,unning and professional fitting for 13 years from their former location. They are now open Mon.-Fri. 10-6, Sat. 9-1, and closed Sunday.

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**Fireside Inn Restaurant**

A delightful place to stay is the Fireside Inn. The restaurant is a favorite with the older clientele. Three booths are available for urgent care. Telephone 838-1520/927-4412, and a modern community hospital a few steps away. Office hours are Monday - Friday 9-5. In this natural setting, there is also the convenience of ample free parking, a spacious office and closed Saturday of your list. Owner, Wayne Kelley & wife Nola have located their new business in the Hillside Plaza. 320th & 1-5.

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**Sue-Z Q's**

I'm not looking for brown sugar but a place, says Sue-Z Q's. "I've been a part of the Federal Way community for 20 years." The restaurant is a favorite with the older clientele. "The food..." Sue-Z Q's is a stop on your list. Owner, Wayne Kelley & wife Nola have located their new business in the World Square. Corner of 320th & 1-5.

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**Michael B. Smith, M.D.**

I am pleased to be able to offer medical care in Obstetrics, Gynecology, and in the Federal Way Community at our new "one" doctor office. We are located in the Saint Francis Hospital Medical Office Building. Hours: Mon., Tues & Sat 10-6, Wed thru Fri. 8-9; Sun, 8am to 6pm. Michael B. Smith, M.D.

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FOREST PRODUCTS

The largest tree, 20,000 acres, is the bald cypress. We can supply you with all kinds of
wood products, including logs, hardwoods, and softwoods. Call 432-5110 for more in-

NEW BUSINESS 1988

HOSPITAL

In the Service

Nutrition Counseling
- Smoothies
- Reflexology
- Success and Career

LEAVED
Martha Leuzinger, the son of Dorothy Etjen
the son of Karen and Ber-
and Army history and traditions.

KARTS
In 1989, Dennis A. Karten, the son of Gladys Karten of Federal Way and
Mark Karten of Enumclaw, was

RESCC

Sctiner's first recruit Dennis P.
Sctiner's first recruit Dennis P.

RECRUITS

He joined the Navy in August 1988.

MASSY
Massy is a 1986 Thomas Jefferson

Leuzinger, the son of Karen and Ber-

OLPPON
Milt Schwartz, the son of Dorothy Aitken of Federal Way, has completed

FOREIGN STUDENT NEWS
Sally Rezaa, an area represen-
tative for the study abroad

Heritage club to hold conference
The Children of the American
Recovery, a therapy organiza-
tion for children ages birth to 3
who can trace their families to
the American Revolution, will hold
their 34th state conference in

School will benefit from art auction
The Robert Bliss Gallery will
hold an art auction to benefit St.
Christopher's. The auction is for
the benefit of the arts program,

School district considers 24-hour
The Arlington School District
will hold a vote Tuesday whether
to extend or renew the 24-hour

Support groups
Groups can help people who have a fear of
social situations or a fear of being left alone.

RENTAL
For families and children. Rent a house
close to Seattle’s exciting downtown
activities. Low rates. Call 432-7002.

HEALTHY LIVING
If you’re a senior citizen and have Medicare, supplement, and long-term care

9:00 a.m. 11:00 a.m.
11:30 a.m. 1:30 p.m.
2:00 a.m.
3:00 a.m.
4:00 a.m.
5:00 a.m.
6:00 a.m.
7:00 a.m.
8:00 a.m.
9:00 a.m.
10:00 a.m.
11:00 a.m.
12:00 m.
1:00 p.m.
2:00 p.m.
3:00 p.m.
4:00 p.m.
5:00 p.m.
6:00 p.m.
7:00 p.m.
8:00 p.m.
9:00 p.m.
10:00 p.m.
11:00 p.m.
12:00 m.
1:00 a.m.
2:00 a.m.
3:00 a.m.
4:00 a.m.
OUR ANNIVERSARY IS COMING!
LET'S START THE FUN NOW - HERE'S HOW IT GOES
JACKMAN'S COMPANY IS GIVING AWAY OVER THE NEXT FEW WEEKS

IN GIFT CERTIFICATES
Here's how it works - If you find your car license or your check cashing card number posted in the store, you get to catch a certificate for free groceries or an amount from $5.00 to $100.00 out of our fish bowl. New numbers will be posted 3 times a week. Nothing to buy - just come in and see if your number is posted!

$3000

WASH, GROWN
WHOLE BODIED
FRESH LAMB
$79

FULLY COOKED
BONELESS
LAMB
$29.99

HIGH IN PROTEIN
GROUND TURKEY
$99

LAMIN PATRICK'S
BLADE CUT
SHOULDER
$2.09

THANK YOU
CHERRY PIE
$1.89

GROCERY SPECIALS

CHOICE MEATS

FRESH WHOLE 2.4 LBS.
CO. PAK. - CO-EN-RAISED
FRESH SALMON
$9.99

PREVIOUSLY FROZEN FILETS
ORANGE ROUGHY
$3.99

KANIMI IMITATION
CRAB FLAKES
$4.09

ASSORTED COLORS
MINI-CARNATIONS
$1.99

VIDEO SPECIALS

"THE RICE SAMPLER" SELECT ORIGINS - FOUR EXCEPTIONAL RICE
$5.99

BULK FOODS

FOOD MARCHE VALUABLE COUPON

L.B.
80Z.
60Z.
16/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
18/80Z.
6/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
10/80Z.
4/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
5/80Z.
3/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
2/80Z.
1/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
1/80Z.
1/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
5/80Z.
3/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
10/80Z.
6/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
15/80Z.
10/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
20/80Z.
15/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
25/80Z.
20/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
100/80Z.
75/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
250/80Z.
200/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
500/80Z.
400/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
1000/80Z.
800/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
2000/80Z.
1500/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
5000/80Z.
4000/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
10000/80Z.
8000/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
20000/80Z.
15000/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
50000/80Z.
40000/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
100000/80Z.
80000/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
200000/80Z.
150000/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
500000/80Z.
400000/80Z.

FOOD MARCHE VALUABLE COUPON

L.B.
1000000/80Z.
800000/80Z.