The Department of Energy says that, as of now, there isn't enough energy being supplied to the area. And oil companies maintain — and they're not wrong — that homes with oil furnaces don't have to wait long for the gas to arrive. But, unlike electricity, there is no pause on the supply of gas from Canada, which causes the shellfish to become poisonous and in severe cases can cause death.

Best way to heat a home? Nothing's sure-fire here

WHAT'S THE MOST efficient way to heat a home? Reports do differ depending on what's going to happen to the electric furnace does. It costs about two to five tons. Many organizations are also interested in what's going to happen to the heat pump, the heat pump could weigh about 250 pounds. The heat pump is not a very efficient way to heat a home, but it can be used in conjunction with other methods.

Possible outcomes

- Gas will drop again, and that pump will be used from two to five tons. Many organizations are also interested in what's going to happen to the heat pump, but it can be used in conjunction with other methods.

- Gas will only be used for two to five tons. Many organizations are also interested in what's going to happen to the heat pump, but it can be used in conjunction with other methods.

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The Gay Blade

Editorials
A bitter pill

The New York author who caused such a stir last week when he burned the United Nations building and tried to fly to the latest nations building in a light plane, says perhaps the‘sage of the Potomac, that they meant, rumbled the pompous ads. As soon as the Senate going to quit fooling for summer recess, they all would return to Washington and putting his political career on the "bitter pill." If the patient isn't feeling better soon, he may be malpractice and bring in a doctor to put him on the "bitter pill." now. So, they're making a mistake.

At the same time, President Carter is promising the country that jobs won't be lost, and his chief economic advisors are complying with the prospect of a recession. How can they increase business but a recession and a rise in unemployment? Developers don't use out-of-pocket cash to buy homes. Only the banks can afford to purchase them. And, if you're not building, you don't need the bankers.

On the other hand, someone has to buy about 13 percent per year. "Dr." Carter is on the right track this time in putting his political career on the "bitter pill." If the patient isn't feeling better soon, he may be malpractice and bring in a doctor to put him on the "bitter pill."

First, we feel, you don't play the story up as much. The name's man and his personal count of the general public. A newspaper is a part of the overall public. A newspaper is supposed to report the news, not part of it. Just as newspapers publicize every detail of the latest television stunt, they're playing into hands that are going to use a story to make a name for itself, that are going to use it for more such incidents in the future.

Newspaper editors should take a stand as restrained as the community does at work, CBS. The Gay Blade. Evening News reported the incident in a griping, but purposeless way. An item that once mentioned the man's name and pictures in the newspaper.
BRIEFS POLKAS and lilting waltzes were the music of the hour at the Oktoberfest in Federal Way on Friday and Saturday evenings. Couples such as this one crowded onto the dance floor under the big tent at the Federal Way Shopping Center to re-enact the old Bavarian festival.

The big tent at the Federal Way Oktoberfest last weekend was packed with revelers who dined, drank and danced in a big way. It was estimated that about $1,000 was raised for the Pacific Northwest Festival in the Forest Association from door receipts of $1 per person and from profits on the liquid refreshments.

Some of the merrymakers came during the day to see demonstrations of spinning, woodcarving, doll-making and other crafts. But the big crowds turned out for the evenings of Austrian music, polkas, beer and boisterous fellowship over tables laden with German cuisine prepared by Federal Way's Cafe Patisserie. The tent, which had a maximum capacity of 300 seated celebrants, could not hold the numbers who waited in at times, and some had to be turned away, at least temporarily.

Last year's event, the first Oktoberfest to be sponsored by the Federal Way Shopping Center Merchants Association, reportedly fell far short of last weekend's success. Attendance was said to have been less than half of this year's figure. About the only complaint to be heard above the joyful din last weekend was that Oktoberfest comes only once a year. And that, said more than one, is not nearly often enough.

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Text by Barbara Butts
Photos by Bob Butts
Lions urge donors to give blood unit

By Carolyn Lapan

It will be all hands on deck as the Federal Way High School Lion's Club and the Puget Sound Blood Center work to increase blood supply available for medical centers.

The Mood bank's mobile unit will be set up at the lower west exit of the Federal Way High School on 184th Street S.E. from 1 to 7 p.m. on Oct. 17.

The Lion's Club chair- man Jim Olson, said, "I would like to see donors listed and have the parking lot full, for 10 years ago that it didn't mater if you were a regular donor or a first time donor."

Elated with the success of her book that is now selling nationally wide, Olson said she thinks it is "It's interesting because it has a radio station recently - when an incident occurs at one of their available O-Rings."

Though donors often help, so that inventory can be topped of to a safe number of units, "It's like a percent of not recruiting donor service," he said. "You never know what can happen."

As soon as they arrived at 400 Cherry Street, "we were be- 

The blood bank's values to 24.00 I Values to 19.00 I Values to 14.00 I Values to 9.00 I Values to 4.00 I Values

The Lion's Club drive, scheduled for Oct. 17, is on its effort to boost the Blood Center's all-time high collection of 186 pints per day.

40 years ago, K-G opened its first store. Since then, K-G has grown to 85 stores in 17 states. Customer response has been great, and every year our sales have increased. We want to thank our many customers.

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SUITS AND SPORT COATS

Estilo! Stock's famous brands.

Suits and Sport Coats

Selected styles in phallic shapes.

Reg. $15 to $50

30% off

Value: $25.00

Value: $20.00

Value: $15.00

Value: $10.00

Value: $5.00

Value: $3.00

Value: $2.00

5% off

10% off

15% off

20% off

30% off

40% off

50% off

10% off

15% off

20% off

25% off

30% off

35% off

40% off

45% off
The quick brown fox jumped over the lazy dog.

5:00

PLAYING THE ROLE of dangerous felons, these men are participating in a training program for reserve police officers administered by King County. A class of 27 people recently graduated from the three-month course, which included simulated arrests and traffic stops at Sunset Junior High in its curriculum.

—photo by Gary Kissel

Reserve officers learn by doing

by Brad Broberg

It was a starting night. Suddenly, there were several King County police squad cars blazed across the Sunset Junior High School parking lot.

A man lay face down in the grass with his hands clamped behind his back while uniformed men shouted a police officer from near a car, arms high above his head.

"Move your hands wide," shouted a police officer from behind the door of his patrol car. "Wider," he belittled more Royally, weapon drawn.

For a group of newspaper reporters who stumbled on this bizarre scene on their way to a basketball game, it looked like the real thing—a drug bust or maybe even the capture of a band of escaped convicts.

But drama was all it was with King County reserve officers playing the roles of both criminals and cops in a routine training session.

"If THEY know what's expected at them, they'll perform better when the time comes," said training officer Joe Frank of Sunset.

A group of 27 cadets recently completed the three-month, 18 consecutive reserve officer training program, with 18 incoming voluntary county reserve officers and one becoming reserve officer in other departments and agencies of King County. The reserve force was established in 1942.

Besides the field experience offered at Sunset, the reserve cadets attended classes at the King County Courthouse and were tested on the firing range before they graduated.

"When they are on duty, they will have all the powers of a regular officer," said Frank. "Our training officer is not armed, but if necessary reserve officers can function as well as any full-time officer."

Frank said a wide spectrum of people volunteer to join the reserve force, where they must spend a minimum of 20 hours a month.

"They have a sense of community service, community pride and wanting to help their fellow citizens."

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Free with any Esteé Lauder purchase of 250 or more.

The perfect beauty mix for the woman on the go. It's everything you need to keep lips, cheeks and lashes looking good. Anytime. Anywhere. Put a thoughtful gift on your list this fall. The ESSENTIALS COLLECTION by Esteé Lauder.

- Luminous Roll-On Mascara
- Illuminating Lipgloss
- Soft Film Compact Rouge
- Maximum Care Foundation
- Maximum Care Eye Creme
- Maximum Care Body Lotion
- Pressed Eyeshadow Quad
- Nail Polish
- All-Day Frosted Blush
- Cool Beige Sunlit Beige
- Nutbrown Apple
- Starlight Silver/Silver Light Blue
- Celadon

Visit any Esteé Lauder counter to receive your ESSENTIALS COLLECTION. By Esteé Lauder. All products made in U.S.A. Offer good while supply lasts.

Purk or more. Met in 1970 by a few.

About the car owner:

"We definitely screen them. We want to make sure we know as much as we can about them before we put them out in the field," Frank said. A wide spectrum of people volunteer to join the reserve force, where they must spend a minimum of 20 hours a month.

"They have a sense of community service, community pride and wanting to help their fellow citizens."

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CAMPBELL wins

Guzzo programs discussed

Robert Sealey, superintendent of the Highline School District, and Lew Knapp, Highline School board member, will meet a attending the Phoenix Board meeting, Oct. 31 at 7:30 p.m. in the Bulen Public Library meeting room.

The topic of their discussion will be ‘Education for Gifted and Talented Exceptional Students Program at the Present and for the Future.’

The Phoenix Education Association is a local non-profit organization made up of all educational administrators with the goal of providing enrichment opportunities beyond those available in the public school setting and offering parent workshops focusing on the needs of able students.

The group offers two periods of change each season from February until May and a summer session from June through August. The total of 218 children from the 16 classes of the school district. These students represent 13 schools in South King County. Phoenix classes offer for small classes with an average of 14 children per student.

Surplus vehicles for sale

King County’s surplus vehicles will be sold on the auction block. starting at 8 a.m. at the auction on the 14th. Southwest of Fourth St. and Union

Items negotiable will be offered for one hour prior to the auction.

Airwest strikers agree on contract

by Pat Jenkins

Thirty-six days after they walk- off their jobs, striking Air Line West Airwest officials. ALEA

contract agreement with Hughes

pact must be ratified by a

A Los Angeles-based trade union was seeking only to be paid

strike. Airwest agreed to pay ALEA

Mon stock during a grand prize drawing held

weeke of their four-month walkout

on Airwest flights, Airwest grounding, other airlines

had 2,200 members, include 250 in Seattle.

Before the ALEA struck Sept. 10.

Airwest had 23 daily flights from

Seattle-Tacoma International

Airport and 32 from Pasco,

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routes.
Council committee hears testimony on annexation

"by Dan Williams"

"To annex or not to annex? That was the question on the minds of Mayor Flower's committee members on Wednesday night before a special session of the South City Council.

Four council members listened to a parade of citizens all urging annexation. They included the city's proposed annexation of the South Park area with its large corporations and consequent heavy traffic.

The stated purpose of the hearing was to take public testimony on annexation, whether to accept or reject a 14-signature petition asking that the city acquire all tax-paying businesses in the South Park area.

Miller said that annexation was "anathema to the definition of Southern justice; you give them a fair trial, then you hang them." Hale advised annexation to the businessmen for "legality what happens to us." He urged the council members to accept the petition and let the residents decide the issue.

ANDESONSEN ALSO --- "as to the services provided by the county. We live --- general charge of incompetence against Fire District 10.

Another resident of the South Park area, with its large corporations and consequent heavy traffic, was Mr. Bellah. He said, "I learned the saying, 'When the dinner at 6:30 p.m.,

"It can do that. Maybe it already has. And the pain caused by marital problems and divorce can be heal the wounds." From people who know a personal God who really cares about you. From people who can

"You'll find that problems are a lot easier when you don't have to face them alone. Why not visit us this Sunday and find out for yourself. It could be the start of a better life."
The inmates at McNeil Island filed into the prison's theater on a gray Sunday afternoon recently until the large auditorium was fully two-thirds full.

Some of the theatergoers—about 400 in all—had left behind card games, television sets or sports fields. Others had just left the loneliness of a solitary Sunday afternoon in the prison yard. They had come to see the LeRoy Hintz Variety Show "kids," six of whom are Federal Way youngsters. Although they range in age from 10 to 74, about half of the 35- to 40-member company is under 18.

At least once a year for two decades, the Tacoma-based troupe has boarded a ferry at Steilacoom and has taken the 20-minute ride across the often foggy, windblown passage to the remote island. They have dipped into their own pockets to bring entertainment to the prison, receiving no pay for their performances.

But the inmates and the staff reward them with a warm, familiar reception, coming back year after year to see the youngsters perform.

Text by Barbara Butts
Photos by Bob Butts
Antique dealers from throughout Western Washington will have their merchandise on sale and display at the fourth annual antique show and sale, "Fantasy From The Past," sponsored by the Women of the Church of the Good Shepherd.

The event will be held Oct. 20 and 21 at the Browns Point Clubhouse, 1535 318th St. N.E., and will be preceded by a reservations-only sale and champagne dinner from 7:30 to 11 p.m. Oct. 19.

Show hours will be from 10 a.m. to 8 p.m. Saturday and from 11 a.m. to 5 p.m. Sunday.

In addition to the dealers, representatives of refinishing and woodcrafters Unlimited will be on hand to demonstrate the care of fine furniture. Refreshments will be a number of door prizes.

Show tickets at $1.50 each may be obtained by calling Susan Moyer, ticket chairman, at 383-1588. Door reservations may also be made with Mrs. Moyer or with Mrs. Margaret Brown, the change is in the home of Pat Redling, 3665 S.W. 3rd Ave. South.

Bays' Club changes name

The Sea-Tac-Gilmore Boys' Club recently voted to change the corporate name of the facility to Boys' Club and Girls' Club.

According to club coordinator Doug Brown, the change is being made to reflect the services that have been provided for girls as well as boys in recent years. The club will remain a member of the Boys' Clubs of America.

Seattle's and Boys' Clubs of America, while responding to increased girls membership and the closure of the South King County Girls' Club.

Zeeta Phi meeting

The Zeeta Phi chapter of Beta Sigma Phi will hold its meeting at 7:30 tonight, Oct. 17, in the home of Pat Redling, 3665 S.W. 3rd Ave. South.

The program on "Fantasy From The Past," sponsored by the Women of the Church of the Good Shepherd are, from the left, Linda Peterson, Candi Johnson, show chairman, Sherrie Bebich and Diane Sonnenburg, who are show with an antique sled and old cast iron teakettle. The show and sale will be held Oct. 20 and 21 in the Browns Point Clubhouse and will be preceded by a reservations-only preview dinner Oct. 19.

Show and sale for antique buffs

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Couple at home in Bellingham

Mrs. Charles Emer-...timely in Fauntleroy Com-
ther parents, Mr. and Mrs. Charles Emer-
ti and Agnes were present for the wedding.

The bride was dressed in a white satin gown trimmed with lace, and her veil was attached to a lace bodice. The groom wore a tuxedo.

The reception was held at the Tenderloin Hotel in the center of the city. The guests were seated at the table located in the center of the room. The bride and groom were seated at the head of the table. The wedding was a joyous event, attended by family and friends.

The reception was followed by the wedding reception. The guests were served a variety of refreshments, including appetizers, salads, and desserts. The bride and groom gave speeches to the guests, thanking them for their presence at their special day.

The reception concluded with the cutting of the cake. The bride and groom cut the cake together, symbolizing their unity as a married couple. The guests were served slices of the cake, and some were given to take home as souvenirs.

The evening concluded with a toast to the newlyweds, given by the father of the bride. The guests applauded and wished the couple a lifetime of happiness together.

The wedding reception was a memorable event, attended by family and friends. The bride and groom were happy and excited to begin their new life together.
Tacoma. The couple Miller of 1403 Vine St. the former Pauline in Milton will Mablng behind. The Board of Com-
jMiller has been a
Ipany problems were
Ivement, Lutete was
highline College, he
in Africa a
when Lutete arrived
Rev. Colvin Caughey,
Masungu left Kim-
there was much joy
When Jean-Pierre Mavunga from Zaire, Africa, with Rev.
Mr. and Mrs. Jean-Pierre Mavunga from Zaire, Africa, with Rev.
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Mr. and Mrs. Jean-Pierre Mavunga from Zaire, Africa, with Rev.
The great pill prop

Each month now, that I am picking up speed on the fitness band, I still have a few laps to go before I reach my goal.

I can't help but wonder if other women are also struggling with their own goals. Are they also feeling the pressure to be the best in their respective fields?

I guess I am fortunate to have a supportive environment at home. My husband is always encouraging me to keep going, no matter how slow I am.

I really hope that the fitness band will help me achieve my goals. I want to be the best version of myself, not just for myself, but for my family as well.

As for the document, it is quite comprehensive and covers various aspects of women's rights and opportunities. I think it's important to keep learning and growing as a woman.

For example, there is a section about the importance of vaccination. It talks about how important it is for women to get vaccinated to protect themselves and their loved ones.

I think it's also important to remember that there are many resources available to help women, such as the YWCA, which offers various programs and services.

Overall, I think it's great to see how far we have come in terms of women's rights and opportunities. But we still have a long way to go, and I hope that we can continue to progress and make a difference in the world.
Cederberg earns Eagle award by Jim Bunsell Oct. 3 at St. Luke's Lutheran Church, Matthew Cederberg, son of Mr. and Mrs. Douglas Cederberg of Ferndale, received his Boy Scout Eagle Award. Matthew began his scouting career in B-6 Wednesday, October 17, 1979 and will hold the positions of patrol leader, patrol assistant, patrol leader and assistant patrol leader.

Currently, he is a member of Scoutmaster Tom Sperry and has served as arbiter, scout leader and patrol leader while now serving as assistant scout leader.

Accountants plan student dinner by Jan Hood chapter of the Junior Woman's Club will hold its annual student dinner Oct. 3 in St. Luke's Lutheran Church, 400 N.E. 263rd St., was bom Oct. 4 in Valley General Hospital to Mr. and Mrs. Raymond Neale of Lynnwood. The social hour will start at 5:30 p.m., and dinner will be served at 6:30 p.m. Mr. Neale, a member of the American Institute of Certified Public Accountants, will address the students on the importance of good citizenship. Students are reminded to sign up by Oct. 21, at her home at 20638 Occidental Ave. S. in Federal Way, Mrs. George Pavlik of Federal Way, was bom Oct. 8, 1919 to silent film star Harry Kenelm Davies and Helen S. (Williams) Davies. Mrs. Pavlik is survived by her husband, Edward Paul Pavlik, 84, and two sons, Mr. and Mrs. George Pavlik of Pittsburgh, Pa., and Mr. and Mrs. Kenneth Pavlik of Renton. Their second child was born in 1923 and is Mrs. Sandra Davies of Renton. The Pavlik family moved to the Sorrento Hotel at Madison and 44th Ave. N.E., Seattle, in 1924. Mrs. Pavlik was an active member of the Sorrento Ladies Auxiliary, the sorrento American Diabetes Association, and the Junior Woman's Club of the King County, Seattle.

She was a graduate of the University of Washington and a high school teacher in Seattle and Renton.

She was a member of the Junior Woman's Club of the King County and the Sorrento Auxiliary, which raises money for scholarships for high school students.

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Wright Academy potlatch

Brand-Anderson rites solemnized

Emblem Club will hold its annual fall nival games and a festive customs of Academy on Friday, will be held at the newest chapter Thurs­ official welcomed by Lodge, 14006 First Area Council. Rasmussen. During 1016 S. 248th St. Huntington Park will Church in Tacoma. David and Phyllis Norton of Puyallup an­ 1978 graduate of Rogers High School in Epsilon Sigma Sigma Tau chartered 7:30. The healing service is open to the public, and a nursery will be provided. It will feature primarily the preaching of the word and the opportunity of the body, mind and soul to receive the laying on of hands and the means of receiving the Holy Spirit as it was in our Lord's day through the touch of His hand.

Fund raising topic of two-day seminar

Numbers of co­ profit organizations in the Seattle area have been busy in recent months planning fundraising campaigns. The most ambitious of these has been the annual CoPac trip to San Francisco, which this year was attended by 1500 people.

The seminar will be held Oct. 15 in the home of Sandra Murphy.

Cereal as a first cereal raising event, the newly-formed Peterson Baker Cancer Guild will be hosting a roller skating party at the Tiffany Inn in Federal Way, Tuesday, Oct. 3.

Officers of the new guild, founded in honor of the late Mr. Baker, wife of Seattle B a c k n i n g T a s k o n H o m e , Fredric E. Baker, are Cheryl Parisey, president; Sharon Wilkerson, secretary; Karen Furman, treasurer; and Patti Schmitz, treasurer. The theme for the new chapter will be "S-Agent," which is the Greek word for "agent." The chapter officers for the new chapter are: President, Mrs. E. Rasmussen; Vice President, Sam Crawford; Secretary, Karen Reznick; and Treasurer, Patti Schmitz.

The chapter will be located at 1016 S. 248th St. Huntington Park, Tacoma.

Although the Four Seasons of Seattle is a college-preparatory school library for students in kindergarten through high school, its festival will go to the students of all grades.

The community of Huntington Park will celebrate its 10th birthday with a community-wide celebration on Saturday, October 20. The event will feature a number of activities, including a children's parade, a craft fair, and a live music concert.

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Churches join in bazaar

Two churches in the Browne Point area are busy preparing items to be sold at the eleventh annual "Ecumenical Bazaar" to be held from 3 p.m. to 9 p.m. Tuesday, Oct. 30, at the Browne Point United Methodist Church.

A small luncheon and a spaghetti dinner will be served. Participating churches are Browne Point Methodist, Marine View Presbyterian, Olympic View Friends, Restoration Lutheran and St. Matthew's Episcopal.

Ceremony held in Oak Harbor

In a recent evening ceremony in Oak Harbor Lutheran Church, Janice Elizabeth Bakke, daughter of Mr. and Mrs. Paul Ir, was married to John Raymond Bakke of Oak Harbor, who was married to Marian Edward Ecker of 550 Military Road S.

For her wedding, the bride chose a Victorian-style sleeveless dress with spaghetti straps and a deep hem edged in lace in Venetian lace. The a-line skirt, designed with point d'esprit lace featured a flounced a-line skirt, designed in Venetian lace. The bodice was embroidered cotton and the bride chose a Victorian style in clothes and shoes sure to make you look as in as you feel.

...the jeans and casual go together.

The bride is a 1975 graduate of Oak Harbor High School and graduated from the University of Washington in 1978, Puget Power deferred payment loan.

The bride is a 1975 graduate of Oak Harbor High School and graduated from United Ostomy Association, Inc., of America. The bride is a 1975 graduate of Oak Harbor High School and graduated from the University of Washington in 1978, Puget Power deferred payment loan.

The bride is a 1975 graduate of Oak Harbor High School and graduated from American Legion Auxiliary (10-19, 8 p.m.) for additional information call Dairy at 360-779-2622.

Find Inner Piece at Pizza Inn.

FEDERAL WAY

Newspaper Drive (10-15, 8 p.m.)

4.10

Pizza Inn.

Buy one pizza, next smaller size 99c.

Find Inner Piece at Pizza Inn.

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"If you're wasting energy and money..."

You could save a bundle on your heating bill by adding insulation, weatherstripping, storm windows or other energy-saving improvements.

You save absolutely no interest. You make no monthly payments of any kind.

Just repay the principal after ten years, or...

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Several cultures feted at Auburn Oktoberfest

Crystal Gayle, popular country-rock singer, is scheduled to appear at the Seattle Opera House on Sunday, Nov. 11, at 7 p.m. Tickets for $8, $7 and $6 are now on sale at Fidelity Lane in Seattle. To order tickets mail a self-addressed, stamped envelope to Fidelity Lane Tickets, 1622 Fourth Ave. Seattle 98101, or call 624-9717.

Crystal Gayle to visit area

Theatre classes for the week 1 p.m. and 5 p.m. Theatre is offering through Saturday beginning in November, sessions in the fun-

Birds as art form subject of meeting

Gordon Alcorn will discuss "The Bird as an Art Form" at a joint meeting of the Tacoma Audubon Society and the Tacoma Zoo Society at 7:30 p.m. Thursday, Oct. 18, in the art museum's auditorium. The meeting is open to the public. Following the lec-

Masquerade dance at GRCC campus

A masquerade dance is scheduled for Friday, Oct. 26, at Green River Com-

Dinner for Two

You want only the freshest natural ingredients in a mouth-watering pizza. So come right to the top. Straw Hat tops off every Original and Deep Dish pizza with only the finest meats and cheeses and the freshest vegetables. No fillers. No extenders.

Enjoy top value at Straw Hat today. Let us prepare your pizza from the bottom up. One taste will tell you, our pizza can't be topped.

Any way you top it, Straw Hat® can't be topped.
The wedding ring of the bride's grandmother, the late Mrs. John Scherueble, was worn by Marie Branham as she walked down the aisle. A choker necklace was worn by the bride. Mrs. Jack Scherueble will be the matron of honor. The bride's sister, Mrs. Howard Pickering, will be the maid of honor. The bride's grandfather, the late Mr. Henry Martin, served as matron of honor.

A flower girl and a ring bearer walk down the aisle. The ring bearer carried a basket of flowers. The flower girl carried a bouquet of flowers. A candle was used to highlight the ceremony.

The wedding party included the bride, groom, and their immediate family members. The wedding was held at the First Baptist Church in Everett. The reception was held at the Inn at Sea-Tac.

The couple honeymooned in Hawaii.

Mrs. Jack Scherueble and Mrs. Howard Pickering were the parents of the bride. Mrs. Henry Martin and Mrs. Howard Pickering were the parents of the groom.

The wedding was officiated by the Rev. David Martin, who has been married for 13 years. The couple has been together for 13 years.

Tour of service lounge to highlight BPW Week

Oct. 25 through Oct. 27 has been proclaimed National Business Women's Week by the National Federation of Business and Professional Women, and more than 2,500 Washington State BPW members will be observing the week with special events.

At the BPW lounge in Federal Way, the Highline BPW Club will feature the Servicemen's Lounge at Sea-Tac Airport, which has been a special project of the Club for more than 13 years. The Club will collect Christmas cards to recycle into individual handmade greeting cards. The lounge has provided a place for military personnel to relax after flights since 1966. More than one million people have taken advantage of the facility. In 1982, 117,000 servicemen and their families have used the lounge, saving 720 pounds of coffee, 6,426 dozen cookies, and 6,876 condiments. For the past two years, the average use has been 9,200 parking spaces. To conclude the week's activities, a group of Highline members will be on hand for the Washington State Federation seminar, Women in Business and Finance: Opportunities for Today's Woman, held at the Olympic Hotel and will award the Canadian-American Friendship and Woman of the Year award to a woman in the hotel business. On Sunday morning, members will visit and tour the Glendale Lutheren Church and afterward share a Sunday brunch.

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Kitate Master opens studio

by Bryan Leasman

"Karate is an excellent way to stay fit. We have a very strict weight system for those who need to add weight to their bodies," said Jeyong Sook Lee.

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**The Rams are o.k.**

Brien Lautman

Strange things happen in rather sober numbers, funny things happen in said numbers, and very good things can occur in very bad years. This last example describes accurately the Mt. Rainier Rams football situation. The Rams are currently 0-6 in North Puget Sound League play, and have been outscored 146-1 by their grimace-opposing opponents.

Pretty bad, huh?

News-Courier, by Head Coach Jerry Dotson. The Rams' roster is not ready to pronounce his grid squad, Pretty bad, huh?

Kams are currently 0-6 in gracious opponents.

Miller got the Rams on the win, but we are looking for grading to show for the Des Moines club as sophomores

The improvement is starved for the Des Moines football.

Word is all about.

"I was just finding out what we can do on the football field," Brien added.

"For the kids to see improvement every week is really

Because of an injury his sophomore year Miller was forced to wait till the 1979 season to begin his prep career.

Patience. Mt. Rainier football has dictated other coaching

know he's still looking for the loser's image with a career.

sophomore year Miller was forced to wait until the 1979

ball is still a year or maybe

forecasting contest.

Barbara Warmuth, a Sp Nw a w -h s., survived, over an afternoon

A Spoil* Club, so nice, so spiffy, except

full of duMs. ami delicakly to one thinji-

two free tennis or racquet hall lessons, Hill for about $7000 letas.

Sports News?

For a Spiffy new Sports Club, we're very informative.

We give Country Club status, at Sports Club prices.
FW area racers clash this Friday

by Ron Leutmann

The Federal Way Eagles, the Puyallup Vikings and the Decatur Gators, will hope that the rest of the cross country season will never come as they prepare for the meet they will hold at the Federal Way track this Friday. At stake is the third three-way meet of the Jefferson-Clover Park field to crown region champions.

The boys 3200 was won by Todd Grossman and the girls 3200 by Carmen Vanderwouden of Decatur.

According to Federal Way Coach Bill Harris, "There is no question that the three-way will be extremely good. The number one runners of Puyallup, Federal Way and Decatur have been doing quite well too," Anderson added.

The boys portion of Friday's area harrier showdown, however, does not promise to be as strong as the girls. Federal Way's Tracy Honsinger and Decatur's Kerry Barth Merrill have been establishing a very exciting race and made a double-loss for the boys. The Decatur boys were led by Minehan with a 13:39 finish. The Decatur girls were led by Johnson with her 13:07 tour of the course.

"It should be a good race between the top class of runners," said Honsinger. "It's on our careers, and I am sure all are going to continue to run well this week," he added. "It will be a real race between Johnson and I. Hoping I can hold onto Honsinger has been doing quite well too," Anderson added.

As for the girls portion of Friday's area harrier showdown, however, does not promise to be as strong as the girls. Federal Way's Tracy Honsinger and Decatur's Tracy Honsinger have been establishing a very exciting race. Honsinger's tour of the course was followed by Minehan with a 13:39 finish. The Decatur girls were led by Johnson with her 13:07 tour of the course. "It will be a real race between Johnson and I. Hoping I can hold onto Honsinger has been doing quite well too," Anderson added.

In meet action last week Federal Way swept to boys and girls' wins over the Puyallup Vikings. The boys grabbed a 16:05 victory over the Decatur Gators while Lori Morgan followed by Minehan in 16:43, with a 13:07 clocking.

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The Jefferson girls were led by Plumtree's Halford in 14:48, with a 13:07 clocking.

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Gators and Raiders drop four SPSL net matches

In this week's Federal Way Jr. Soccer standings and scores, the Gators lost two matches last week. The loss to Curtis Vikings, was the first of the season, and against Sumner, and the Raiders were dumped 6-1, 6-3.

Building on earlier performances absorbing a pair of losses at home, the Gators lost two matches last week. The loss to Curtis Vikings, was the first of the season, and against Sumner, and the Raiders were dumped 6-1, 6-3.

But the Gators girls were able to double before they could upstage the two teams despite being defeated by Sumner, and against Curtis, and the Raiders were dumped 6-1, 6-3.

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The two losses dropped the Decatur record to 2-4, with crucial matches with Federal Way, and Bethel looming in the near future. Nygren, however, could not get any support from her singles teammates Mary Beckel and Tonta Lounges, who dropped her match 6-4, 6-4, and 7-5 victory over Curtis and Lakes. Nygren, however, could not get any support from her singles teammates Mary Beckel and Tonta Lounges, who dropped her match 6-4, 6-4, and 7-5 victory over Curtis and Lakes.

The Raiders' first singles player, Bonnie Rogers, lost to a powerful Curtis pair taking strict control defeating Cathy Tonta and Gita Bechel 6-4, 6-4 in the number one match. Nygren, however, could not get any support from her singles teammates Mary Beckel and Tonta Lounges, who dropped her match 6-4, 6-4, and 7-5 victory over Curtis and Lakes. Nygren, however, could not get any support from her singles teammates Mary Beckel and Tonta Lounges, who dropped her match 6-4, 6-4, and 7-5 victory over Curtis and Lakes.

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The Decatur Golden Gators and the Jefferson County Raiders absorbed a 75-66 loss in Class B, 1A and 5A home games. Decatur, which was blessed with consistently strong play from the start, closed out the season in an 8-1-5 record. The Gators, who had been EV's earlier in the year, were in a three-game deadlock for second place after Tuesday's game. The Gators, Clever Park and Bethel each have 7-2 records. Clever Park defeated ACH 49-46 in a key game. Sturdy, quality ladder excellent for those hard to reach places.

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WALNUT FINISH Shelves

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Del Val Decorator Ceiling Light Fixtures - Your Choice $2799

A. Reg. *53.99. Square fixture of white glass accents with butcher block • Takes 3 bulbs (medium base) #9215 AB
B. Reg. *54.99. Blended Walnut finish circular fixture with 16" diameter • Takes 3 bulbs (medium base) #9196
C. Reg. *58.99. Stem pendant with 12" opal glass globe • Takes one 200 watt bulb #3719 AB

15% OFF on STORM WINDOWS!

In-Sider® Plastic Storm Windows

15% OFF

REGULAR PRICES ON ALL PARTS

Example: Materials needed to make a 3' x 4' Storm Window —
1 - 38" x 56" Plastic Sheet $7.99
2 - 38" Trim Moldings $3.18
2 - 50" Trim Moldings $7.29
TOTAL REGULAR PRICE $13.35

YOUR COST WITH 15% DISCOUNT $11.35

Each of these advertised items must be readily available for sale at or below the advertised price in each Fred Meyer store, except as specifically noted in this ad.
**Highline Soccer Association standings**

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**Availability**

- All prices good thru Oct. 21, 1979.
- Prices include tax.
- Special limited to stock on hand.
- CASH!

** спортсменов**

**Call us at**

**839-0700**
by Harry Brooks

The Jefferson Jaguars, led by Darci Valla-Lala (3) and Jamie Nix (12), huddle up with their teammates during last Wednesday's SPSL volleyball match. Jefferson defeated the Sumner Spartans, improving their record to 2-1. Federal Way will meet GUARDS, INC., this week.

**SPORTS News**

- **SPSL Standings**
  - **WANTEX**
    - **DIAL**
    - **WANTX 89-9520**
  - **SPORTSWORLD**
    - **PHYSICAL FITNESS**
      - **2740 Pacify Way, S.**
      - **3471-4708**

**GET INTO SHAPE!!**

- **Ask for Suzi, our new Physical Fitness Manager. She will tell you about our facilities, memberships available, prices, etc.**
  - **FULL NAUTILUS EXERCISE ROOM**
  - **FACILITY RACQUETBALL**
  - **SPA'S + SUN ROOM**

**SAVE $13.00 to $25.00 on a set of 2 ATLAS WEATHERGARDENS'**

- Deep-biting lugs for traction in mud and soft snow.
- For winter driving conditions, from dry, high speed highways to snowy drifflined back roads, as well as effective traction in mud.

**Special Battery Offer**

- **$5.00 Off**
  - **The Hogger Electric Stationary Price of The Battery**
  - **Permanently Attached to Your Battery**

**K-M sinks Mt. Rainier**

- The Mt. Rainier Royals' girls' tennis team defeated the visiting Decatur Eagles 9-2 Wednesday at Decatur Park.

**Battle Creek Swim Meet**

- **10 Freestyle**
  - **1. K-M 1:00.7**
  - **2. LInehan (K-M) 1:06.5**
  - **3. Eddy (K-M) 1:11.5**

**Hairston turns shutout into a winning victory for Federal Way at the Mt. Rainier Gymnasium.**

**Strong play highlights local volleyball**

- **DARCI VALLALA (3) and Jamie NIX (12)** huddle up with their teammates during last Wednesday's SPSL volleyball match. Jefferson defeated the Sumner Spartans, improving their record to 2-1. Federal Way will meet GUARDS, INC., this week.

**FEATURES**

- **Dean Youngblood**, a Federal Way senior, intercepted a pass by the Sumner Spartans' John Harris and returned it 48 yards for a Federal Way touchdown in the fourth quarter Friday night. Youngblood also had a key interception on a pass that Sumner had possession in the last three games, but his 13th interception of the season was the most important of all.

**The Mt. Rainier Royals' girls' tennis team defeated the visiting Decatur Eagles 9-2 Wednesday at Decatur Park.**

**HUNTERS SPECIALS**

- **“WALKIE TALKIE”**
  - **SPECIALS**
    - **EXTRA CRYSTALS**
    - **I.W.W.**

**TJ remains unbeaten**

- **Strange play highlights local volleyball**

- **Dean Youngblood**, a Federal Way senior, intercepted a pass by the Sumner Spartans' John Harris and returned it 48 yards for a Federal Way touchdown in the fourth quarter Friday night. Youngblood also had a key interception on a pass that Sumner had possession in the last three games, but his 13th interception of the season was the most important of all.
Creating a non-sports fan
don't tan worth a damn, but it burns with glee. Her most outstanding experience happened during a July fastpitch tournament. She ordered three games during one 90-degree-plus day. Finally gave in, probably through a tad of heat exhaustion, donned a Westside Federal White baseball cap, one of the few Fed- most vocal fans as the unprocessed portions of her body glazed like a stap light.

GERTRDE likes football but is watching it (unfortunately, sometimes as a spectator) I think she'd never get a uniform, album, and ticket to a game even if she were up against the local teams. Gertrude would have to pay the ticket price. Also, she's not a gym person. Human postures, not ac-ceptance of your friend's feelings, or blunders, may pain ill. The poor girl had toapart through a double-header at White Center Stadium as P.E. teacher ho-hummed his way to couple easy wins.

Another baseball outing, I assumed Gertrude that the game would begin promptly at 6 o'clock and be over by 9. Because the preceding contest went into extra innings, it didn't begin until 9:30, but Federal Way won an American Legion victory...at 12:15 a.m.

The Sun God was definitely on our last summer, but Gertrude became the victim of her solar rays. Her fair skin doesn't tan well, but it burns with glee. Her most outstanding experience happened during a July fastpitch tournament. She ordered three games during one 90-degree-plus day. Finally gave in, probably through a tad of heat exhaustion, donned a Westside Federal White baseball cap, one of the few Fed- most vocal fans as the unprocessed portions of her body glazed like a stap light.

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When it comes to preventing fires, ask 6th graders

Jerry Johnson of Lake Grove Elementary and Marguerite Ro of Olympic View Elementary received $15 for their observant stories.

### News Tip winner of the month

JERRY JOHNSON, 6th grade student, Lake Grove Elementary School, reported that on September 28th, a high-flying balloon was spotted sailing above Federal Way. 

### Fire prevention in the home

#### Marguerite Ro

I think fire prevention is important because each year it takes many lives, and damages property. Every year fire causes 4,100 deaths and property damage is more than $1,100,000,000 in the U.S. I think most fires are caused by cigarettes and matches in the home. Fire caused by cigarettes are being forgotten to put them out.

Don't let children play with matches. Make sure that you always keep matches in a safe place where children cannot reach them. If you use matches make sure you blow them out.

Make sure there are at least one fire extinguisher in your house. Make sure your family knows how to use these properly.

Keep fire extinguishers where they are easy to reach. Make sure you have at least one fire extinguisher in your house.

### Federal Way schools

#### Sylvester Junior High School

Sixth graders Jerry Johnson of Lake Grove Elementary and Marguerite Ro of Olympic View Elementary received $15 for their observant stories.

### Fire prevention display

### Marguerite Ro and Jerry Johnson

The Auburn Noon Lions Club hosted a rummage sale on October 18th and 19th. The sale items were accepted for information call Renton and Des Moines fire districts are participating in a fire prevention display in the SeaTac Mall last weekend. This week both Federal Way and Des Moines fire districts are sponsoring a Fall clean-out and rummage sale on Oct. 19th.

### Democratic Club

#### Democrat Club

The Auburn Noon Lions Club will be sponsoring a Fall clean-out and rummage sale on October 19th and 20th. They will accept all those items that clutter up the garage, basement, or drawers such as odds and ends.

### Democratic Club meeting

The Auburn Noon Lions Club will be meeting on Wednesday, Oct. 24th at 7:30 p.m. at The Furniture Bookstore.

### Federal Way Fire Department

The Federal Way Fire Department, the two winners were selected for their essays about the history of the Federal Way Fire Department.

### Marguerite Ro

I hope you obey these rules for the sake of you and your home. If you want to respond to a call, we say later," she said as she walked out.

### Auburn Noon Lions Club

The rummage sale will take place at the Auburn Building, west of the Auburn Post Office.

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The News

D-2  Wednesday, October 17, 1979

Pacific Northwest • and Kathi Wulfs of Wulfs and Associates

SAFETY MOBILE employment office travels through King County communities recruiting for clerical and technical workers.

Civic leaders to meet

A meeting for all local service and volunteer organizations, to promote cooperation and networking, will be held at noon Oct. 18 at the Federal Way LIONS Club, 1616 S. 340th St., Federal Way.

The purpose of the meeting will be to hold annual elections of officers and to inform community groups to explore how their efforts can be enhanced by cooperation with other local organizations.

The meeting will include representatives of the Federal Way Chamber of Commerce, Federal Way Junior Women’s Club, Woman’s Club of Federal Way, Federal Way Rotary Club, T. D. Ameritrade, and the Chamber of Commerce of King County.

For more information, contact Judy Slocum, 242-4414.

Safeway starts

BUSINESS IS brisk at the newly remodeled Mt. Rainier high school student store.

Remodeled store brings students in

Frank W. Foss

The distribution business

The Washington State Liquor Control Board has ordered a Class A, C, and A license, in Bell and Mehls,蝉 especially considering the serious consequences that could have a great deal of money, money, money. We would not have to ask for more money, and we could save the clerk the trouble of counting the money. We used to have a shop in the old days, but now we have a shop in the new building.

Now students can talk to their own people at the store and buy their own groceries. This is a great arrangement for the college.

Students obtain an outline of the store’s financial records at the same time the public is being directed to the store.

The school store is located in the new Mt. Rainier High School.

The store’s regular hours are Monday through Friday, 8 a.m. to 3 p.m., and Saturday, 8 a.m. to 11 a.m.

The store is to take the lead in training employment counselors.

Safeway and Associates recruiting for clerical workers.

The Remodeled store brings students in.

For convenience, the transportation of fire will be parked in an area of easy access.

For the Federal Way area, the Safeway store is located in the Center City Shopping Center, 10300 164th St. S.W., at 3 p.m. on Friday.

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**HILLER IN NEW OFFICE**

Hiller V. Hiller Real Estate has moved to a new, larger office at 3300 Pacific Highway S. in Federal Way. This address is a new office of effective new shops and offices. Hiller has been associated with Hiller and with her sister started all over again. Hiller says she was always selling anything as a child, flower seeds, magazines, anything. When her job as a service representative for the telephone company began to fail, her mother suggested she get started in real estate. With two sons to raise, she decided to try

**WEST OF BENSON**

FAUNTLIE HILLS

$135,000

$189,500

$84,500

$69,950

$75,000. Call now 941-3300.

Sit in your living room and watch the beautiful views of Mt Rainier while you watch the sunset. This 2 bed., 2 bath home would make a great primary or vacation home. Only 1 mile from the ski area, you will be class, quality and elegance in this home. A must see! $79,950. Call 941-3300.

**60427 Pacific Hwy. S.**

**AJA EVERGREEN REALTY, INC.**

**2301 Main Street**

**854-9523**

**HUNTINGDON PARK**

$3,000,000. Total 4 bedroom, 2 bath home in a quiet neighborhood. 4 bedroom, 2 bath home. Large yard, garage and office. Close to all shopping. Call 839-6650/927-7600.

**WINDMILL HILLS**

$184,000

$140,000

$178,000

$139,000

$43,000

$89,000

$49,500

$99,950

**TWIN LAKES**

$103,000

$85,000

$95,000

$35,000 (down), contract terms at 10% interest. (Contact person is very knowledgeable. We also have a very good value in this country. We will be glad to assist you in shopping. Call 839-6650/927-7600.)

**MARINE VIEW ESTATES**

$16,000

$15,000

$4,000

$2,000

$1,000

$500

$350

$250

$150

**TROUT LAKE AREA**

**ALL SEASONS REALTY INC.**

$18,000

$16,000

$14,000

$12,000

$10,000

$8,000

$6,000

**Quality Street**

**J. C. Scott, Inc.**

**EVERGREEN REALTY, INC.**

35347 Pacific Hwy. S.

288-2800

927-7313

**FULTON HILLS**

$189,500

Super investment, or starter home. All brick, 3 bedroom, full basement, zoned for space for a family to grow. Large lot. Backyard, garage. Call 839-6650/927-7600.

**ROBBY Selden MLS 57975-PY**

**LAKE TAPPS**

$7/10 ACRE WOODED LOT

$100,000

$95,000

$90,000

$85,000

$80,000

$75,000

$70,000

$65,000

**RANCH HOUSE**

$130,000

$105,000

$95,000

$85,000

$75,000

**Huntingdon Park**

$3,000,000. Total 4 bedroom, 2 bath home in a quiet neighborhood. 4 bedroom, 2 bath home. Large yard, garage and office. Close to all shopping. Call 839-6650/927-7600.

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**FAUNTLIE HILLS**

$189,500

Quality 3 bedroom, 2 bath VIEW home is designed for gracious living and entertaining. Many extras add to your comfort and to that of your guests. Call Richard McInerney 540-440 for a VIDEO PREVIEW appointment.

**ALDER GROVE**

$75,000

Better house hunt now! We have a super 3 bedroom rambler with Franklin fireplace to cozy up by after a day of skiing. Call 839-6650/927-7600.

**THANKS ARE COMING!!!**

Better house hunt now! We have a super 3 bedroom rambler with Franklin fireplace to cozy up by after a day of skiing. Call 839-6650/927-7600.

**HUNTINGDON PARK**

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Wendy’s Opens Restaurant in Federal Way

Construction is at the midway point in the new Fast Fliers in Federal Way. When it is completed, the restaurant will be the 19th Wendy’s in the Puget Sound area.

The new Wendy’s will cost more than $200,000 and will have up to 50 full- and part-time employees. The restaurant will sell 66 customer favorite items and drive-up services.

The restaurant is scheduled to open in late December. When completed, it will be the sixth Wendy’s in the area. Nearby locations include Auburn, Kent, Fife and two in Tacoma.

The architectural firm of Balzhiser, Longwood, Smith, Paul and Anderson of Belleville and the Construction Company of Burien are responsible for the design and construction of all West’s restaurants under construction in the Puget Sound area.

FEATURING: HOMES. CONDOMINIUMS, COMMERCIAL INVESTMENTS. INDUSTRIAL SITES. RECREATIONAL PROPERTY. WATERFRONT. FARMS & ACREAGE. REAL ESTATE TRADES. BUSINESS OPPORTUNITIES, REAL ESTATE LOANS & MORTGAGES. INSURANCE, COMMERCIAL & RESIDENTIAL BUILDERS

Beautifully kept rambler near Five Mile Lake. The wide staircase to the upper level, fully landscaped lot with extra stretch-out-in family room situated on wooded lot, and gorgeous fieldstone BBQ. Home & separate apt. now available - call for details! $92,000 Call Poverty Beach Club! 22770 Marine View Dr. So. 927-2641 838-3136

ZERO BANK WATERFRONT $76,000

This is for real! Enjoy all the fun of living on Puget Sound with this large, updated 2 bed, 2 bath, plus huge deck overlooking beautiful view. This spacious unit is a perfect place to entertain and enjoy all the exciting activities available. Don’t miss this opportunity to own your own little slice of paradise! Call Bryan Dickinson, 683-1990 for appointment.

We also have some good big lots. Call 839-5300 or 1-800-782-0800

FINANCING AVAILABLE

Cambridge area $155,000

Most glamorous home in Twin Lakes! Rows of windows, family rm, huge deck, garden and 2-story Colonial $139,950

This beautiful colonnade home w/office being sacrificed due to transfer. Two car garage, large side yard, mature landscaping. Plenty of room to entertain. Large 30x40 shop w/400 sq ft hvac. $130,000 410-327-8000

2-Story Colonial $139,950

This beautiful colonial style residence is being sacrificed due to transfer. Two-car garage, large side yard, mature landscaping. Plenty of room to entertain. Large 30x40 shop w/400 sq ft hvac. $130,000 410-327-8000

Cambridge area $155,000

This is the one you would select without hesitation! Custom designed by Precision Builders Inc. Go West on Whitney Rd. in the 3200 block. $285,000

We can help you with all your financing needs! Call 838-9525 and ask for Cordy or Marie.

BUILDERS

New 2 bedrooms from only $35,950

Packaged or individual contracts and mortgages

Pacific Coast Investment Co.

We buy 1st and 2nd mortgages

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Seattle

624-3406
INSPECTION TIPS FOR HOUSE BUYERS

The American Society of Home Inspectors (ASHI) is a newly formed organization of professional Home Inspectors giving the following suggestions when purchasing a home.

There are several high-priority items to look for when buying a house. Leaky basements or crawl spaces, water leaks, cracks in the foundation walls, cracks in the floor tiles, and the presence of water stains on the walls are all items that should be checked carefully. The presence of these items can indicate problems that may be present in the future.

Proper water drainage from the foundation walls is important. The presence of underground pipes may indicate that the area is prone to flooding. In addition, cracks in the foundation walls can indicate problems with the support of the building. Cracks in the floor tiles can indicate problems with the support of the building or the presence of water damage.

The roof of the house is another area that should be examined carefully. Cracks in the roof can indicate problems with the support of the building or the presence of water damage. The presence of water stains on the walls can indicate problems with the support of the building or the presence of water damage.

Other high-priority areas to look for when building a house are leaky basements, crawlspace leaks, and the presence of cracks in the foundation walls. Leaky basements or crawlspace leaks can indicate problems with the support of the building or the presence of water damage. Cracks in the foundation walls can indicate problems with the support of the building or the presence of water damage.

When purchasing a house, it is important to consider the location of the house. The presence of water drainage from the foundation walls, cracks in the floor tiles, and the presence of water stains on the walls are all items that should be checked carefully. The presence of these items can indicate problems that may be present in the future.

In conclusion, it is important to carefully examine the house when purchasing it. The presence of high-priority items, such as leaky basements or crawlspace leaks, water leaks, cracks in the foundation walls, cracks in the floor tiles, and the presence of water stains on the walls, should be checked carefully. The presence of these items can indicate problems that may be present in the future.

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Do you want to own a new home that is isolated? A home with a large yard? A home that is near a beach? A home that is near a lake? A home that is near a mountain? A home that is near a city? A home that is near a town?

The price is right on this im-
maculate basement rambler! With a total of 2400 sq.ft. and a spectacular view of the valley ... built-in Butcher Block and a fenced yard with fruit trees and garden! You know the PRICE IS RIGHT at $64,500! Ad #209

TAME YOUR TENSIONS! If you have a growing family you know that being packed together In a TOO SMALL house can really be ... listed a spacious home with both a Family Room and a Rec-room! The home has a fenced backyard, multiple baths, and it's

NEW IN REAL ESTATE?

Why not spend it in this unique Twin Lakes Home? It's a decorator's dream with vaulted ceilings, Earth Tone carpets and shake roof ... room! Add a view of the Lake and you have the kind of home you can make memories in for a lifetime! Just $99,500 Ad #94

Have a question? 
FRIEND TELLS FRIEND TO BUY OR SELL REAL ESTATE CALL BENTON MCCARTHY REALTY CALL BENTON MCCARTHY REALTY

KIMBERLY BUCKBUICHL

Benton McCarthy Realty, Inc.

1933 50th Ave. S.
Seattle, WA 98106

$64,500

$64,500

$64,500
D-6 Wednesday, October 17, 1979

**REAL ESTATE NORTHWEST**

**CLASSIFIED! CALL 839-9520**

Wallace & Wheeler, Inc.

**Excellence in Performance**

**PRICE REDUCED $5,000!**

Quality the key word - Large family home, 3 bdrms, 2 bath, with view at your fingertips. Walk to school, dance studio, restaurant and 1 1/2 acre property. New roof, 2 car garage, deck, patio, plus much more! For free counseling session by our 20 years experience.

**COLLECTIBLES**

**FABULOUS BUY!**

Your own 3 bedroom, 2 bath, family room, and luxury features near Lake Taptoos. See 3 bdrms, 2 bath, kitchen with eating area, & large family room. For private showing Call 839-9520.

**ATIONAL**

**LOW STARTER**

ALMOST NEW WTRFRNT HOME

Price Reduced $5,000

Laconia School District, Immaculate Inside and out! Sparkling new home. 3 bdrms, 2 frplcs, full basement, sit on your own private back yard. **CAN'T BEAT THIS PRICE** Call 839-9520.

**LUXURY HOME**

**PRICE REDUCED $5,000**

ALMOST NEW WTRFRNT HOME

Laconia School District, Immaculate Inside and out! Sparkling new home. 3 bdrms, 2 frplcs, full basement, sit on your own private back yard. **CAN'T BEAT THIS PRICE** Call 839-9520.

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**PRICE REDUCED $5,000**

ALMOST NEW WTRFRNT HOME

Laconia School District, Immaculate Inside and out! Sparkling new home. 3 bdrms, 2 frplcs, full basement, sit on your own private back yard. **CAN'T BEAT THIS PRICE** Call 839-9520.
tion promotion needs drivers from work now available. Hours, 9 to 5 mornings and afternoons. 639-1931.

Have toy porty! Fun proposal protocol to walk in local area newspaper. 762-6070.

• get into a regular pattern of exercise
• earn extra money?

We need extra money. You can earn or part time. Meal for husband & one week. For interview, call 226-9830.

RIVERTON HEIGHTS

NEED YOUR Driveways repaved?

Your Name, 824-4600 EOE/MFH

Caldwell Health Center

OFFICE: LIGHT RATES: THE

Box with canopy low miles, 25 FOOT Motor home. Air conditioner. $2,599. 582-5890, 878-2550.

1979 FORD COURIER Flotbed, 5 HP. "OUTBOARD Motor, brothers, trimber new consors top, $3,000. 5 HP. "OUTBOARD Motor, brothers, trimber new consors top, $3,000.

1977 TOYOTA Chinook Mini. 60 YDS OF Mohawk, oil wool with dust cover and base. $3,000. $462 Up

1979 PINTO 300 RV's-Sale

PACIFIC WEST tennis members only. 525 win, 16 Ohm, misc plus, 260. Used Elliot Address 0-

1977 YAMAHA Yz-250, low miles, rebuild motor & transmission plus 


10 a.m. and 9 p.m. of Thursday & Friday. Responsible party wanted to take washer and dryer including nor-

FREEZER

PIANOS & ORGAMS

Construction

Averoge V-8 Overhoul:

BRUNO'S Motorhomes of the West, 3800 E. Hwy 95, 582-5890 878-2550.

Bench and Vanity, 246-9151, 941-5099

604 River Road

THE NEWS

Wednesday, October 12, 1979

NEW 1979 TRUCK NEW 1979 WAGON

ONLY $4999 $5699

NEW 1979 F-BIRD

NEW 1979 PINTO

$5999 $3999

SOUTHGATE FORD

BREMERTON, WASH. 98312

FOR SALE 3 month old kids, 927-8915. Dave 858-2348 evenings.

PORTFOLIO DESIGN FOR AMATEURS & PROFESSIONALS

FAIRHURST STEREO Studio & White television, 19 inch. $25, coupons, $50 each 927-7924

PACIFIC WEST Sports & Racquet & white television, 19 inch. $25, coupons, $50 each 927-7924

HERCULON STEREO Studio & White television, 19 inch. $25, coupons, $50 each 927-7924

SEARS HEAVY DUTY GARAGE SALE, 243-1200.

Gross Art & Supplies

Beginning & Advanced. Stain & Finish Work. $100. 243-2427 or 243-0814

DANISH MODERN Teak Dining Room Set, $200.8380372.

SPANISH dining room set, $830.8380372.

Falling in and out of love. Is it "2" year old girl, 833-7915. 5 L600A. $100. 941-0814 evening.

ALUMINUM AWNINGS 8 foot wide, with canopy, 4 speed, low price, 260-2123.

PACIFIC WEST tennis members only. 525 win, 16 Ohm, misc plus, 260. Used Elliot Address 0-

FREE German Shepherd pup, 7 months old, $250.00. 839-8181.

5 HP. OUTBOARD Motor, brothers, trimber new consors top, $3,000. 5 HP. OUTBOARD Motor, brothers, trimber new consors top, $3,000.

260. Used Elliot Address 0-

WANTED 2 MORE horses to use for hunting. $ 1250.248-2123.

1977 SUZUKI GS 550 E, Low mileage, 319 win, 12 Ohm, misc plus, 838-4139.

1979 SUZUKI GS 550 E, Low mileage, 319 win, 12 Ohm, misc plus, 838-4139.

1978 Toyota Corolli wagon. -4 782-Airstream84- 12,900

70 h ft. Camper. Stove, 1, 25 won, 16 Ohm, misc plus, 638-4139.

64 sq. yds. good used neutrol color, 260. Used Elliot Address 0-

10 h ft. Camper. Stove, 1, 25 won, 16 Ohm, misc plus, 638-4139.

1, 25 won, 16 Ohm, misc plus, 638-4139.

10 h ft. Camper. Stove, 1, 25 won, 16 Ohm, misc plus, 638-4139.
**News**

**Bids for Sale**

**FOR SALE**

**Public Notice**

**NOTICE TO CREDITORS**

**FOR KING COUNTY**

**1970 DODGE CHALLENGER**

**930-92**

**1971 MACH 1: CLEAN MUST SELL**

**1974 MERCURY**

**1974 DATSUN 510, 1400. GOOD**

**1969 COUGAR 302 AUTOMATIC**

**1970 DATSUN 510, 1400. GOOD**

**1970 MAZDA 1800 SPORTS STATION WAGON, 4 DOOR, ALL**

**1972 TOYOTA, 2200. SMALL V8, 95,000 MILES.**

**1965 MUSTANG HT 289Stock**

**1966 GTO, MUSE, POWERFUL, LOUD**

**1971 PONTIAC WAGON WITH 35,000+ MILES. SUPER CONDITION, ASKING $2400 OR BEST OFFER. 244-2415**

**1981 VOLKSWAGEN "OCC". $500. COLL 941-4425.**

**1978 CAMARO Z28, RED, AT, $400 AS IS.**

**580 CARS FOR SALE**

---

**CONTEST Closes October 19!**

**Rules:**

1. All contestants in order of use. Use directions as thoroughly and succinctly as possible, and including the number of servings.
2. Entries are limited to one entry in each category, with no more than one entry, with no disqualification by vote.
3. Recipes must be complete to be considered.
4. In case of identical entries, only the first received will be considered.
5. Anyone may enter with the exception of Robinson Newspapers employees, and their families.

**Sponsored By:**

**Rick Kelly Insurance**

**Crabill’s**

**Memories Masters**

**The Gap**

**The Gap**

**Win!**

**Heading**

---

**MINT CONDITION**

**FOR KING COUNTY**

**1970 MERCURY SEDAN**

**1979 FORD CROWN VICTORIA**

**1981 TOYOTA COROLLA**

**1972 TOYOTA CORONA**

**1974 MITSUBISHI COLT**

---

**SUPERIOR COURT OF THE STATE OF WASHINGTON**

**VERNAL R. DIVER**

---

**BID NOTICE**

**CATEGORY**

---

**Ingredients**

---

**Directions**

---
CHOOSY STUDENTS have a variety of entrees to select from at lunch time.

CHOOSY STUDENTS have a variety of entrees to select from at lunch time.

PREPARING 6,000 lunches begins early for Wanda Grant, Federal Way School District food service director (left) and her assistant Pat Malan.
Meat Department

Fresh Ground Beef
Any Size Package

$119 lb.

Because of staffing limitations, some fresh meat items in this ad may not be available on Sunday.

Pork Shoulder Butt $1.09 lb.
Pork Blade Steak $1.19 lb.
Beef Oxtail $0.89 lb.

Smoked Picnic $0.79 lb.
Cut Up Fryers $0.69 lb.
Medium Oysters $1.19 lb.

Don't Forget These!

Nestle's Morsels $0.79 lb.
Safeway Tasteeos $0.99 lb.
Pillsbury Flour $0.99 lb.
Zest Imit. Mayonnaise $0.59 lb.

Beef Spencer Steak $0.69 lb.
Beef Sirloin Tip $0.69 lb.
Beef Rib Roast $0.29 lb.

Smoked Ham Hocks $0.79 lb.
Manor House Duck $0.19 lb.
Beef Bun Patties $0.29 lb.

 parce

Bacon, Sliced
Smok-A-Roma 2lb. $1.77

Bologna
Scotch Buy 1-lb. $1.99

Kraft Velveeta
2-lb. $2.49

Nalley's Chili & Beans $0.55 lb.

Lucerne Cheeses

Medium
2-lb. $3.29
2-oz. $3.09

Sharp
2-lb. $3.19
2-oz. $3.09

Diet Imperial
16 oz. $1.72

Cottage Cheese
Lucerne, Small或Large Cord, Alta Low Fat $0.59 lb.

LUCERNE CHOICE

USD A

 Choice

BBQ

Bake Shop

Cinnamon Rolls $0.19 Dozen

On Sale

Everything you want from a store...and a little bit more.
### Grocery Deals

####ERA Detergent for Laundry
- **For Laundry**: $5.89
- 128 oz.

####Cheer Detergent for Laundry
- **For Laundry**: $2.69
- 84 oz.

####Crisco Shortening
- **3-lb.** $1.99

####PURE VEGETABLE
- **Crisco Shortening**: $1.99

### Produce
- **Delicious Apples**
- Red or Golden
- Extra Fancy
- **Price**: 29¢
- 1 lb.

### Floral Department
- **Fresh Cut Baby Roses**
- **Colors**: 3 for $9.80
- **Dozen**: 3 for $9.80

### Variety Department
- **Columbia Encyclopedia**
  - **Vol. 1 Each 49¢**
  - **Vol. 13 & 14**
- **Cleaner**
- **Suave Shampoo or Conditioner**

### Other Items
- **GEORGIAN BEVERAGEWARE**
- **Collection**
- **Each**: 59¢

### Prices
- Prices effective Wednesday, October 17th thru Tuesday, October 23, 1979.
- Sales in retail quantities only.
- Prices are effective at the following Safeway Stores:
  - Twin Lakes, 21st S.W. & 336th
  - Century City, 32057
  - Pacific Hwy. So., 288th & Military Rd.
Frozen crab adds elegance to menu

- **Chorizo Crab**
  - 98 cents
  - Frozen crab adds elegance to menu

- **Crabmeat**
  - 2 packages (10 ounces) crabmeat
  - King crab or snow crab

- **Crabmeat Dressing**
  - 1 cup sour cream
  - 2 tablespoons sherry
  - 1 teaspoon chopped parsley
  - 1 teaspoon chopped thyme
  - 1/2 teaspoon salt
  - 1/4 teaspoon paprika

- **Crabmeat Roe**
  - 5 packages

- **Crabmeat Appetizers**
  - 2 packages

- **Crabmeat Casserole**
  - 3 packages

- **Crabmeat Salad**
  - 2 packages

- **Crabmeat Dip**
  - 1 package

- **Crabmeat Sauté**
  - 1 package

- **Crabmeat Pie**
  - 1 package

- **Crabmeat Spread**
  - 1 package

- **Crabmeat Rolls**
  - 2 packages

- **Crabmeat Topping**
  - 1 package

- **Crabmeat Brine**
  - 1 package

---

**Hearty meatless entrée includes Eggplant Rolls**

- **Eggplant Rolls**
  - 1 can (2 ounces) sliced mushrooms
  - 1 can (8 ounces) sliced mushrooms
  - 1 can (4 ounces) sliced mushrooms
  - 1 can (8 ounces) sliced mushrooms
  - 1 can (4 ounces) sliced mushrooms

---

**Tomato SAUCE**

- 89 cents (each)
- 49 cents (each)

---

**Vegetables**

- **Yucca Can**
- **Cane Plant**
- **Plant**
- **Rose Bud**
- **Vase**

---

**Flowers**

- **Chrysanthemum**
- **Daisy**
- **Arrangements**
- **Bouquet**
- **Bouquet**

---

**Indoor Plant Food**

- **Schefflera Plant**
- **Big Bold & Fluffy Leaves**

---

**Patio & Garden Shop**

- **Schefflera Plant**
- **Plant**
- **Schefflera**

---

**All Purpose**

- **Potting Soil Mix**
- **Ed Hume & Or. Bag**
- **Indoor Plant Food**
- **Ed Hume & Or. Bag**
- **Ed Hume & Or. Bag**
- **Ed Hume & Or. Bag**
- **Ed Hume & Or. Bag**

---

**Outdoor Plant Food**

- **Ed Hume & Or. Bag**
- **Ed Hume & Or. Bag**
- **Ed Hume & Or. Bag**
- **Ed Hume & Or. Bag**
- **Ed Hume & Or. Bag**
- **Ed Hume & Or. Bag**
- **Ed Hume & Or. Bag**

---

**Safeway**

- **Safe Way**
- **Everything you want from a store... and a little bit more.**

---

**Prices Effective at the 2109 S.W. 336th Street Federal Way Safeway Only!**
**Alluring aromas from kitchen predict fine dining**

_The News_ Wednesday, October 17, 1979 1-7

---

Ah, the delicious aromas of a tasty stew simmering in the kitchen. The anticipation builds as the first whiff of a fish dinner wafts from the stove, spreading across the room. Time for some classic Italian dishes that are sure to satisfy.

**SUGAR CRISSETT FELT FOR THE GODS**

**SPAGHETTI'S BEGINNING BASED ON LEGEND**

The most renowned and often the best loved pasta treasures are those from Italy—spaghetti. Although the true origins are lost in antiquity, several legends tell fond stories of its beginning.

One of the most well-known, of course, is that Marco Polo introduced spaghetti to Italy. It is said that the Marco Polo's sailors were cutting a lovely Chinese noodle. Erating the noodles, the Italian sailors thought they were tasting the noodles they had brought back in the ship's store and that the pasta wasCongratulations to the chef who first prepared spaghetti in Italy.

The Italian sailors thought that they had brought back the store's pasta and that the spaghetti was the pasta that the chef had prepared back in their native Italy.

When the ship's food supply began to run out, the sailors realized that they had brought back the pasta that had been cut by Marco Polo.

And so it is said that the spaghetti was introduced to the Italian sailors, and they enjoyed it so much that they brought it back to Italy and continued to serve it to this day.

---

_In accordance with the guidelines_
HOLIDAY
GREAT MEAT & FOODS

STORE HOURS
9 AM - 10 PM
7 DAYS A WEEK

AD PRICES EFFECTIVE
OCTOBER 17 thru 23
LIMIT RIGHTS

HOLIDAY MEATS!

TENDER AGED TURKEYS
JENNIE-O
GRADE A
10-14 LB. BIRDS
79¢

BEEF T-BONE STEAK
USDA CHOICE PERFECT FOR BROILING
$2.98

FRESH AA LARGE EGGS
WESTERN FAMILY FRESH
59¢

BEEF CUBE STEAK
$2.69

LINK SAUSAGE
$0.69

PIERCE HAM
$2.79

LUNCH MEATS
$1.09

WRANGLERS
$1.79

BEEF BONELESS CHUCK STEAK
$1.89

SPECIAL CUTS OF MEAT CUT TO YOUR NEEDS

BEEF TENDER AGED

SEAFOODS

SEAFOODS

READY TO COOK PRAWNS
$4.69

TURBOT FILLETS
$1.39

BREADED FISHSTICKS
$1.09

LOBSTER TAILS
$8.49

WINES

ALMADE MtN. WINES
$3.45

ITALIAN SWISS COLONY
$3.29

DAIRY

COTTAGE CHEESE
WESTERN FAMILY LARGE OR SMALL CURD
79¢

CHOCOLATE MILK
$0.47

BALLARD BISCUITS
$0.23

MUG ROOT BEER
7-UP or DIET 7-UP
$0.99

IT'S THE HOLIDAY SEASON! GIVE THEM WHAT THEY WANTED THE MOST. HOLIDAY MEATS, HOLIDAY FOODS PLUS ALL YOUR FAVORITE WINES AND DAIRY PRODUCTS.
**FOODS PRODUCE**

**FROZEN FOODS**

**GROCERIES**

<table>
<thead>
<tr>
<th>Product</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hi-C Asst'd. Fruit Drinks</td>
<td>55¢</td>
</tr>
<tr>
<td>Tree Top Apple Cider</td>
<td>$1.19</td>
</tr>
<tr>
<td>Oreo Chocolate Sandwich Cookies</td>
<td>89¢</td>
</tr>
<tr>
<td>Cold Power Detergent</td>
<td>$4.39</td>
</tr>
</tbody>
</table>

**HOLIDAY PRODUCE**

<table>
<thead>
<tr>
<th>Product</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Delicious Apples</td>
<td>$1</td>
</tr>
<tr>
<td>Head Lettuce</td>
<td>39¢</td>
</tr>
<tr>
<td>Florida Tangelos</td>
<td>49¢</td>
</tr>
</tbody>
</table>

**FROZEN FOODS**

<table>
<thead>
<tr>
<th>Product</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Totino Pizzza</td>
<td>89¢</td>
</tr>
<tr>
<td>Banquet Dinners &amp; Mrs. Smith Apple Pie &amp; Fish Portions</td>
<td>$1.35, $2.29</td>
</tr>
</tbody>
</table>

**Bakery**

<table>
<thead>
<tr>
<th>Product</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>French Rolls Petite</td>
<td>12/89¢</td>
</tr>
<tr>
<td>Apple Pie Dutch, 8-inch</td>
<td>$1.89</td>
</tr>
</tbody>
</table>

**Special Buys**

<table>
<thead>
<tr>
<th>Product</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Welchade Grape Drink &amp; Cons.</td>
<td>66¢</td>
</tr>
<tr>
<td>Darigold Butter</td>
<td>$1.55</td>
</tr>
<tr>
<td>Liquid Palmolive Detergent</td>
<td>89¢</td>
</tr>
<tr>
<td>Apple Butter</td>
<td>$1.13</td>
</tr>
<tr>
<td>Kitty Litter</td>
<td>$1.64</td>
</tr>
<tr>
<td>Gingerbread Mix</td>
<td>73¢</td>
</tr>
<tr>
<td>Choc. Flickettes</td>
<td>$1.25</td>
</tr>
<tr>
<td>Borden's Cremora</td>
<td>$1.63</td>
</tr>
<tr>
<td>MJB Instant Rice</td>
<td>$1.49</td>
</tr>
<tr>
<td>Sudsy Ammonia</td>
<td>45¢</td>
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<tr>
<td>Borateem</td>
<td>$1.13</td>
</tr>
<tr>
<td>Beef Stew</td>
<td>$1.39</td>
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</table>

**General Merchandise**

<table>
<thead>
<tr>
<th>Product</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>V0-5 Hair Spray</td>
<td>$1.49</td>
</tr>
<tr>
<td>Life Conditioner</td>
<td>$1.49</td>
</tr>
<tr>
<td>Baby Lotion</td>
<td>$1.79</td>
</tr>
</tbody>
</table>

**Holiday Foods**

- Federal Way: 1910 South 320th
- Sumner: 2211 Main Street
- Renton: 16420 S.E. 128th
- Blvd. Park: 12000 Des Moines Way S.


What's cooking in Ruth's Kitchen

by Ruth Jurich

What's cooking in Ruth's kitchen? Right now it's what I'd call a drop cookie recipe. I've always been interested in trying new recipes and in trying to improve old recipes, and with the holidays coming up, I thought I'd give it a try.

I started with my original oatmeal drop cookie recipe, which I sometimes make with chopped apples, with their skins on. I had a beautiful 18-year-old who was with me one morning. She said, "Mom, I want to help you make cookies." So we went to the kitchen and she helped me make them.

I think the oatmeal version was much more popular, so I replaced it with oatmeal. I used the same cookie dough, but I made the frosting with brown sugar instead of sugar, and I added a bit of cinnamon. We thought it was delicious.

I also replaced the spices with a new spice blend that I had on hand. I thought it was a good flavor combination.

I've used this recipe for drop cookies before, and I think it's a great way to share a dish with others. I hope you enjoy it as much as we did!
There's nothin' like Mom's cookin'

Day Ad

ASS ESS BEEF

STEAK

$169

Notice—Staffing limitations

 Meat items in this ad

available on

Sunday

Spiced Dream Bars

1/2 lb.

Fruit Chunk

10 oz. jar

TUNA

LB.

Cocoa Mix

HOT

NESTLES

KRAFT

RASPBERRY PRESERVES

KOSHER (or) GERMAN DILLS

GENUINE DILL PICKLES

SHREDDED SHARP CHEESE

MARGINATE

1/4 cup shredded cheddar

in a large bowl combine: one cup flour

and one-half cup of the brown sugar.

Cut in the butter. Mix to form a ball.

Pour into an ungreased 9-by-9-inch

uniformly over the bottom. Bake in preheated 350 degree oven for 30 minutes. Meanwhile, combine remaining

fourth cup sugar with flour, ourchocolate

and salt. Mix in coconut and nuts.

Simple Roll-Arounds

made in minutes

- Bamboo skewers
- 1 can (8-ounces)

Coconut cream or milk
- 1/4 cup almond extract

Yield: 24 bars

Simple Roll-Arounds

Bake in preheated 350 degree oven for 15 minutes or until golden brown.

Serve warm. Serves 8 to 10 people.

Spiced Dream Bars

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and one-half cup of the brown sugar.

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fourth cup sugar with flour, ourchocolate

and salt. Mix in coconut and nuts.
Peanut butter bread avoids three-ring circus confusion

There's no fuss or muss with the peanut butter jar and knife.

**PEANUT BUTTER CIRCUS BREAD**

6 to 6 1/2 cups all-purpose flour
2 packages dry yeast
2 cups milk
1/4 cup sugar
1/2 teaspoon salt
1 cup peanut butter, chunk or creamy

Stir together two cups flour and yeast. Heat milk, water, sugar and salt until very warm, stirring to blend. Add liquid ingredients to flour-yeast mixture and beat until smooth, about two minutes on medium speed of electric mixer or 300 strokes by hand. Blend in one-fourth cup peanut butter. Add one cup flour and beat one minute on medium speed or 150 strokes by hand. Stir in enough flour to make a moderately stiff dough.

Turn out onto lightly floured surface and knead until smooth and satiny, five to eight minutes. Shape into ball and place in greased bowl, turning to grease all sides. Cover and let rise in warm place until doubled, about one and one-half hours. Punch down. Divide dough in half; shape into balls. Let rest 10 minutes. Roll each half into a rectangle 9-inches wide. Dot remaining peanut butter over dough. Starting at 9-inch end, roll up jelly roll fashion. Seal seam with side of hand. Press ends to seal, fold under loaf. Place in greased 4 1/4-by-8 1/4-inch loaf pans, seam side down. Let rise in warm place until doubled, about one and one-half hours. Bake in preheated 400-degree oven for 25 to 30 minutes. Remove from pans immediately.
After the harvest -- a pleasing dessert

1 package (8-ounce) cream cheese, softened
1 cup brown sugar, cinnamon and nutmeg
1 can (15-ounces or 2 cups) apple fruit filling
4 cup chopped nuts
1 can (24 ounces) refrigerated crescent dinner rolls

Spread apple filling in ungreased 15x10x1-inch baking pan, sprinkle with raisins. Heat in oven until hot and bubbly around edges, about 10 minutes.

Serve warm with cream cheese, deep golden brown.

Tips: To reheat, cover loosely with foil; reheat at 375 degree oven for 10 to 15 minutes.

Combine brown sugar, cinnamon and margarine; stir in nuts.
Separate crescent roll into two long rectangles. Overlap long sides to form 12-by-10-inch rectangle; firmly press edges and perforations to seal. Spread dough with cream cheese, deep golden brown.

Chili, Russell powdered
Serves 40!

Reg. $1.99 Lb., Save 70! Creamy Havarti Cheese

Reg. $3.69 Lb., Save 70! Creamy Havarti Cheese

REG. $1.79 Lb., Save $0.90!

TIP: To reheat, cover loosely with foil, reheat at 375 degree oven for 10 to 15 minutes.

Halloween Trick or Treat

Our people bring you back
**Flavorful heritage inspires America's meals**

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**Reasoned by cooking**

1. This is food well

**HOW HIGH IS YOUR 7-VI-pound pork loin**

- 1 cup orange Juice
- 1 cup barbecue sauce

**ner. Pork loin glazing**

fooa history. Squash

turous, on-the-move

you'll see an adven­

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**Child-proof kitchen** for pint-size chefs

What concerns the speed and agility of a child running back and forth, the destructive force of a hurricane and the energy reserves of all the Arab oil emirates? Why, a 2-year-old, perhaps? 

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**Survey Proves Lower Prices!**

No supermarket can guarantee you the lowest price on every one of the hundreds of cuts of meat, fish and poultry it carries. But when after comparing the independent price survey of supermarkets in the Tacoma-Puyallup area, you find that the Low Meat Prices are lower than 86% of all meat!**

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**Guaranteed Low Meat Prices**

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**FEDERAL WAY STORE 1211 So. 320th Street**

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**The News**

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**Wednesday, October 17, 1979**

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**Flavorful heritage inspires America's meals**

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**Reasoned by cooking**

1. This is food well
Instead of hamburgers your family might enjoy ground beef for dinner in a testy new guise - Savory Stuffed Cabbage Rolls that take less time to make than meatloaf.

**SAVORY STUFFED CABBAGE ROLLS**

*Yield: 4 servings*

- 1 large cabbage
- 1 can (10-3/4 ounces) condensed tomato soup
- 1 pound ground beef
- 1 cup cooked rice
- 1/4 cup chopped onion
- 1 egg, slightly beaten
- 1/4 teaspoon pepper
- Salt, if desired

1. Cook cabbage in salted water a few minutes to soften; drain. Mix three tablespoons soup with remaining ingredients. Season with salt, if desired.
2. Divide meat mixture among cabbage leaves; fold in sides and roll up (secure with toothpicks, if necessary).
3. In skillet, place rolls seam-side down; pour remaining soup over. Cover; cook over low heat for 40 minutes. Spoon sauce over rolls several times while cooking.

**HOMEMADE SOUP SETS COMPLIMENTS WHEN COUPLED WITH GARLIC MUFFINS.**

- Split four bakery English muffins in half, using a fork. Toast until golden brown.
- Blend three tablespoons garlic spread concentrate with three tablespoons butter and spread on each muffin half. Sprinkle lightly with grated Parmesan cheese and broil until golden brown. Makes eight muffin halves.

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**TRADEWELL IS... QUALITY FRESH MEAT & PRODUCE!**
Latest Smoker Research Just In: MERIT undisputed victor over leading high tars in tests comparing taste and tar level.

Smokers Prefer Merit 3 To 1!

Smokers find the taste of low tar MERIT matches that of high tar cigarettes.

New taste-test results prove it.

**Proof:** A significant majority of smokers rated MERIT taste as good as—or better than—leading high tar brands. Even cigarettes having twice the tar!

**Proof:** Of the 95% stating a preference when tar levels were revealed, 3 out of 4 smokers chose the MERIT low tar/good taste combination over high tar leaders.

**MERIT smokers rate low tar MERIT satisfying taste alternative to high tar brands.**

New national smoker study results prove it.

**Proof:** The overwhelming majority of MERIT smokers polled felt they didn’t sacrifice taste in switching from high tar cigarettes.

**Proof:** 96% of MERIT smokers don’t miss former high tar brands.

**Proof:** 9 out of 10 enjoy smoking as much since switching to MERIT, are glad they switched, and report MERIT is the best tasting low tar they’ve ever tried!

You’ve read the results. The conclusion is clearer than ever: MERIT delivers a winning combination of taste and low tar.

A combination that seems to be attracting more and more smokers every day and—more importantly—satisfying them long term.

**Warning:** The Surgeon General has determined that cigarette smoking is dangerous to your health.

Kings: 8 mg tar, 0.6 mg nicotine
100’s: 11 mg tar, 0.7 mg nicotine
per cigarette, FTC Report May ’79
Coffee ring wins hands down at bridge gathering

Coffee ring is a simple yet delicious treat that is easy to make and perfect for gatherings. Here is the recipe:

**Ingredients:**
- 1 tablespoon melted margarine
- 1 tablespoon sugar
- 1 tablespoon grated lemon rind
- 1/4 teaspoon cinnamon
- 1/4 teaspoon nutmeg
- 1 can (20-ounce) can pineapple slices
- 1 cup chopped celery
- 1 cup mayonnaise
- 1/4 cup sour cream
- 1/4 cup sherry
- 1 tablespoon dry sherry
- 1 tablespoon prepared horseradish
- 1/4 teaspoon salt
- 1/8 teaspoon pepper
- 4 green onions, chopped

**Instructions:**
1. Preheat oven to 350°F (175°C).
2. In a small bowl, combine melted margarine, sugar, lemon rind, cinnamon, and nutmeg.
3. In a large bowl, combine pineapple slices, celery, mayonnaise, sour cream, sherry, dry sherry, horseradish, salt, pepper, and green onions.
4. Add margarine mixture to pineapple mixture and stir until well combined.
5. Pour into a greased 9-inch square baking dish.
6. Bake for 45 minutes or until hot.
7. Serve warm.

This delightful dish is perfect for a quick snack or a light meal, and it can be customized to suit your taste preferences.

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**Menu of cooking classes scheduled**

With the holiday season right around the corner, The Pan Handler and Poverty Bay Wine Co. are excited to offer a variety of cooking classes ranging from cheese cookery to holiday baking. Here are some of the classes:

- **Cheese Cookery:** This session will feature a complete dinner with the use of metrics as an ingredient. The classes will be held from 7 to 10 p.m. on November 10, 14, 28, and December 5. Fee is $42.50.
- **Holiday Baking:** This session will focus on various types of dishes from around the world. The classes will be held from 7 to 10 p.m. on November 17, 21, and December 5. Fee is $42.50.
- **Perfect party appetizers:** This session will feature a variety of appetizers that are perfect for holiday parties. The classes will be held from 7 to 10 p.m. on November 10, 14, 28, and December 5. Fee is $42.50.
- **Mushroom recipes:** This session will feature a variety of mushroom-based dishes. The classes will be held from 7 to 10 p.m. on November 10, 14, 28, and December 5. Fee is $42.50.

For more information or to register for these classes, please contact The Pan Handler and Poverty Bay Wine Co., 31205 Highway South, Federal Way, 31811, 253-260-9551.
Friends and family will praise the baker who serves this maple cream dessert with crumbly brown sugar crust. It makes a good end-of-season treat. The chocolate gingerbread also is a striking dessert for the holidays. The puffed peach dessert and the chocolate gingerbread are both easy to make and serve a crowd.

GLAZED PUFFS RECALL TROPICAL FLAVORS

MAPLE CREAM CROISSANTS

(Yield: 6 to 8 servings)

1 package (8 ounces) refrigerated crescent dinner rolls

2 large ripe bananas, peeled and sliced

2 tablespoons packed brown sugar

1/2 cup all-purpose flour

3/4 cup milk

3 tablespoons maple syrup

1 tablespoon lemon juice

1 teaspoon vanilla extract

Ground cinnamon

1/2 cup powdered sugar

1 tablespoon lemon juice

1/2 teaspoon grated orange peel

Coconut or crushed nuts, for garnishing

Coconut oil or butter, for brushing

Combine sugar, flour, milk, syrup, lemon juice and vanilla; mix well. Stir in bananas. Pour into a lightly greased 9-inch square or 13-by-9-inch baking pan. Bake at 350 degrees for 25 minutes or until top is golden brown. Cool and cut into squares. Serve warm or cold.

Cinnamon Rolls

(Yield: 4 servings)

1 package (8 ounces) refrigerated crescent dinner rolls

1/2 cup (1 stick) unsalted butter, softened

1 cup (8 ounces) powdered sugar

2 eggs, beaten

1 teaspoon vanilla extract

1/2 teaspoon ground cinnamon

1/2 teaspoon ground nutmeg

1/4 teaspoon salt

1/2 cup all-purpose flour

4 medium sweet potatoes, peeled and halved

1 cup (8 ounces) chocolate chips

4 medium sweet apples, peeled and halved

1/2 cup brown sugar

1/4 cup maple syrup

1/2 medium onion, peeled and finely chopped

1/4 cup chopped pecans

Preheat oven to 375 degrees. Roll dough into a 1/2-inch-thick rectangle. Cut into 2-inch squares. Place a heaping tablespoon of potato and apple mixture in the center of each square. Sprinkle with brown sugar and pecans. Bring edges together and seal. Place on an ungreased 13-by-9-inch baking pan. Bake 35 to 40 minutes or until golden brown. Cool. Serve warm.

COFFEE TREAT FOR BREAK TIME

Coffee is always a good idea for a break time. Here are a few ideas for coffee treats that you can serve.

KITCHEN QUEEN FLOUR

1 1/4 lb.

C & H GRANULATED SUGAR

2 1/16 lb.

NALLEYS LUMBERJACK SYRUP

89 lb.

NALLEYS CHICKEN BREAST

59 lb.

NALLEYS CORN BEEF

79 lb.

NALLEYS RASPBERRY PRESERVES

1 1/8 lb.

NALLEYS RASPBERRY PRESERVES

1 1/4 lb.

PIES

8 oz.

RED'S KITCHEN TOFFEE ORANGE 大豆豆腐

19 lb.

FOODS OF THE WORLD

12 oz.

ALLEY'S PORK 

1 1/8 lb.

FOODS OF THE WORLD

12 oz.

FOODS OF THE WORLD

12 oz.

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