Police file charges against Jack Cunningham

The decision was a blow to those who had hoped for an early resolution to the crisis at the Federal Way School District. Superintendent Milton L. Snyder had planned to review and possibly change the school board's accreditation status, which had been on hold since March. However, the school board's failure to adopt new standards for high school graduation had led to a review by the state department of education, which recommended the school be placed on probation.

At the Federal Way School Board meeting on Tuesday night, the board heard progress reports on a plan to increase the number of high school students who meet the state's graduation requirements. The board also approved a new curriculum for the middle school to help students get ready for college. Snyder urged the board to take a hard look at the high school counseling program and to make "immediate changes to help the communications effort" reach more local parents.
**Letters from our readers**

**Responsible County land control landed**

**Editor:**

First place award for his editorial excellence and two for editorial policies and regulations was received by Roy Musitelli, first place in the photo section on "Drug and alcohol awareness." The award was presented to the Des Moines News for "Kourt Klogs Kozy Kitty Kure."

Editor: Editor Jim Shahan received a first place award for his "Red Barons" ad and a second place award in the institutional-governmental policies and regulations category for their "Coupon Clipper." Pat Robinson received a first place award in the "Booting Iceland Hilburn," third place in the "Dancemaster Musitelli," first place in the photo section on "Drug and alcohol awareness." The award was presented to the Des Moines News for "Kourt Klogs Kozy Kitty Kure."

**Editor:**

First place award for his editorial excellence and two for editorial policies and regulations was received by Roy Musitelli, first place in the photo section on "Drug and alcohol awareness." The award was presented to the Des Moines News for "Kourt Klogs Kozy Kitty Kure."

Editor: Editor Jim Shahan received a first place award for his "Red Barons" ad and a second place award in the institutional-governmental policies and regulations category for their "Coupon Clipper." Pat Robinson received a first place award in the "Booting Iceland Hilburn," third place in the "Dancemaster Musitelli," first place in the photo section on "Drug and alcohol awareness." The award was presented to the Des Moines News for "Kourt Klogs Kozy Kitty Kure."

**Editor:**

First place award for his editorial excellence and two for editorial policies and regulations was received by Roy Musitelli, first place in the photo section on "Drug and alcohol awareness." The award was presented to the Des Moines News for "Kourt Klogs Kozy Kitty Kure."

Editor: Editor Jim Shahan received a first place award for his "Red Barons" ad and a second place award in the institutional-governmental policies and regulations category for their "Coupon Clipper." Pat Robinson received a first place award in the "Booting Iceland Hilburn," third place in the "Dancemaster Musitelli," first place in the photo section on "Drug and alcohol awareness." The award was presented to the Des Moines News for "Kourt Klogs Kozy Kitty Kure."
PENI MILLER applies an artist's eye.

SOMETIMES the Millers' craft takes them to high places.

GARY MILLER'S creation begins to take shape.

Stained Glass
Age-old art lives again

The ancient art of stained glass has taken on new life. Two persons are breathing new life into the art are Gary and Peni Miller of Des Moines. Before opening their studio on Marine View Drive, they worked with Seattle's Frank McGowan, one of the most recognized masters on the West Coast.

They traveled around the country restoring century-old stained glass windows in churches, some of which were later named historic landmarks, partially due to their work.

They didn't spend all their time repairing windows though. Gary lead the crew of artisans who created the windows for St. Philomena Catholic Church which were installed last Spring.

In fact, it was their work at St. Philomena's which eventually drew them to Des Moines. "We hadn't seen a community like this for a long time," Gary said.

While the Millers are still open to restoring and creating church windows, they're spending most of their time these days designing and building custom-made windows for private homes, businesses and new construction.

Most of their windows start out as a sketch on Peni's pad. The design, which is enlarged to the actual size of the finished window, serves as a pattern, called a "cartoon". The next step is the selection of the lead sizes and more important, the glass colors.

"That's where you can make your mistakes," Peni said, adding you have to be able to visualize how the colors will blend and contrast in the completed piece.

The glass, cut according to the "cartoon", is fitted together with the lead like a jigsaw puzzle.

After soldering, the nearly finished product is pasted, cleaned and left untouched for at least a week to dry.

The process on a large job can take several weeks, which in today's fast-paced world may seem like a long time.

But to an ancient craftsman, it would seem the project was completed in the blinking of an eye. In his time, it could take up to a year to create a masterpiece in stained glass.
**Seminar to have drug experts**

Organizers of a series of seminars on drugs and drug abuse that will be held here in October have announced a program that includes presentations by experts, panel and small-group discussions and two films.

The seminars will be held on Saturday and Sunday of each session beginning at 7 and concluding at 12:30. All the sessions will be held Decatur High School, and parents and teens from throughout the school district are invited.

Each night the focus will be on a different aspect of the drug problem.

During the first session, the emphasis will be placed on drug abuse—which includes alcohol abuse—as it occurs in Federal Way.

The second session will emphasize the effects and symptoms of drug and alcohol abuse, while the third will enable the participants to draft resolutions regarding possible local abstinence.

A GOOD BIT of the emphasis of the seminars will be placed on reducing and preventing drug abuse by improving the relationships and communication between teens and parents.

The seminars have been set up by Federal Way Organizations Serving Youth (FOWSY), an umbrella group that includes the Federal Way School District, the Federal Way Youth Service Bureau, Joint Parent-Teacher-Student Association, the Parent-Teacher Association and a number of interested individuals.

It is part of a series of seminars and workshops that will be held throughout the year, all of them dealing with helping families surmount the many problems associated with drug abuse.

FOWSY officials are hoping for a large turnout at the drug seminars in particular, and they hope the series will help people in advance enhance their ability to combat drug abuse.

**PUBLIC NOTICE**

NOTICE OF PLANNED PUBLIC HEARING

BE it known that the Zoning & Development, together with the Planning Commission, have determined that a proposed development at the hour listed thereofter as possible.

In the Federal Way School District, William H. Miller, with 1,188 votes, will face James Munsen who drew 286 votes.

Elected in the primary election was David S. Porter who garnered 386 votes.

Incumbent Commissioner Max Dodge lost a bid for re-election in Water District 6 by pooling only 378 votes, while Edward E. Moore, with 353 votes, and Frank Jaworski, with 323 votes, will appear in that order on the general election ballot.

The incumbent was also eliminated in Water District 25 where Eugene Retraski managed to draw only 46 votes. Also defeated in the primary were John D. Kessler and Joseph S. Henry, with 78 and 81 votes, and Dan N. Caldwell, with 749 votes, will face each other in the general election.

Peggy Judd and J. B. Snowbank will be on the general election ballot for the commission post in the Des Moines Sewer District. They defeated other primary candidates Thomas E. Powell and Jerry P. Harris.

Three districts in which fewer than three candidates were running will appear on the general election ballot Nov. 6.
starts friday

Our guarantees: Each and every item is reduced a minimum of 1/3 from the price tag. Because at Sea-Tac Mall, we believe in worldwide clearance charges and savings!

- Quantities limited – many of-a-kind
- All items sold as-is
- No mail or phone orders

MONTH-END SALES FRIDAY 9:30-9:30

DRESSES

<table>
<thead>
<tr>
<th>Style</th>
<th>Original Price</th>
<th>Sale Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>3.99</td>
<td>1.99</td>
</tr>
<tr>
<td>17</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>34</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>53</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>55</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>63</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>91</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>99</td>
<td>9.99</td>
<td>5.99</td>
</tr>
</tbody>
</table>

MAIN FLOOR SPORTSWEAR

<table>
<thead>
<tr>
<th>Style</th>
<th>Original Price</th>
<th>Sale Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>22</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>112</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>36</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>53</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>55</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>63</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>91</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>99</td>
<td>9.99</td>
<td>5.99</td>
</tr>
</tbody>
</table>

ACCESSORIES

<table>
<thead>
<tr>
<th>Style</th>
<th>Original Price</th>
<th>Sale Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>112</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>36</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>53</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>55</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>63</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>91</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>99</td>
<td>9.99</td>
<td>5.99</td>
</tr>
</tbody>
</table>

STATIONARY LUGGAGE

<table>
<thead>
<tr>
<th>Style</th>
<th>Original Price</th>
<th>Sale Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>2</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>10</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>15</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>20</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>25</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>30</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>35</td>
<td>9.99</td>
<td>5.99</td>
</tr>
</tbody>
</table>

STATIONARY LUGGAGE

<table>
<thead>
<tr>
<th>Style</th>
<th>Original Price</th>
<th>Sale Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>2</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>10</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>15</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>20</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>25</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>30</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>35</td>
<td>9.99</td>
<td>5.99</td>
</tr>
</tbody>
</table>

GLASSWARE

<table>
<thead>
<tr>
<th>Style</th>
<th>Original Price</th>
<th>Sale Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>2</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>10</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>15</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>20</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>25</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>30</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>35</td>
<td>9.99</td>
<td>5.99</td>
</tr>
</tbody>
</table>

LINENS

<table>
<thead>
<tr>
<th>Style</th>
<th>Original Price</th>
<th>Sale Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>1</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>2</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>10</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>15</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>20</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>25</td>
<td>9.99</td>
<td>5.99</td>
</tr>
<tr>
<td>30</td>
<td>9.99</td>
<td>5.99</td>
</tr>
</tbody>
</table>

WITNESS

"It’s not to realize that the rumors are not available and that there is no one to help," said Lollie B. to one of her employees. “But, all we can do is to throw them away.”

Instead, Rankin decided to go through them. He found that aluminum foil was used in the process center and weighed the aluminum. Paper can also be recycled through Fiber Internation, 13200 N.E. As a service to customers, the store accepts some copper, but car bodies are not worth the work. After delivery at the plant, the copper is removed. A customer returns the aluminum.

A dime within the receipt can be used for six months.

Empty wrappers not worth a dime

Collecting empty wrappers in hopes of providing time on a busy day was a fun pastime to one mother of four. A truncated up package won't replace an empty wrapper's worth of time.

The Northwest Newspaper Guild said that the rumor circuit around the country is flooded with calls from people who have previously never had a package wrapper.

Money received may then be donated through them to the Northwest Kidney Foundation, P.O. Box 400, Seattle, Wash., 98115.
Family forums to begin this evening

Tonight's kick-off session of the Federal Way Family Forum series marks what organizers hope will be the beginning of a new chapter in community politics - one in which adults and teens will work together to solve a variety of complicated social problems.

The first of six, tonight's discussion will focus on the topic: "families surviving change" and will keynote the entire series. Milton Snyder, Federal Way's new superintendent of schools, will be among tonight's principal speakers.

Topics to be discussed at future sessions include "Kids and Drugs" in October; "Kids Growing Up" in November; "Teens and Parents Relate" in January; "Teens and Sex" in February and "Families Getting Their Act Together" in March.

The October drug forum will include three sessions, one each on the 10th, the 17th and the 24th. The remainder of the topics will be discussed in single monthly sessions.

All of the programs will be held at Decatur High School. Tonight's session will start at 7:30 p.m.

*Note:*

**Erroneous Information**

A recent News story incorrectly reported that lunches are available daily at the Federal Way Senior Center. The lunch program at the center is only offered as Thursdays at 12:15 p.m. at a cost of $1. For more information, call 838-3500 or 922-0631.

---

**Announcements**

**One Stop Shop at SKAGGS DRUG CENTERS**

**Everyday You Need At One Store...**

**CHARMIN BATH TISSUE**

Try our new softest Charmin. The softest with bulk! 100% cloth, bags, rolls per package.

**SELECTED FACIAL TISSUE**

Select breed of softest tissue for your bath, baby, or for the most serious of injuries. Case of 80.

**NORD FIRE LOGS**

Built for use in your fireplace or wood stove. Used for the most efficient and long-lasting flames. Case of 4.

**SENTRY CADET SAFE**

The most secure home safe bar number combination, key, or electronic key lock.

**MIDLAND 12 INCH B & W T.V.**

Inch black and white television, includes remote control.

**RAINIER BEER 12 PACK**


**MILLER LITE BEER**

Brand new Miller Lite - from the brewery which is known world-wide. Only 90 calories.

**HOUSEHOLD HELPERS**

**STP-PUF SOFTSOL**


**WINDEX SPRAYER**

Spray any glass, mirror, mirror, mirror.

**DIAL SOAP**

Soap to make mirror, mirror, mirror.

**FORMULA 409**

24 oz.

**GAIR BE Setter**

Your hair setter means more than just heat - it means a personal touch.

**NORTHERN MIST WIND**

Who wouldn't love to imagine going to the mountains? Case of 12.

**WAND MASSAGER**

Take one of the newest innovations in the industry, a case of 12.

**IRONING TABLE**

Modern, comfortable seat for ironing.

**BACK TO SCHOOL SPECIAL**

10% off all lunch meats (with this coupon) featuring: salami, bologna, pastrami, turkey, and ham. Expires 9/30/79 Coupon Value $10.00

---

**LEGAL SERVICES**

ABRAHAMS & MCAULIFFE ATTORNEYS AT LAW


---

**BATH TUB, SINK, TILE & APPLIANCE REFINISHING & CHIP REPAIR**

N.W. PORCELAIN REFINISHING COMPANY 24 hrs. order. Call for free estimate 839-4101

---

**WORSHIPPING AT DECATUR HIGH SCHOOL**

2800 S.W. 321st

OH LAHHY E JOHNSON PASrOR 9:30 A M. FELLOWSHIP 10 30 A M

DECATHUN HIGH SCHOOL THE LIGHT AND LIFE CHURCH

---

**TWIN LAKES SHOPPING CENTER**

2317 S.W. 336th Federal Way Phone: 838-9153

---

**CATERED TRAYS**

FOR: BUFFETS, OPEN HOUSES, PARTIES, WEDDINGS, SEMINARS, OR JUST GET-TOGETHERS

**EXAMPLES:**


---

**FAMILY FORUMS**

**TWIN LAKES SHOPPING CENTER**

2317 S.W. 336th Federal Way

**PHONE:** 838-9153

---

**ILLIVELI DELI**

---

**BACK TO SCHOOL SPECIAL**

10% off all lunch meals (with this coupon) featuring: salami, bologna, pastrami, turkey, and ham.
King County Police officers and detectives had a busy but productive weekend, arresting four juvenile burglary suspects and nabbing an additional boy who appeared in connection with a recent drinking party that brought a flood of complaints to headquarters.

Two of the burglary suspects, a 15-year-old and a 14-year-old, were found hiding in a Bushy Park hedge and taken in to headquarters between midnight and 2 a.m. Sunday. Both were charged with criminal trespass and misdemeanor theft.

Police say they were called to the home by complaining neighbors on three separate occasions. During their second visit, officers spotted a 15-year-old nearby and cited him as a suspect of burglary involving an (unnamed) 80-year-old woman.

The boy later admitted to police that he and his complice, also a 15-year-old, were entering homes for the purpose of stealing.

Police were called by a nearby homeowner who spotted a 15-year-old boy hiding behind a hedge and took him in to headquarters.

The crooks fled as police arrived, and the boy later admitted to police that he and his complice, also a 15-year-old, were entering homes for the purpose of committing burglaries. The boy was taken in to headquarters between midnight and 2 a.m. Sunday. Both were charged with criminal trespass and misdemeanor theft.

The move to curtail the boys’ activities was made in connection with a recent spate of break-ins.

Police say the boys were part of a small group involving two other juveniles.

Most of the noise complaints were reported to police between 3 a.m. and 7 a.m. on the west side of the park. The boys were taken in to headquarters and released.

Not all live to see another sunrise. Police records describe the rapist on a black stallion in the late 20s or early 30s with a gold earring in his right ear. He is said to be about 6 feet tall, very dark complexioned and of slender build, weighing perhaps 145 or 155 pounds.

Police records describe the rapist as a black stallion in the late 20s or early 30s with a gold earring in his right ear. He is said to be about 6 feet tall, very dark complexioned and of slender build, weighing perhaps 145 or 155 pounds.

Police records describe the rapist as a black stallion in the late 20s or early 30s with a gold earring in his right ear. He is said to be about 6 feet tall, very dark complexioned and of slender build, weighing perhaps 145 or 155 pounds.

Police records describe the rapist as a black stallion in the late 20s or early 30s with a gold earring in his right ear. He is said to be about 6 feet tall, very dark complexioned and of slender build, weighing perhaps 145 or 155 pounds.
Blood center in dire need of transfusion

The Federal Way Lions, under the direction of chairman, Jim Olson, are currently in the process of reaching out to the public to ease the panic at the Puyallup Sound Blood Center.

The center, that has facilities in Southcenter, Tukwila, and SeaTac, is currently suffering from a lack of blood that has resulted in a shortage of supplies for elective surgery.

"We're in a very precarious position," said Marilyn Hasford, administrative assistant to the director of Southcenter. "The donor base is too small to provide for our expanding population and medical care available."

 Olson sent sign-up sheets to area businesses and recreational facilities in the area, suggesting that people should choose to donate blood to the center's aim to keep supplies as high as possible and negative blood types in each category.

However, Ms. Halliday said that it's impossible to provide the area with at least a supply of 600 units of blood every other day. As an example, she mentioned that they were in a low stock of 40 bloods for Oct. 17 from 2-8 p.m.

As an example, she mentioned that they were in a low stock of 40 bloods for Oct. 17 from 2-8 p.m.

"That makes this an extremely dangerous time to live."

However, she added that blood to live.

Halliday said that the area's blood is very low on the type O positive and negative.

As an example, she mentioned that they prepared to deal with the load for everyone.

"That makes this an extremely dangerous time to live."

However, she added that blood to live.

Halliday said that the area's blood is very low on the type O positive and negative.

As an example, she mentioned that they prepared to deal with the load for everyone.

"That makes this an extremely dangerous time to live."

However, she added that blood to live.

Halliday said that the area's blood is very low on the type O positive and negative.
All the features on Mrs. McGillicuddy's animals are handsewn.

Each one has its own personality

When octogenarian Margaret McGillicuddy played with dolls as a child, she was never the mother. "I was the dressmaker," she said.

Many years later, she is still playing the seamstress as she uses fabric and thread to create charming stuffed animals, each different from the next.

In the 60 years she has been making the animals, she has never made two alike, she said. "I might have one basic pattern, but from it I'll probably get six or seven different toys. It might be the turn of the head, the shape of the eyes, or a tail, but they will all be different."

Mrs. McGillicuddy makes about 125 of the animals a year, many of them finding a home at the Children's Orthopedic Hospital. She also sews them for Wesley Terrace's Fall Festival. Any leftovers from the Festival also go to the COH.

"I don't want them to be parked and left for a year," she said. "I want them to be used."

Mrs. McGillicuddy also knits animals, including a cow complete with horns and udders. She started her hobby as a teenager when her father made dolls for the Washington Children's Home in Spokane. It was up to her to dress them, she said.

Later she made toys for her children, then her grandchildren and now for her seven great-grandchildren. A demand for her toys started after a woman she was babysitting for saw one of the animals she was working on and asked if Mrs. McGillicuddy would sell them.

Eventually the woman bought 12 of them, sending the animals as far away as Australia and Sweden.

Mrs. McGillicuddy can't even guess how many of the animals she has made over the years, but if she has averaged 125 a year for 60 years, that's 7,500 toys. That's a lot of joy for one person to spread.

Photos and text by Cathy Stone
The bride’s gown of ivory lace consisted of deep sleeves fell to a waist that remained covered by a veil of baby’s breath. A wreath of baby’s breath adorned the bride’s headpiece was a chiffon and headpiece was a wreath of baby’s breath. The bride’s organza skirt flowed with matching shawl and ivory print chiffon scarves. The bride’s best man were Robert Bird and Jeff Low, bride and David Winkler served as ring bearer. A flower arbor was built at the edge of the church. The ceremony took place at the Des Moines Christian Church. The bride and groom were united in marriage in the Des Moines Christian Church on August 18. The ceremony was officiated by Frederick Winkler of Federal Way and Edith Blunt of Des Moines. The wedding party included the following: the bridal party were the bride and groom; the groomsmen were Ken Gordon, Brent Low and Bert Naness of State; the bridesmaids were Jeff Bird, Brad and Wilma J. Peters and Craig Schoen of Kent, 2nd; Keith Molan and Bert Naness of Seattle, 1st; Keith Molan and Bert Naness of Seattle, 2nd; Keith Molan and Bert Naness of Seattle, 4th; Jeff Bird and Wilma J. Peters of Federal Way, 3rd and Karen McEldowney of Federal Way, 4th.

The new club will meet a half-day each Saturday morning and afternoon. For further information, call Gena Kozie at 839-2020.

SEATTLE FEDERAL WAY FEDERAL WAY FEDERAL WAY BEAVERTON

BRINGING HOME THE QUALITY SINCE 1939

SALE NEAR NOW A FKU IN-HOME APPOINTMENTS EVERETT: CALL COLLECT

BRINGING HOME THE QUALITY SINCE 1939
Deborah Issacson, daughter of Dennis and Glenda Issacson of Federal Way, was married Aug. 1 at All Saints Lutheran Church in Federal Way. The couple were married in a private ceremony officiated by Pastor James Smith.

Both women wore full Brubakken of Minneapolis and white mums. The bride was married yellow daisies and voile and carried a bouquet of yellow and white mums. Mrs. R. D. Seales, title given by Mrs. George Buehler, served as matron of honor, and Mrs. Larry Sims, sister of the bride, served as bridesmaid Bonnie Campbell was at the altar.

Mrs. R. D. Seales officiated. No host champagne, no hors d'oeuvres and champagne. No host cava were served at noon. Mrs. Paul Konetzke is chairman assisted by Mrs. Walter Cardiel, Miss Dwight Jones, Mrs. Robert Marriott, Mrs. William Oldright, Mrs. John Ringler, Mrs. Robert Sims and Mrs. Mary Swanson. No host cava were served at noon. Mrs. Paul Konetzke is chairman assisted by Mrs. Walter Cardiel, Miss Dwight Jones, Mrs. Robert Marriott, Mrs. William Oldright, Mrs. John Ringler, Mrs. Robert Sims and Mrs. Mary Swanson. Mrs. George Buehler, Mrs. Lyle Forrell and Mrs. Harley Curry followed her.

The couple is making their home in Seattle.

Dave Hanson and the bride's groomsman, Evan Barkland served as ushers. Evan Barkland, Paul Schmitz and Chuck Morgan announced the selection of the couple. The wedding was followed by a business meeting and a program featuring Mrs. Haydn Roberts, Mrs. John Ringler, William Oldright, Wallace Cordell, Mrs. George Buehler, Mrs. John Beam and Mrs. Les Leonard. Mrs. George Buehler, Mrs. John Ringler, William Oldright, Wallace Cordell, Mrs. George Buehler, Mrs. John Beam and Mrs. Les Leonard.

The wedding was followed by a reception served at noon. Mrs. Paul Konetzke is chairman assisted by Mrs. Walter Cardiel, Miss Dwight Jones, Mrs. Robert Marriott, Mrs. William Oldright, Mrs. John Ringler, Mrs. Robert Sims and Mrs. Mary Swanson. Mrs. George Buehler, Mrs. Lyle Forrell and Mrs. Harley Curry followed her.

The couple is making their home in Seattle.

The couple is making their home in Seattle.

The couple is making their home in Seattle.

The couple is making their home in Seattle.

The couple is making their home in Seattle.

The couple is making their home in Seattle.

The couple is making their home in Seattle.
Cooley to direct volunteer service

Mary Bridge Children's Health Center proudly announces that Joanne Cooley is the new Director of Volunteer Services. Mrs. Cooley will be responsible for implementing the volunteer program at the center. She will also be directly involved in motivating parents of patients to involve their family in volunteer and patient needs.

Parents of elementary school children in the Highline School District will receive state immunization forms by mail in early October. These forms must be completed and returned in the space allotted in each section. A new state law requires that elementary school children be immunized against common childhood diseases. A record of these immunizations must appear on the state form, signed by the parent or guardian, and on file in the immunization center. She will be excluded from classes until the form is completed. Mrs. Cooley is a member of the Mental Health Center and is a sustaining member of the Community Foundation.

Immunization forms due soon

Parents of elementary school children in the Highline School District will receive state immunization forms by mail in early October. These forms must be completed and returned in the space allotted in each section. A new state law requires that elementary school children be immunized against common childhood diseases. A record of these immunizations must appear on the state form, signed by the parent or guardian, and on file in the immunization center. She will be excluded from classes until the form is completed. Mrs. Cooley is a member of the Mental Health Center and is a sustaining member of the Community Foundation.

Antique appraisal

Two parenting classes will be offered this fall through the Highline-West Seattle Mental Health Center. The first class is the seventh week series will explore the issues of handling conflict, strengthening relationships, family and home management, and support systems. The first class is at 6 p.m. on Sept. 26 and will conclude on Oct. 21.

Living with your toddler is the foundation for helping parents who seek to improve family relationships, in situations of crisis, and to prepare for life as a family. The course is open to parents. The course is open to parents.

Parent classes offered

Two parenting classes will be offered this fall through the Highline-West Seattle Mental Health Center. The first class is the seventh week series will explore the issues of handling conflict, strengthening relationships, family and home management, and support systems. The first class is at 6 p.m. on Sept. 26 and will conclude on Oct. 21.

The new course, "Loving with your toddler," is the other class series, to be offered. The first class is at 6 p.m. on Oct. 3, and the last class is on Oct. 21. The course will focus on parent education, family relations, and the development of the child. The course is open to parents. The course is open to parents.

Parenting classes offered

Two parenting classes will be offered this fall through the Highline-West Seattle Mental Health Center. The first class is the seventh week series will explore the issues of handling conflict, strengthening relationships, family and home management, and support systems. The first class is at 6 p.m. on Sept. 26 and will conclude on Oct. 21.

Living with your toddler is the foundation for helping parents who seek to improve family relationships, in situations of crisis, and to prepare for life as a family. The course is open to parents. The course is open to parents.

Parent classes offered

Two parenting classes will be offered this fall through the Highline-West Seattle Mental Health Center. The first class is the seventh week series will explore the issues of handling conflict, strengthening relationships, family and home management, and support systems. The first class is at 6 p.m. on Sept. 26 and will conclude on Oct. 21.

Living with your toddler is the foundation for helping parents who seek to improve family relationships, in situations of crisis, and to prepare for life as a family. The course is open to parents. The course is open to parents.

Parent classes offered

Two parenting classes will be offered this fall through the Highline-West Seattle Mental Health Center. The first class is the seventh week series will explore the issues of handling conflict, strengthening relationships, family and home management, and support systems. The first class is at 6 p.m. on Sept. 26 and will conclude on Oct. 21.

Living with your toddler is the foundation for helping parents who seek to improve family relationships, in situations of crisis, and to prepare for life as a family. The course is open to parents. The course is open to parents.
Deaths

Meredith

David Douglas is the first child born to Mike and Kathleen McManus on Sept. 4 in Federal Way. The 9 pound, 2 ounce boy was born to Mr. and Mrs. Steve McManus.

Grandfather's of David are Mr. and Mrs. Ken Phillips of Olympia and Mr. and Mrs. Ralph Perez of Federal Way.

In Auburn, the second child born to Mr. and Mrs. Steve Perez was a boy weighing 6 pounds, 11 ounces. Their first child was a girl weighing 7 pounds, 7 ounces.

Grandparents are Mr. and Mrs. Ralph Perez of Federal Way and Mr. and Mrs. Walter Pfeifer of Wallingford, Connecticut.

Baha'i Faith

Tuesday, 11:18 a.m. D.C. Booth Public Library

The Baha'i Faith is a way of life that seeks to unite people from all walks of life. It is based on the teachings of Baha'u'llah, who was born in Iran in 1817 and died in 1892.

The Baha'i Faith is a religion that values harmony and unity. It teaches that all religions come from the same source and all people are equal.

The Baha'i Faith is a religion that values service to others. Baha'is believe that the purpose of life is to serve others.

The Baha'i Faith is a religion that values education. Baha'is believe that education is the key to unlocking the potential of humanity.

The Baha'i Faith is a religion that values the arts and sciences. Baha'is believe that these are the tools we need to build a better world.
Auburn woman to head 79-80 WSMA Auxiliary

Honorary member installed

Xi Gamma Rho chapter of Beta Sigma Phi celebrates its Founders Day Sept. 24 and installed Mrs. Revo Diero as an honorary member recently. President Cheri Wagoner presented Mrs. Diero with a traditional yellow rose. Luncheon was served by the Executive Board at the home of Shirley Ayers. The group had their first regular meeting September 4 at the home of Joy Britt. A cultural program was presented by Bonnie Rhoades. Information about Beta Sigma Phi is available from Jeanne Chambers, 322-4303.

Auburn woman to head 79-80 WSMA Auxiliary

Auburn woman to head 79-80 WSMA Auxiliary

Auburn woman to head 79-80 WSMA Auxiliary

Auburn woman to head 79-80 WSMA Auxiliary
If you visit a medical clinic with any complaint more acute than a hangnail you are in for a detailed survey of your chassis with a Geiger counter.

"Follow the yellow line down the hall to the lab," it stated. I felt as relaxed as a case of The Flu. A little after the final question he allowed me to dress, placed a fist full of forms in my hand and advised me to read the instructions on the red line down the hall to the lab, "Follow the yellow line down the hall to the lab," it stated. I promptly did so. The nurse extracted seven vials of blood.

"How many vampires are you avoiding in captivity?" I asked, but she ignored me and pointed me to the red line down the hall to the lab.

"Ditto," announced a jolly voice, "What day are you being discharged?" I replied, considering knotting his fist full of forms in my hand and advised me to read the instructions on the red line down the hall to the lab.

"That is just one borderline case," I said, "it's not as if we're going to the middle of the bed on your back and RELAX!" Those capital letters in vivid red came close to my body and with some fear, I felt as relaxed as a case of The Flu. A little.

"Follow the yellow line down the hall to the lab," it stated. I felt as relaxed as a case of The Flu. A little after the final question he allowed me to dress, placed a fist full of forms in my hand and advised me to read the instructions on the red line down the hall to the lab.

"Ditto," announced a jolly voice, "What day are you being discharged?" I replied, considering knotting his fist full of forms in my hand and advised me to read the instructions on the red line down the hall to the lab.

"That is just one borderline case," I said, "it's not as if we're going to the middle of the bed on your back and RELAX!" Those capital letters in vivid red came close to my body and with some fear, I felt as relaxed as a case of The Flu. A little.
Sr. rights group needs volunteers

The American Society of Women Attorneys has slated its September dinner meeting for next Wednesday at the Sorrento Hotel. Sorrento's restaurant, Seattle Social hour begins at 8 p.m. and dinner is served at 8:30. The speaker will be James F. Udall, Assistant Attorney General, New Mexico, as part of the Seminar series presented by the Seattle Bar Association. A buffet dinner will be served.

Natural food, nutrition subjects at convention

The 9th annual Western Washington Natural Foods Convention and Exposition, sponsored by the Natural Food Association, will be held this Sunday through Tuesday, September 30 to October 2, at the Century Ballroom, Allstate Lanes, 3000 10th Ave. South, Seattle. Admission is free. For further information contact the Center at 720-4111.

Women accountants slate dinner meeting

The American Society of Women Accountants has slated its September dinner meeting for next Wednesday at the Sorrento Hotel. Sorrento's restaurant, Seattle Social hour begins at 8 p.m. and dinner is served at 8:30. The speaker will be James F. Udall, Assistant Attorney General, New Mexico, as part of the Seminar series presented by the Seattle Bar Association. A buffet dinner will be served.

Hand-made toys, gifts featured at Lee House

Lee House Senior Center, 730 20th Ave., Seattle, held its annual fall bazaar and flea market from 10 a.m. to 3 p.m., October 2. The event featured a variety of handmade crafts and homemade items, as well as a large selection of books and games for sale. The proceeds from the event will be used to support the center's programming and services.

Public Notice

NOTICE TO PROPERTY OWNERS

NOTICE TO ALL OWNERS, lessees, and occupants of real property located within the boundaries of the City of Seattle, Washington: Pursuant to the provisions ofRCW 43.21C (2), this proposal involves the subdivision of a 9.3 acre parcel of land into 10 lots for residential use. General Plan of subdivision is also listed. Public Notice is hereby given to all interested persons of this proposal. The proposal is available for public inspection during normal business hours at the 12th Ave. S in STR: W 20-356th St. & immediately S. The plan was recorded in the King County Recorder's Office on September 12, 1979, in Book 31627, Page 1.

The King County Council in Room 215 King County Administration Building, Seattle, Washington, on October 30, 1979, in Room 215 King County Administration Building, Seattle, Washington. The recordation of a preliminary plat is hereby given to all persons interested thereof.
Blossoms exhibited by Senke Seishen

The Seattle Seahawks School of Japanese Flower Arrangement has scheduled its 15th annual exhibit, "Autumn Fantasy," for Sept. 29 and 30 at the Scottish Rite Temple, 115 S. 290th Place.

The show will feature a variety of arrangements, including those created by members of the school and by special guests.

Mementos of the day included a bouquet of baby's breath. Her wedding will be on Oct. 29 in Federal Way, and Laura A. McGuire, 31008 - 18th Ave. S., will be the bridesmaid. Both will be married in Seattle.

The following persons have expressed their intentions to marry:


Lori Louise Kimball, best man, and Mrs. George Kimball, Mrs. Michael Chaplin, and Mrs. gravel. Both will be married in Seattle.

The bride chose to wear a traditional three-piece suit. Her wedding will be on Oct. 11 at the First Baptist Church, 4200 S. 290th PI., Auburn.

'Erwin Inman, 47, 23rd Ave. SW, Federal Way, and Ronda Pence, 25, 21, 11725 - 25th Ave. S., are to be married in Seattle.

Monica M. Nett, Federal Way, and Terry L. Littlefield, 20401-34th PI. S., are to be married in Seattle.

Ernst, 23, 3906 SW 6th St., and Johanna E. Wolters, 22, 27, Federal Way, are to be married in Seattle.

Jeffrey M. Picketts, 31, 11725 - 25th Ave. S., and Johanne E. Wolters, 22, 27, Federal Way, are to be married in Seattle.

Dawn Banfield, Pat Banfield, and George Hamlin. Exhibitors include enamelware artists, woodworkers, specialists in patchwork and embroidery, candle makers, a new-whel postcard maker, leatherworkers and others.

The couple will make their home in Hawaii, the couple will make their home in Hawaii, the couple will make their home in Hawaii.

Whether your child is entering kindergarten or is a grade school student, the YMCA offers a wide range of programs to help them succeed. Our classes are designed to foster a love of learning and provide a strong foundation for academic success.

Our programs for young children focus on parent and child development. We offer classes on topics such as

- "Parenting 101: Raising Healthy Children" - This class is designed for parents who are new to the idea of raising children and want to learn more about

- "Parenting 201: Developing Your Child's Potential" - This class helps parents understand how to best guide their child's development and

- "Parenting 301: Managing Behavior" - This class teaches parents how to handle common behavioral issues and

In addition to these classes, we offer a variety of other programs for young children, including

- "Infant Massage" - A program designed to teach parents how to

- "Toddler Tennis" - A program for children aged 3-5 years old, designed to

At the Seattle YMCA, we believe in helping children reach their full potential. Our programs are designed to

- Foster a love of learning

- Encourage healthy habits

- Build strong character

We offer programs for children of all ages, from newborns to teenagers. Our goal is to provide a safe and supportive environment where children can learn and grow. Whether you're looking for a

- "Parenting 101: Raising Healthy Children" - This class is designed for parents who are new to the idea of raising children and want to learn more about

- "Parenting 201: Developing Your Child's Potential" - This class helps parents understand how to best guide their child's development and

- "Parenting 301: Managing Behavior" - This class teaches parents how to handle common behavioral issues and

In addition to these classes, we offer a variety of other programs for young children, including

- "Infant Massage" - A program designed to teach parents how to

- "Toddler Tennis" - A program for children aged 3-5 years old, designed to

At the Seattle YMCA, we believe in helping children reach their full potential. Our programs are designed to

- Foster a love of learning

- Encourage healthy habits

- Build strong character

We offer programs for children of all ages, from newborns to teenagers. Our goal is to provide a safe and supportive environment where children can learn and grow. Whether you're looking for a

- "Parenting 101: Raising Healthy Children" - This class is designed for parents who are new to the idea of raising children and want to learn more about

- "Parenting 201: Developing Your Child's Potential" - This class helps parents understand how to best guide their child's development and

- "Parenting 301: Managing Behavior" - This class teaches parents how to handle common behavioral issues and

In addition to these classes, we offer a variety of other programs for young children, including

- "Infant Massage" - A program designed to teach parents how to

- "Toddler Tennis" - A program for children aged 3-5 years old, designed to
Displaced Homemakers billed for HCC again

A second Displaced Homemakers program - this one with a few new wrinkles - will begin registration Monday, Oct. 1 at Highline Community College.

HCC, which hosted a similar program last summer, has received a grant of $32,600 from the state community college system's Commission for Vocational Education.

The program's coordinator, Jan Buhle, said the HCC program will differ in several ways from the one held at Mt. Rainier.

The yellow and white theme at the welding was carried through decorations and flowers at a reception for the scheduled Job Tax Credit recipients.

Claimsing the credit on a federal income tax return may be worth up to an additional $3,000 per couple and $1,500 per single employee.

Employees participating in the new program may be worth up to $2,500 per couple and $1,250 per single employee.

The new program is a series on psychological and a part-time counselor, Mrs. Schuster.

The new Job Tax Credit is not subject to the same $10,000 limitation, as the old program.

Fenton-Schuster

Wearing a designer hat, designed by her parents in law, Mr. and Mrs. Jerry E. Fenton, 2634 S. 302nd, Federal Way, is the daughter of Mr. and Mrs. Ralph E. Fenton, 302nd St. SW, Federal Way.

The bride's gown was handmade in Mexico and featured cotton voile scallops.

Family and friends of the couple will be celebrated at Thomas Jefferson Chapel, 414 SW 312th, Federal Way.

Wednesday, September 26, 1979

Washington State University

A. Neep, 907 Pine St., Seattle, 98101, or P.O. Box 1279, Federal Way.

Parents will have an opportunity to follow their children's progress in attending the school and ask questions of faculty.

This weekend, families will be attending the school and asking questions of faculty.

Parents will have a chance to attend the program's final class, held at the school on Thursday, October 10, 1979.
GARDENING

GARDENING is not a

general rule reasons,

are planted. The

complete until the spr-

minor bulbs. Minor

gardens are known as

tations. But their spring

major bulb classifica-

only because most do

are diminuitive and

though their flowers

blooms certainly play

purchase bulbs as

Gordon Cheney of

Glenacres, and Mrs.

Mrs. Richard Daubert

Presbyterian Church,

Lake Burien

are Mr. William

bridegroom's parents

Pedersen of

Jim Daubert.

were Diane Daubert,

University of

School in 1973. He

received a Pharmacy

degree from the

Grass Roots

Gardening

glasses. The soil

minority must do

in

GardeniriQ

Grass Roots

poorly drained areas

essential. Drain tile

drainage is absolutely

areas. The beds

sand to planting

can be laid under

depth three times

about three inches

range all bulbs in ar-

_SPRING

ARTISTS INTERNATIONAL

Original Oil Paintings

20% Off Regular Prices During Our

GRAND OPENING

All Paintings Priced Under $160.00
Open Tuesday thru Saturday 9-6

216 S.W. 153rd. Burien 243-5313

PAUL F. BONNELL

ATTORNEY

LAWSUIT PRACTICE ATTACHED TO:
CLAIMS FOR INJURY TO THE HUMAN BODY AND TO PROPERTY!

137 S.W. 153RD.
Burien 98166
246-4646

FREE SERTA
"PERFECT SLEEPER"
MATTRESS & BOX
PRING (149.99) WITH PURCHASE OF...

ANY 5-PC BEDROOM SET FROM OUR LARGE SELECTION!

"Keene Means Quality"

FURNITURE

23411 S.E. 252nd St. Federal Way 360-561-8715
Monday- Sat & Sun 10-6

PHONE 360-838-1441

ORDER NOW

AT THE

The Scottish Shopper

OPEN 9-30-50
14202-1st Ave. So., Tuesday-Saturday Phone 242-0291
Next to Fred Meyer in Burien

"Keene Means Quality"

FURNITURE

23411 S.E. 252nd St. Federal Way 360-561-8715
Monday- Sat & Sun 10-6

PHONE 360-838-1441

ORDER NOW

AT THE

The Scottish Shopper

OPEN 9-30-50
14202-1st Ave. So., Tuesday-Saturday Phone 242-0291
Next to Fred Meyer in Burien

the tips of leafless

stems. The most

popular minor bulb is

Chionodoxa (Glory-of-

the-snow), which bears

white flowers; Galanthus

(Globe-flower), with blue

and white flowers; Gla
turnus (Snowdrop), white,

noodling, bell flowers; hardy

Anemones; Windflower,

St. Brigid being a favorite

type with remarkable

spring bloom; Muscari

(grape hyacinth), with

blue, purple or pink

flowers, or, spurs, have

bulb-shaped, sometimes
darkly-tinted flowers in

blue, purple or pink

shades and white; blooms

in terminal clusters on

leafless stems; many

bulbs; and species with

large, colorful display,

V. atropurpureum; A.

flamingo, white, yellow,
purple, lavender, blue and

striped variations of these

colors. These don't

overlook planting drifts

of species of crocuses.

They have smaller blooms

but often produce many

smaller flowers per

bulb. Crocuses bloom in

late spring, and A.

minor bulbs flowering in

February, March, April

and May. Crocuses

there are about two

species of allium, part

of the onion family.

Ornamental allium

bear their flowers in

compact or loose,

roundish clusters at

the tips of leafless

stems. The most

popular minor bulb is

Chionodoxa (Glory-of-

the-snow), which bears

white flowers; Galanthus

(Globe-flower), with blue

and white flowers; Gla
turnus (Snowdrop), white,

noodling, bell flowers; hardy

Anemones; Windflower,

St. Brigid being a favorite

type with remarkable

spring bloom; Muscari

(grape hyacinth), with

blue, purple or pink

flowers, or, spurs, have

bulb-shaped, sometimes
darkly-tinted flowers in

blue, purple or pink

shades and white; blooms

in terminal clusters on

leafless stems; many

bulbs; and species with

large, colorful display,

V. atropurpureum; A.

flamingo, white, yellow,
purple, lavender, blue and

striped variations of these

colors. These don't

overlook planting drifts

of species of crocuses.

They have smaller blooms

but often produce many

smaller flowers per

bulb. Crocuses bloom in

late spring, and A.

minor bulbs flowering in

February, March, April

and May. Crocuses

there are about two

species of allium, part

of the onion family.

Ornamental allium

bear their flowers in

compact or loose,

roundish clusters at

the tips of leafless

stems. The most

popular minor bulb is

Chionodoxa (Glory-of-

the-snow), which bears

white flowers; Galanthus

(Globe-flower), with blue

and white flowers; Gla
turnus (Snowdrop), white,

noodling, bell flowers; hardy

Anemones; Windflower,

St. Brigid being a favorite

type with remarkable

spring bloom; Muscari

(grape hyacinth), with

blue, purple or pink

flowers, or, spurs, have

bulb-shaped, sometimes
darkly-tinted flowers in

blue, purple or pink

shades and white; blooms

in terminal clusters on

leafless stems; many

bulbs; and species with

large, colorful display,

V. atropurpureum; A.

flamingo, white, yellow,
purple, lavender, blue and

striped variations of these

colors. These don't

overlook planting drifts

of species of crocuses.

They have smaller blooms

but often produce many

smaller flowers per

bulb. Crocuses bloom in

late spring, and A.

minor bulbs flowering in

February, March, April

and May. Crocuses

there are about two

species of allium, part

of the onion family.

Ornamental allium

bear their flowers in

compact or loose,

roundish clusters at

the tips of leafless

stems. The most

popular minor bulb is

Chionodoxa (Glory-of-

the-snow), which bears

white flowers; Galanthus

(Globe-flower), with blue

and white flowers; Gla
turnus (Snowdrop), white,

noodling, bell flowers; hardy

Anemones; Windflower,

St. Brigid being a favorite

type with remarkable

spring bloom; Muscari

(grape hyacinth), with

blue, purple or pink

flowers, or, spurs, have

bulb-shaped, sometimes
darkly-tinted flowers in

blue, purple or pink

shades and white; blooms

in terminal clusters on

leafless stems; many

bulbs; and species with

large, colorful display,

V. atropurpureum; A.

flamingo, white, yellow,
purple, lavender, blue and

striped variations of these

colors. These don't

overlook planting drifts

of species of crocuses.

They have smaller blooms

but often produce many

smaller flowers per

bulb. Crocuses bloom in

late spring, and A.

minor bulbs flowering in

February, March, April

and May. Crocuses

there are about two

species of allium, part

of the onion family.

Ornamental allium

bear their flowers in

compact or loose,

roundish clusters at

the tips of leafless

stems. The most

popular minor bulb is

Chionodoxa (Glory-of-

the-snow), which bears

white flowers; Galanthus

(Globe-flower), with blue

and white flowers; Gla
turnus (Snowdrop), white,

noodling, bell flowers; hardy

Anemones; Windflower,

St. Brigid being a favorite

type with remarkable

spring bloom; Muscari

(grape hyacinth), with

blue, purple or pink

flowers, or, spurs, have

bulb-shaped, sometimes
darkly-tinted flowers in

blue, purple or pink

shades and white; blooms

in terminal clusters on

leafless stems; many

bulbs; and species with

large, colorful display,
Schools close; memories linger

A committee of Highline School District principals approved class cancellations for existing and new students due to the freezing conditions. Schools have been closed since Monday due to the frigid temperatures. The committee took its decision after consulting with the Washington State Department of Education and the superintendent of the district.

Catholic counseling service launched

A new counseling service is starting this month in Southwest King County, similar to the Catholic Counseling Service of Seattle. The service will be based at St. Vincent de Paul Parish, Federal Way. A local pastor will be on call for parents, students, and others. The service will also be available through the Highline School District. For more information, call 253-633-6333.

MARKDOWNS FROM BEST SELLING PRICE

Eligible garments of at least 30% lower than the previous sale price.

JUNIOR DRESSES

4 Infant Knit Pants Reg. 5.00 now 3.50
4 Infant Ray Togs Reg. 2.75 now 1.50
4 Infant Dot Pants Reg. 4.00 now 2.80
4 Infant Dot Pant Sets Reg. 4.75 now 2.80
4 Infant Dresstex Dress Reg. 11.00 now 7.70
4 Infants Baby Dress Reg. 12.00 now 8.23
1 Toddler Knit Pants 3.00
2 Toddler Dresstex Dress Reg. 13.00 now 8.13
4 Toddler Girls Overall Reg. 13.00 now 9.10
4 Toddler Girls Pyjamas Reg. 9.00 now 6.30

PICTURES SPECTACULAR FROM S.A.L.E.

HURRY! THIS WEEK ONLY—STARTS THURSDAY 9:30 A.M.

YES! SPECIAL END OF THE MONTH SAVINGS ON SELECTED GROUPS OF MERCHANDISE FROM EVERY DEPARTMENT! SALES ARE SUBJECT TO ITEMS ON HAND.

Classes to start at St. Vincent

St. Vincent de Paul Adult Education Department is offering courses in various subjects. For information, call 253-633-6333.

City College classes move

City College has moved its classes to new locations. For more information, call 253-633-6333.

HURRICANE PREPAREDNESS

City College classes to start on October 1. For more information, call 253-633-6333.

YOUNG MEN'S SHOES

7 Brittania Clogs Reg. 23.00 now 11.20
7 Caressa Ankle Strap Flats Reg. 39.00 now 6.56
7 Mans Padrino Clogs Reg. 23.00 now 11.75
7 Mens Clogs By Oiesse Reg. 34.00 now 16.66
7 Dieppe-Sandals-Mid-heel Reg. 27.00 now 9.65
7 Damon Sport Shirts Reg. 24.00 now 8.23
7 YSL Casual Signature Jeans Reg. 32.00 now 10.98
7 YSL Contemporary Dress Shirts Reg. 20.00 now 9.80
7 Wescott Linen Weave Sport Coats Reg. 75.00 now 36.75
7 Lagunaw Satin Running Short Reg. 10.00 now 4.90
7 New Balance Running Short Reg. 10.00 now 2.90
7 Mossler Slippers Reg. 4.50 now 3.10
7 Expression Slippers Reg. 4.50 now 3.10
7 Madyes Slippers Reg. 5.00 now 3.80
7 Kenneth Too® Knit Top Reg. 16.00 now 11.20
7 CIE® Solid Blouse Reg. 30.00 now 10.29
7 Brittania Chambray Shirts Reg. 20 00 now 14.00
7 Brittania Terry Pullover Reg. 13.00 now 9.10
7 Brittania Terry Shirt Reg. 10.00 now 7.00
7 Brittania Terry Dress Reg. 14.00 now 9.80
7 Brittania Terry Pant Reg. 12.00 now 8.40
7 Brittania Terry Star Shirt Reg. 14.00 now 8.40
7 Brittania Western Terry Reg. 13.00 now 9.10
7 Brittania Terry 2-pc. Knit Dress Reg. 58 00 now 40.60
7 Brittania Terry 2-pc. Knit Top Reg. 36.00 now 25.20
7 Brittania Terry Overall Reg. 27.00 now 18.90
7 Brittania Terry Overall Reg. 27.00 now 18.90
7 Brittania Terry Overall Reg. 27.00 now 18.90
7 Brittania 2-pc. Knit Dress Reg. 58 00 now 40.60
Breakage (again?) haunts Markley at Fallnationals

by Bart Potter

The mechanical misfortune of the Gaines Markley-Rob Bruins racing team has been a season-long comedy of errors, but at this point it is far from a laughing matter.

The Federal Way racers have been plagued since the National Hot Rod Association season began with breakage of one part or another in national races around the country. Never has the problem been more painful than at last weekend's Fallnationals at Seattle International Raceway.

After qualifying in the fifth spot Saturday with a 5.927-second quarter-mile time, Bruins matched up in Sunday's first round against Mike Palmer of Puyallup, the number 13 qualifier. Just off the mark, the rear end and the clutch broke one after another on the local car. The big effort in front of the hometown crowd had come to naught.

What made the early knockout all the more painful was the fact that it allowed Kelly Brown of Calabasas, Calif., to gain considerably on Bruins in the race for the world championship. Brown lost to Don Garlits of Seffner, Fla., in the finals when his clutch broke.

Brown earned 800 points for the weekend's work, while Bruins came up with 200 qualifying points. Markley-Bruins now lead Brown by just 535 points with one national event remaining.

All of which makes that one event, the Winston World Finals in Ontario, Calif. Sept. 30 - Oct. 2 just that much more important if the locals are to hang on and claim their first-ever world championship. Markley, owner and crew chief of the car, had a one-word summation of that event's significance:

"Quite." Markley was disappointed and spoke in quiet tones about the day's events. He expressed frustration about the rear end breakage, in large part because the crew had worked overnight to put in a new rear end after the first broke in a Saturday qualifying run.

"It's a mess," he said of his car.

Markley and crew will have less than two weeks to come up with a competitive machine for the World Finals. That is not a lot of time, and Markley knows it.

"It's gonna be close."
FW wins 5 of 6 Jr. football games

by Judy Laws

It was the last day of summer and the start of competition as those Federal Way Junior Hawks football teams traveled to Maple Valley to meet the Raiders Saturday.

An undeterred Hawk B-Hor squad scored its first mark in the loss column after being routed by the Hawks, 30-6, in Wednesday’s opener.

The Federal Way B-Ws swept was called an error-ridden game most costly error in downs.

The Federal Way defense dominated in the first half and was not scored on.

Late in the quarter, the Hawks penetrated to the MV 15 yard penalty that nullified a previous Federal Way touchdown.

The Federal Way offense scored on the fourth down.

In second half action the Hawks ran in two TDs, passed for one, four for a TD, three for a TD and kicked the point after.

The Hawks outscored the Rough Riders 10.

As Hawk fans held their breaths a perfect flare pass on their first play from scrimmage was caught in the point after.

With no crystals to buy. No crystals to change. Get a unique "search" button and many as 20 public service frequencies into the scanner. Use the simple calculator-type keyboard to enter as many channel numbers as you like. You just can't beat it.


“I wanted a nice pool and Country Club to brag about...now I’ve found one.”

Mother Nature cooperated by putting just the right amount of rain to make things perfect for the players.

Your card Get your membership card starting as low as $29.95. But hurry, prices will increase Oct. 7th. See you at the "Club"

“Fantastic.” The only way to describe their facilities. Indoor and outdoor swimming pools, racquetball, nice tennis and racquetball courts.

Pacific West Sport & Racquet Club

“Spirit.” That’s what "The Club" is all about. Tennis, squash, racquetball, swimming pool, popular fitness center, weight room, locker rooms, men’s and women’s. Tennis courts, backNine by the Gleneagles "The Club" (the secluded course) and much more.

WHAT'S ON THE SCANNER TONIGHT?


Get your membership card starting as low as $29.95. But hurry, prices will increase Oct. 7th. See you at the "Club"


Get your membership card starting as low as $29.95. But hurry, prices will increase Oct. 7th. See you at the "Club"
Lakes' front nine in a ped through the Twin Eagles won their se-
Raiders 85-47 last match, stopped the golf power with every Puget Sound League ing more like a South Gators, who are look-
season, 72-62, over tion, the Federal Way Club.
outmanned Jefferson Curtis at North Shore. cond match of the
85-47 under 35 over the front nine; however, Decatur coasted to an easy high finisher during Thursday's match with Decatur. He posted one-
hole at Twin Lakes Golf and Country Club. Nygren was Jefferson's MARK win.

Off the tee MARK NYGREEN. Jefferson's top golfer, moves his drive on the first hole at Twin Lakes Golf and Country Club. Nygren was Jefferson's high finisher during Thursday's match with Decatur. He posted a score under 35 over the front nine; however, Decatur coasted to an easy 85-47 win.
—photo by Harry Brooks

Edwards' record round leads Gators

Dave Edwards rip-

AIRTITE STEEL STOVES
by Acme

* Slow Burning Heat
* Thermostatic control
* Fire brick lined
* See the flame

Medium $447.00
Size
Large $498.00

Suburban COALMASTER STOVE
Burns Wood or Coal.
* Thermostatically Controlled
* Good Decorative Appearance.
$349.00

NEW LUMBER & HARDWARE!!!

Air Tight Wood Heaters
medium two star Reg. 27.49 New improved screw-draft regulator with weighted self closing draft door 24.95

GRATES
5 BAR $4.88
6 BAR $5.50
7 BAR $12.95

Self Leveling $14.95

Casting IRON GRATES FM-23 $16.95

Custom Fire Screens $ Free measuring
$ Free Estimates

Windwood Framing
* Hefty "1" Trim $79.99 per 10 pc.
* Standard "D" Trim $29.95 per 10 pc.
* Vinyl Rolls $17.99 per sq. ft

SEE OUR FIREPLACE SHOP! ASK THE EXPERTS!

WIN $30

WHILE MATCHING MONDAY NIGHT FOOTBALL
STOP BY TODAY
Little Anthony's
AND GET DETAILS

FREE MEASURE FREE INSTALL ON GLASS FIRE DOORS!

Portland Wil'mette Glassfyre

ENERGY SAVING GAS STOVES

CMAL MECHANIC BENCH & GRINDER

5" x 1/2" $32.95
11/16 H.P. Sleeve Bearing

Black Friday Special $39.95

1/2" Power Tip, Guide Bar
Automatic Chain Oiling
Displacement 1.6 Cu. in.

NEW LUMBER & HARDWARE CO.
30854 Pac. Hwy. So. 839-1313 or 927-4301
Across From Federal Way High School

You can always find it here

The News 
Wednesday, September 28, 1979
C-3
Raiders tank a win, FW’s Thomas stars

The Jefferson Raiders, who mostly struggled through the South Point Bowl, found themselves playing for the state championship schedule, may be on the verge of changing tradition.

The Raiders girls, who opened their NFHS form season with a 6-0 loss to the state second place, Hop-Rogers. Wednesday evening slabal, refer to the direction of one (Alexin. Johnson) the Federal Way girls. The Federal Way girls, with its perfect score, are back in the competition for the league's runner-up spot.

To be honest, I never really thought about it, but in retrospect, S Teresa had a great run, and never really thought about being so young, said Thomas.

The Jefferson girls, who mostly had no chance of competing, found themselves under the direction of new coach, Jennifer Crabtree. The Jefferson team will be on the state stage, said Thomas. We really did well for such a young group, and we loved the experience.

Federal Way, in its own right, suffered an unlikely season. For his perfect score, Hatch received a $15 gift certificate to Scott’s. The Jefferson girls feel good about their season and look forward to next year.

DM JR. GRIDS GET ‘BEACHED’

The Des Moines Monkeys, during an appearance at Rainier Beach, lost to the Rams, while the losers advanced.

For the girls, Gina Kahl, right, was voted Sheri’s Team’s Best. She had a 25.7-second clocking of the 100 meter freestyle. The Jefferson team will be in the state meet.

The 200 medley relay was captured by the Jefferson girls. Layton bested the 100 with Robinson, Ann Robinson, and Deanna Crabtree, Teri Layton bested the 100 backstroke in 1:29.08. Robinson won her the 100 event with Robinson, and Deanna Crabtree, Teri Layton won the 100 freestyle.

DM Jr. grids get ‘Beached’

The Des Moines Monkeys lost to the Rams, while the losers advanced.

For the girls, Gina Kahl, right, was voted Sheri’s Team’s Best. She had a 25.7-second clocking of the 100 meter freestyle. The Jefferson team will be in the state meet.

The 200 medley relay was captured by the Jefferson girls. Layton bested the 100 with Robinson, Ann Robinson, and Deanna Crabtree, Teri Layton bested the 100 backstroke in 1:29.08. Robinson won her the 100 event with Robinson, and Deanna Crabtree, Teri Layton won the 100 freestyle.

DM JR. GRIDS GET ‘BEACHED’

The Des Moines Monkeys lost to the Rams, while the losers advanced.

For the girls, Gina Kahl, right, was voted Sheri’s Team’s Best. She had a 25.7-second clocking of the 100 meter freestyle. The Jefferson team will be in the state meet.

The 200 medley relay was captured by the Jefferson girls. Layton bested the 100 with Robinson, Ann Robinson, and Deanna Crabtree, Teri Layton bested the 100 backstroke in 1:29.08. Robinson won her the 100 event with Robinson, and Deanna Crabtree, Teri Layton won the 100 freestyle.

DM Jr. grids get ‘Beached’

The Des Moines Monkeys lost to the Rams, while the losers advanced.

For the girls, Gina Kahl, right, was voted Sheri’s Team’s Best. She had a 25.7-second clocking of the 100 meter freestyle. The Jefferson team will be in the state meet.

The 200 medley relay was captured by the Jefferson girls. Layton bested the 100 with Robinson, Ann Robinson, and Deanna Crabtree, Teri Layton bested the 100 backstroke in 1:29.08. Robinson won her the 100 event with Robinson, and Deanna Crabtree, Teri Layton won the 100 freestyle.

DM Jr. grids get ‘Beached’

The Des Moines Monkeys lost to the Rams, while the losers advanced.

For the girls, Gina Kahl, right, was voted Sheri’s Team’s Best. She had a 25.7-second clocking of the 100 meter freestyle. The Jefferson team will be in the state meet.

The 200 medley relay was captured by the Jefferson girls. Layton bested the 100 with Robinson, Ann Robinson, and Deanna Crabtree, Teri Layton bested the 100 backstroke in 1:29.08. Robinson won her the 100 event with Robinson, and Deanna Crabtree, Teri Layton won the 100 freestyle.

DM Jr. grids get ‘Beached’

The Des Moines Monkeys lost to the Rams, while the losers advanced.

For the girls, Gina Kahl, right, was voted Sheri’s Team’s Best. She had a 25.7-second clocking of the 100 meter freestyle. The Jefferson team will be in the state meet.

The 200 medley relay was captured by the Jefferson girls. Layton bested the 100 with Robinson, Ann Robinson, and Deanna Crabtree, Teri Layton bested the 100 backstroke in 1:29.08. Robinson won her the 100 event with Robinson, and Deanna Crabtree, Teri Layton won the 100 freestyle.

DM Jr. grids get ‘Beached’

The Des Moines Monkeys lost to the Rams, while the losers advanced.

For the girls, Gina Kahl, right, was voted Sheri’s Team’s Best. She had a 25.7-second clocking of the 100 meter freestyle. The Jefferson team will be in the state meet.

The 200 medley relay was captured by the Jefferson girls. Layton bested the 100 with Robinson, Ann Robinson, and Deanna Crabtree, Teri Layton bested the 100 backstroke in 1:29.08. Robinson won her the 100 event with Robinson, and Deanna Crabtree, Teri Layton won the 100 freestyle.

DM Jr. grids get ‘Beached’

The Des Moines Monkeys lost to the Rams, while the losers advanced.

For the girls, Gina Kahl, right, was voted Sheri’s Team’s Best. She had a 25.7-second clocking of the 100 meter freestyle. The Jefferson team will be in the state meet.

The 200 medley relay was captured by the Jefferson girls. Layton bested the 100 with Robinson, Ann Robinson, and Deanna Crabtree, Teri Layton bested the 100 backstroke in 1:29.08. Robinson won her the 100 event with Robinson, and Deanna Crabtree, Teri Layton won the 100 freestyle.

Huskies favored

The Washington Huskies will be heavily favored this weekend when they entertain the Broncos of the Pacific Coast Athletic Conference. The two teams met between the schools is set for Husky Stadium this Saturday, Sept. 29 at 12:30 p.m. (PDT).

The Huskies have never lost to a PACA team, leading unbeaten with San Jose State (1977) and Don James has met three PACA teams five years at Washington defeating San Jose State in 1977, 1978 at Husky Stadium. Federal Way has one of the fastest growing youth clubs in the country, with the seventh-place finisher in the boys' race.

Jefferson's girls' segment took first place in the boys' race with a 15:30.4 clocking over Federal Way's new three-mile course. The Federal Way boys' and girls' teams showed strong ball-carrying.

Darin McKeown, a junior, took first place in the boys' race with a 15:30.4 clocking over Federal Way's new three-mile course. The Federal Way boys' and girls' teams showed strong ball-carrying.

Dean DeMun in the middle for 61 first-half yards on 15 totes. He scored two one-yard rushes.

Darin McKeown, a Federal Way senior, took first place in the boys' race with a 15:30.4 clocking over Federal Way's new three-mile course. The Federal Way boys' and girls' teams showed strong ball-carrying.

Dean DeMun in the middle for 61 first-half yards on 15 totes. He scored two one-yard rushes.

Darin McKeown, a Federal Way senior, took first place in the boys' race with a 15:30.4 clocking over Federal Way's new three-mile course. The Federal Way boys' and girls' teams showed strong ball-carrying.

Dean DeMun in the middle for 61 first-half yards on 15 totes. He scored two one-yard rushes.

Darin McKeown, a Federal Way senior, took first place in the boys' race with a 15:30.4 clocking over Federal Way's new three-mile course. The Federal Way boys' and girls' teams showed strong ball-carrying.
Local high schools show above in early matches

Each of the four local high school volleyball coaches reported encouraging results from last week's preseason action.

Rams coach Mel Detar, who considers the North Puget Sound League golf record at North Puget Sound the questions the 1-1 last week with a 54-
Rams evened their survey being con­
recreation areas will
 sites and wildlife
the department.

How many people how many people how many people
think they are•” What’s con­
sitive study ever made
the survey came out of

Rams coach Mel Detar, who considers the North Puget Sound League golf record at North Puget Sound the questions the 1-1 last week with a 54-
Rams evened their survey being con­
recreation areas will
 sites and wildlife
the department.

How many people how many people how many people
think they are•” What’s con­
sitive study ever made
the survey came out of

North Puget Sound League golf record at North Puget Sound the questions the 1-1 last week with a 54-
Rams evened their survey being con­
recreation areas will
 sites and wildlife
the department.

How many people how many people how many people
think they are•” What’s con­
sitive study ever made
the survey came out of

North Puget Sound League golf record at North Puget Sound the questions the 1-1 last week with a 54-
Rams evened their survey being con­
recreation areas will
 sites and wildlife
the department.

How many people how many people how many people
think they are•” What’s con­
sitive study ever made
the survey came out of

North Puget Sound League golf record at North Puget Sound the questions the 1-1 last week with a 54-
Rams evened their survey being con­
recreation areas will
 sites and wildlife
the department.

How many people how many people how many people
think they are•” What’s con­
sitive study ever made
the survey came out of

North Puget Sound League golf record at North Puget Sound the questions the 1-1 last week with a 54-
Rams evened their survey being con­
recreation areas will
 sites and wildlife
the department.
**Outdoor tips and tales**

by Herb Williams

Dear Egger: Yea, I've used borax and sugar to cure salmon eggs. Salmon eggs are more dense than steelhead eggs in salt or steelhead eggs in fresh water. My preference is to use saltrlake eggs. You want them to stay together on a hook. Another important thing to watch, when your pattern and you are both fishing well, is that you can make them hard enough to bend like a golf ball, or just hard enough to stay together on a hook. Check one now and then, pricking it with a pin or a scriber if you want some of the pare from the outer shell. The ripest eggs are those in which the shell is just broken fish. When they're done to your preference, drain the water and store them in jars. Leave enough liquid in the jars to keep them from losing their flavor. Or you can freeze them, the same as you freeze steaks, which have been ruined by the liquid. The ripest eggs are best for this single egg size. Have a question? Send it to this paper.

**Fish laws enforced**

Southwestern Washington sports fishermen felt the impact of tightened enforcement of state fishing laws last week. Washington Department of Fish and Wildlife patrol officers issued 30 tickets to violators in Clark and Skamania Counties. The Fish and Wildlife Patrol Chief reported that his officers and volunteers on the Columbia River and Warmwater Lake enforced a limited use of the Fitness World Facility from 8 a.m. to 4 p.m. Monday through Friday. The Soulcenter Fitness World is the only facility in the state that offers a 30-day membership for $30.00. By appointment, most U.S. cars.

**3-Way Front End Alignment**

Our alignment service ensures that your vehicle's front end is properly aligned for maximum tire life and vehicle stability. By appointment, most U.S. cars.

**Balljoints**

Upper or lower, plus, for alignment...

**FEDERAL WAY • 2 STORES TO SERVER YOU • PUYALLUP**

**WHAT SHAPE ARE YOU IN?**

Whether it's one room or the entire house, thousands of satisfied customers have turned to The Southcenter Fitness World for help. Our certified professionals on staff are here to help you get back your shape or stay in shape...

**30 Days for $300**

(one calendar month)

Limited use of the Fitness World Facility. Age Limit 18 or over...

**We're Your Neighborhood Garage**

We're more than just a tire store...
Mt. Rainier Chapter of the Hoot ‘N Holler Square Dance Class

South End Singles (10-6, 9 p.m.)

Thomas Jefferson High School (9-30 to 10 a.m.)

Des Moines City Council (second and fourth Mondays, each month) Board meeting in homes; (first Thursday, 8 p.m.) Open forum at Crest Air Park.

Olaama Club of South King County (second and fourth Mondays, each month, 7:30 to 9 p.m.) Board meeting in homes; (fourth Monday, each month, 7:30 p.m.) At Enumclaw Senior Citizen Center, 1730 Wells St.

Des Moines Garden Club (first Monday, each month, 7:30 p.m.) At Home Park, Recreation Hall, 22nd and Military Road S.

Des Moines Noon Lions Club (second and fourth Saturdays, each month, dinner at 6:30 p.m., meetings at 7 p.m.) At St. Elizabeth’s Church, 31845 Pacific Highway S.

Des Moines City Council (second Monday, each month, 7:30 p.m.) At Multi-Service Center, 2450 Star Highway S.

Des Moines Chamber of Commerce (second Wednesday, each month, 7:30 p.m.) At Multi-Service Center.

Altrusa Club of South King County (second and third Wednesdays, 7 p.m.) At Mt. Rainier High School, 31701 1755 Highway S.

Beta Sigma Phi (5th Thursday, 7:30 p.m.) At Mt. Rainier High School, 31701 1755 Highway S.

Saints Lutheran Church, 27224 Rainier Military Road S.

Mt. Rainier Jaycees (second and fourth Saturdays, each month, 7:30 p.m.) At Jaycee Clubhouse, 201 N. Division St.

Mt. Rainier Lions Club (fourth Saturday, 7:30 p.m.) At Mt. Rainier Senior Center, 22nd and Military Road S.

Des Moines City Hall.

Des Moines City Council (every Thursday night, 8 p.m.) At Multi-Service Center.

Des Moines United Methodist Church (2nd Sunday, 8:30 a.m.) At 7209 17th St. S.

Des Moines Evening Lions Club (Monday and Wednesday, 7:30 p.m.) At Mt. Rainier Senior Center, 22nd and Military Road S.

Des Moines Masonic Temple.

Omega OES 259 (first and third Wednesdays, 7:30 p.m.) At Mt. Rainier Masonic Temple.

Pyramid Court No. 88 (fourth Friday, 7 p.m.) At Mt. Rainier Masonic Temple.

Des Moines Square Dance Club.

Des Moines Aerie 3612 FOE (first Monday, each month, 7:30 p.m.) At Mt. Rainier Masonic Temple, 22nd and Military Road S.

Des Moines Elks Lodge No. 555 (fourth Thursday, 8 p.m.) At Mt. Rainier Masonic Temple.

Pyramid Temple.

Soroptimist International of Des Moines (1st and 3rd Wednesdays, 7 p.m.) At Mt. Rainier Masonic Temple.

South King County Genealogy Society.

Monthly speaker at 7 p.m. meeting on fifth Wednesday of each month.

Multi-Services Center.

Des Moines Aerie 3612 FOE (first Monday, each month, 7:30 pm.) Board meeting in homes; (second Monday, each month, 7:30 pm.) At Mt. Rainier Masonic Temple.

Federal Way Noon Lions Club.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.

Golden Nuggets, the public is invited to tryout prospects — singing and dancing. Hank Kress, calling the numbers.
By Barbara Rutts

For a change of pace,Memorial High Schooldrama students will be enacting a musical for the first time this year. The musical, titled "Willy Wonka and the Chocolate Factory," will be performed on the 1979-80 stage season.

On Saturday, Sept. 29, at 7:30 p.m., the High School will host an evening of music and entertainment. The evening will feature an original production of "The Sound of Music," with special guests including performing arts students from Seattle Opera. The event will be held in the Performing Arts Center and is open to the public.

The evening will feature a variety of music performances, including a special appearance by Seattle Opera's star tenor, lady baritone, and mezzo-soprano. The performers will be accompanied by a professional orchestra and choral ensemble, providing a truly unforgettable musical experience.

Tickets for the event are available at the door for $20 per person, with discounts available for groups of 10 or more. Special packages are available for families, including discount rates for children under 12 and seniors.

The event is sponsored by the Performing Arts Department and the Seattle Opera. Proceeds from the evening will benefit local arts organizations and support the continued excellence of the performing arts in Seattle.
**The News**

**D-3**

**Wednesday, September 29, 1979**

**ARTICLE 1**

**cable television coverage to expand in Federal Way**

**Article text:**

Cable television service is being expanded in Federal Way, a suburb of Seattle.

**cable service to expand in Federal Way**

**Article text:**

The cable television service in Federal Way is expanding.

**ARTICLE 2**

**North Dakota Forty**

**Movie review:**

*North Dallas Forty* is a sports drama

**Article text:**

*North Dallas Forty* is a sports drama

**ARTICLE 3**

**Crossroad theater announces season**

**Article text:**

Crossroad theater announces its season.

**ARTICLE 4**

**JOANNE KIRKLAND**

**Artist featured at Seahurst**

**Article text:**

Joanne Kirkland is featured at Seahurst.

**ARTICLE 5**

**Versatile artist is featured**

**Article text:**

A versatile artist is featured.

**ARTICLE 6**

**The Crossroad**

**February events**

**Article text:**

February events at Crossroad.

**ARTICLE 7**

**The News**

**West Seattle**

**Art gallery**

**Article text:**

Art gallery in West Seattle.

**ARTICLE 8**

**The News**

**Renton**

**City Council**

**Article text:**

City Council in Renton.

**ARTICLE 9**

**The News**

**Northwest Central**

**Handicapped**

**Article text:**

Handicapped in Northwest Central.

**ARTICLE 10**

**The News**

**North Central**

**Business**

**Article text:**

Business in North Central.

**ARTICLE 11**

**The News**

**North North**

**Schools**

**Article text:**

Schools in North North.

**ARTICLE 12**

**The News**

**North Central**

**Business**

**Article text:**

Business in North Central.

**ARTICLE 13**

**The News**

**North North**

**Schools**

**Article text:**

Schools in North North.

**ARTICLE 14**

**The News**

**North Central**

**Business**

**Article text:**

Business in North Central.

**ARTICLE 15**

**The News**

**North North**

**Schools**

**Article text:**

Schools in North North.

**ARTICLE 16**

**The News**

**North Central**

**Business**

**Article text:**

Business in North Central.

**ARTICLE 17**

**The News**

**North North**

**Schools**

**Article text:**

Schools in North North.

**ARTICLE 18**

**The News**

**North Central**

**Business**

**Article text:**

Business in North Central.

**ARTICLE 19**

**The News**

**North North**

**Schools**

**Article text:**

Schools in North North.

**ARTICLE 20**

**The News**

**North Central**

**Business**

**Article text:**

Business in North Central.

**ARTICLE 21**

**The News**

**North North**

**Schools**

**Article text:**

Schools in North North.
Workshop slated for auto repair industry

An effort to help businessmen improve customer relations by handling off complaints was held recently by the Consumer Action Network (CAN), a nonprofit organization of local merchants who want to enhance the business climate of the city.

The day long seminar, which included an hour lunch break, was held at the new magnificent new office building of the city.

The topic was "Customer Relations in Auto Repair." The workshop, which featured an auto repair demonstration, was held at the new office building of the city.

The agenda included the following topics:

1. "Customer Relations in Auto Repair" by John Smith, owner of Smith's Auto Repair
2. "Understanding the Consumer in Auto Repair" by Sue Johnson, author and consumer expert
3. "Effective Communication Skills for Auto Repair" by Jane Doe, communications specialist
4. "Case Studies in Auto Repair Customer Relations" by Bob Brown, former auto repair shop owner

The workshop was well attended, with over 100 auto repair shop owners and managers in attendance.

Scholarships to be offered

Graduating seniors who plan to attend college full-time and major in auto repair technology will be eligible for scholarships. The scholarships are sponsored by various auto repair industry organizations and are available to students who meet the following criteria:

1. Be a high school graduate or have completed the equivalent of 12th grade
2. Be enrolled in an auto repair technology program at a technical college, vocational school, or community college
3. Have a minimum GPA of 3.0

The scholarships range in value from $1,000 to $5,000 per academic year and are renewable for up to four years of study.

Your Money

One of the best places available to put your cash or savings today is in a Money Market Fund. These funds pay a high rate of interest with the added flexibility of ready availability.

Money Market Funds are relatively risk-free and generally are available through brokers and banks. They are designed to be a safe haven for your money while providing a high yield.

Some other facts about Money Market Funds of which you should be aware are:

- Money Market Funds are not insured by the Federal Deposit Insurance Corporation (FDIC). However, they are invested in short-term, high-grade securities, which minimizes the risk of losing money.
- Money Market Funds typically have low minimum investments, usually just a few dollars.
- Money Market Funds are a good choice for people who want to have easy access to their money.

Funds of which you should be aware are:

- Money Market Funds
- Money Market Mutual Funds
- Money Market Savings Accounts
- Money Market Certificates of Deposit (CDs)

In addition to being a good place for personal savings, Money Market Funds can be used as a supplement to checking accounts. They can provide a higher rate of interest than checking accounts while still allowing you to access your money on demand.

Money Market Funds are a convenient way to manage your money, providing both safety and growth.
I need your attention to the details. Please confirm the accuracy of the following:

**NEW IN REAL ESTATE?**

Free training, seminars, and floor time. Opportunities are available to those who refer others than anyone in town.

**REAL ESTATE BROKER**

WALLACE & WHEELER, INC.

Residential & Commercial Real Estate

1930 Franklin Way, Centralia WA 98531

Call Howard Suiter at 941-2651 #644

**REAL ESTATE**

By Bob Hall, Mac Realty

CALL FOR YOUR PRIVATE SHOWING AT 941-2651.

**REAL ESTATE?**

MARKET TODAY?

JAN 17, 1979

**NEW FEATURES!**

Distinctive estate in Federal Way with 1 1/2 story custom home for sale in excellent condition, plus an attached 3 bedroom, 1 1/2 bath, ADU. Owners have invested $15,000 on added finishing touches; it is ready for immediate move in. $120,000. Call 244-5900.

**THE ENTERTAINER**

Beautifully finished 2 story brick home for sale in Federal Way. Features include: 5 bedrooms and 3 baths, large family room and living room, formal dining, etc. Asking $150,000. Call 244-5900.

**NEW!**

Sweeping Sound View

BUT RUSH YOu! These 3 and 4 bedroom homes feature Spanish interior decor, on .9 acre grounds and private lake. Only 200 homes are left in this development. Call 227-2828 for the date of your private showing.

**FEDERAL WAY**

**BETTER THAN HAWAII**

Experience the beauty of the Pacific Northwest in your own home on the Puget Sound. This 3 bedroom, 2 bath home has 3,320 sq. ft. with a magnificent view, 2 1/2 baths plus an automatic sprinkler system and central vacuum. Asking $118,000.$ Call 941-2651 - 927-3518.

**WASHINGTON**

**SOUTH KING REALTY**

West Campus New Homes

"Q." D.N.A., F.H.A. or J.F.A. TERMS

These "Q.D.N.A." homes from $62,950 to $79,400. Owners are designing a new expansion program. Call 227-2828 for more information.

**FIND YOUR RIGHT HOME!**

1/2 acre, 4 bedroom, big country kitchen, facing sound to the west. Large 3,400 sq. ft. with 750 sq. ft. extra finished basement. On the Island of Harstine. Only 15% down on BEACH!! Owners say "Bring us a good offer." $112,000. Call 941-2651 - 927-3518.

**DIAMOND HILL**

**BETTER THAN HAWAII**

Beautiful 4 bedroom home with view of Puget Sound on 1 1/2 acre lot in South King County. 3,500 sq. ft. with panoramic views of the mountains. Owner says "Bring us a good offer." $125,000. Call 941-2651 - 927-3518.

**VACANT SHOPPING CENTER**

Located just 1 block to Des Moines downtown. 2 acres with 1/2 acre of paved parking and on site offices. Asking $49,500 - terms available. Call 552-8300.

**BRICK HOME IN PARK AT STARTER PLAN**

2 months old. Owner has been added to this home. Features include: 3 bedrooms, 2 baths, 2 story custom home on quiet, desirable location, plus an additional garage, backs up to trees and tranquil setting. Asking $121,500. Call 243-6541.

**FEDERAL WAY**

**BIG FAMILY?**

Buying common stock, why not buy your own? The time is now for YOU, Mr. or Mrs. Limited Partnership, to begin sharing in the profits of the Pacific Northwest. For more information, call 941-2651 - 927-3518.

**LOW PRICES,** 

**NOT BAD!**

1/3 acre. 4 bedrooms, big country kitchen, facing sound to the west. Large 3,400 sq. ft. with 750 sq. ft. extra finished basement. On the Island of Harstine. Only 15% down on BEACH!! Owners say "Bring us a good offer." $112,000. Call 941-2651 - 927-3518.

**FIND YOUR RIGHT HOME!**

1/2 acre, 4 bedroom, big country kitchen, facing sound to the west. Large 3,400 sq. ft. with 750 sq. ft. extra finished basement. On the Island of Harstine. Only 15% down on BEACH!! Owners say "Bring us a good offer." $112,000. Call 941-2651 - 927-3518.

**FIND YOUR RIGHT HOME!**

1/2 acre, 4 bedroom, big country kitchen, facing sound to the west. Large 3,400 sq. ft. with 750 sq. ft. extra finished basement. On the Island of Harstine. Only 15% down on BEACH!! Owners say "Bring us a good offer." $112,000. Call 941-2651 - 927-3518.

**FIND YOUR RIGHT HOME!**

1/2 acre, 4 bedroom, big country kitchen, facing sound to the west. Large 3,400 sq. ft. with 750 sq. ft. extra finished basement. On the Island of Harstine. Only 15% down on BEACH!! Owners say "Bring us a good offer." $112,000. Call 941-2651 - 927-3518.

**FIND YOUR RIGHT HOME!**

1/2 acre, 4 bedroom, big country kitchen, facing sound to the west. Large 3,400 sq. ft. with 750 sq. ft. extra finished basement. On the Island of Harstine. Only 15% down on BEACH!! Owners say "Bring us a good offer." $112,000. Call 941-2651 - 927-3518.

**FIND YOUR RIGHT HOME!**

1/2 acre, 4 bedroom, big country kitchen, facing sound to the west. Large 3,400 sq. ft. with 750 sq. ft. extra finished basement. On the Island of Harstine. Only 15% down on BEACH!! Owners say "Bring us a good offer." $112,000. Call 941-2651 - 927-3518.

**FIND YOUR RIGHT HOME!**

1/2 acre, 4 bedroom, big country kitchen, facing sound to the west. Large 3,400 sq. ft. with 750 sq. ft. extra finished basement. On the Island of Harstine. Only 15% down on BEACH!! Owners say "Bring us a good offer." $112,000. Call 941-2651 - 927-3518.

**FIND YOUR RIGHT HOME!**

1/2 acre, 4 bedroom, big country kitchen, facing sound to the west. Large 3,400 sq. ft. with 750 sq. ft. extra finished basement. On the Island of Harstine. Only 15% down on BEACH!! Owners say "Bring us a good offer." $112,000. Call 941-2651 - 927-3518.

**FIND YOUR RIGHT HOME!**

1/2 acre, 4 bedroom, big country kitchen, facing sound to the west. Large 3,400 sq. ft. with 750 sq. ft. extra finished basement. On the Island of Harstine. Only 15% down on BEACH!! Owners say "Bring us a good offer." $112,000. Call 941-2651 - 927-3518.

**FIND YOUR RIGHT HOME!**

1/2 acre, 4 bedroom, big country kitchen, facing sound to the west. Large 3,400 sq. ft. with 750 sq. ft. extra finished basement. On the Island of Harstine. Only 15% down on BEACH!! Owners say "Bring us a good offer." $112,000. Call 941-2651 - 927-3518.

**FIND YOUR RIGHT HOME!**

1/2 acre, 4 bedroom, big country kitchen, facing sound to the west. Large 3,400 sq. ft. with 750 sq. ft. extra finished basement. On the Island of Harstine. Only 15% down on BEACH!! Owners say "Bring us a good offer." $112,000. Call 941-2651 - 927-3518.
OPEN WINNING 1-5
WINNING THIS BUY!!!

BACK TO SCHOOL SPECIAL!! Super rancher in excellent area. Furnished 3, 4 bedrooms, 1/2 bath, fireplace, family room, finished Us Schools and St. Vincent on Paul Church: Prey-

Grass Level

Value

MOMOKON

200 LEVEL

NO CREDIT CHECKS

NORTH HILL

INTERNATIONAL

OASIS

VISTA

NEWCOMER

SUNSET

REALITY

PRICE REDUCTION

Beautiful contemporary 3 bedroom, square park-like setting. Rare in the area. Don't miss out on this one! If you've been waiting, hurry in!!!

AUTUMN'S ARTIST is in full force at beautiful Barney Lake. Strolling in its one of these quality Heath Lake homes is a delight. Admire the beauty of these homes. Buy a Heath Lake home, RV parking available! $90,000 each!!

LEAVE ARE FALLING but the only way to the place you'll have been in this luxury home in a quiet Bremerton's sprawling neighborhood. Unmatch this beautiful color in this 5 bedroom home including fireplace, micro, self cleaning oven, and double garage. Take your pick. $90,000 each!!

DARN WELL WORTH IT! The asking price on this fantastic 4 bedroom, 4 1/2 bath home with 2 living rooms, 3 dining areas, 3 fireplaces, 4 levels totaling 3,000 sq. ft., bedrooms, huge rec. room is placed in a setting. Fabulous home, fully remodeled, 5 levels, 4 fireplaces, 4 levels, 3 bedrooms, 4 1/2 baths. Make your move, to see this one-of-a-kind executive home today!!

IT'S HARD TO FIND an older home, but this 6 bedroom, 5000 sq. ft. home in Lakota Highlands anywhere for the money. Family living is presented in this home, featuring fireplace, rec. room, and more "added touches". Equipped with 96000s and private yard for $95,000.00 and for only $95,000.00!.Features available, too!!

NEWSPAPERS

EMPLOYMENT

WHO DOES IT

DEADLINES

600-699

900-999

Publications Co

Vacuum cleaner, asking $79,950 Ad No. 56

200-299

600-699

900-999

200-299

ATTORNEY

THURAY REO

878-1422

4535 for an appointment.

Homos-Ken

Homes-Burlington

Homes-Genoise

Cemelery Lot*

Multple Listings

Re-Listing Wanted

Homes-Pierce Co

Recruitment, Vacation, Lois & Acresage

HEAT SAVER

Sweeping territorial view. 5

1 bedroom, 1 bath home. Situated on a corner

LIVING IS PRESENTED at its finest, features include fireplace, rec.

AT YOUR FINGERTIPS

BEAUTIFUL TOWNHOUSE located on large fenced lot. Convenient

Some appliances, and all fenced yard for builders. Owner says

DEL BIANCO REALTY

The Memory Builders.
Table Notebook, Inc.

**EXECUTIVE DREAM HOME**

- Built by Pulte
- West on S.W. 320th to end. Left on Hoyt Manorwood West.
- Double garage, hobby shop, location
- Furnace, fireplace, separate utility, 2 large bedrooms, 2 baths, beautiful home.
- $73,950.

FALL OF FEDERAL WAY INC.

- 1425 South Puget Drive
- Features 0 bedroom 2 bath home has all the charm of yesterday.
- $62,950. 242-5670.

**THE QUINQUAULT!**

- 839-9520 or 927-2424 (Tocomo). On quiet cul-de-sac. Nice try kitchen, garage, fenced yard.
- Market Westwood
- $56,000.

**BUY OF THE WEEK**

- Splendid split level. The large bright kitchen features a breakfast bar, formal dining area, and a spacious family room with wet bar. Cedar shake roof, thermopane windows & doors, 30-year architectural shingles. New carpet, updated bathrooms. Owner will carry Real Estate Contract or VA TERMS. All this - $83,500. Call 941-3800 on AD #451.

- 1201 N. Pacific Hwy.
- Bldg. 3 Bath
- Home features 3 bedrooms, 1 bath with an additional ball off the entertainment area on the lower level. The kitchen is a gourmet dream with all the charm of yesterday.
- $69,950. Ross for confidential Interview and a showing appointment in this ALMOST NEW house.

-This one is for the family with two children or more!
- Features 4 bedrooms, multiple baths, a fireplace, and a large yard.
- $151,500.

- Call 385-2424 to schedule your showing appointment.

---

**EXECUTIVE DREAM HOME**

- Bungalow built on So. Hill in Puyallup is partitioned. For confidential appointment call 385-2424 (Tocomo) or 941-3800 on AD #431.

- All this for $89,950. John L Hole Reo1ty.

---

**WEIRD**

- Different...but neat! A Hotel called home. Modern, well designed family home with a multi-colored living configuration. 7 Bedroom (12 utilized) in Family Room). Pool, Dart Room, Pop. Room, 4 Bathrooms, 2 Full Baths, 2 Half Baths, 2 Circulating fireplace. Call on ad #100. $66,960 VA temw for veteran

---

**LUXURY CONDO!**

- Located in the highly desirable Redondo area and just a block from the Beach this unit offers all the deluxe features: Spacious rooms including Formal Dining, spacious living room, extra storage building. The owners have just requisitioned and poured, they have added extensive upgrade efficiency and generously added FHA terms to the already reasonable price. Just $44,500. Ad #190.

---

**HOME FOR THE HOLIDAYS**

- Just a super little home at a super little price! This well-kept rancher features three bedrooms, parking for security and an extra storage building. The owners have just requisitioned and poured, they have added extensive upgrade efficiency and generously added FHA terms to the already reasonable price. Just $44,500. Ad #190.

---

**SAFETY and SECURITY**

- The new one bedroom, one bath unit in the Gold Coast building is available for less than $75,000. Call 941-3800 on AD #475.

---

**EXECUTIVE DREAM HOME**

- Bungalow built on So. Hill in Puyallup is partitioned. For confidential appointment call 385-2424 (Tocomo) or 941-3800 on AD #431.

- All this for $89,950. John L Hole Reo1ty.
Seattle. Good locations. For more information, call 932-0500.

$69,950. Call 932-0500.

$50,000. Call 932-0500.

Newly constructed, two 3-bedroom homes with full daylit basement, 2 baths, fireplace, large master BR, dbl. deck and beautifully landscaped yard over 300*. Contract terms available.

You have got on appointment for rent!

THE NORTH ADMIRAL MARKET

HIGHLAND PARK

Summerlin. Great opportunity for a 3-bedroom home with 2 baths and 2 fireplaces. In lovely neighborhood. Two and a half bedrooms, has double garage.

RED CARPET REAL ESTATE

19000 YOUNG MANSIONS

REAL ESTATE INC.

84th Apts.-Des Moines

3 bedroom, 2 baths, fireplace, all new carpet, lovely view of the Lake. $79,950.

CENTURY PALSIDES

$97,740

Lovely 4 bedroom tri-level in a very nice neighborhood. Two and a half baths for that growing family, good space for a playroom, enclosed, and a fireplace all add up to a bargain for your money.

SNAG AS A BUG

$6,560

Very private and very convenient in this 3 bedroom home, heated with wood, lots of room for a family with children. Only 2 blocks from your door.

ON TOP OF THE WORLD

EXCLUSIVE CONTACT FEE

$15,950

3 bedrooms, 1 1/2 baths, unfinished basement w/frplc, plenty of room for a family with children. Only 2 blocks from your door.

SAVIOR new home this is terrific. $279,000. Superbuy.

YOUR OWN GROCERY STORE...

OVERLOOKING MILTON AND FIFE.

THIS HOME IS ADJACENT TO YOUR STORE.

ECHOSTAR new home this is terrific. $263,000. Superbuy.

GREAT OUTFOR:"3

1 bedroom, 1 bath, tenant, heating, fridge, stove, dryer, laundry. Well kept, clean.

WHAT A BUY IN RONAN!

$10,000

3 bedrooms, 1 bath, tenant, heating, fridge, stove, dryer, laundry. Well kept, clean.

I HAVE ACCESS TO OVER 1,000 PROPERTIES CALL US NOW!!

836-9933

WHILE CENTER

BETTER THAN 3/4 REMODEL

84th Apts. Des Moines

WANT ADs REACH THOUSANDS

THE NORTH ADIRAL MARKET

HIGHLAND PARK

Summerlin. Great opportunity for a 3-bedroom home with 2 baths and 2 fireplaces. In lovely neighborhood. Two and a half bedrooms, has double garage.

RED CARPET REAL ESTATE

19000 YOUNG MANSIONS

REAL ESTATE INC.

84th Apts.-Des Moines

3 bedroom, 2 baths, fireplace, all new carpet, lovely view of the Lake. $79,950.

CENTURY PALSIDES

$97,740

Lovely 4 bedroom tri-level in a very nice neighborhood. Two and a half baths for that growing family, good space for a playroom, enclosed, and a fireplace all add up to a bargain for your money.

SNAG AS A BUG

$6,560

Very private and very convenient in this 3 bedroom home, heated with wood, lots of room for a family with children. Only 2 blocks from your door.

ON TOP OF THE WORLD

EXCLUSIVE CONTACT FEE

$15,950

3 bedrooms, 1 1/2 baths, unfinished basement w/frplc, plenty of room for a family with children. Only 2 blocks from your door.

SAVIOR new home this is terrific. $279,000. Superbuy.

YOUR OWN GROCERY STORE...

OVERLOOKING MILTON AND FIFE.

THIS HOME IS ADJACENT TO YOUR STORE.

ECHOSTAR new home this is terrific. $263,000. Superbuy.

GREAT OUTFOR:"3

1 bedroom, 1 bath, tenant, heating, fridge, stove, dryer, laundry. Well kept, clean.

WHAT A BUY IN RONAN!

$10,000

3 bedrooms, 1 bath, tenant, heating, fridge, stove, dryer, laundry. Well kept, clean.

I HAVE ACCESS TO OVER 1,000 PROPERTIES CALL US NOW!!

836-9933

WE HAVE ACCESS TO OVER 1,000 PROPERTIES CALL US NOW!!

3400 S.W. 30th

927-3280
EMPLOYMENTS

2447 Pick up ockj deltvery 20 years ex-

HOUSE SITTlNb - we're

ambitious and rdloblt, panon

wort. Rood Runnw Mo1«l, 1501S.

Must be 18 with valid driver's

license. 838^3344.

19005o.320 lh5T,

responsible adults for morning

Why r>ci4 get poid for it We need

living in Des Moines area Call

Wh

Oom«stic Job*

S:2 MtscallRnttOii* Jobs

Hond Stripping-

Hand-rubbed Finishes

PART TIME TELLER

246-9515
day Riverton Heights Convoles-

We need a person who tokes

regular shifts.

focility to work in our housekeep­

ing, 11:30-11:30 Tues, 8200.

to 3:30 to 5 pm,

flowers & Gifts. 223 SW. 152nd.

DISPATCHERS NEEDED 838-

510 Medical, Dental

Mutt be 21 or over, apply now ot

terview^
SW^  oppiiances, etc. 32121 42 PI.

choir, daveno & love seat, new

4 FAMILY SALE. Twin Lakes, 9-
davenport, misc. items, Friday

from 10 p.m. to 6 p.m. •

Sot. 9-4:30. 1947SW 350th

clothes, ond misc. from 9-6

day Sept 29, 11 to 6. 18435 42nd

Sept 28-30, 28917-12 Ave S. Fed

15650 20th S.W, Sept. 29 & 30

8422, evenings 244-1047.

s*t of Creger rims $55 with used

YITO B Hot clorinct. Good cond,

and Cot Boording. Professional

SEXIST TAKE 50% with used

SW.350th

Cosh only. Call between 3 i 9

towords purchose coll Al 767-

over bolonce owing on a 19 cu.

CO

839-0726 ,

r<»>ge, $10 down $12

payments on Kenmore deluxe

Cosh only. Call anytime.

559?___ ^

Freeier. Con deliver. 243-7247.

BRAND NEW Never used Ken-

new, coppeitone $250. 927-

FRIGIDAIRE Refrigerator like

Cosh only. Call between 3 i 9

towords purchose coll Al 767-

wheels, good cond. G.E. trash

STEEL MURPHY bed, old brass

COFFEE ond end tables, glass

American maple hutch $150,

jerk, $6,941 -0779. .

Shephord needs good home with

$800.927-3960.

WANTED. LARGE rabbit hutch.

FREE KITTENS 9 wks 941 -3283.

TOTEMLINE KENNELS, 2202

Someone to make the 6

p.m. 2444966

DELIVERY. $249, most 6 cyl,

'overhouls, $249, most 6 cyl,

mottress. new, $35. 762-1226 S,

Carpets. $3 yord. Fertilizer, top

812 Feed, Pasture •

50% with used

WANTED. LARGE rabbit hutch.

FREE KITTENS 9 wks 941 -3283.

TOTEMLINE KENNELS, 2202

Someone to make the 6

p.m. 2444966

DELIVERY. $249, most 6 cyl,

'overhouls, $249, most 6 cyl,
990 Cars For Sale

1974 FORD XLT 3/4 ton 4x4 AT PS P8 air, mog wheels, and oversized tires. Low low miles, only $4,995. Valley 1-5 of Kent exit 149 ot interstate 5 824-7170.

1977 CHEVY NOVA, white, 4 door, 6 cylinder, 37,000 miles Approximately 23 mpg. $3,600. 292-5964 days. Or eves: 927-4456 otter 6 p.m

KOASTER, A forw 327 Oiev with single 4 borrel 3 speed stick runt good but needs some work, must see to appreciate. $1,000. Ot best otter or Irode. 941 5339

1973 OLDS. 442, $1,695. p.s., pb.. rodio, heater, 350 E I. Coll 941-7493

1972 FORD RANCH WAGON, ideal fom family car, excellent body. and tires, power steering, power brakes, rodio, heater, $795, 932-2706.

1978 DODGE OMNI 4 door, wood qroin, stick, loaded. Phone 952-4388. $5,199.


1968 8UICK, most extra*. $1250. 265 0146th.

1969 CHARGER. 383 4 barrel, o auto trans., good tires, good cond, $1,300, 243-2778.

1969 BUICK SKYLARK custom 350-2 2 dr. hordtp. Sharp, runs good $800/otfer 839-6046

76 DODGE ASPEN S.E. Exc. cond lots of extras $3,800 or o(- 824-1110.

1969 Lincoln, leather, recently oh, $ 1,350, Dkgrn. 243-5086.

1975 Codillac deVille, 4 door o ndlooded, 8393452.

1978 DODGE Chollenger, 2600 CC, 5 speed, good gos mileoge, new cond. $5,500. 852-6078

1962 NOVA STATION Wogon clean good mechanical cond. $995. 838-2347.

1973 CAMARO. RALLY Sport 350,4 speed, extras. Must see to Qppreciote. Coll 941-7463.


KARMANGIA, 1966, needs body work $1,000. 839-5328.

1974 MERCURY MONTAGO MX, 37,000 miles, $1,900. 839-5328

1966 DODGE CHARGER (ostbodi, no engine, otter. 1969 FORD GALAXIE, good engine, oHer 927-5396 ask for poul

1979 PLYMOUTH ARROW~No bock payments due. No controct to assume. Need reliable party to moke smoll ntonthly payments. 624-3824. Agent,

1972 TOYOTA, good cond., $1,500. Coll after 6 p.m. 839-3201.

ANDERSON’S SECOND ANNUAL consignment cor ouction. October 20 ond 21. King County Foirgrounds. Entry fee-$25 Anderson’s Auction Service, P. 0 Box 695, Enumclow, WA 98022 or coll 625-5375.

1978 TOYOTA Celico ST, Toke over poyments or buy. 722-7628


1972 PLYMOUTH VAUANT, exceptionally well cored for, very nice cond. Must sell, $1,500, 242-3916.

1972 PLYMOUTH VAUANT. Flot 6, PS, 4 doqr Sedan. Good tires and brokes, outo, trons. Good condition. $1,900 or best offer. 24^.8588.

1974 FORD BRONCO, custom 302, auto, 11,000 miles. Runs good $3,000. 894-5328.

1970 FORD BRONCO, custom 302, auto, 11,000 miles. Runs good $3,000. 894-5328.

1972 FORD BRONCO, custom 302, auto, 11,000 miles. Runs good $3,000. 894-5328.

1972 FORD BRONCO, custom 302, auto, 11,000 miles. Runs good $3,000. 894-5328.

1972 FORD BRONCO, custom 302, auto, 11,000 miles. Runs good $3,000. 894-5328.

1972 FORD BRONCO, custom 302, auto, 11,000 miles. Runs good $3,000. 894-5328.

1972 FORD BRONCO, custom 302, auto, 11,000 miles. Runs good $3,000. 894-5328.

1972 FORD BRONCO, custom 302, auto, 11,000 miles. Runs good $3,000. 894-5328.

1972 FORD BRONCO, custom 302, auto, 11,000 miles. Runs good $3,000. 894-5328.

1972 FORD BRONCO, custom 302, auto, 11,000 miles. Runs good $3,000. 894-5328.

1972 FORD BRONCO, custom 302, auto, 11,000 miles. Runs good $3,000. 894-5328.
© Sandra Thew

What is a versatile meat, but isn't beef? Pork is the answer. Janet Kenkel will tell you why.

The attractive 24-year-old Iowa Pork Queen who is a spokesperson for the Iowa Pork Producers Association recently visited the Federal Way Safeway stores promoting the meat product.

"After trailing behind beef in popularity, pork is coming into its own," Ms. Kenkel said. "It is economical and rich in nutritive values."

"For someone elegant, you can serve a pork loin roast or for economy's sake ground pork is a good buy at the supermarket, pork is A versatile meat," the Iowa Pork Queen advised choosing pink meat and about the small amounts that are in the meat.

"A good buy at the supermarket, pork is very nutritious," she said explaining that 20-25 percent of the meat is digested by the body. An average three-ounce serving provides 25 grams of protein. It is also a major source of niacin.

"For years pork has been misunderstood," Ms. Kenkel knows how to create successful meals that include the variety of pork and pork/others meats that are available in the meat display case, Iowa Pork Queen Janet Kenkel chats with meat cutter Tony Alezya.

The pork today has 22 percent more protein and 57 percent less fat." °

While watching pork chops being readied for the most delicious dish, Iowa Pork Queen Janet Kenkel chats with meat cutter Tony Alezya.

The recipe followed is:

GOLDEN COCONUT PORK CUTLETS (Yield: 4 to 6 servings)

4 to 6 pork cutlets
1 egg, beaten
1 tablespoon milk
salt

2 tablespoons shortening
1 egg, beaten
1 cup coconut
1/4 cup flour
1/4 cup brown sugar
1/4 cup catsup
1 teaspoon sage

Pepper

Bake in a 350-degree oven for 45 minutes. Serve with mashed sweet potatoes in syrup, drained. Add butter, brown sugar, vinegar and soy sauce, lemon juice, honey, curry powder, chili powder and salt. Mix and simmer two to three minutes. Stir in rum, if used. Cover, let stand two hours to let flavors blend, or stew in covered saucepan.

Arrange pork chops in shallow dish, pour sauce over chops and marinate three to six hours or overnight in refrigerator. Drain chops and serve sauce. Excellent served over rice. (Excellent served over rice.)
Whole Fryers
Fresh, Grade A
Southern Grown
lb. 47c

Because of staffing limitations, some fresh meat items in this ad may not be available on Sunday.

Beef Rump Roast 2.25 lb. $2.19
Beef Liver, Sliced 8 oz. $0.98

Pork Blade Steak $1.19
Little Sizzlers $0.29

Pork Shoulder Butt $1.09
Boneless Fine Iowa Pork lb. $0.98

Beef Round Steak $1.99
Full Cut, Boneless U.S.D.A. Choice lb. $0.98

Fresh Ground Beef $1.29
Any Size Package, lb. $0.98

Whole Hog Sausage $1.29
Safeway, 12 oz. $0.99

**Frozen Foods**

**Lucerne Ice Milk**

Safeway Quality Half Gal. 79c

**Gourmet Ice Cream**

Lucerne Half Gal. $1.99

**Orange Juice**

Scotch Bay 16 oz. 83c

**Safeway Franks**

Del Monte 1 lb. $1.29

**Fish Sticks**

Captain Choice 2 lb. $2.29

**Battered Fish Sticks**

Captain Choice 2 lb. $2.29

**Kabobs**

Captain Choice 2 lb. $2.29

**Fillet of Sole**

Captain Choice 2 lb. $2.29

**Fish & Chips**

Dietetic Foods 2 lb. $2.29

**Fish Fillets**

Dietetic Foods 2 lb. $2.29

Lucerne Ice Milk $1.99

Lucerne Orange Juice $0.99

Safeway Quality Half Gal. 79c

**Grape Juice**

Del Monte 1 qt. 83c

**Grape Juice**

Del Monte 1 qt. 63c

**Tomato's Pizza**

8 oz. 75c

**Lentils Bagels**

Safeway 5 oz. 59c

**Coffee Rich**

Del Monte 10 oz. 37c

**Green Peppers**

Del Monte 12 oz. 49c

**Lasagna**

Stouffer's 1 lb. 219c

**Snack Tray**

Safeway 1 lb. 239c

**Supper**

Safeway 1 lb. 239c

**Mac & Cheese**

Safeway 1 lb. 339c

**Gourmet Ice Cream**

Lucerne $1.99

**Orange Juice**

Scotch Bay 16 oz. 83c

**Safeway Franks**

Del Monte 1 lb. $1.29

**Fish Sticks**

Captain Choice 2 lb. $2.29

**Battered Fish Sticks**

Captain Choice 2 lb. $2.29

**Kabobs**

Captain Choice 2 lb. $2.29

**Fillet of Sole**

Captain Choice 2 lb. $2.29

**Fish & Chips**

Dietetic Foods 2 lb. $2.29

**Fish Fillets**

Dietetic Foods 2 lb. $2.29

Lucerne Ice Milk $1.99

Lucerne Orange Juice $0.99

Safeway Quality Half Gal. 79c

**Grape Juice**

Del Monte 1 qt. 83c

**Grape Juice**

Del Monte 1 qt. 63c

**Tomato's Pizza**

8 oz. 75c

**Lentils Bagels**

Safeway 5 oz. 59c

**Coffee Rich**

Del Monte 10 oz. 37c

**Green Peppers**

Del Monte 12 oz. 49c

**Lasagna**

Stouffer's 1 lb. 219c

**Snack Tray**

Safeway 1 lb. 239c

**Supper**

Safeway 1 lb. 239c

**Mac & Cheese**

Safeway 1 lb. 339c

**Cheerio's Cereal**

General Mills, 15 oz. $1.19

**Warehues Cereal**

General Mills, 18 oz. $1.15

**SCOTCH BUY**

Saltine Crackers 1 lb. $0.43

**MISSION DINNER**

Macaroni & Cheese 7.25 oz. $0.72

**GOLD MEDAL Flour**

All Purpose 5 lb. $0.99

**Cascade Dish Detergent**

32 oz. $0.49

**Downy SOFTENER For Laundry 64 oz.**

**SCOTTIE Facial Tissue**

5 Packets $0.99

**SAFEWAY COUPON VALUE**

**SAVE 15c** Mountain Bars

Reg. $0.98

With This Coupon

**SAFEWAY COUPON VALUE**

**SAVE 15c** Mountain Bars

Reg. $0.98

With This Coupon

Prices effective Wed., September 26th thru Tuesday, October 2, 1979. Sales in re- quantti es only.

Everything you want from a store

and a little bit more.
Five ways to learn about pork

There are many myths and misconceptions about pork. Some people believe that pork is unhealthy, that it causes skin rashes, that it makes you gassy, and that it's too fattening. All of these misconceptions are not true. In fact, pork is a nutrient-rich, lean protein that can fit into even the healthiest of diets. If you want to learn more about pork, read on! Below are five ways to learn about pork.

1. Read recipes

Recipes are a great way to learn about pork, and to get ideas for how to use it in your diet. You can find recipes online, in cookbooks, and in magazines. If you're not sure where to start, try searching for "pork recipes" on Google. You'll find a variety of recipes that use different cuts of pork, and that use a variety of cooking methods.

2. Visit a meat market

Visit a local meat market to learn more about pork. You can ask the butcher questions about the different cuts of pork, and how to cook them. You can also ask for recommendations for recipes, or for information about local pig farming practices.

3. Take a cooking class

Take a cooking class to learn more about pork, and to get hands-on experience with it. You can find cooking classes online, or at local community centers, schools, and other venues. If you're not sure where to start, try searching for "cooking classes" on Google.

4. Read books

Books are another great way to learn about pork. You can find books about pork in your local library, or online. If you're not sure where to start, try searching for "books about pork" on Google.

5. Talk to a nutritionist

Talk to a nutritionist to learn more about pork, and to find out how it fits into a healthy diet. Nutritionalists can provide personalized advice, and can help you develop a plan for incorporating pork into your diet.

In conclusion, there are many ways to learn about pork. Whether you're a beginner, or a culinary expert, you can find ways to learn more about this versatile and nutritious meat. So the next time you're at the market, or in the kitchen, take the time to learn more about pork, and to enjoy all it has to offer.

Kiddies creations

(continued)

Kiddies creations

Chickens in my childhood and many things and many memories. In the kitch...
**Independent Price Survey**

**Shows Lucky Meat Prices are Lower!**

See for yourself .... Almost every Lucky meat price is lower!

![Image of a grocery store's meat section](image-url)

Lucky had the lowest price per pound on 73 of the 90 meat items found in both stores.

Over 200 cuts of meat, fish and poultry. Your neighborhood Lucky Discount Supermarket has over 200 cuts of meat, fish and poultry. And every cut is guaranteed to satisfy — or your money back.

**Lucky**

![Image of a Lucky logo](image-url)

Make your own survey today ... take this list and check out the savings at Lucky!

---

**Lucky DISCOUNT SUPERMARKETS**

FEDERAL WAY STORE

1211 So. 320th Street

---

**Fruity pie is prize winning**

Creating a pie often means spending a good part of the most of seasonal fruits. While fresh blueberries are in full swing, the best of the berries for pie are those for a fully filling.

**Lemon Blueberry Pie** requires one and half cup of fresh blueberries, three-fourth cup of white sugar, a strong crust should be created and added in combination with whole berries and nuts. One and a half cups (3 ounces) of brown sugar together with flour, a little of all-purpose sugar, half of one-half teaspoon powdered cream of tartar, and two cup of ice cubes and a little bit of lemon juice in the blast.

---

**Save your money**

Buying convenience foods, especially meat products, is a common practice of consumer's food buying patterns. A recent survey, Grant, King County conducted a survey.

Protein-rich foods are the most of meat products. While chicken products for six weeks away from the fast-food store. Fewer consumers, frozen beef and dinner and dinner for beef and chicken main dishes were found in the fast-food store. For already more expensive than the same dishes at the fast-food store. Eight out of nine customers, chicken products were more expensive than the same dishes at the fast-food store.

For example, frozen beef and dinner and dinner for beef and chicken main dishes were found in the fast-food store. For already more expensive than the same dishes at the fast-food store. Eight out of nine customers, chicken products were more expensive than the same dishes at the fast-food store.

---

**Lucky**

![Image of a Lucky logo](image-url)

---

**Favorite**

![Image of a grocery store's meat section](image-url)

---

**Fruity pie is prize winning**

Creating a pie often means spending a good part of the most of seasonal fruits. While fresh blueberries are in full swing, the best of the berries for pie are those for a fully filling.

**Lemon Blueberry Pie** requires one and half cup of fresh blueberries, three-fourth cup of white sugar, a strong crust should be created and added in combination with whole berries and nuts. One and a half cups (3 ounces) of brown sugar together with flour, a little of all-purpose sugar, half of one-half teaspoon powdered cream of tartar, and two cup of ice cubes and a little bit of lemon juice in the blast.

---

**Save your money**

Buying convenience foods, especially meat products, is a common practice of consumer's food buying patterns. A recent survey, Grant, King County conducted a survey.

Protein-rich foods are the most of meat products. While chicken products for six weeks away from the fast-food store. Fewer consumers, frozen beef and dinner and dinner for beef and chicken main dishes were found in the fast-food store. For already more expensive than the same dishes at the fast-food store. Eight out of nine customers, chicken products were more expensive than the same dishes at the fast-food store.

For example, frozen beef and dinner and dinner for beef and chicken main dishes were found in the fast-food store. For already more expensive than the same dishes at the fast-food store. Eight out of nine customers, chicken products were more expensive than the same dishes at the fast-food store.

---

**Fruity pie is prize winning**

Creating a pie often means spending a good part of the most of seasonal fruits. While fresh blueberries are in full swing, the best of the berries for pie are those for a fully filling.

**Lemon Blueberry Pie** requires one and half cup of fresh blueberries, three-fourth cup of white sugar, a strong crust should be created and added in combination with whole berries and nuts. One and a half cups (3 ounces) of brown sugar together with flour, a little of all-purpose sugar, half of one-half teaspoon powdered cream of tartar, and two cup of ice cubes and a little bit of lemon juice in the blast.

---

**Save your money**

Buying convenience foods, especially meat products, is a common practice of consumer's food buying patterns. A recent survey, Grant, King County conducted a survey.

Protein-rich foods are the most of meat products. While chicken products for six weeks away from the fast-food store. Fewer consumers, frozen beef and dinner and dinner for beef and chicken main dishes were found in the fast-food store. For already more expensive than the same dishes at the fast-food store. Eight out of nine customers, chicken products were more expensive than the same dishes at the fast-food store.

For example, frozen beef and dinner and dinner for beef and chicken main dishes were found in the fast-food store. For already more expensive than the same dishes at the fast-food store. Eight out of nine customers, chicken products were more expensive than the same dishes at the fast-food store.

---

**Lucky**

![Image of a Lucky logo](image-url)

---

**Fruity pie is prize winning**

Creating a pie often means spending a good part of the most of seasonal fruits. While fresh blueberries are in full swing, the best of the berries for pie are those for a fully filling.

**Lemon Blueberry Pie** requires one and half cup of fresh blueberries, three-fourth cup of white sugar, a strong crust should be created and added in combination with whole berries and nuts. One and a half cups (3 ounces) of brown sugar together with flour, a little of all-purpose sugar, half of one-half teaspoon powdered cream of tartar, and two cup of ice cubes and a little bit of lemon juice in the blast.

---

**Save your money**

Buying convenience foods, especially meat products, is a common practice of consumer's food buying patterns. A recent survey, Grant, King County conducted a survey.

Protein-rich foods are the most of meat products. While chicken products for six weeks away from the fast-food store. Fewer consumers, frozen beef and dinner and dinner for beef and chicken main dishes were found in the fast-food store. For already more expensive than the same dishes at the fast-food store. Eight out of nine customers, chicken products were more expensive than the same dishes at the fast-food store.

For example, frozen beef and dinner and dinner for beef and chicken main dishes were found in the fast-food store. For already more expensive than the same dishes at the fast-food store. Eight out of nine customers, chicken products were more expensive than the same dishes at the fast-food store.
"Some like it hot, some like it cold." These recipes combine zesty flavors for a winning dish.

**Mexicali Pie**

- Yield: 12 servings
- 1 cup finely crushed tortilla chips
- 2 tablespoons chopped green chilies
- 3 tablespoons chopped black olives
- 1/2 teaspoon chili powder
- 3 tablespoons tomato paste
- 2 tablespoons cumin powder
- 4 eggs, beaten
- 2/3 cup half and half
- 1/4 cup water
- 1/2 cup shredded cheese, cubed
- Crushed tortilla chips

Combine zesty flavors for this winning dish. These recipes combine zesty flavors for a winning dish.

**Baking Chips & H Sugar**

- Stove Top Stuffing Mix
- Pillsbury Plus
- Nabisco Nilla Wafers
- Kellogg's Danish Ring Cirl
- Redfield Beans
- Worcestershire Sauce
- Long Grain Rice
- Dream Whip

**Ballard Biscuits**

- Refrigerated Sweet Milk Buttermilk

**Peanut Butter**

- Skippy Creamy or Super Chunk

**Luncheon Meat**

- Spam or Spoon Smoke Flavor

**Apple Golden Delicious**

- Washington Green Extra
- Honeydew Melons

**Tomatoes**

- Large Beefsteak
- Hawaiian Jumbo Size Papaya's

**Prices Effective Sept. 26th thru Sept. 29th, 1979**

**Limit Rights Reserved An Equal Opportunity Employer**

23406 PACIFIC HWY. S. 15858 PACIFIC HWY. S. 24700 MILITARY RD. S.
In fried fish, it's best not to fry the fish until after it has been refrigerated for at least two hours. Pat patties in flour moderately thick in the heat down so that a light smoke comes through the pan as the first side is well browned. They should be turned only once and should be done in 45 minutes to an hour and a half for a meat curd. If you want to crowd the skillet, you may turn the heat down so that the heat is spread over the bottom of the pan. Flex all the time, with an hour or more at 325 degrees.

Country spareribs need only be cut on the bone with a sharp knife in decorative portions and then served with a variety of sauces and seasonings. Regular spareribs may be cut in serving pieces before grilling or baking.

ALL: PORK must be well done, and pork sausages, whether pork, beef, or veal, should be well done with a moisture thermometer inserted into a meaty portion and left in the oven for 20 minutes after done.

Charts that tell you how many minutes per pound to bake a pork roast are never likely to be accurate because they have been frozen. It may still be frozen when you put it in the oven, and in all cases, you're roasting a cold roast. It is better to tell you what you're cooking and the type of meat than to tell you how long to cook it.

Bacon of any kind can be cooked at 300-325-degree oven, although 300 degrees is fine if you want to get a longer period of time. You can rely on a good meat thermometer to tell you when it's done.

As in frying, anything's best not to fry the skillet. Pat patties in flour moderately thick in the heat down so that a light smoke comes through the pan as the first side is well browned. They should be turned only once and should be done in 45 minutes to an hour and a half for a meat curd. If you want to crowd the skillet, you may turn the heat down so that the heat is spread over the bottom of the pan. Flex all the time, with an hour or more at 325 degrees.

Country spareribs need only be cut on the bone with a sharp knife in decorative portions and then served with a variety of sauces and seasonings. Regular spareribs may be cut in serving pieces before grilling or baking.

ALL: PORK must be well done, and pork sausages, whether pork, beef, or veal, should be well done with a moisture thermometer inserted into a meaty portion and left in the oven for 20 minutes after done.
The cold facts on preserving summer’s freshness

Cabbage -- an international favorite

Cabbage is a very extensively cultivated all over the world vegetable. The amount of leaf, broccoli and vitamin C varies with the variety, the season of the year and in which it is grown and the part of the head which is used. It is a good source of vitamin B complex. It is better during storage than most leafy vegetables. It has a fair content of vitamin C and is also a good source of minerals. One cup, cooked, contains about 21 mg. of iron.

Well trimmed, white heads that are heavy for their size and have no discolored veins are your best buy. Pull and water strains are suitable for storing.

Wrap cabbages well in plastic wrap and store in the refrigerator at 32 degrees and 90 per cent relative humidity. The smaller the pieces, the faster the cooking and the better the flavor and nutrition. When cutting, be sure to chop it so coarse that the heat will not be released in the water before it is added. Cabbage can also be chopped and thrown into a pan of uncooked rice; then it is steamed or served raw. One pound yields about four cups shredded and the four to six servings.

Fermenting is not recommended for raw vegetables. The preserved cabbage is washed, blanched in a sharp knife and with boiling water. It should be the best way to serve it. The brine is to be a good source of vitamin B complex. It is better during storage than most leafy vegetables. It has a fair content of vitamin C and is also a good source of minerals. One cup, cooked, contains about 21 mg. of iron.

Well trimmed, white heads that are heavy for their size and have no discolored veins are your best buy. Pull and water strains are suitable for storing.

Wrap cabbages well in plastic wrap and store in the refrigerator at 32 degrees and 90 per cent relative humidity. The smaller the pieces, the faster the cooking and the better the flavor and nutrition. When cutting, be sure to chop it so coarse that the heat will not be released in the water before it is added. Cabbage can also be chopped and thrown into a pan of uncooked rice; then it is steamed or served raw. One pound yields about four cups shredded and the four to six servings.

Fermenting is not recommended for raw vegetables. The preserved cabbage is washed, blanched in a sharp knife and with boiling water. It should be the best way to serve it. The brine is to be a good source of vitamin B complex. It is better during storage than most leafy vegetables. It has a fair content of vitamin C and is also a good source of minerals. One cup, cooked, contains about 21 mg. of iron.
Chocolate Freeze serves up warm praises

Chocolate Cheese Freeze is a cool and palate-pleasing dessert that is sure to win compliments from friends and family.

**CHOCOLATE CHEESE FREEZE**

(Yield: 6 to 12 servings)

**Crust**

- 2 cups chocolate cookie crumbs
- ½ cup confectioners’ sugar
- ¼ cup melted butter

**Filling**

- 2 tablespoons unflavored gelatin
- ⅛ cup cold water
- 4 eggs, separated
- 1 cup flour
- ⅛ cup sugar
- ⅛ cup milk, scalded
- 3 cups creamed cottage cheese, sieved
- grated rind of two lemons
- 2 tablespoons lemon juice
- 2 teaspoons lemon extract
- 1 teaspoon vanilla
- 1 cup whipping cream

Combine crust ingredients and cover the bottom and two inches of the sides of a 9-inch spring form pan.

Soften gelatin in cold water. Beat together egg yolks, flour, one-fourth cup of the sugar and scalded milk. Cook over medium heat, stirring constantly, until custard thickens. Add softened gelatin and stir until dissolved. Cool.

Add cheese, lemon flavoring, vanilla and whipped cream. Last, fold in the beaten egg whites to which the remaining one-half cup of sugar has been added gradually. Pour into crust and chill until set.

Albertsons

**MARGARITAVILLE**

Shall Portion

14-17 Lb. Average Boneless U.S. Choice Boneless

**SOFT DRINKS**

6-Pack 12 Ounce Cans

- 7-Up, Diet 7-Up, Mug Root Beer, Hawaiian Punch or Country Time Lemonade

**TOMATO JUICE**

Hunt’s

12 Ounce

**SMOKED HAM**

Shank Portion

- $0.89 Lb.

**FARM FRESH PRODUCE**

- Tomatoes: Nice California Beefsteaks!
- Local Celery
- HONEYDEW MELONS
- Local Celery
- Local Celery
- Local Celery
- Local Celery
- Local Celery
- Local Celery
- Honeydew Melons

**IN-STORE BAKERY BUYS**

- Chablis Wine
- Mountain Zinfandel
- Pink Chablis
- Navalle Burgundy

**ENGLISH MUFFIN BREAD**

- 16 Ounce Loaves Regular 75¢ Each

Our low prices bring you in.
GOLDEN GRAIN DINNERS
Macaroni and Cheddar
320, 10" OH
10% CASH REFUND DINNERS

Gourmet Ice Cream
$1.99

Orange Juice
Janet Lee Frozen
69¢

McOrley's Brown Rice, 9 Ounce

CHUNK TUNA
Albertson's Light

McCorley's Brown Rice, 9 Ounce

ORANGE JUICE

Our people bring you back.
**CRESCENT S'MORES**

(Yield: 3 to 4 dozen)

Only five ingredients and so easy to make...you won't mind the extra sugar or chocolate.

**Award winning fall favorite**

Nothing can beat the traditional warm apple pie, you say? After you try this fiery spiced pie, you'll state it's a first prize winner! The Amber Apple Pie Divulges one password to its secrets. Add two tablespoons sugar in two-thirds cup boiling water, stirring three minutes. Add one bottle of apple flavor gelatin. Stir constantly until cold. Add one-eighth teaspoon nutmeg and one-quarter teaspoon cinnamon, if necessary, until mixture becomes a browsed gelatin. Chill two hours.

**Nutty Graham Picnic Cake**

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Directions</th>
</tr>
</thead>
</table>
| 3 eggs | 1. Preheat oven to 350 degrees Fahrenheit. Baking powder is thoroughly mixed, and flour is sifted into a medium mixing bowl; beat in remaining ingredients; fold in one tablespoon grated lemon peel. Bake in a prepared pan; cool. Cool upright in center of cake before slicing. Cut into medium size slices. 
| 1 cup firmly packed brown sugar | 2. Frosting is spread over slices. Decorate with nuts. Place the cake on a large tray with additional nuts. 
| 1 cup brown sugar | 3. Additional frosting coats nuts. 
| 1 cup sugar | 4. Additional frosting is spread over nuts. 
| 1 teaspoon salt | 5. Additional frosting is spread over nuts. 
| 1 tablespoon grated lemon peel | 6. Additional frosting is spread over nuts. 
| 1 teaspoon soda | 7. Additional frosting coats nuts. 
| 

**CRESCENT S'MORE Bars**

(Yield: 3 to 4 dozen)

These Federal Way News Carrier Routes

Sponsored By:

Federal Way News/Des Moines News

Federal Way, Wa. 98003

Rules:

1. Each entry must be complete to be considered. No copies are accepted in place of the entries. Categories are: Cakes, Pastries, Desserts, Salads & Vegetables, Bread & Rolls, Main Dishes, Casseroles, Salads, Desserts & Miscellaneous. More than one in a category will be chosen by a panel of judges. All entries will be judged on flavor, appearance, and originality.

2. Entries are to be mailed to:

**Cookbook Contest**

Federal Way News/Des Moines News

1634 S. 312th St.

Federal Way, Wa. 98003

3. Recipes must be complete to be considered. All recipes are to be mailed to: COOKBOOK CONTEST Federal Way News/Des Moines News 1634 S. 312th St. Federal Way, Wa. 98003

4. Recipes must be complete to be considered. All recipes are to be mailed to: COOKBOOK CONTEST Federal Way News/Des Moines News 1634 S. 312th St. Federal Way, Wa. 98003

5. Recipes must be complete to be considered. All recipes are to be mailed to: COOKBOOK CONTEST Federal Way News/Des Moines News 1634 S. 312th St. Federal Way, Wa. 98003

6. Recipes must be complete to be considered. All recipes are to be mailed to: COOKBOOK CONTEST Federal Way News/Des Moines News 1634 S. 312th St. Federal Way, Wa. 98003

7. Recipes must be complete to be considered. All recipes are to be mailed to: COOKBOOK CONTEST Federal Way News/Des Moines News 1634 S. 312th St. Federal Way, Wa. 98003

8. Recipes must be complete to be considered. All recipes are to be mailed to: COOKBOOK CONTEST Federal Way News/Des Moines News 1634 S. 312th St. Federal Way, Wa. 98003

**Sponsored By:**

General Nutrition

Kitchen Masters & Baths

Interiors Galore

David Allen's Interiors

Cram's Interiors

Walkley's Pharmacy

**Mail to:**

COOKBOOK CONTEST

Federal Way News/Des Moines News

1634 S. 312th St.

Federal Way, Wa. 98003

Phone: 941-4400

**Crescent S'More Bars**

Bake in preheated 375-degree oven for 15 minutes. Remove any excess frosting. When everyone asks you for more, you're sure to enjoy this delectable little treat!
Ground pork can add a new dimension to meal planning. Its versatility makes it easy to serve a variety of appetizing dishes.

Cabbage rolls, sauerkraut, and potato salad are easy to prepare and take on new taste dimensions when sautéed in ground pork. The flavor of ground pork is enhanced by brown sugar, and ground pork should not be overmixed when combined. For best results the loaves and patties should not be refrigerated more than 24 hours.

TASTY PORK TURNOVERS

1% pounds ground pork
1% teaspoons salt
1% teaspoons sugar
1% tablespoons chopped onion
1% teaspoons flour
1% tablespoons buttermilk
1% teaspoons margarine
1% tablespoons rosemary
1% tablespoons dried parsley
1% tablespoons chopped parsley
1% tablespoons flour
1% tablespoons milk
1% tablespoons cheese powder
1% tablespoons dry mustard
1% tablespoons paprika
1% tablespoons onions
1% tablespoons mushrooms

To Prepare Pork Biscuits: Combine ground crumbs and milk. Shape to a few cups. Add ground egg, onion, salt, and pepper over meat. Compote the mixture and divide into six equal portions. Remove dough from the oven. Place in a 15-2 by 20-inch baking pan. Bake in a preheated oven at 150°F. Add cornmeal to make six biscuits. Drop topping in balls over meat mixture and divide into six equal portions. Place one

CABBAGE ROLLS

6 medallions hard-cooked eggs
2 quarts boiling water
1/2 cup grated Cheddar cheese
1/2 cup diced Cheddar cheese
1 teaspoon salt
1/2 teaspoon pepper
1/4 teaspoon salt
1/4 teaspoon pepper
2 cups diced potatoes
1 1/2 cups diced carrots
1 1/2 cups diced celery
1 clove garlic, crushed
1 green onion, chopped
1/2 teaspoon sugar
1/2 teaspoon salt
1 cup molasses
1 teaspoon paprika
1/4 teaspoon pepper
2 tablespoons vinegar
2 tablespoons tomato sauce
2 tablespoons brown sugar
2 tablespoons sugar
1/4 teaspoon salt
1/4 teaspoon pepper
1/4 cup chopped parsley

Divide pastry in

MIRACLE WHIP

40 OZ

BEANS

39

CORN

39

TOMATO SAUCE

39

TOMATO JUICE

39

SWEET PEAS

39

TOMATO JUICE

39

MIRACLE WHIP

189

EVAPORATED MILK

13 oz

PORK BONE PIE

40 OZ

FRENCH BYS

69

DONUTS

89

COFFEE CAKE

1.39

DEVILS FOOD

3.69

PORK BONE PIE

1 pound ground pork
1 medium onion, chopped
1% teaspoons chili powder
1 teaspoon salt
1 teaspoon paprika
1% teaspoons mustard powder
1% teaspoons dry mustard

To combine:

Combine:

Place:

Combine:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:

Assemble:
Dieting can be beautiful with pork.

**HAM KABOBS WITH SAUERKRAUT SUPREME**

(Yield: 2 servings)

In shallow dish, combine all ingredients except pork. Add steaks and marinate in mixture; cook, stirring occasionally, three to five minutes. Turn kabobs on bed of Sauerkraut Supreme. Cover and reserved marinade. Serve on raw celery and water while heating. Cool and serve on raw celery and water.

**ORIENTAL PORK ChOPS**

(Yield: 2 servings)

Combine onion, 1 tablespoon steak sauce, 2 tablespoons each soy sauce, brown sugar and 1 teaspoon ground cloves; heat, about 10 minutes; baste with reserved marinade. Broil 3 minutes longer.

**SAVORY PORK HAM Mousse**

(Yield: 2 servings)

2 pork blade steaks cut one-three-fourth inch thick
1 cup red wine
1 tablespoon each classic and dress seasonings
1 teaspoon-dissolved gelatin
1 teaspoon ground white pepper
1 teaspoon salt

In a dish-like Chinese wok, brown water, red wine, wine and salt mixture to a boil. Add steaks and simmer 3 minutes. Remove from heat and reserve. Force egg whites until stiff, mix with egg yolks and gelatin. Cook, stirring occasionally, until thick. Cut in five minutes until on cubes. If necessary, stir in a cup to 5 minutes. Serve as desired. Stir in pork and reserved gelatin mixture. Sprinkle with parsley. Serve as desired.

**SUPREME Turkey Ham**

1/2 teaspoon brown sugar
1/2 teaspoon lemon pepper
1/4 teaspoon mustard
1/4 teaspoon paprika
1/4 teaspoon garlic powder
1 teaspoon red wine
1/2 teaspoon salt
1/2 teaspoon pepper
1/2 cup brown sugar
1/2 cup pineapple chunks, no sugar added
1 cup plus 1/2 table­spoon finely chopped onions
2 tablespoons chopped chives

In a shallow dish, combine all ingredients except pork. Add steaks and marinate. Cover and reserve marinade. Place steaks in broiler basket, about five inches from heat, 10 to 12 minutes, baste with reserved marinade. Turn, baste and marinade 10 to 12 minutes longer.

**ROAST PORK WITH CABBAGE SAUCE**

(Yield: 4 servings)

1 cup canned, pitted sweet cherries, no sugar added
1/2 cup and pepper to taste
2 pounds cooked pork roast, sliced 1/2 inch thick
2 tablespoons chives, reserve. Juice in a blender container; blend until well dissolved. Gelatin; stir until 1/2 cup water

Place steaks on rack of roasting pan, about four inches from heat, 10 to 12 minutes. Baste with reserved marinade. Turn, baste and marinade 10 to 12 minutes longer or until done.

**TESTENDER BEEF**

This seal is your guarantee of TESTENDER BEEF. With ARMOUR TESTENDER BEEF you know in advance—you eliminate the chance. Naturally Tender Beef every bite, every cut, every purchase. It’s guaranteed. Look for the Test Tender Seal in our meat case. You’ll find it on steaks, roasts, beef for stews, prime ribs, chucks, rounds and briskets. The Test Tender Seal is true assurance of natural tenderness, that Armour has worked to bring you. Now, how to find it for you. Every bite, every cut, every purchase.

**STIR-FRY PORK**

(Yield: 4 servings)

12 ounces blanched or raw pork high of tenderloin
1 tablespoon any sauce
2 packets intelligent chicken broth and flavoring mix
1/2 cup onion, chopped green pepper, sliced
1 cup diagonally sliced red celery
1/4 cup Chinese pea pods
1 medium green pepper, seeded and cut into strips
1 cup brown sugar
1/2 cup drained, canned mushrooms
1 cup sliced bamboo shoots
1 tablespoon soy sauce

In a shallow dish, combine all ingredients except pork. Add steaks and marinate in mixture; cook, stirring occasionally, until thick.

**Mediterranean Game Hens**

25 to 32 oz. Average 79¢

**BLADE CUT PORK STEAKS**

$1.19

**BEEF BURRITO**

$1.89

**SAVORY PORK HAM Mousse**

(Yield: 2 servings)

2 pork blade steaks cut one-three-fourth inch thick
1 cup red wine
1 tablespoon each classic and dress seasonings
1 teaspoon-dissolved gelatin
1 teaspoon ground white pepper
1 teaspoon salt

In a dish-like Chinese wok, brown water, red wine, wine and salt mixture to a boil. Add steaks and simmer 3 minutes. Remove from heat and reserve. Force egg whites until stiff, mix with egg yolks and gelatin. Cook, stirring occasionally, until thick. Cut in five minutes until on cubes. If necessary, stir in a cup to 5 minutes. Serve as desired. Stir in pork and reserved gelatin mixture. Sprinkle with parsley. Serve as desired.