Early to predict whether driving law will actually keep the boozers off the roads.

Theodore E. Sampson, son of King County Justice Court, the way the measure emphasizes sentences, will probably make it argue that they weren't really a case. Part of the statute time it takes for the courts to pro­pose one of the offense and mandates jail a year. And seven days of the sentence are mandatory — unless the defendant can produce con­firming data proving physical or mental incapacity. "Never want to go back to jail," he said, "look forward to saying somebody is an open­ended penalty for a first drunken driving conviction not less than one day more."

By Cathy Stone

Elwood T. Leverette

If you're looking for attention, you may be in the wrong place by being caught. But it was a friend of the liquor store that will eventually be convicted for driving under the influence of alcohol.

By Loren Bliss

Theodore Sampson of the South King County Justice Court, and Paul Codd of Des Moines Sunken driving. By contrast, the old measure

Fred P. Rose

GIRLS' YOUTH SOCCER leagues are growing rapidly, according to girls' soccer coaches. Girls' soccer is becoming more popular than ever before.

GALETON says that the deter­rence is "the result of the new law, it will act as an immediate

Hays bought a new car and police are tracking it, but the vehicle is not in the possession of the car.

Cedar, but doubts that the mandatory jail term will solve the problems. "The law is in the best way to handle it," he said, "and the jails are already overcrowded."

Gary N. Utigard

For an in-depth report on drinking and driving and the new DWI law, see page A-3.

Barden urges crackdown on unpaid traffic tickets

A person who gets a manda­tory traffic ticket for a traffic viola­tion "is one of the one chance" of not having to pay the ticket because the ticket is issued on a warrant basis.

Barden and Monday a proposal to establish a warrant service unit for the district court system in King County.

David Barden and Monday a proposal to establish a warrant service unit for the district court system in King County.

Drinking: a gamble, most people don't win

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Goals for girls

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The News

September 19, 1979

Chrysler's problems shouldn't be ours

Chrysler Corp. last week added to its unhappy record with the news that the automaker was forced to lay off 3,000 workers. Chrysler is planning to make its own parts, rather than purchase them from outside suppliers. This move was prompted by a strike at a supplier's plant.

Chrysler's problems are not surprising. The company has been facing financial difficulties for some time. In fact, it is not the first time Chrysler has encountered these problems. In 1978, Chrysler announced a major restructuring plan to address its financial woes.

The letter was written by an expert on the First Amendment and focuses on the freedom of the press. The author contends that the press should continue to publish even if the information they provide is not what the government wants.

The First Amendment protects the freedom of the press. This means that the government cannot prohibit the press from publishing information that it doesn't like. The press has the right to publish information that is critical of the government.

Chrysler's problems are not unique. Many companies have faced financial difficulties in recent years. In fact, Chrysler is not the only company that has had to lay off workers. Other companies, such as General Motors, have also had to make cutbacks.

In conclusion, Chrysler's problems are a reminder that the press should continue to publish even if the information they provide is not what the government wants. The press has the right to publish information that is critical of the government. We must protect this right to ensure that the press can continue to serve as a watchdog for the government.
Drinking and driving: No. 1 Killer on the road

Drinking and driving: ‘It’s a gamble’

By Nathalie Weber

Have you ever driven home from a party and had a gut feeling that you should take a cab? Do you ever get in your car after a few drinks and think, "What do we have to lose?"

According to the Washington State Department of Licensing's annual report, every day more than 45 people are killed by drunk drivers.

The State Patrol reports that 45 percent of all fatalities on the roads as a result of drunk driving are drunk drivers.

State Patrol Captain William Knock said, "The drunk driver often is blinded by the glare from oncoming traffic. That sensitivity also condemns the喝了酒的人 to see, chances of an accident climb.

The heaviest weight on the chart is 200 pounds, which allows a person of that weight to pack in about seven-and-one-half drinks before he is legally intoxicated.

Klingberg explained that the effect of alcohol will pass about an hour after it is consumed. About one-fourth of the alcohol ingested will dissipate from the system, but the remaining three-fourths will need about five and one-half hours to get off it.

The problem is, "If you're going to drink and you're going to drive, you can't handle it," he said. "The key is to get sober before you go drinking.

Chuck Stansbury

Alcohol has been consumed and arrest is determined by the effect: 1.0 or higher, an indication that the motorist is legally intoxicated.

There are a number of factors that can influence a person's intoxication aside from the ounces of alcohol in the bloodstream. The amount of time will get rid of that," he said.

Klingberg's advice to drinking drivers is to "Be a citizen of com- mon sense, but nevertheless, never go over the limit again."

"I don't think he's been bad. Why had I been with? How much sleep had I had? Where was the care of a doctor? Am I taking any medication? And on and on.

And there were problems. We'd gone fingerprinted and there was "a clear print mark" where there had been this real thing.

"The experience of being ar rested for DWI wasn't unpleasant," he said. "It was a shock, of course, but I was prepared for the worst."

I was caught driving with a bottle of vodka in my ashtray when I was stopped by a state trooper.

I was relieved to have the test. It was the most difficult part of the time, the embarrassment was only temporary. After arrest for DWI and gave me a 24-hour permit for the next 24 hours, I was released back into the night.

I was eventually convicted of drinking and driving.

no case, I was looking at my license and realized that I was over the limit.

There was no question of guilt. It was a fair test."

After checking my car for a va guard and locking it up, I drove to the police station and was arraigned.

I was taken to the courthouse where I was required to sign a form agreeing to go for a blood test.

After the test, I was released on my recognizance gun and I was allowed to stay out of jail until my court date.

The test results were in, and I was guilty. I had to go to court and I was charged with driving under the influence of alcohol.

At the sentencing, the judge told me that I had a problem and that I should seek help."

"But until society's attitude changes, there will not be a "solution" to the problem," he said.

The Center also has a follow-up program for counseling and recidivism.

"We feel our contribution to the community is to instruct people about the other side of the picture," he said. "Hopefully, a person who has been stopped in a DWI will not appear in court again on a DWI charge."

"The other side of the picture is in counseling and recovery. The counseling process is for persons who are alcoholics or who have a problem.

The Center is staffed by counselors that they prevent one from drinking and driving.

The counseling program is for persons who are alcoholics and who have been stopped for DWI.

Regardle

Regardless of the program an individual is in, he is required to report to the Center in order to be released.

The Center is run by the Department of Licensing, but the person's license is suspended.

The individual is responsible for paying the cost of the program, which varies from $10 per session for the recovery and rehabilitation program to $200 per week for the inpatient program.

For those who may have a problem, the Center offers a program for alcoholics who have been stopped for DWI.

For the two-time loser, one more offense means the revocation of his license for five years.

The minimum sentence for the second offense is a year in jail and a $1,000 fine.

DWI: It's a gamble

It's a gamble, but the consequences are serious.

For the two-time offender, one more offense means the revocation of his license for five years.

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Highline holidays announced

Student holidays for the current school year have been adopted by the school board.

On the following dates the schools in Highline School District will be closed for vacation:
- Jan. 3, President's Day
- Nov. 23 and 24, Thanksgiving Day
- Dec. 21 through Jan. 2, winter vacation
- June 17, beginning of summer vacation.

"I'm tired of talking about energy conservation. So now I'm going to sing about it!"

"Do you kids have a higher E.Q. than you?"

Women: Wednesday, 2-7 p.m.; Parent meeting 7-9 p.m. at Protestant Benevolent Society, 22610 5th St. S.E., Auburn, for information call Pauline Long, 941-2616 or Pat Lilbeck, 916-7896.

Hollywood holidays announced

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The 2,279 students School District conducted a survey of schools in the Highline Tyee, Mt. Rainier and question is false. Fewer student activities, there was no discernible difference in the amount of time spent on homework by working and non-working students. Both groups spend an average of four to five hours a week on homework, averaged about 30 hours a week on their outside jobs. The average pay was $5.29 an hour. As sophomores, many of the boys work in fast food outlets at the same hourly pay. As seniors, male students earn about $50 cents an hour. As working students, 2.5 percent of working sophomores, many girls are employed in secretarial jobs, while some of the boys are employed in the fast food outlets while while the girls stay in school, working students are employed in service stations as assistant mechanics or other semi-skilled and lower-paying jobs. The percentage of working high school students goes up as they get older. While 3 percent of sophomores stated that they worked outside of school to pay their bills, 76 percent of seniors did. Students who work have an average quitting time of 10 p.m., although some 30 percent of them work until 11 p.m. or later. "The results of this survey were surprising to many teachers and... raises the question, according to William Kimball, Cable, Chickering, Baldwin Thomas from $495, 395... Combination. Weekly evening classes start Wednesdays, Oct. 1st, 7:30 p.m. Call 723-7222, before Oct. 1st. Vertico and Floor, Low Speed and High Speed. HENNA Style C. Hobbies and arts, Needle work, Quilting, Embroidery. NEW MACRAME CHRISTMAS BOOKS...Gifts that say "Love"...Federal Way Jewelers..."We want to be your travel agent."..."We specialize in last minute Flight, Car, and Lodging Arrangements."...防护服
Airwest strikers 'aren't striking'

Airwest Air Lines Employees Association workers are not striking, company spokesmen said last week.

On whether they are not striking or what the workers are doing, Airwest spokesmen said they believe that ALEA members were recommending the airline's proposals.

ALET, a group of Airwest employees for Northwest Orient Airlines, is in the process of审理 a contract that would bring the Airline $262,000 in gross income, in- cluding cost per flight, to ALEA its pay envelopes to ALEA.

Haskin said, "We don't see any reason to strike," Haskin said.

On that matter, Airwest has included a "standstill" clause in its own contract, saying it is willing to give ALEA a chance to negotiate on its own.

That maneuver, plus another in its pay envelopes to ALEA employees detailed negotiations between Airwest and the Air Line Pilots Association. The Airline is in the process of ratifying a pact that would bring the Airline $262,000 in gross income, in- cluding cost per flight, in the San Mateo, Calif., and it holds us that the company has time to negotiate with another union while our dispute remains unsettled.

Airwest spokesman Larry Lit- chfield said it is "not true" that the company will be negotiating with, but no union seems to have been identified.

Haskin was further concerned that negotiations with the pilots union have not been completed, but no union seems to have been identified.

"CuHy's or Body"

Nuecci Acid Buffeted Thio

Designer Haircuts

Back To School Hair Re-Conditioning

DM fire totals

CAR

A hot ten

forfeitures from Fire District No. 18 responded to a car fire at 7th Avenue South and South 223rd last Friday evening about 8:40 p.m. The driver, unanked by Kenneth Wilson, 48, South 32nd, was totally destroyed.

Eyewitnesses said a flaming liquid again dripping from the box of the vehicle before it burst into flames. The probable cause of the fire was a "fling in the gas line," according to Fire Marshal Robert Arnold.

Airwest workers are not typists, reservation agents not resume until the strikers return to work, according to ALET's 2,200 card-carriers. In- mediators broke off in the negotiations involving federal employees, Haskin said.

Robert Litchfield added, however, that talks would resume before the Airline strike is resolved.

Airwest, which is up for sale, is beset by labor problems with its employees. Haskin said. Of its five groups of employees, four have no contract, he said.
Residents sue county, developer over plat

A lawsuit to enjoin the development of the Meredith Hills area against King County and the developers of the Hillis plan was filed yesterday by residents of a proposed plat known as Hillis High. The suit was brought on behalf of the property owners of the area and was filed in King County Superior Court. The West Hill Citizens for Controlled Development group is the lead plaintiff in the suit.

The action is brought on behalf of the Meredith Hills group and all "persons in King County concerned with protecting and preserving the character, livability and beauty of unique neighborhoods." Hillis High is one of 80 sectional plats with single homes on the south side of West 240th St.

The lawsuit seeks a preliminary and permanent injunction against the platting of the property. The suit also seeks a declaration that the platting is invalid and that the developer must rework the plat to conform to the area's existing zoning and design standards.

The suit claims that the platting violates state and local laws and regulations that protect the area's character and environment.

The suit also alleges that the developers have failed to obtain the necessary permits and approvals for the platting.

The developers are represented by the law firm of Smith, Cohn & Smith, which is also representing the residents in the suit.

The developers have denied any wrongdoing and have stated that they will fight the suit.

The lawsuit is a significant development in the ongoing controversy over the development of the area, which has been the subject of widespread concern and opposition from residents and environmental groups.

GARY CAIN

---

White cell room boosts chances for recovery

By Ann Hayes

Just two months ago, 15-year-old Sheila Macdonald of Edmonds, Alberta was leading a happy, normal life. Out of school for Christmas vacation, she was working hard to prepare for the family's business and was planning her happy, normal life. Out of school for Christmas vacation, she was working hard to prepare for the family's business and was planning her happy, normal life. Out of school for Christmas vacation, she was working hard to prepare for the family's business and was planning her happy, normal life. Out of school for Christmas vacation, she was working hard to prepare for the family's business and was planning her happy, normal life.

But, the wedding may have to be postponed, perhaps indefinitely. Sheila contracted a rare blood disorder, myelofibrosis, where the bone marrow is damaged by a virus-like disease. The invading cells interfere with the bone marrow’s ability to produce healthy blood.

She is currently undergoing treatment at the Fred Hutchinson Cancer Research Center (FHCR) in Seattle. The FHCR staff are pioneers in the development and use of the bone marrow transplant procedure, a treatment method that has cured many cases of leukemia and other blood-related diseases, including myelofibrosis.

"It was a really lucky thing," said Sandy who is optimistic and fighting against infection following the transplant.

A few girls were rushed from Canada in an ambience in the center where surgery was performed immediately. The bone marrow transplant was handled at Swedish Hospital after tests indicated the marrow cells were needed to destroy cancerous cells.

For now, they are settled in new roosts near FHCR with their parents close at hand. Florida is coping with her illness. Sandy and Sandy spend five hours daily for the next month in the white cell room that is equipped to handle her sickle cell anemia.

realized there would be some counseling involved, she would have helped no matter what the circumstances. "It's that important and something that just has to be done."

Both girls were rushed from Canada in an ambience in the center where surgery was performed immediately. The bone marrow transplant was handled at Swedish Hospital after tests indicated the marrow cells were needed to destroy cancerous cells.

For now, they are settled in new roosts near FHCR with their parents close at hand. Florida is coping with her illness. Sandy and Sandy spend five hours daily for the next month in the white cell room that is equipped to handle her sickle cell anemia.

SANDY WAS WITH HER sister and the technician, Christel Cone became well acquainted during Sandy's four-week stay at the Cancer Research Center.

Cone was monitoring their vital signs.

"It's a big help to understand the signals on a connection of a life-sustaining tube for single-family dwellings." The Federal Way Community College, she received extensive training at the center because "everything is so specialized." "It's a tough job," Cone said emphatically. "You can't make mistakes.

For now, they are settled in new roosts near FHCR with their parents close at hand. Florida is coping with her illness. Sandy and Sandy spend five hours daily for the next month in the white cell room that is equipped to handle her sickle cell anemia.

"KING" INSERT 5490 INSTALLED

Model: "KING"

White wood stoves

The featured insert is furnace even useful. Some of the wood stoves that fit the listed specifications are the following:

- Converts your fireplace into a wood stove
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- Lexington 12" solid vs. cast iron
- Comes with mesh screen
- Complete installation and delivery available

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Burien

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Special student product discount

Weekly evening classes start Wednesdays, Oct. 24 in Seattle. 
6:30 to 8:30 P.M. 20% discount for current and former students.

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Privy act no secret

Parents of students in the Highline School District have received a letter from Rights and Privacy.

School board will turn back clock

As a first step toward a compromise, the Highline School Board will meet Wednesday night at 7:30 p.m. The meeting will be held at Midway Elementary School, 3700 7th Ave. S.W., Seattle. Parents of students have been notified that if the change is made, the student's parents may receive "Flu Shots" on Sept. 19. The student's parents may be released by the schools explaining public approval, they may be removed by the schools, or the school except school without parent permission.

Blanks records, such as those required by another school to which the student is transferring, may be sent by the student's parents, school without parent permission.

Friends youth meet Wednesday

Wednesday night at 6:30 p.m. View Friends Church, 15610 100th Ave. N.E., will host a special meeting to start the year. The meeting will start at 6:30 p.m. with a behavior member available to talk to the public at 7:30 p.m. If the starting time is moved back, most members will still arrange time in the church.

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BACK TO SCHOOL SPECIAL

10% OFF all lunch meals (with this coupon) featuring: salads, sandwiches, pastries, and baked goods.

Rainy day fun: things to choose to boot the blues

by Barbara Butts

Are you depressed, feeling run-down? There is no need to head for the latest "cure" remedy at the corner drugstore — or so says one of the instructors in Federal Way Recreation fall programs.

Holly Coates, who has a master's degree in social work, says her classes in aerobic dancercise can help pull one out of the doldrums or the dreariness of the dog days.

"Women have a high rate of depression — not of the clinical type — just ordinary depression," she said. "Aerobic dancercise can make you feel as if you're doing something good for yourself."

"Women tell me that it gives them a lot of energy and that their clothes begin to feel better. After just a gray day, they come to the class, hear the music and feel real good."

What are the ingredients in this new-fashioned remedy? Classes say her system gets the heart and lungs working better by a combination of warm-up exercises, choreographed dance movements to build in music with a strong beat, floor exercises for building up muscle tone and increase flexibility.

"The steps are real simple," she said. "It's not dance for people who want to go on to the Bill Evans Dance Company. It's a dance class for non-dancers."

Dancercise will be offered once a week for $20 or twice a week for $35 on Tuesday and Thursday. Babysitting will be available for children under six years of age for a charge of 75 cents per child per class.

Dancercise classes will be held at 6:30 a.m. to 7:45 a.m. at the Federal Way Boys Club. Evening classes will be held at 7:30 and 7 at Lakota Junior High School. All classes are designed for those who are 16 or older.

For those who may have dreams of performing with the Bill Evans Dance Company or other professional groups, Federal Way Recreation has an extended list of ballet and tap-dancing classes for 4- to 12-year-olds to be instructed from noon to 2 p.m. or from 5:30 and 7 at Lakota Junior High School. All classes are designed for those who are 15 or older.

Instructors Cher Bauer and Trish Berry will teach the approximately one-hour classes. Fees range from $15 to $35.

An adult ballet exercise class, which features classical ballet technique and is designed to achieve or maintain strength and flexibility, is also available.

Instructor Cher Bauer, the ballet exercise class teacher, will begin instruction on Monday, Sept. 24. Time is 11:30 a.m. at the Federal Way Boys Club.

And there is also something for those who are warming up, just dancing or belly-dancing.

Instructor Young and Sue Leverette will teach disco to fifth and sixth graders at Sacajawea Junior High School. The fee is $22.

And on Tuesday and Thursday (ages 4 and 5) and on Wednesday and Friday (ages 6 and 7) at Lakota Junior High School. All classes will begin on Monday, Oct. 1, and will continue for 10 weeks. Nursery also will teach knitting on the same day. Knitters will pay $20 to begin and will be instructed from noon to 2 p.m. or from 7 p.m. to 9 p.m.

Beginning and intermediate yoga classes will be conducted on Tuesday and Thursday from 11:30 a.m. to 1:30 p.m. at Lakota Junior High School. Fees are $22.

Classes also will offer classes in weight control on Monday and Wednesday from 7:30 p.m. to 9 p.m. The fee is $22. Babysitting will be available.

Federal Way Recreation also will have a precepted Fall class. It will be taught by Maxine Lewell on Tuesday and Thursday (ages 4 and 5) and on Wednesday and Friday (ages 6 and 7) from 9 a.m. to noon. The fee is $6.

All classes begin on Monday, Oct. 1, and will continue for 10 weeks. But free dance class will be given on Saturday, Sept. 29, to utilize the rental hall. Cost is $4.00 to sign-up, shape-up and chase those blues away.

Text by Barbara Butts
Photos by Roy Musitelli
BASKETS RATTANS

Twin Lakes Shopping Center, 2315 SW 336th, Federal Way 836-2636


tof the wedding, the bride chose a full-length floor-lenght gown of Oregon State University, decorated with orchids, ranunculus, roses, and baby's breath. She wore a knee-length gown with floral chiffon and baby's breath. Her gown was styled with floral chiffon and baby's breath.
Auxiliary sets first meeting of new year

The Dale Leffey Auxiliary of the American Veterans of Foreign Wars Hospital opened its new business year at 7 p.m., September 25 at the home of Mrs. Harry C. Leffey, 116 O St., Federal Way. New officers for the year are: Mrs. Gordon England, president; Mrs. James M. May, first vice-president; Mrs. Robert H. Smith, second vice-president; Mrs. Paul Brand, secretary, and Mrs. Ernest Harrell, treasurer. Preparations are underway for the fall meeting of new year day Saints is planned.

Clasy classics

JANE ANDERSON shows the casual elegance that makes tailored lines of classic and dressy perfect for day or evening. This double-knit, fitted skirt with sexy slit is in a variety of fall fashion, featuring Harem pants. Look to see the pants have shown last week at the Federal Way Elks Club in preparation for the club's 49th annual Christmas sale to be held at the club on Saturday, November 22 at 10:00 a.m. Presented to disco music, all the outfits were from the Fig Leaf. Marilyn Nemeth, of the store, coordinated the presentation which included drawings for prizes donated by local merchants. The Elks Club was also assisted by volunteers with the decorations and reservations for the Flax are available by calling the club.

photo by Larry Jackson

Sack Raplunch pre­

are made for the grand annual Aus­

... meeting of new year day Saints is planned.

Sack Raplunch pro­

... plans included at no extra cost

... first visit is free, with no obligation.

Call now for complimentary weight loss consultation.

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THEATRICAL JAZZ

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RHYTHM & POISE FOR TOTS 3 TO 5

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Free classes, presentations teach energy conservation

The Washington Electric Company's Service is offering a number of free classes covering energy saving for the home and community. These classes begin at 9 a.m. at the Green River Public Library, and WEES will present similar evening classes at the Smith Tower in Kent. More information is available from the service's office, 344-7984.

Dyke"S rooms are supported by Bellvue community College. Among the classes is a course devoted to solar greenhouses—how to build one and use supplemental heating for the home. This workshop is scheduled for Thursday, September 19, at the Smith Tower in Kent.

Chorus

The Charities, a chamber choir from Seattle, will present musical concerts to schools, churches, and social groups, as well as residents in nursing homes and other institutions. They will also make their return to the public, and several new members have been added to the group. For information, call 424-4400, 2402-2497, or ECH-2089.

HCC offers variety for women

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Federal Way Senior Center, located at 33324 S.W. Sprague is the local senior center. Information is available at 229-9494.

Sprague is the daughter of Mr. and Mrs. Russell W. Sprague of Auburn, Calif. She plans to wed her fiance, Mr. Jack Fullerton, Oct. 20 wedding. Tuesdays, 7 p.m.) Sponsored by The Buckskin Locojo Garden Club.

Zenith Garden Club members attended the symposium from Des Moines-Zenith were: Mrs. C.W. Thomas, a columnist, demonstrator, writer, demonstrator and lecturer, also offered techniques at the afternoon program.

The featured presentation of the day was a lecture on Career Perception by Mrs. C.W. Thimmes, a writer, demonstrator and poet from Twin Falls, Idaho. Attending the symposium was a group from Des Moines-Zenith: Mrs. Richard A. Zetton, Mrs. John S. Johnson, Mrs. Charles D. Steward, Mrs. Harry Meyers, Mrs. Frank E. Smith, Mrs. Paul Kosutka, Mrs. Carroll Carter, Mrs. Robert J. Wilson and Mrs. Harry S. Thomas.

More information about a career field is available at the Career Center, offers services including Career Counseling and in- terest Computer. The computer asks questions pertaining to individual skills and interests and analyzes data to the person may be interested in. A written report is used in conjunction with the computer. The computer asks questions pertaining to individual skills and interests and analyzes data to the person may be interested in. A written report is used in conjunction with the computer.

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Curtis fills in for Anderson

Old "Feastas" seems destined to play secondary role. He is the faithful 君のHaggene, "Gunsmoke," has been added to the Western Washington Fair this year, and Anderson said that refunds will be made for ticket holders who requested them.

A fair official said that Curtis will perform twice daily at 2 p.m. and 7 p.m. Although he has spent six years singing with the Sons of the Pioneers, the country-and-western group that brought "Tumbleweeds" and other popular songs, he probably best-known for his role in Fess."Haggene for 12 years, he has spent six years singing with "The Lone Ranger," which runs through the rodeo.

During the rodeo, Curtis will perform at the grandstand arena.

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Watch our paper for sponsoring merchants near you!

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Name Of Recipe ___________________

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Rules:

1. Entry forms in order of use. Give each entry a dynamic, out-of-the-ordinary cooking experience. Include the number of servings.

2. Entrants are limited to one entry, in each category. More than one in a category will disqualify all entries by that contestant.

3. Recipes must be complete to be considered.

4. In case of identical entries, only the first received will be allowed.

5. Any one may enter with the exception of Phillips Newspapers employees and their families.

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A delicious spaghetti and carbonara. That's what you'll want to order for your next meal at Pizza Inn. You'll love it.

The Live Show

Sandy Elaine
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Joanie Hamilton
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HUNGRY EYED WOMAN

Argyle Jones and Party Burgess

Rated 7:30 -9:15

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BARBEQUED RIBS, SIRLOIN STEAK, FILLET OF SOLE, SWEETBREADS, STUFFED PRAWNS

All dinners include our famous Soup Bar with 20 different soups. Have your choice baked potato, rice pilaf, spaghetti, orfrench fries.

LUNCHEONS

Mon. thru Fri. 11:30-2:15

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29th and North Pearl

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31406 Pacific Highway South

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FEDERAL WAY
America's Theater’ at Decatur tonight

The FLOATING Theater Company's tour of "America's Theater," a review combining mime, music and vaudeville to tell the story of this country's dramatic traditions, will be at Decatur High School in Federal Way tonight at 7:30. Dramatic and comic material, scenes from plays representative of different eras and styles will be included.

Jack Anderson slated in Everett

Jack Anderson, noted news columnist, will appear at Everett Oct. 10 at the Civic Auditorium. In addition to his regular political column, he is also Washington newspaper column, editor of Parade magazine. In 1972, Anderson received the Pulitzer Prize for proving that President Richard Nixon and Henry Kissinger had lied to Congress and the people about the United States favoring Pakistan in the India-Pakistan war. The program, which begins at 7:30 p.m., is sponsored by the Student Program Board of Everett Community College. Tickets are $4 for the general public.

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The auditorium is located at 2460 Colby Ave.

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Communication workshop geared to professionals

"Communication: Personal and Professional" is the title of a workshop scheduled for Saturdays, Oct. 5 at Seattle Central Community College from 9 a.m. to 4 p.m., Dr. Minry E. Sheehan, an associate professor of Communication at Northwest, will lead the workshop directed at communicating more effectively and evaluating the role image in personal and professional life.

During lunch hour, Joyce Sopot will present at program called "Television Awareness for the Professional" that will present a positive and negative effects of television.

The workshop is sponsored by Washington Association of Educational Office Personnel. Registration fees are $25 per members and $30 for non-members. To register, mail checks payable to Washington Association of Educational Office Personnel to Irene Usitalo, 98003.

Activities at Senior Center

The Happy Sunset Homemakers Club will meet today at noon to discuss plans for a potluck breakfast and an elegant party which will be at the Federal Way Senior Center on Nov. 12 and 13, at the Federal Way Shopping Center. Stuffed, canned and bottled and crocheted goods will be available at the booth.

The Homemakers Club also will have a best trip to Eatonville where they will tour Northwest Trek, in addition to a boat trip to LaConner and a bake cake breakfast and white elephant sale in November and a bake sale in December. The club is also involved in the Senior Center booth to be at the Federal Way Senior Center on Oct. 20 and 21.

DON'T MISS

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**Flyers flop 62-7 in ‘one of those’**

By Pat Jenkins

In a three idea after losing by 15 points.

The Flyers’ fans voted unanimously for a 15-1 facsimile administered by the Pierce County Bengal last Saturday, hit in another area this weekend in search of resurrection.

**The BENGALS,** who have built a 4-1 record and clinched the Pierce County’s Big Nine’s national ranking of minor league baseball, are among the top teams in the league throughout Washington.

**Dave Edwards, of Decatur, and Paul O’Donnell and Andy Myers have shown that they will be top golfers during the Pierce County Sand Bowl season.**

**Mark Nygren**

Nygren took medal honors in Jefferson’s Thursday match against Puyallup at Lynden Golf Club. He came through with a score of 77 and 17 points.

**Top other performers**

Layne’s lone gun, recovered a Banner Field in the end zone to give the Eagles a 7-0 win over the Spartan Friday night.

**Players-COACH Steve Horshon, who labors in the offensive line when not killing his fellow Bengal what to do and how to do it, was in no mood for lapsing for thelovinc.

But, he continued, “There’s no way the game should have turned out like that. We fired up the play by burner, though, especially after they knocked us off last team.”

“Burnett isn’t a bad team,” he added. “We just had a bad extra.

Burner general manager Phil Myers, who shouted as he watched the Flyers’ fans and students onto the floor of the gym, looked forward to a return match with the Bengals.

That might be in whittling in the dark. Nevertheless, Pompess expects a different outcome next time.

“We play them here (Highline Stadium) Oct. 4, and I guarantee they won’t score 42 points again,” Pompess said.

“Pierce County is very, very tough,” he continued. But we’ll see how many times in the margin for us 42 at halftime.

The Flyers leaned they might surrender 18 points.

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Federal Way wins two from Des Moines juniors

The Federal Way Bantam Junior football team emulated the performance their parent team the Federal Way Junior Seahawks did Saturday for the season's second week in a row...

...with an action-packed game. After holding a 7-0 lead through two quarters the Seahawks last minutes in the third quarter, allowing the Rams to TD at the one yard line time ran out in the half time gun sounding the Federal Way master of the day, the Bantams met their match against an aggressive Rainier Beach squad after receiving the kickoff. After covering the FW five on the Ram's two yard line, the Bantams would allow no conversion attempt missed the uprights.

Unable to move the ball, the FW jubilant Hawk squad Sunday score were: Juniors - FW 0, Des, Moines 20. Federal Way mastermind an off tackle surge on the first play to earn six. The kick attempt missed the uprigh...
Jefferson Park sets seniors golf tourney

A golf tournament for senior adults is scheduled for Thurs., Oct. 1, and Friday, Oct. 2, at Jeffer­son Park Golf Course, 4013 Avenue A. The tournament, sponsored by the Seat­tle Parks and Recreation Department and the management of Jefferson Park Golf Course, is open to men and women 65 years of age or older and regardless of ability.

Golfers will play 18 holes of golf each day, beginning at 9 a.m., and entry fee is $5. The tournament is limited to 120 golfers and private golfers will not be admitted.

FW club fall programs

The Federal Way Boys Girls Club will announce openings in the following programs.

Head Start Basketball
Washington County Boys Girls Club presents an introduction to basketball for boys and girls ages 3 to 4. The program is open to all children who meet the city park's standards. The cost of the season begins Oct. 16. Classes meet weekly, 9:30 a.m. to 11:30 a.m.

Air Tight Wood Heaters
City of Seattle Parks and Recreation facilities operated by the city Parks Department will be available to the public. The program will be open to anyone interested in learning about the operation of a wood stove. The program is limited to those who live in the city of Seattle.

Firewood
City of Seattle Parks Department will offer a selection of firewood to its customers. The cost of the program is $25 per person.

Electric Heaters
City of Seattle Parks Department will offer a selection of electric heaters to its customers. The cost of the program is $35 per person.
Robbie Pailette and Sophia Lynn Cox are returning from their cross-country team that placed third in the state last year. The Jefferson girls team will be determined in workouts this season.

The Jefferson boys team will consist of seniors Bob Plummer, Paycers, Doug Cox and Todd Peterson and sophomores Robert Frank, Peter Haugum and Phil Edmonds. Coach Cal Hooping will open the season with all six runners from last year, with the possible addition of a seventh if the weather permits. The Federal Way team is very strong every year, but it's hard to say which team will win this year.

Juniors Doug Cox and Junior Robin Pallett will be the two juniors who will be leading our cross-country team this fall. The Jefferson boys' team is very strong, and the Jefferson girls and 18 boys are enough girl harriers to win the league.

The Federal Way team will be led bycurrent senior Mike Ashby, and the Jefferson boys' team will be led by senior Chris Calhoon and junior Matt Harris, entering his first year as a varsity runner.

The National Cross-Country Championships will be held in Billings, Montana. The Jefferson boys and girls will be representing the South Puget Sound League campaign the following Friday against Lakes and Lakes. The Jefferson boys' team is very strong, and the Jefferson girls' team is very fast, but it's hard to say which team will win this year. The Jefferson boys' team is very strong, and the Jefferson girls' team is very fast, but it's hard to say which team will win this year.

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Grizzly bears in E. Washington

Grizzly bears were declared a protected species in Washington in 1986, with the last legal kill in 1987. Grizzly bears are extremely rare in the state, with only about 200 known to live here. Each year, a few bears move north to the Bering and Chukchi Seas.

Outdoor tips and tales

Early fall is the time to check out the moose and bear moms on your hunt, as well as taking a look at the clouds. If you use synthetic lines, check for fading, moisture damage or damaged boat, with fasteners that are corroding metal working on wood or individual fibers have broken line and a lost mooring and anchor. There's changing or damaged boat, with broken line and a lost mooring and anchor.

Understand these things about their nature, including the fact that they sometimes will flush once, but today's hunters bring home these red beasts without the help of an all-night blow and waves to make you heal, to hearken, or even worse, when you aren't around to save your boat. Hunters in India a hundred years ago used to arm themselves with bullwhips and take advantage of a chukar habitat of sameless climbing firing. Racing at breakneck speed over the rocky ground where chukars live, they would overtake the birds and round up to a clump with their whip. They had no such quite legal here, and the hunters didn't want to risk any nerves or death. Good horse racing over the rocky terrain where chukars live. Instead, we are submitting a good dog for the job, and it

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Women in Education confer at SeaTac

Marvel greets members

Decatur volleys past Kennedy

Please Refer to previous page for more details...
The Southminster Presbyterian Church recently installed their new pastor, the Reverend Ronald Lordston. The church, which previously served as a Presbyterian Church, Portland, Ore., is located by his wife, Mary Jo, and son, Steven.

Church services are at 8 a.m. each Sunday, followed by fellowship and adult classes.

New pastor joins staff

400 women expected at conference

Former Methodist Women are expected to attend the Pacific Northwest annual meeting of the United Methodist Women at the Des Moines Methodist Church next weekend. Pastor Eldred Nelson, Portland, Ore., is joining their new pastor, the Reverend Ronald Lordston. Lordston, who has been working to prepare for the event along with (from left) Marcia Sayre, Ellen Webster, Dennis, Diane Burns and Agnes Painter.

The theme of the conference is "Stand Up and Cheer!"
Treasury Bonds in the resulting political for roughly the first half of the presidential term just after the election and holding them turned out of the White House that year. Since Kennedy—Nixon split, the "Presidential Cycle Theory" has held true, as shown by the following statistics:

- In the years 1912-1968, when the Republicans controlled the presidency, the Standard & Poor's 500 has earned only about 7.5 percent as measured by the Dow-Jones Industrial Average.
- In the years 1912-1968, when the Democrats controlled the presidency, the Standard & Poor's 500 increased 15 percent.
- In the years 1929-1978, when the Republicans controlled the presidency, the Standard & Poor's 500 increased 15 percent.
- In the years 1929-1978, when the Democrats controlled the presidency, the Standard & Poor's 500 increased 6 percent.

Since 1952, the "Presidential Cycle Theory" has held true, as shown by the following statistics:

- In the 1952-1958 Republican administration, the Dow-Jones Industrial Average increased 18 percent.
- In the 1960-1965 Democratic administration, the Dow-Jones Industrial Average increased 14 percent.
- In the 1968-1972 Republican administration, the Dow-Jones Industrial Average increased 12 percent.
- In the 1972-1976 Democratic administration, the Dow-Jones Industrial Average increased 10 percent.

The Federal Way Chamber of Commerce has just sponsored an election year program in a fund-raising event sponsored by the Ways and Means Committee. This is an event that has been most profitable during the last two years of the presidential administrations.

Be sure, in the current two cycle election year, that you vote before the last day of the presidential election. Note that it has been profitable for voters to invest in mutual funds. This is an event that has been profitable to investors during the last two years of the presidential administrations.

New liquor store considered

The State Liquor Control Board is considering the establishment of a liquor store on the grounds of the King County Community College South 28th Street and Military Road South. This location is one of several areas being considered for the establishment of a State Liquor Store. The Board has been considering the establishment of a State Liquor Store in this area for several months.

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Marriott to build hotel at Sea-Tac

(Editors note: This column will be a monthly feature to inform our readers of new construction in the area.)

Marriott Corporation (a division of the Marriott Corp.), 1950 S. 51st St., will build Sea-Tac Marriott, 19333 Pacific Highway S., on a 10-acre site. The hotel will consist of three different types of accommodations: a 200-room hotel, a 248-room hotel, and a 150-room hotel.

The hotel will have a 1,500-seat convention center, a 600-seat ballroom, and a 200-seat meeting room. The hotel will also have a restaurant, a lounge, and a health club.

The hotel is scheduled to open in 1990. The estimated cost of construction is $120 million.

Federal Way, a 9,830 square foot church, estimated cost of construction is $180,000.

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SUBURBIA AT ITS BEST

Watch the seasons unfold in this included, yet carpeted, 2 bedroom rancher. Almost 1400, lots of trees and privacy. This almost new home has plush carpeting throughout and energy saving features. A unique Touch, from kitchen, $250,000 is to little to pay for this home and features you'll always want.

RUBY V. HILLER REAL ESTATE
373-3777 or 252-6413
31346 Pacific Hwy. So. (Pavement)

WALLACE & WHEELER, INC.
3233 5th Ave. W.

"Excellence of Performance"

WEST SEATTLE

STOP DREAMING — THIS IS FOR REAL

and reality, if you're looking for a "Dreamy" home at DEEPER PRICES. Large 3 bedroom home, plush, warm, & more. Owner's Suite & meet all your needs. "Second to none" is how our clients feel, all of them, owners, $62,500, accepting offers. Call 921-3621.

BATlh MARKET

And owners have moved 3 bedrooms, 2 bath rancher with finished lower level. Located in quiet neighborhood near 5 mile lake. And new price, $52,000, the area, price Call 931-4502.

AREAL REAL

Named, prices from $188,400, 3 1/2 2 1/2 and 3/2. 3. 5 & 3/2. These prices are the one's you've been looking for. Call now for the best choice.

SUPER STARTER

and 3/2. $89,500

BAY V TERMS

FHA terms. Interesting 3 1 bedroom home with view of Mt. Rainier. Lovely open floor plan, room, room, room, room. And new price, $45,000. Also, 3 bedrooms, 2 bath home with large living/dining room, fireplace, 2 bathrooms. Call 921-0690.

FHA V TERMS

$62,000

FHA terms, giving you the privacy and seclusion you've been looking for in this for $43,500. Call 941-2651.

FOR SALE by owner, Gregory
242-0707 for an appointment or 242-8150

MINI-FARM

Beautiful and comfortable home on 4 acres. Property is fenced and cross-fenced. Call us for your appointment.

SNUG AS A BUG

$56,950

BURIEN CONDO

SEE THIS FIRST!

1 bed, 1 bath, in great location. Call 921-3782 for information.

$15,000

BRAVA-832-0436

WEST & WHEELER

ASOC., INC.

BY APPOINTMENT

SHOREWOOD VIEW

$115,000

Property is priced below appraisal plus lot. It will00n a catching bid and will make a great home for you. Call for appointment.

HOMES-GENERAL

DIAL CLASSIFIED DIRECT
839-9520 TACOMA
2972-2424

FRIDAY

NOTICE

WE SELL

PULTE Master Builders

PRESENTS

TWIN LAKES DIVISION X
SOUND VIEW HOMES
STARTING AT $59,950
VA OR CONVENTIONAL FINANCING
SEE OUR AWARD WINNING DESIGNS,
THE QNIMALTI!
OPEN DAILY NOON TIL DUSK
CALL 941-6400 FOR INFORMATION

PUBLISHER'S NOTICE

Phone numbers have been verified.
Published in classified.

WEST SEATTLE

RED CARPET REAL ESTATE

$57,000 4 BEDROOMS

This home is part of a entire suite located in Westwood Village. Close to shopping, schools, parks, and I-90. Call 872-3030 for an appointment.

$65,000 BURTEM

Lively 3 bedroom rancher with 1/2 bath, large kitchen/meal room with fireplace, sliding glass doors to patio, with a large yard! Ready to move in! $65,000, 737-2617.

$67,500 HIGHLAND PARK

Immediate 3 bedroom rancher with 1 1/2 bath on all the room, central air, beautiful living room, 3 spacious rooms room with separate entrance to carport. 5625 S. Flora St., Anthem, 92126.

$49,950 GATEWOOD

Quality built home located on a dead end street, featuring 1 1/2 bath, Master suite with fireplace, detached garage. Located in a quiet neighborhood of fine homes, custom and quality built homes. Call 931-0606.

$47,500 5 BEDROOMS

This designer home of the month located in Admiral area in a prestigious neighborhood. Price reduced! Call 872-3030.

$39,950 TACOMA

Your Puget Sound MARKETPLACE

039-9200
TACOMA 927-2424

Your Puget Sound MARKETPLACE

WESI&WESTLER,

BRIDGEPORT

242-8150

5900/878-8683 eves.

NEED EARLY POSSESSION?

Plus 2 bath PLUS 2 car garage plus 2 very large bdrms, 3 1/2 bath, 1st story, quality home in highly desirable area of Auburn. $100,000, Call 962-8900.

WEST & WHEELER

RAMELIER

1 bed, 1 bath beauty on large wooded lot. Hurry and pass this beauty by to select your color. Call 733-0499.

WASHINGTON CONOMY

815,000

$15,000

BRAVA-832-0436

WEST & WHEELER

ASOC., INC.

BY APPOINTMENT

SHOREWOOD VIEW

$115,000

Property is priced below appraisal plus lot. It will00n a catching bid and will make a great home for you. Call for appointment.

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Phone numbers have been verified.
Published in classified.
**Poverty Bay Real Estate, Inc.**

"The Waterfront People"

**LIGHT UP YOUR LIFE**

With our large bright & modern kitchen, family room, living room, and three bedrooms, this home is perfect for your family! Live the life you deserve. Call: 941-7160.

**DINNE’S TREAT**

Don’t miss this opportunity to enjoy dinner at one of our fine restaurants. Call 315-1123 for reservations.

**WATERVIEW CONDO**

Premium location - Des Moines, 2 BDR, 2 1/2 BTH, lovely view deck, 2 parking spaces. Call 831-5213 or 941-7000.

**CALL US FOR EXCLUSIVE WINTERFRONT LISTING**

Phone: 272-0720

**PRICE JUST REDUCED**

100 Homes Federal Way

**IMMACULATE**

3 bedroom, 2 bath, nicely appointed kitchen. Perfect for the young family. Call 838-2800.

**SPARKLES WITH CHARM AND BEAUTY!**

Exquisitely landscaped lot w/private backyard! Priced under $100,000. Call 839-6370.

**NOTH IT’S NOT ENOUGH**

To say this house is one of a kind, or unusual. This is your future home and it does exist. On the Puyallup River just across from the Towne Mall, this house is a true one of a kind! Call Russ Deuel 838-9933, 927-3280.

**SUPER SPACE MAKER $108,950**

Beach home style, two story with a potential elegant Master Suite upstairs. Large living room and family room. A large sun deck and private yard. Call Russ Deuel 838-9933, 927-3280.

**FINDERYARD $53,500**

Located in a very convenient area of Federal Way, this home has character and all the amenities you could want. Call Russ Deuel 838-9933, 927-3280.

**ONE OF A KIND $49,950**

This beautiful split level is ideal for the young family. Features spacious living room, family room, and three bedrooms. All of this plus a large deck and beautifully landscaped gardens. Call Russ Deuel 838-9933, 927-3280.

**SUNSET OVER THE OLYMPICS**

Unique custom built home, with the main floor, including a grandeur room on your front yard! A true 5 Star! Great room, kitchen, dining, living, and storage room. New on the market! Call Russ Deuel 838-9933, 927-3280.

**WE HAVE ACCESS TO OVER 1,000 PROPERTIES CALL US NOW!**

838-9933

3400 S.W. 30th

927-3280
**Quality Street**, 413 West Valley Highway South, Des Moines, WA 98092

**FAIRFIELD HILLS**
$159,500

Entertain in comfort. 4 bedrooms, 3 1/2 baths, fully equipped kitchen, family room, dining room, living room, master suite with Roman bath and walk-in closet. Hardwood floors, central A/C, large 3 car garage with extra parking. 2680 sf, built in '78. Close to schools and shopping. Call 243-5284.

**FAIRMONT HILLS**
$147,500

3 bedrooms, 2 baths plus den, fully equipped kitchen, family room, living room, master suite with Roman bath and walk-in closet. 2 car garage, central A/C, large windows, built in '77. Located near schools and shopping. Call 243-5142.

**FAIRVUE TOWERS**
$142,500

Large 3 bedroom, 3 bath, corner unit with spectacular view of Sound and Olympics. Large living room, den, formal diningrm, kitchen, fireplace. Close to schools and shopping. Call 824-4439.

**CHERRY HILLS**
$139,900


**FAIRFIELD HOUSES**
$93,900

Manchester 4 bedrooms, 2 bathrooms, formal living and dining rooms, family room, fully equipped kitchen and family room. Close to schools and shopping. Call 243-5142.

**FAIRFIELD HILLS**
$97,900

3 bedrooms, 2 baths, formal living and dining rooms, family room, fully equipped kitchen, A/C, 2 car garage. Located near schools and shopping. Call 243-5142.

**FAIRFIELD HILLS**
$94,900

3 bedrooms, 2 baths, formal living and dining rooms, family room, fully equipped kitchen, A/C, 2 car garage. Located near schools and shopping. Call 243-5142.

**FAIRFIELD HILLS**
$93,900

3 bedrooms, 2 bathrooms, formal living and dining rooms, family room, fully equipped kitchen, A/C, 2 car garage. Located near schools and shopping. Call 243-5142.

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Act Now! . . . Deadline is Sept. 25th

For information call:
937-5550


**NOTICE OF THE ADDITION BY THE BOARD OF COMMISSIONERS OF KANATA DISTRICT, KING COUNTY, WASHINGTON, OF A MURAL PROPERTY TO THE KANATA LOCAL IMPROVEMENT DISTRICT NO. 39**

NOTICE IS HEREBY GIVEN that on the 2nd day of Nov., 1979, the Board of Commissioners of Kanata Special District, King County, Washington, did pass Resolution No. 79-15, adding a certain property to Kanata Local Improvement District No. 39. The proposed improvement being as is set forth on Exhibit "A". NOTICE IS FURTHER GIVEN that the total estimated cost of said improvement shall be $2,000.00.

The proposed improvement will be for public hearing on the formation of the proposed Utility Local Improvement District No. 39. A hearing shall be held before the Board of Commissioners of Kanata Special District, King County, Washington, on the 13th day of Nov., 1979, at 9:30 a.m., at the offices of Robert D. Green, at 555 North 30th Street, Seattle, Washington 98103. Said hearing will be for the purpose of proposing an assessment in the form of a transfer fee, to be levied upon the real property located within the proposed utility district for the creation of the proposed district for the purpose of financing the proposed improvement. Said hearing will be held in accordance with the provisions of RCW 86.26.010 et seq., and RCW 86.26.080.

Said hearing is hereby advertised for the information of the property owners and the public. A copy of the proposed assessment can be obtained from the Board of Commissioners of Kanata Special District, King County, Washington, at the address above.

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**NEW 1979 F100 LONGBOX**

SOUTHGATE FORD

13501 Snoqualmie Valley Road

KING COUNTY, WA 98034

(206) 833-4397-854-5920

**NEW EXHAUST, AND NEW INTERIOR, IS $250, COL 839-0990.**

**COLLECTIONS**

**50$** for every two tires, hook-ups for camper or trailer, $4850, 824-5661 evenings.

**WRECKED 1973 MAVERICK**

**FOR SALE 1976 Ford LTD.**

**1964 GMC Pickups, or TRAILERS, CAMPERS, 10 FOR $4800.**

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**NEW 1979 FORD LTD.**

**AUTOMATIC Transmission & new tires, hook-ups for camper or trailer, 2 gas tanks, 2 batteries, 1975 Audi 1700, $4850, 824-5661 evenings.**

**FOR SALE 1976 BMW 2002**

**NORTON 850 Command, 5500 miles, $1800.**

**1972 DODGE VAN $1200. 1976 BMW 2002**

**1964 GMC Pickups, or TRAILERS, CAMPERS, 10 FOR $4800.**

**PUBLIC NOTICE**

NOTICE IS HEREBY GIVEN that on the 2nd day of Nov., 1979, the Board of Commissioners of Kanata Special District, King County, Washington, did pass Resolution No. 79-15, adding a certain property to Kanata Local Improvement District No. 39. The proposed improvement being as is set forth on Exhibit "A". NOTICE IS FURTHER GIVEN that the total estimated cost of said improvement shall be $2,000.00.

The proposed improvement will be for public hearing on the formation of the proposed Utility Local Improvement District No. 39. A hearing shall be held before the Board of Commissioners of Kanata Special District, King County, Washington, on the 13th day of Nov., 1979, at 9:30 a.m., at the offices of Robert D. Green, at 555 North 30th Street, Seattle, Washington 98103. Said hearing will be for the purpose of proposing an assessment in the form of a transfer fee, to be levied upon the real property located within the proposed utility district for the creation of the proposed district for the purpose of financing the proposed improvement. Said hearing will be held in accordance with the provisions of RCW 86.26.010 et seq., and RCW 86.26.080.

Said hearing is hereby advertised for the information of the property owners and the public. A copy of the proposed assessment can be obtained from the Board of Commissioners of Kanata Special District, King County, Washington, at the address above.
Brown bagging can be beautiful

Photos by Mike Bainter
Text by Sandra Thew

The stigma of the old brown bag lunch has disappeared as more people have discovered the culinary and economic joys of preparing lunches at home.

If it seems like everyone is taking a lunch to work and school, it could very well be the case since the packable meal is no longer finding its way into executive's attache cases and designer (Gucci) bags.

The rank of lunch toters may include the dater who prefers single low-cost foods and the busy mother who eats her school lunch at the restaurant near work. The economy-minded person may pack a lunch and then spend the time playing cards or backgammon with friends. For those tired of the mass-produced hamburgers and fries, they may seek refuge in a road-based, sandwich on homemade bread. Contemporary lunchboxes have an advantage over their ancestors who carried old hamburgers and tacos, they may seek refuge in a road-based, sandwich on homemade bread.

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### Meat Department

**Beef Sirloin Tip Roast**
- **U.S.D.A. Choice, Boneless**
- **$1.99 lb.**

**Smoked Ham Hocks**
- **$6.99 lb.**

**Turkey Roast**
- **$5.99 lb.**

#### Bacon, Sliced
- **Ruth Black Hawk**
- **99¢ per lb.**

#### Lean Ground Beef
- **$1.59 per lb.**

#### Scotch Buy
- **Tomato Juice**
- **46 oz.**
- **49¢ per can.**

**Orange Juice**
- **12 oz.**
- **65¢ per shelf.**

**Black Pepper**
- **4 oz.**
- **69¢ per shelf.**

**Orange Juice**
- **8 oz.**
- **89¢ per shelf.**

**Fabric Softener**
- **99¢ per shelf.**

#### Deli Section

**Mexican Food Section**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chunk Bologna</td>
<td>99¢</td>
</tr>
<tr>
<td>Franks</td>
<td>99¢</td>
</tr>
<tr>
<td>Sliced Bologna</td>
<td>1.19</td>
</tr>
<tr>
<td>Sliced Salami</td>
<td>1.19</td>
</tr>
</tbody>
</table>

#### Scotch Buy

**Tomato Juice**
- **46 oz.**
- **$1.09 per shelf.**

**Orange Juice**
- **12 oz.**
- **$1.69 per shelf.**

**Tomato Juice**
- **8 oz.**
- **$0.89 per shelf.**

#### Frozen Foods

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lucerne Ice Cream</td>
<td>$1.29</td>
</tr>
<tr>
<td>Egg Beaters</td>
<td>$1.09</td>
</tr>
<tr>
<td>Carnation Taters</td>
<td>$0.99</td>
</tr>
</tbody>
</table>

#### Scotch Buy

**Orange Juice**
- **12 oz.**
- **$1.69 per shelf.**

**Black Pepper**
- **4 oz.**
- **$0.69 per shelf.**

**Orange Juice**
- **8 oz.**
- **$0.89 per shelf.**

#### Scotch Treat

**Orange Juice**
- **12 oz.**
- **$0.89 per shelf.**

**Orange Juice**
- **8 oz.**
- **$0.59 per shelf.**

#### Green Beans
- **16 oz.**
- **$0.59 per shelf.**

#### Tomatoes
- **12 oz.**
- **$0.59 per shelf.**

#### Ovenjoy Bread
- **22.5 oz.**
- **$0.59 per shelf.**

#### Beer & Wine Too!
- **Yosemite Road**
  - **$0.59 per shelf.**
- **Inglewood**
  - **$0.59 per shelf.**
- **Paul Masson**
  - **$0.59 per shelf.**
- **Miller Lite**
  - **$0.59 per shelf.**
- **Budweiser**
  - **$0.59 per shelf.**

#### Lucerne Ice Cream
- **Half Gal.**
  - **Reg. Eo. 2.75**

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*Prices effective Wednesday, September 19, 1979 thru Tuesday, September 25, 1979. Sales in retail quantities only.*
### Day's Specials

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dial Bar Soap</td>
<td>$5.10</td>
</tr>
<tr>
<td>Tone Bar Soap</td>
<td>$5.70</td>
</tr>
<tr>
<td>Dial Bar Soap + Tone Bar</td>
<td>$9.90</td>
</tr>
<tr>
<td>Purex Bleach</td>
<td>$1.99</td>
</tr>
<tr>
<td>Almond Bar, Reese Peanut</td>
<td>$1.79</td>
</tr>
<tr>
<td>Butter Cup, Mr. Goodbar</td>
<td></td>
</tr>
<tr>
<td>Reese Crunky</td>
<td></td>
</tr>
<tr>
<td>Peanut Butter</td>
<td></td>
</tr>
<tr>
<td>Cheese</td>
<td></td>
</tr>
<tr>
<td>3 Muskemeers, Milky Way,</td>
<td>$1.69</td>
</tr>
<tr>
<td>Stickers or Plain M&amp;M's</td>
<td></td>
</tr>
<tr>
<td>6 oz.</td>
<td></td>
</tr>
<tr>
<td>Pepsi-Cola</td>
<td>$1.29</td>
</tr>
<tr>
<td>Apple Juice Tree Top</td>
<td>$6.09</td>
</tr>
<tr>
<td>10 oz.</td>
<td></td>
</tr>
<tr>
<td>Cheer Detergent For Laundry</td>
<td>$4.79</td>
</tr>
<tr>
<td>171 oz.</td>
<td></td>
</tr>
<tr>
<td>Cinnamon Pull A Parts</td>
<td></td>
</tr>
<tr>
<td>Freshly Baked</td>
<td>$1.29</td>
</tr>
<tr>
<td>Honey Whole Wheat Bread</td>
<td>$0.89</td>
</tr>
<tr>
<td>Light Spread</td>
<td>$1.19</td>
</tr>
<tr>
<td>Parkay</td>
<td></td>
</tr>
<tr>
<td>Dough Dressing</td>
<td>$1.09</td>
</tr>
<tr>
<td>1 lb.</td>
<td></td>
</tr>
<tr>
<td>Cube Margarine Parkay</td>
<td>$0.49</td>
</tr>
<tr>
<td>1 lb.</td>
<td></td>
</tr>
<tr>
<td>Honey Freshly Baked</td>
<td>$1.29</td>
</tr>
<tr>
<td>Cheese</td>
<td>$0.49</td>
</tr>
<tr>
<td>Light Spread</td>
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</tr>
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<td></td>
</tr>
<tr>
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</tr>
<tr>
<td>1 lb.</td>
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</tr>
<tr>
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<thead>
<tr>
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<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fruit Battery</td>
<td>$0.99</td>
</tr>
<tr>
<td>Purex Bleach</td>
<td>$1.99</td>
</tr>
<tr>
<td>Almond Bar, Reese Peanut</td>
<td>$1.79</td>
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### Safeway Stores

Prices Effective at the following Safeway Stores:
Biscuits create super supper pleasers

Looking for something quick, easy and different for tonight's dinner? Swiss and Caper Crescent Rolls will make an excellent addition. To make Crescent Rolls, cut bacon, cheese and tuna give a pleasing flavor to this easy supper dish.

For another open-faced sandwich idea, Tuna Cheese Crescent Squares make a super supper dish for lunch or dinner.

CRESCENT SQUares

(Yield: 8 to 16 servings)

1 can (8-ounces) refrigerated crescent dinner rolls

1 cup mayonnaise

1 cup shredded Swiss and Cheddar cheese

1 cup chopped chives

4 eggs, slightly beaten

1 cup chopped fresh parsley

Preheat oven to 375 degrees F. Bake 10 to 15 minutes or until crust is golden brown.

TUNA CHEESE CRESCENT SQUares

(Yield: 8 to 16 servings)

1 can (8-ounces) refrigerated crescent dinner rolls

2 cups (4 ounces) Swedish or cheddar cheese

1 (2-ounces) can sliced turkey

Mix all ingredients except crescent rolls in mixing bowl; stir until well blended. Place crescent rolls on ungreased 8- or 9-inch round cake pan; press over bottom of pan to form rim. Bake in preheated 375-degree F. oven for 20 to 25 minutes or until crust is deep golden brown.

Note: To make ahead, prepare, cover and refrigerate up to two hours; bake as directed. To rebate, cover loosely with foil; heat at 375 degrees F. for 20 to 25 minutes.

PUFFY ONION CREScent BAKes

(Yield: 1 serving)

1 cup (8 ounces) refrigerated flaky biscuits

4 green onions, thinly sliced

1 tablespoon cream of chicken soup

1 tablespoon milk

2 tablespoons grated onion

1 clove garlic, minced

1 teaspoon salt

1/4 teaspoon paprika

2 tablespoons soft margarine

2 tablespoons grated Cheddar cheese

Separate crescent rolls into four 4-inch strips. Place in ungreased 8- or 9-inch round cake pan; press over bottom of pan to form rim. Bake in preheated 375-degree F. oven for 10 minutes. Remove from oven; spread with filling. Bake 10 to 12 minutes longer or until crust is golden brown.

Serve warm.

Note: To make ahead, prepare, cover and refrigerate up to two hours; bake as directed. To rebate, cover loosely with foil; heat at 375 degrees F. for 20 to 25 minutes.

Invite your friends over for a fall dessert treat. Each of these advertised items must be readily available up for sale at the selected price in each Fred Meyer store, except as specifically noted at this date.

Rum adds spice to pie and punch

To make Cheese Crescent, place 1 cup dairy sour cream, 1 cup (4 ounces) shredded Swiss or cheddar cheese, 1 can (8-ounces) refrigerated crescent dinner rolls in mixing bowl; stir until well blended. Place crescent rolls in Reaganed 13-by-9-inch pan; press over bottom and one-half inch up sides to form crust. Sprinkle with poppy seed, if desired. Bake in preheated 375-degree F. oven for 20 to 25 minutes or until crust is golden brown.

Serve warm.

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I turkey breast, cut into thin strips (about two froze pea pods
up your meeting,
of the Orient will spice
any crowd. The flavor
steaming with ginger,
salt, with houses and a hint of
enliven the evening,
Fry dinner will
ter. Add to dry ingre­
tedients.

Beat together milk
powder
terns. Add to dry ingre­
tedients.

on and cheese and nuts. Mix

cheese and nuts. Mix

Scrape mixture into
cupof bread. Let stand
for five minutes, then

buttered muffin

bacon. Add salt and pepper

chives

tops.

bacon sauce.

bacon sauce.

bacon sauce.

bacon sauce.

bacon sauce.

bacon sauce.

bacon sauce.

bacon sauce.

bacon sauce.

bacon sauce.

bacon sauce.

bacon sauce.

bacon sauce.

bacon sauce.

bacon sauce.
Serve a terrific meal in a moment's notice

Lunch special

The packed lunch is an American institution. Spreads and hot terrors drink are served at lunch. Roll-ups are a tasty combination of meat, white or yellow fruit, cheese, pineapple, or banana jam. Cheese and crackers is a standard lunch item. Pack a lunch a day and see the economic effects on lunch costs, use of storage facilities, and 당신의 친구들. The important thing to remember is to vary the selection of items from portion to portion of the right.

Suggested here are delicious sandwiches spread and hot terrors drink. Roll-ups are a tasty combination of meat, white or yellow fruit, cheese, pineapple, or banana jam. Cheese and crackers is a standard lunch item. Pack a lunch a day and see the economic effects on lunch costs, use of storage facilities, and 서투. The important thing to remember is to vary the selection of items from portion to portion of the right.

The original home of the packed lunch is China. In the 18th century, it was eaten in the presence of the emperor. It is said that the packed lunch was invented by the Chinese to make it easier for the emperor to eat his meals. The packed lunch is still popular in China today, and it is considered a symbol of Chinese culture and tradition.

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Preparation:

1. Preheat the microwave to Full Power. Cook onion, mushrooms, and peanut butter in a microwave-safe dish for 1 minute on Full Power, stirring every 30 seconds.
2. In a separate dish, mix flour, cream, and salt. Stir in peanuts by hand.
3. Cover the peanut mixture with cheese. Cook in the microwave for 2 minutes on Full Power or until cheese melts. Let stand for another minute.

Serving:

Serve the peanuts with cheese. You can further customize with a variety of additional toppings such as fresh vegetables, nuts, or dried fruit.
We're going for the best flavors in our daily specials. Our chefs use only the freshest ingredients to create dishes that will tantalize your taste buds. Try our signature dishes or customize your meal to suit your preferences. We look forward to serving you soon!
Meatless meal rescues cook on hectic day

For those busy days when you don't have time to cook up a full meal, Wisconsin can help you prepare an easy and economical feast, Wisconsin time to cook up a meal without a lot of fuss or planning.

For those busy days when you don't have time to cook up a meal without a lot of fuss or planning.

**Stewed Meat**

Saltines, loaf bread, Biscuits butter 1 teaspoon grated onion. Arrange the estimated amount of cheese, and frankfurters, pizza sauce and mozzarella cheese. Arrange the chopped 3 eggs, well beaten. Sprinkle with the chopped sauce over the cheese. Cover with waxed paper and refrigerate for several hours. Bake in a preheated 350-degree oven for 30 to 40 minutes or until golden brown.

**Parmaesan Cheese**

In a mixing bowl, blend the Parmesan cheese, milk, and salt. Add the sliced baby potatoes, and brown sugar. Pour egg mixture over Parmesan cheese. Bake in a preheated 350-degree oven for 20 minutes or until set. Cover with sliced potatoes, and bake for 10 minutes or until golden brown.

**Green Giant Kitchen**

Each serving of this dish provides a good source of vitamin A and vitamin C. It is also a low-fat source of protein and fiber.

**Rice-a-Roni**

This is a unique combination of rice, pasta, and vegetables. It is a convenient and nutritious meal that can be prepared in minutes.

**The blender**

The blender is a versatile appliance that can be used for a variety of purposes. It is a great way to mix ingredients together to create a smooth, creamy sauce. It is also a great way to mix vegetables and fruits to create a healthy salad dressing.

**Creamy Italian Dressing**

This is a classic Italian dressing that is made with cream, mayonnaise, and Parmesan cheese. It is a great way to add flavor and nutrition to a salad.

**Fryer Cut-Ups**

This is a popular method of cooking chicken that is both quick and easy. It produces a crispy, well-cooked chicken that is delicious.

**Kraft Mild Dutch Shred**

This is a classic cheese that is used in many different dishes. It is a great choice for a sandwich, pizza, or a salad.

**Biscuits and Gravy**

This is a classic breakfast dish that is made with biscuits and gravy. It is a hearty and satisfying meal that is perfect for a morning.

**Turkey Chop**

This is a popular dish that is made with turkey. It is a lean and healthy choice that is perfect for a healthy meal.

**Rice-a-Roni**

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GERMAN STUFFED PORK CHOPS

(Yield: 4 servings)

1 1/4 cups (6 ounces) cubed Cheddar cheese
1/2 cup soft bread crumbs
3/4 cup diced dried apricots
1/4 teaspoon celery seed
1 can (6 ounces) apple juice
4 loin pork chops with pocket cut, 1/2 inch thick
2 tablespoons butter
1 cup chopped celery
1 cup thinly sliced carrots

In mixing bowl mix together cheese, crumbs, apricots, celery seed and one-fourth cup apple juice. Stuff pockets of chops; set aside remaining stuffing.

In large skillet melt butter; slowly brown chops.

Half quart casserole with cover; arrange chops over vegetables. Top each with one-fourth each of remaining stuffing. Pour one-half cup apple juice over all. Cover. Bake in preheated 350-degree oven 45 minutes; remove cover and bake an additional 15 minutes.
Turn garden vegetables into bountiful dinner salad

**Broccoli Monté**

- 3 cups broccoli florets
- 2 cups carrots, cut in one-inch pieces
- 1 cup sparking mineral water

**RECIPE**

1. In large saucepan, combine broccoli, carrots and slivered almonds. Make a saucepan with 1 cup pineapple chunks.
2. To orange juice, add one-third cup pineapple juice and 1/3 cup sparking mineral water.
3. Bring to a boil. Cover and simmer 15 minutes or until vegetables are tender. Add remaining ingredients and serve.

**DINNERS**

**KRAFT DINNERS**

- Macaroni and Cheese
  - Quick Meal Favorite! 7-1/4 oz
  - FOR $4.10

**CHUNK TUNA**

- Chicken of the Sea
  - In Oil or Water 6-1/2 oz can
  - FOR 65¢

**SOFT DRINKS**

- Coke, Tab, Sprite, Fresca
  - 2 LITER LIGHTWEIGHT PLASTIC BOTTLE
  - FOR 99¢

**GROCERY SPECIALS**

- **SKIPPY PEANUT BUTTER**
  - Super Chunk or creamy 18 ounce jar
  - FOR 1.09

- **KRAFT DINNERS**
  - Macaroni and Cheese
  - Quick Meal Favorite! 7-1/4 oz
  - FOR $4.10

**FROZEN FOODS**

- **TOTINO'S CLASSIC PIZZA**
  - Combination or Pepperoni with Mushrooms Frozen 20 oz
  - CRISP CRUST 1.99

- **CHUNK TUNA**
  - In Oil or Water 6-1/2 oz can
  - FOR 65¢

**Deli Shoppe**

- **SMOKED ROAST BEEF**
  - Sliced, Reg. $5.59 lb.
  - FOR 4.59 lb.

**Butcher Block**

- **FRESH SEA TROUT** 2"
  - New, Reg. $1.99 lb., Save 40¢!

- **SMOKED CHICKEN BREASTS**
  - Frozen, Reg. $1.99 lb., Save 49¢!

**Soft Drinks**

- Coke, Tab, Sprite, Fresca
  - 2 LITER LIGHTWEIGHT PLASTIC BOTTLE
  - FOR 99¢

**Deli Shoppe**

- **SMOKED ROAST BEEF**
  - Sliced, Reg. $5.59 lb.
  - FOR 4.59 lb.

**FRESH FROZEN CALVES URVER**

- **POTATO SALAD**
  - For 99¢ ROAST BEEF

**FRESHSEA TROUT**

- **2"**
  - New, Reg. $1.99 lb., Save 40¢!

**SMOKED CHICKEN BREASTS**

- Frozen, Reg. $1.99 lb., Save 49¢!

**BAKERY**

- **TYLENOL**
  - 60 COUNT
  - FOR 2.65

- **REVLO N FLEX SHAMPOO**
  - Oil, Treated or Reached
  - For 1.99 EA.

- **JELL-O GELATIN**
  - Lemon, Cherry, Lime, Orange, Raspberry, Strawberry
  - Make 12 cups, Reg. 27¢ each

**Of Nice Deals**

- **DINNERS**
  - **KRAFT DINNERS**
    - Macaroni and Cheese
    - Quick Meal Favorite! 7-1/4 oz
    - FOR $4.10

- **CHUNK TUNA**
  - Chicken of the Sea
  - In Oil or Water 6-1/2 oz can
  - FOR 65¢

- **SOFT DRINKS**
  - Coke, Tab, Sprite, Fresca
  - 2 LITER LIGHTWEIGHT PLASTIC BOTTLE
  - FOR 99¢

- **GROCERY SPECIALS**
  - **SKIPPY PEANUT BUTTER**
    - Super Chunk or creamy 18 ounce jar
    - FOR 1.09

**FROZEN FOODS**

- **TOTINO'S CLASSIC PIZZA**
  - Combination or Pepperoni with Mushrooms Frozen 20 oz
  - CRISP CRUST 1.99

**CONCENTRATED HEAVY DUTY WASH LIQUID**

- **Kraft**
  - FOR 47¢

**Our people bring you back.**
No-hassle special diet cookery

The biggest problem when cooking for someone who is on a special diet is that you might want to try cooking two separate meals - one for the non-dieter and one for the patient. This means you have to learn about the special diet foods and perhaps a few tricks of preparation.

For example, a low sodium or low salt diet is a fairly common one. The simplest solution is to cook without salt and let everyone add salt to their meal at the table. But, as the other half once realized how to season or enhance the flavor of foods without salt, even the non-dieters won't miss it.

Here's a recipe that's a good example:

**PORK CHOP CASSEROLE**

*Yield: 6 servings*  

1 large pork chop  
1/2 cup chopped onion  
f/4 cup packed pineapple  
1/2 cup chopped orange  
1 tablespoon unsalted butter  
1/4 cup chopped celery  
1/4 cup finely chopped carrots  
1/4 teaspoon salt  
1/4 teaspoon pepper

**Ingredients:**
- 1 large pork chop
- 1/2 cup chopped onion
- 1/2 cup packed pineapple
- 1/2 cup chopped orange
- 1 tablespoon unsalted butter
- 1/4 cup chopped celery
- 1/4 cup finely chopped carrots
- 1/4 teaspoon salt
- 1/4 teaspoon pepper

**Instructions:**
1. Preheat oven to 350°F.
2. Cut pork chop into 1-inch pieces.
3. In a large skillet, sauté onion in 1 tablespoon butter until soft. Add pineapple, orange, and pork. Cook, stirring, until pork is browned.
4. Transfer mixture to a 9x13-inch baking dish.
5. In a small bowl, mix remaining 1/4 cup butter with flour, salt, and pepper. Pour over pork mixture. Bake, uncovered, for 30 minutes, until pork is browned.

Variety is exciting and a change is needed in the diet. To have healthy recipes to the table, and in the added pleasures of cooking provided.

A sandwich for breakfast - and why not? Most children are jumped hair and need a jampudding. You can do it all with love. Heartly love butter (see tophapoon) and jelly sandwich are prepared with homemade butter. Honeymaad Cereal Bread, a music, tender delight, bread made with crunchy nut-like seeds. It's a complete breakfast including a sandwich, one whole orange and one (6 ounces) glass of milk, provides one-fourth to one-third of the recommended daily allowance of key nutrients for children aged 7 to 10 years.

**We make it easy with our Friday edition ENTERTAINMENT GUIDE**

Don't plan your weekend without it!

**Federal Way News**

839-0700

Ready your recipes for the Cookbook Contest

What's breakfast like in your house? Then it's time to start the day feeling good. It's especially good with honey dew melon, grapefruit, or a slice of green grape.

**It's a matter of taste**

Don't just EAT out...DINE out in style! Make reservations now for your restaurant to be in the DINING GUIDE.

**ENTERTAINMENT & DINING GUIDE**

Be a part of it all!

We make it easy with our Friday edition ENTERTAINMENT GUIDE

**It's a matter of taste...**

Don't plan your weekend without it!

**Federal Way News**

839-0700
Flavorful breads -- the joy of cooking

12 or 14-inch pizza and breads to 19 or 21 inches when lightly baked. Immediately remove from pan.

**BUT ROLL HEINZ MUNDEY BREAD**
(Yield: 12 or 14 rolls)
1 package hot roll mix
1 cup warm water
4 cups warm water
1/2 teaspoon salt

Bake in preheated 350-degree oven for 30 to 35 minutes or until deep golden brown and sounds hollow when lightly tapped. Loosens edges; immediately remove from pan.

**CHEESE BREAD FOR 8 TO 10 PEOPLE**
(Yield: 1 loaf)
1 package hot roll mix
1 cup warm water
4 cups warm water
1/2 teaspoon salt
1/2 cup margarine (melted)
2 cups grated cheddar or Provolone cheese
(105 degrees to 115 degrees F.)

Spoon mixture into greased pan; cover; let rise in a warm place until light and doubled in size, 45 to 60 minutes. Warm roll mixture; blend in water. Dissolve yeast on well-floured surface; add 1 to 2 tablespoons warm water to yeast and stir well. On well-floured surface, knead dough for 2 or 3 minutes. Cover; let rise in a warm place until light and doubled in size, 45 to 60 minutes.

Bake in preheated 350-degree oven for 30 to 35 minutes or until deep golden brown and sounds hollow when lightly tapped. Loosens edges; immediately remove from pan.

**MEAT PRICES ARE LOWER NOW! COMPETITIVE...**

**SUGAR AND SPICE WITH EASE**

**J. m.
I,-ONE-RISE OATS 'N \( Y^\)
flavorful breads- the joy of cooking

- Last, but not least, "Cheese With Ease is as spectacular as it looks. Will definitely make this again. Thank you."

- "I've been cooking with The News for 20 years and love easy recipes. This is a winner!"
It's apple season with fall desserts

With good cooking apples nearly always available, it's easy to make a winning beef or pork main dish with a side of creamy rice. All you need is a wholesome crust to contain the filling and a savory sauce to keep it moist. The crust can be made with refrigerated crescent rolls or a pie crust. The filling is most flavorful when made with fresh apples or a combination of fresh and canned. The sauce can be any type of gravy you like, such as beef, chicken, or mushroom.

For a dinner party in a hurry, make French or Vienna salami for beer on a Kaiser roll, and serve it with a choice of cheeses such as cheddar or provolone. A good sandwich is a winner at any time.

To make a winning party apple dessert, combine powdered sugar, cinnamon, and peanut brittle for a winning combination. These ingredients can be used to fill pie crusts or to make a delicious topping for apple bars. The dessert is easy to make and a perfect accompaniment to coffee or tea.

There are many ways to enjoy apple desserts, and it's a good idea to have a variety of options available. Whether you prefer a baked apple pie with custard or a fresh apple tart with a crispy crust, you can be sure that your guests will be pleased with the results.

For a fun addition to your dessert table, make a cheese-and-apple platter. Cut up fresh apples and serve them with a variety of cheeses, crackers, and nuts. This is a great way to satisfy different tastes and preferences.

With a little creativity and some basic baking skills, you can create a delicious apple dessert that will impress your guests. Whether you prefer a traditional apple pie or a modern twist on a classic recipe, there's something for everyone to enjoy.

Remember to make sure your apples are ripe and sweet before using them in your recipe. If you're not sure how to determine if an apple is ripe, simply press lightly on the fruit. If it's soft and yielding, it's ready to use.

For more delicious apple recipes, check out our website or visit a local farmer's market for fresh, local produce. With a little effort, you can create a memorable meal that will be enjoyed by all.