When I first saw my daughter, back from June O'Brien's, it took about seven weeks. 50 hours a day to keep her up.

But June Camp Kilvert, who lives in the state and perhaps the only student who has been marked for death in the social studies class, hasn't been named a bit.

"It was a great day," Camp Kilvert said. "It was the first day I've seen a woman in her early 20's who is 6 feet 9 inches tall and has blonde hair, and is wearing a long dress and black pants.

I'm surprised, but not at all surprised.

"I definitely want to keep some of her things," Camp Kilvert said. "I'll be sure to send her some flowers later this week."
they're in the starting gates, they're set, and they're going.

The 1979 political season is officially underway this week as filings opened Monday for various elected offices.

Here's how the progression works: First, the various candidates must file by this Friday, then they campaign for the Primary Election which will be on September 10th.

The Primary narrows the field to the two candidates for each race. The Washington General Election will determine the winners.

This is an off year (1979) for popular races such as these for president, governor, congressman and state legislator. The next one won't be until 1980 — but there should be a few interesting races to watch locally this fall.

One of the races for King County Assessor. Our current incumbent, Assessor Harley Hoppe, is being challenged. McGuire, a young engineer, states that he is extremely hard to beat the outspoken Republican. McGuire is a Democrat. Hoppe, who is always campaigning for something, said this year he won't seek election to any other office while he's in assessor, if he's re-elected.

It will be interesting to see if he sticks to his word. He has been known in the past to run for county executive and governor while serving as assessor.

We fully expect McGuire to give Hoppe a run for his money.

Another interesting race could be that for Port Commissioner. Positions held by the council's choice, Mike Henry Simonson will be up for election. Briefly:

So far we know of one challenge to Simonson's position: Bill Sage, a Seatlle attorney, who wants to make the Port "a good business operation." State Senator King Lyman, Dalton District, could make the Port race interesting as well, and is known about serving as a Port Commissioner. "The fire districts, the park districts, the fire districts, and so on — we fully expect McGuire to give Hoppe a run for his money."

Pumping the feds for additional gas

The first of August boils the beginning of the off year. The Washington State Department of Ecology permits from other areas may have additional gas allocations.

The relief won't be complete. A factor that will deter- mine the amount is federal govern- ment.

The persons who, for reasons from stranded in gas lines or drag- ged our way into a new way of life, will be able to avoid them, the need for more permits for the supply of fuel is pronounced. For the federal government, frequently not only involves hu- manity, but also efficient (and expensive) transportation. However, as we would like to submit for consideration in future legislation.

The Federal Way council's reputation for being agreeable with a number of the growing communities in the state is not well kept. Bypass program and all.

The council has for a number of years to make a decision as to how to proceed for regional gas, and the Federal Way area, which has been around since 1972, with 4,000 permits from July 1979 to July 1979 alone.

Construction projects that upper Federal Way have been testimony to continuing growth and, in fact, that same parcel service today di- rectly that residences and businesses under construc- tion — is, only those that have at least broken ground presently.

Growth obviously won’t quit.

Despite this growth, the availability of gas has not decreased 3.3 percent in the Federal Way area over last year.

To my various destinations in other parts of the state, the area's plight, but keep in mind that the state's share of the federal land development is in the Federal Way area — the area's plight.

You may not be a hero to those that have com- plained of the state's share of the federal land development.

The problem is less clear. The rise in gas prices that has continued to rise over the past two years.

In this area, gas prices have risen. But a natural gas stockpile in the Federal Way area.

State Department of Ecology

Your knowledge of the gas stockpile in the Federal Way area.

Considering your concern, you must face the need to increase taxes. The use of councilmanic bond issue from the municipalities. For regional post offices, the state may be funded by councilmanic bond issue.

The Washington Auto Association for regional post offices, the Washington State Department of Ecology, is sympathetic with the management of involved in the construction of new park and recreation bond issue.

The Atomic Energy Commission's report that "dumping ground" is the only place where the Atomic Energy Commission is laid.

As kind of a test of my own resolve, I decided to pump the feds for additional gas. I started honking his horn at us two years ago. I decided to pump the feds for additional gas. I started honking his horn at us the first day of the off year.

I forgave car.

The press of business re- quired that I forgave car.

Honk, honk.

It is expertise such as Gover- nor Ray, exhibiting the best that has been made her during the year. Submitted to the audience at the recent meeting of the Governor's office, the state is to show the people that no nuclear waste has been dumped on the beaches.

A growing concern of her con- stituents, on the other hand, is the waste to be dumped on the beaches.

Facts about this material were submitted to the audience at the recent meeting of the Governor's office, the state is to show the people that no nuclear waste has been dumped on the beaches.

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Photos by Mike Bainter
Text by Ann Hagen

TROUPE DIRECTOR Tani Snively demonstrates the use of poi balls.

Hawaiian aloha

With a piercing scream, fire dancers bounded on stage, all dancing to the pulsating beat of native drumming.

Dressed in colorful red and yellow costumes, the Polynesian dance troupe gave members of the Star Lake Community Club a look into the culture of the islands.

Three musicians, playing instruments such as drums, steel guitars and a Kalua Gold oil can, kept the rhythm fast and frantic as the troupe kept time with their feet and hips.

Using dances picked up in the islands during the last 10 years, troupe organizer Tani Snively said they try to keep the routines as authentic as possible.

A blond Norwegian, she said professional dancers take one look at her and never guess that she's in the business. They are often very willing to part with their secrets, she said. In costume, Tani, who tans to a golden brown, wears a waist-length wig to disguise her looks.

Tani, an Angle Lake resident for the past 20 years said she became interested in taking hula lessons 15 years ago. Always involved in dance, she signed up for lessons at the YMCA and began to dance professionally with a group of several people.

“Tani is an angle Lake resident for the past 20 years said she became interested in taking hula lessons 15 years ago. Always involved in dance, she signed up for lessons at the YMCA and began to dance professionally with a group of several people.

After two years, the hired several people and formed a troupe that danced every Friday and Saturday night for eight years at the Golden Door in Seattle.

“My son has been listening to the beat of Hawaiian music ever since he was crib size,” said Tani. Kim, now a 19-year-old sophomore at the University of Washington has been dancing with the group for the past three years. The fire dance is his specialty. "He remembers going to sleep to the sounds of the drums," said Tani chuckling.

Tani employs nine dancers and musicians, all of whom have regular jobs on the side. They play grand openings such as the Federal Way Citizen Federal Savings and Loan where they are scheduled for Aug. 2, Moose and Elk Clubs, community functions and conventions.

The dancers change about every two years, but she hangs in there. "The girls come and go. I'm the old lady of the group and I stay on." If her performance is any indication, she will be dancing for many years to come. She has a lively sense of rhythm and a relaxed interpretation of dance routines that make her a hit of the program.

TROUPE DIRECTOR Tani Snively demonstrates the use of poi balls.

HALLIE ANNE Kennar (Tall Tani) gives a guest a hearty welcome.

LINED UP FOR ACTION, Tani Snively and Mike Dorman give their grass skirts a shake-up.

With a piercing scream, fire dancers bounded on stage, all dancing to the pulsating beat of native drumming. Dressed in colorful red and yellow costumes, the Polynesian dance troupe gave members of the Star Lake Community Club a look into the culture of the islands. Three musicians, playing instruments such as drums, steel guitars and a Kalua Gold oil can, kept the rhythm fast and frantic as the troupe kept time with their feet and hips.

Prospecting a lively one-hour program, dancers gave watchers a taste of the Samoan lapa-lapa dance, a war dance typical of the Maori tribe on New Zealand, and the dramatic Samoan fire dance where the dancer whirls a flaming stick around, tasting the fire with his tongue and back.

A blond Norwegian, she said professional dancers take one look at her and never guess that she's in the business. They are often very willing to part with their secrets, she said. In costume, Tani, who tans to a golden brown, wears a waist-length wig to disguise her looks.

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### Waterland Festival '79 Schedule

**Waterland Festival '79 starts today in Des Moines with a grand bouquet daily as a kick-off for the event and as a tribute to former Miss Des MoinesJessica Mervin who holds the title of Miss Washington, until otherwise noted.**

- **Fruit Stand** noon to 7 p.m.
- **Zip** 10 p.m.
- **30th Annual Waterland Grand Parade** 7 to 8 p.m.
- **Altoona Amusements** (Tuesday and Thursday, each month, 10-7 a.m.)
- **Seattle Puppetory Theatre** 2 to 2:30 p.m.
- **The Pete Lenonen Quartet** 8:30 to 10 p.m.
- **Super Friday-Des Moines Boys' Club** 12 to 5 p.m.
- ** hb**

### Bus hours

The King County Council has passed and sent on to Metro a motion seeking an additional 100,000 hours of bus time on suburban routes. The motion recommends better feeder service to the express system and local and neighborhood service within communities to cut down on the number of transfers into the local business district.

If approved by the Metro Council, the county-sponsored route improvements would give Federal Way over 12,346 new hours costing about $1.3 million. The proposed new service would be paid for by the Metro service evaluation sub-committee for consideration.

### Special

**Special**: 20 New York STEAKS SPECIAL $39.90

###arness

**Save $10.00**

**Choose from**

- **B & E Meats**
- **B & E MEATS**

**Save 10% to 15% ALL NEW MERCHANDISE**

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**ALL NEW MERCHANDISE**

**Savings**

- **ALL NEW MERCHANDISE**
- **BANKRUPTCIES**
- **FREIGHT RETURNS**

**Gift Items**

- **Gift Items**
- **Gift Items**
- **Gift Items**

**Save**

- **Savings**

**Save 10% to 15%**

**ALL NEW MERCHANDISE**

### Dyslexia

**Dyslexia**

**SCHOOL**

**BEGINNING AUGUST 1, 1979**

**Dear Mom,**

I no you were writing because I don't read and ride so well. Don't mention Mom. Please believe me. I need a big word today that Mr. Wolfe said.

Lory, Eddie

That big word, Mom, is dyslexia. It is a language disability that experts say may be the leading cause of school dropouts, accounting for as many as 75%.

Catch your child up before the next school year. Help is now available for reading-spelling difficulties. Dyslexia is a term used for these problems. Leonardo da Vinci had dyslexia - recognize it.

### Just enter to win $10,000.00 at our new Federal Way branch office 1035 South 320th

**Win $1,000.00 cash from CITIZENS FEDERAL SAVINGS & LOAN ASSOCIATION**

**Just enter to win $10,000.00 at our new Federal Way branch office 1035 South 320th**

Stop by today. Hours 9:30 am to 6 pm Monday through Friday. Thousands of dollars in free gifts.

### Have some fun, spin the Lucky Wheel and win a free prize.

**Have some fun, spin the Lucky Wheel and win a free prize.**

Free gift you can win are $10, $20, $50 and $100 savings accounts...Free dinner at popular Federal Way restaurants, including Cafe Palomino, The Keg, Sea Galley, Black Angus, Pietro's Gold Coast Pizza...Plus...Lakewood Nursery, Inc. Plants.

A free plant from Lakeview Nursery when you open a new account. Stop by or Mail coupon for your chance to win $1000.00.
Police recover loot, arrest 2 suspects

King County Detectives served a search warrant on a Seattle residence and recovered $10,000 worth of goods taken from Federal Way businesses. The warrant was executed on a Seattle residence, where a Seattle Turns employee was arrested. The man is 24 and the woman is 30, he said.

Including a sewing machine, an electric typewriter and a film projector, the goods were taken from a residence near the intersection of South 44th Street and Military Road South. The female suspect, said Jackson, is the former wife of the victim. IN OTHER CRIME NEWS, arsonists struck three times between Wednesday and Sunday, and burglars hit four times. The only single incident in lost was $500 or greater occurred at a 35th Avenue Southeast residence, where an automobile valued at $1,000 was stolen from a garage.

Police also arrested five Federal Way teenagers during the weekend on charges of illegally consuming alcohol.

Jury acquits soldier

A King Superior Court jury of nine men and three women deliberated about six hours before voting to acquit a women, 33. The woman was shot in the trial that Manuel told his girlfriend, Louise Moore, "I'm going to show you something you have never seen before." Mr. Moore testified during the trial that Manuel told his girlfriend, Louise Moore, "I'm going to show you something you have never seen before." Mr. Moore testified during the trial that Manuel told his girlfriend, Louise Moore, "I'm going to show you something you have never seen before." Ms. Moore "was so screwed up by then." Ms. Moore said that Ms. Pleasant, put the gun to her head and grated it. She said she pointed the .38 Magnum revolver at him, she grated it and discharged the woman without.

The state maintained during the trial that Manuel told his girlfriend, Louise Moore, "I'm going to show you something you have never seen before." Ms. Moore "was so screwed up by then." Ms. Moore said that Ms. Pleasant, put the gun to her head and grated it. She said she pointed the .38 Magnum revolver at him, she grated it and discharged the woman without.

Brown's Point United Methodist Church (Church school at 3 p.m. and worship at 5 p.m.) 3336 Brown's Point Blvd., N.E. The Cam beautremark Parish Hall (each Wednesday) Family Night, children's young people, prayer and Bible study. Phone, 280-2715.

Sears

We sincerely apologize if it's not "for keeps." Skaggs will buy it back.

We use Kodak paper for a good look.

Regular price $4.49 per roll

Regular price $2.69 per roll

Present this coupon with film.


KODACOLOR FILM 12 EXPOSURE

Develop and print film

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KODACOLOR FILM 24 EXPOSURE

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Tape 9 Movie Film

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Regular price $5.98 per roll

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Normandy Park hires new cop

Dave Schorr, a reserve officer for the last eight months, has been elevated to a full-time position with the Normandy Park police department. Schorr, a native of Des Moines, has been a Normandy Park resident for five years.

The hiring of Schorr, 24, is the second such promotion in recent weeks, and is seen as another step toward the goal of increasing the police force to five men.

Besides serving as a police officer, Schorr has been a full-time patrolman by day and a reserve officer for the police department.

The hiring of Dave Schorr, a single and a graduate of the University of Washington, has made the Normandy Park Police Department a force to be reckoned with.

The Normandy Park Police Department has been working hard to meet the demands of the community, and they have been successful in recruiting and retaining qualified officers.

Schorr, who has been with the department for nearly two years, is a graduate of the University of Washington and has been a full-time patrolman by day and a reserve officer for the police department.

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Ranger's life rooted in nature

It's a big job, but one that appeals to June O'Brien, former Fife school bus driver and scout volunteer who looks forward to each day. As camp ranger, it's her job to coordinate the volunteer activities and maintain the 63-acre Boy Scout camp that is located just south of the Pierce County line on Dash Point Road Southwest.

Keeping a demanding schedule she plots out new ventures with the help of a committee from Mount Rainier Scout Council. Most of the supplies are either donated or taken from the property. However, she said there is always plenty of help for the numerous projects that are continually coming up. She gets volunteer labor from the community, scouts working on the badges, Navy reserve, CETA funded employees, Decatur students involved in the Distributive Education program and King County sponsored Work Training Program students.

The camp is used throughout the year by Boy and Girl Scouts, Campfire Girls, leadership training sessions and neighborhood kids.

Photos by Roy Musitelli
Text by Ann Hagen
Early entry requests may be made at one of two meetings to be held at the Educational Service Center for the purpose of obtaining the program, answering questions and making appointments for individual assessments. The meetings will be held at 10 a.m. and 1 p.m. Friday, Aug. 17. The contents of both meetings will be identical. A parent need attend only one.

Applications should be accompanied and forwarded to the above address. Dr. Smith, director of special services, will be notified of an appointment.

TOPS celebrates weight loss win

Mary C. Wallace, Tops 475 chapter president, was the speaker for the monthly meeting July 30 to mark the end of the club's month-long weight loss contest. Following the meeting, members adjourned to Pizza Haven for chef salads.

During the competition, each member was to lose as much weight as possible and to lose weight at a consistent rate, with the person who lost the weight most consistently being named the contest winner.

Mrs. Wallace, who is in the process of reaching her goal, shared some of her techniques with her listeners. Keep a journal for your own reference, she said, to do this for yourself, to be able to look back and have something to be proud of. She also emphasized the importance of being at least 15 pounds overweight to win.

Mrs. Wallace will gain an average of one pound a week.

The list included students who earned a weight loss average in at least 15 pounds every week.

The program is designed to ensure a high probability of weight loss and weight maintenance, so parents are advised to join the club. Meetings are held at 7 p.m. every Monday at Federal Way United Methodist Church, 2948 S 320th St.

One FREEganne with our COUPON

HICKORY FARMS

SPECIAL FOODS FOR SPECIAL PEOPLE
HICKORY FARMS customers and specially-abled people...

Our services are not limited to the disabled.

Sea TAC Mall

“No one has ever come to us who was not happier after their initial visit to the Weight Loss Clinic...”

We are a logical continuation of the success of the Weight Loss Center, allowing individuals to participate in a program that is designed for their specific needs. Whether you are looking to lose weight for health reasons or for cosmetic reasons, the Weight Loss Clinic can help you achieve your goals.

The Weight Loss Clinic is located at 2948 S 320th St., Federal Way, WA.

The Weight Loss Clinic is open from 10 a.m. to 5 p.m. Monday through Friday.

For more information, call 697-1730.

FEDERAL WAY

You deserve the best.

I don't need to sell you on the weight loss appeal of the Weight Loss Clinic. I am a repeat customer who found it the only way to weight control. It is the best solution for weight problems of any sort — whether due to overeating or to organ problems.

The Weight Loss Clinic is located at 2948 S 320th St., Federal Way, WA.

The Weight Loss Clinic is open from 10 a.m. to 5 p.m. Monday through Friday.

For more information, call 697-1730.

FEDERAL WAY

You deserve the best.
Skaggs, these buys better be worth it.

Valuable Skaggs Coupons

Clover Leaf Tuna
2 for 1.00

Nalley’s Dill Pickles
1.69

French’s Squeeze Mustard
88¢

Nalley’s Salad Dressing
79¢

Brach’s Peg-Bagged Candy
3 for 1.00

Skaggs Panty Hose
1.39

Steel Tennis Racket
2.00

Baby Fresh Wipes
88¢

Dr. Scholl’s Air Pillo Insolles
2 for 1.00

Skaggs Super Spectaculars

COKE, SPRITE, TAB OR FRESCA
Your choice of Coke, Sprite, Tab or Fresca in new, larger 16 oz. plastic-shield bottles. No deposit. 5 each.

REYNOLDS WRAP ALUMINUM FOIL
Reynolds Wrap aluminum foil fine thousands of uses. Keeps food fresher, great for leftovers.

STA-PUF FABRIC SOFTENER
Sta-Puf liquid fabric softener now works in the dryer. New formula does double duty. 15 loads.

STYRO ICE CHEST
Gotham styro ice chest with rope handle. Great for picnics and day hikes. Holds up to a double six pack. 43.95

BOSEHI 12” B. & W. TELEVISION
Boshe black & white TV. New incredibly clear picture at such a bargain price.

PRICES EFFECTIVE WED. AUG 1ST THRU SAT. AUG. 4TH
**SKAGGS Summer Clearance Sale**

**SAVE ON SELECTED ITEMS**

**20% - 30% - 50% OFF**

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**MURRAY LAWN MOWER**

**MAX-FLEX GARDEN HOSE**
Super strength and maximum flexibility - the gardener's choice. 5/8" x 50' #884250 for $5.99, 5/8" x 75' #884275 for $6.99.

**KELLY SHAMROCK WHEELBARROW**
Kelly Shamrock light duty homeowners wheelbarrow. Holds up to 3 cu. ft. #KS-3.

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**ORTHO LAWN FOOD**
Ortho lawn food builds rich green lawns. Covers 5,000 sq. ft. 23 lbs. #9201.

**LAWN SPREADERS**
Your choice of drop spreader or broadcast spreader. #441-500, #500-400.

**GRASS & WEED TRIMMER**
Tru Temper grass & weed trimmer makes the job easy. #7502.

**HOLIDAY FOGGER**
Holiday Fogger bug spray kills ants, roaches and other household pests. 14 oz. #9296.

**BLACK MAGIC PLANT MIX**
Black Magic house plant mix has new organic formula. 8 dry qts. #9286.

**THERMOS SUNPACKER COOLER**
Lightweight, durable plastic cooler made by Thermos. Super urethanes insulated. Holds up to 3 cu. ft. #RS-5.

**ALMET PADDDED CHAISE**
Almet padded chaise lounge will keep you in comfort. Roxanne or Del Rey patterns. #913.

**TURCO GAS GRILL**
Black Turco gas grill is perfect for outdoor barbecues. Keeps heat at even temperature. #4900.

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**POLYLITE COOLER**
Coleman polylite cooler with plastic molded handles. Holds 8 1/2 gals. #9281.

**MECO GAS GRILL**
Large Meco gas grill for big family barbecues. Heavy gauge. #9296.

**WEB CHAISE LOUNGE**
Sun Terrace choice lounge with striped webbing is so comfortable. #9277.

**COLEMAN COOLER W/JUG**
Coleman cooler with one gallon jug. Holds 12 galmrs. #9296.

**COLEMAN SLEEPING BAG**
Coleman's quality sleeping bag weighs 3 lbs. #9222A614.

**COLEMAN FUEL**
Coleman fuel for all gasoline camping appliances. One gallon.

**ALMET PADDED CHAISE**
Almet quality padded chaise lounge with wheels. Choose from Roxanne or Del Rey patterns. #913.

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**THERMOS JUGLER COOLER**
The Juguier multi-purpose cooler or jug has handle, faucet and removable tray. Holds 3 gals. #9297.

**MECO SWINGER II BARBECUE**
Meco Swinger II barbecue is great for outdoor cooking. Makes chicken & roasts taste their best. #9277.

**SUN TERRACE WEB LAWN CHAIR**
Comfortable, collapsible web lawn chair. Chosen from green & white or multi-colors. #9274.

**COLEMAN LIL' OSCAR COOLER**
The versatile cooler with re-usable lid. Holds 6 pack & plenty of ice. #9277.

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**WEB CHAISE LOUNGE**
Tru Ball game by Whamo. Includes 4 balls and 2 catchers.

**TENNIS BALLS**
Wilson tennis balls may improve your game. Three balls per can.

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**PRICES EFFECTIVE WED. AUG. 1st THRU SAT. AUG. 4th**

While supplies last. Sorry no rainchecks. Seasonal merchandise.
Rettig family holds reunion

A Rettig family reunion was held July 19 and 20 at the home of Jim and Joanne Woodruff at 16218 212th St. Miss Shuler attended Hong Kong International School and graduated from Mt. Rainier High School. William Woodruff has been announced by Mr. and Mrs. James E. Woodruff of 32124 Ninth Ave. S., University and is a 1976 graduate of Mt. Rainier High School.

September wedding planned

Mr. and Mrs. James H. McMillan of Renton announce the engagement of their daughter, Linda Diane, to Michael David Venemon of Renton.

Davila-Wittrock

Irene Davila and Steven Wittrock were married June 16 at the Episcopal Church in Cheyenne, Wyo., with the Rev. J. J. Moynihan officiating. The couple will be married in December.

To be Married

Mr. and Mrs. B. M. Shuler of 1835 S. 222d St. are announcing the engagement of their daughter, Verly, to James P. Pollman, son of Dr. and Mrs. William Pollman of 1414 212th St. Miss Shuler attended Hong Kong International School and graduated from Mt. Rainier High School. Pollman is a graduate of Mt. Rainier High School. The couple will be married Aug. 19.

The wedding is on Sept. 24 at 2 p.m. in Seattle Center. Entrance tickets are priced at $50 for adults and $25 for children. Groomsmen and bridesmaids will be dressed in black and white, and the bride will wear a white wedding gown. The reception will be held immediately after the ceremony at the nearby Meridian Ballroom.

The couple will then have a honeymoon in Europe, visiting Paris, Rome, and Florence. Upon their return, they will make their home in Seattle.
Films, silk-screen in library plans

Federal Way Library has booked four films for August. As of Thursday, Aug. 9, the library will present a "Four Seasons" film program, which will feature films for children.

Spring colors used at wedding

Roger, carnations and baby's breath in shades of peach, white and pink, were used in the marriage of Kimi and Terri. The bride, a daughter of Mr. and Mrs. James Keating of Federal Way, and the bridegroom, a son of Mr. and Mrs. John Davis of West Seattle, were married at the church hall in Federal Way. The couple has chosen to make their home in Federal Way.

Wedding planned

Gayle D. Zochowski, 30, daughter of Mrs. William Zochowski of Federal Way and Mr. and Mrs. William T. Schwartz of Federal Way, will marry Mike G. Zochowski, 27, son of Mr. and Mrs. Mike Zochowski of Federal Way, on Aug. 26 in a 6 p.m. ceremony at the Federal Way Yacht Club. The couple will reside in Federal Way.

Wedding date set

Mr. and Mrs. Harry Martin of Marblemount, Wash., have announced the engagement of their daughter, Ronda Lee, to Gary Lee Edwards, son of Mr. and Mrs. Joseph D. Edwards of 234-24th St. The bride-to-be is a graduate of Federal Way High School, plans to attend Pacific Lutheran University in Tacoma and is employed by the Federal Way News.

Woman's club to meet

The next business meeting of the Federal Way YWCA Woman's Club will be held at 10:30 a.m. on Aug. 7, in the home of Carol Neisen, 2259-30th Place. Judy Eckhardt will serve as cochairwoman.

Save 20% on Wedding Rings through August 4th.

Wedding Rings

Rent a Yarn

Counselor visiting Renton Y

An appointment has been set for the Renton YWCA, where a counselor from the YWCA headquarters will be available to assist with registration.

Save gasoline.
Walk more often.

Save money on gasoline.

Introduction to yourself from Viceroy.

Try the Good Taste of Low 'Tar Rich Lights.
Marriage announced

Mrs. Dorothy Hargens of Federal Way announce the recent marriage of her daughter, Joanne Marie Martinez, to Mr. Robert Mugu, of Santa Ana, Calif., son of Mr. and Mrs. Joseph M. Martinez.

The bride was attired in a floor length train trimmed in seed pearls and hand beaded with roses of ruffles. Her fingertip veil was attached to a headdress of lace and seed pearls and she wore a bouquet of red and pink roses, stephanotis and baby's breath. The attendants were Mrs. Joseph M. Martinez, and Misses Mary Sanchez, Raelene Simmons, and Melinda Tony. The matron of honor attended the ceremony in a dress of Chantilly lace with a veil. The matron of honor was Mrs. Donald B. Mugu, of Los Angeles, Calif. The bridesmaids were Mrs. Mary Hargens, of Federal Way, and Misses Janiel Stickler, Susan Stickler, and Janet Simons, bridesmaids. The junior bridesmaid was Jennifer Graff.

The bride wore a light blue garden lawn dress, with a veil trimmed in baby's breath and carried a bouquet of pink roses tied with blue ribbons. The flower girl was the bride's niece, Jennifer Graff, and Brian Graff served as ring bearer.

The wedding was held at the Whidby Island Navel Air Station in Federal Way. The reception was held at the home of the bride's parents, Mr. and Mrs. John B. Martinez, of Federal Way.

Couples to live in California

At home in Point Magu, Calif., are Mr. and Mrs. Robert Harold Ellis who were married recently in All Saints Lutheran Church.

The bride, the former Joanne Marie Martinez, is the daughter of Mr. and Mrs. Joseph M. Martinez, of Santa Ana, Calif. The bridegroom is the son of Henry B. Ellis, of Federal Way, and Mrs. Rex Quealey, son of Mr. and Mrs. Donald B. Quealey, of Federal Way.

The wedding was held at Fort Lewis, and the reception, at the home of the bride's parents, Mr. and Mrs. John B. Martinez, of Federal Way.

Wed in St. Theresa's

The wedding of Miss Joanne Marie Martinez of Federal Way to Mr. Robert Mugu was celebrated in St. Theresa's Catholic Church at Dash Point.

The wedding was held at the Whidby Island Navel Air Station in Federal Way. The reception was held at the home of the bride's parents, Mr. and Mrs. John B. Martinez, of Federal Way.

Winning photos in library display

Winning entries in the recent King County Library System "Camera Classic" photography contest for young adults will be displayed at the libraries over the next few months. The top 25 photos, chosen by a panel of three judges from the 228 entries received, will be displayed at various county libraries and will be available through the National Library of Photography over the next several months.

Included in the display are photos of landscapes, still life, and animals, in addition to abstract and portrait prints.

** NOTICE TO ADVERTISERS **

** All ads must be in by Wed.**
Actor more at home in theater than classroom

by Barbara Hatts

Seattle Architectural High School this fall will hold minor roles in school productions, however. And she says that there is a great difference between high school play and being a semi-professional actor more at home in theater than classroom

construction of the new Auburn High School auditorium is continuing on schedule, according to the firm's project manager. Bill Polk and Smith, a Seattle architectural firm, designed a theater that could be expanded when new additions are made. The firm is also designing new additions to other schools in the South King County school district.

design prepare for the theater, according to the firm's seminar program manager, Bill Polk. Work will be a complete performing arts center. A full time auditorium is designed for the community to use. The community,

The fully rigged theater will be equipped with seats, a complete lighting system, a stage area, green room, and dressing facilities. A full time administrator will be employed for the theater.

A spaghetti dinner will be held to benefit the community. William Polk said that the community will also have access to the community's school facilities. The theater will be a community center.

Miss Hackett also because she is allowed to concentrate on what she is interested in. "Theater people are definitely doing different things. That play seems a lot different. That day in front of the audience was weak. Long hours of rehearsing and hard work are required to produce a work as ambitious as this one. And it's a valuable learning experience, says Miss Hackett. "I have probably learned as much here in a week as I ever learned in high school drama," she said. "The director and class.)

But she will be acting in a semi-professional school play and being a junior..."

Auburn getting auditorium

The Burlington Golden Triangle in Downtown will be the setting for a tango demonstration by Vicky Wicks, a dance instructor, member of the Kent Park for a year. The experience, five years of acting at all levels in all areas of the theater, she plans. "I'm interested in acting and singing, especially

opening night Friday evening at the theater.

She will also appear in Falstaff's next presentation, "How to Succeed in Business Without Really Try­ ing," in September. Falstaff is interested in her for the role of Cordelia in the upcoming production of "A Funny Thing Happened on the Way to the Forum." According to the firm's project manager, Bill Polk and Smith, a Seattle architectural firm, the new auditorium will be equipped with a scene shop, green room and dressing room and a scene shop, green room and dressing room. According to the firm's project manager, Bill Polk and Smith, a Seattle architectural firm, the new auditorium will be equipped with a scene shop, green room and dressing room.

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Dancing in Kent

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Not At The Maverick!

The Mavrick in Federal Way has just purchased a shipment of the finest corn fed U S D A choice beef direct from the feed lots of Colorado. We include #1 oven baked potato topped with all the trimmings & Texas toast.

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Pacific Bancorp reported second quarter 1979 net income of $4,968,864. This is up 23 percent from the second quarter of 1978, when earnings were $2,905,316. Earnings before securities transactions for the quarter increased 42 percent, from $2,909,213 to $4,159,862.

Mid-year net income at Pacific Bancorp was up 32 percent from $4,470,864 to $5,891,015. Earnings before securities transactions for the six month period ending June 30 were up $2,909,213, or 52 percent, from $4,979,831.

The bank's return on equity for the second quarter was 25.2 percent, compared with 20.4 percent for the first quarter of 1979. Return on assets was 1.04 percent. These figures compare with 23.5 percent and 1.85 percent, respectively.

Pacific Bancorp's assets as of June 30 totaled $11,171,190,563, a 21 percent increase from $9,103,810,000 on June 30, 1978. Liabilities totaled $11,054,380,000, almost a 22 percent increase from $9,146,840,816. Total deposits were up 14 percent, from $11,160,686,316 to $12,594,401,708. Total loans for the second quarter increased 32 percent, from $8,116,040,420 to $10,898,915,400.

The net income per share was $2.64 for second quarter 1978. The net income before securities transactions for the six months was $5,210,200, or $2.64 per share, for the first six months of 1979, compared with $4,159,862, or $2.08 per share, for the first six months of 1978. Earnings before securities transactions for the second quarter, a 40 percent increase from the second quarter of 1978, were $2,905,316. Earnings before securities transactions for the six months were up 52 percent, from $4,979,831 to $7,589,972. Earnings before securities transactions for the full year were up 56 percent, from $4,979,831 to $7,589,972.

Net income before taxes in the second quarter was $2,056,209, a 43 percent increase from $1,416,916,610 on June 30, 1978. Liabilities before taxes were $1,717,120,565, a 21 percent increase from $1,343,594,281. Total deposits were up 22 percent, from $811,540,000 to $991,389,620. Total loans for the second quarter increased 22 percent, from $1,304,952,870 to $1,596,916,610 on June 30, 1978. Liabilities before taxes were $1,717,120,565, a 21 percent increase from $1,343,594,281. Total deposits were up 22 percent, from $811,540,000 to $991,389,620. Total loans for the second quarter increased 22 percent, from $1,304,952,870 to $1,596,916,610.

In a move to gain a greater share of the local marketplace, Citizens National Bank of Washington has increased its prime rate to 11 percent and three-fourths percent in keeping with action taken by other leading banks.

Salmon Bake
The annual Federal Way Kiwanis Salmon Bake is scheduled for 5:30 to 8:30 p.m. Aug. 25 at the Federal Way Civic Center. Admission is adult, $5; children, $2.50. Food will be served until the event. Cost is $4 for salmon, $2.50 for hamburgers. Tickets also will be available at the park the day of the bake.

The Washington State Liquor Control Board has issued a Class H retail liquor license, to sell liquor by the drink for on-premises consumption to Grandma Johnson's Restaurant, Inc., at ABQ's No. 502, 200 S. 35th St., Federal Way.

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Real estate market forecast. In the Puget Sound region of the Pacific Northwest, home prices are rising steadily. The average price of a home in June 2000 was $230,000, compared with $200,000 for the same quarter a year earlier, an increase of 15 percent. For the next 12 months ending June 30, the same increase is expected.

Earnings per share for the second quarter were $1.14, compared with $1.06 per share for the same period in 1999. For the 12 months ending June 30, earnings per share were $4.34, compared with $3.14 per share for the same period in 1999.

On July 12 the board paid its regular quarterly dividend of 25 cents per share, an annual rate of $1 per share.

Total deposits on June 30 were $204.1 billion, a personal increase of $1.3 billion at the same date in 1999.

Net loans were $212.5 billion of quarter end compared with $199.0 billion the previous year, an increase of $23.5 billion, or 11.8 percent. Loans to businesses rose from $135.0 billion to $155.1 billion in 1999, an increase of 13 percent. Consumer installment loans increased from $27.5 billion to $40.2 billion, an increase of 45 percent. Real estate loans from $159.7 billion to $192.2 billion, an increase of 20 percent.

Time management seminar

For that "pressed for time" feeling and how to overcome it, the Seattle Chamber of Commerce and the William Oncken Company will present "A Day with Bill Oncken," on Friday, Aug. 12. The seminar will be at the Bellagio restaurant in Portland, Ore.

Oncken will present a condensed version of his "Managing Your Time" seminar. The course, in addition, he will highlight segments from his seminars on "Increasing Productivity Through Leadership," "Managing Performance," "Managing Time," "A Tool for Employee Control," and "Making the Practice of Organizational Work for You."

A day with Bill Oncken will be held at the Bellagio hotel in Portland, Ore., Aug. 12. From 9:30 a.m. to 5 p.m. in Oregon. Tickets at $75 per person may be purchased from the Seattle Chamber. Contact Susan Parsons at 427-5254 for further information.
Burien fails to clinch third

Burien Legion falls to Foster Marshall, 7-2

Bolam, a Federal Way Colt pitcher, recently threw a no-hitter against eventual Valley League Champion Kent Seals. Bolam struck 11 and walked out on during his performance. Line Delberta, a shortstop, kept the no-hitter intact by fielding a ground ball and completing a close-call putout at first in the sixth inning.

Frank Courmont, the coach of the Federal Way Legion’s shortpich team, guided his squad to a victory against the Federal Way women’s softball association championship. Pyramid scored a 6-3 win over Petrona Pizza to win the league championship. The final will be held on Saturday, August 13.

Players entering the league have the option of competing in singles, doubles, or mixed doubles. Tournament play has been broken into four age divisions ranging from 13-years-old and under and 15-years-old and over. Each player may participate in a total of three tournaments at the age 13-year-old level, two at the 15-year-old level, and one at the 17-year-old level.

Entry forms and an instruction booklet are available at popular area parks or by calling King County Parks at 272-6580. The entry deadline is August 1, and loons of all ages will receive a plaque for participating in the tournament.

Pickle-Ball tourney scheduled for Seattle

Seattle Pickle-Ball team has an opportunity to clinch the championship starting August 11, by victory over Napoleon’s Pickle-Ball team. The final match will be held on Saturday, August 13.

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Auburn pulls the reins on Federal Way Colts

The Federal Way Colt softball team, meeting for a 10th time in as many years with Federal Way Structural Instrumentation, scored a 1-0 win Wednesday, August 1, 1979, to advance to the final of the state 1A softball tournaments.

Tabeum Bouman, Federal Way's Friday Federal Way, scored on a double by Steve McCardy to give Federal Way a 1-0 lead in the sixth inning. Federal Way added a run in the seventh on the single of Steve McCardy and a two-run single by Steve McCardy to put Federal Way up 3-0.

Tabeum Bouman, Federal Way's Friday Federal Way, scored on a double by Steve McCardy to give Federal Way a 1-0 lead in the sixth inning. Federal Way added a run in the seventh on the single of Steve McCardy and a two-run single by Steve McCardy to put Federal Way up 3-0.

The locals used a steady defense and some timely hitting to beat Federal Way, 12-2.

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by Bert Potter

FEDERAL WAY’S American Legion baseball team stacked up second place in the District 11 Southern Division with an 8-2, 6-2 doubleheader sweep Sunday over Auburn at Brandon Field.

The twin wins lifted FW’s record to 14-6, two games ahead of Auburn as the playoffs, which begin with a doubleheader at Kent Memorial Field Friday at 4 p.m., will likely mark Renton by one half of the side.

While Auburn and Foster Marshall will represent the last half of the twin bill, FW’s record to 14-6, two games ahead of Auburn as the playoffs, which begin with a doubleheader at Kent Memorial Field Friday at 4 p.m., will likely mark Renton by one half of the side.

Federal Way finished its regular season last night against Thousand Trail, but is still undecided by Bart Potter.

Ventioid St. Patrick’s Day festivities on Thursday.

Elk tags available at state dealers

Nearly 900 license dealers around the state have received their shipment of elk tags for 1979 from the Game Department License office.

Hunters are advised to buy their tags early and to carefully consider their plans for the coming season as the regulations are changed considerably from last year.

Under the area-tag elk season concept adopted by the Game and Fish Department, hunters may buy any one of five supplemental elk tags.

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Under the area-tag elk season concept adopted by the Game and Fish Department, hunters may buy any one of five supplemental elk tags:

- A blue tag for the Blue Mountains area
- A green tag for the Colville-Cle Elum area
- A salmon-colored tag for the early Yakima Area elk season and a brown tag for the late Yakima elk season.
St. Vincent comes back for FW fastpitch crown

St. Vincent de Paul became the first team to come back from an early lead in the FW fastpitch playoffs. St. Theresa, St. Vincent took an early lead, scoring twice in the third inning. After losing to Landgren on Tuesday for the championship in the Federal Way League, St. Theresa came back with two hits. In the fourth, and solo homers by Tinsley in the fifth. That win set up a rematch with Frankland in two years of pit-}

On Monday, St. Vincent faced St. Theresa. St. Vincent took an early lead, scoring twice in the third inning, once in the second and four times in the fifth inning. St. Theresa came back with two hits in the fourth inning. St. Theresa scored three runs in the fourth inning to spark St. Vincent in the sixth inning. St. Theresa started the second game and the defense let him down in the first and second innings. Tinsley started the second game and his defense let him down in the third inning. Tinsley had an earned run average of 1.20.

That win set up a rematch with Landgren. St. Vincent had a 10-2 lead entering the seventh inning. Tinsley started the second game and his defense let him down in the first and second innings. The Federal Way League.

Tinsley stars

Byrne, eldest of the two Twin Lakes Golf sisters, was named the winner of the 24th annual Pacific Northwest Amateur Championship. She went undefeated in match play competition. Byrne was first runner-up to the winner being the title. Tinsley got credit for saving runs, singles, doubles and triples in that inning. Tinsley had a brilliant day pitching for the winners. In 13 and 24 All-Star hoop contests, three of these advertised items must be purchased to take full advantage of the offer. students have been striking their way to tournament success.

The Portland-based basketball team has been working on their game for some time, as they get ready for the 24th annual Pacific Northwest Amateur Championship. The team has been practicing hard for the upcoming tournament. Byrne was first runner-up to the winner being the title. Tinsley got credit for saving runs, singles, doubles and triples in that inning. Tinsley had a brilliant day pitching for the winners. In 13 and 24 All-Star hoop contests, three of these advertised items must be purchased to take full advantage of the offer. students have been striking their way to tournament success.

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**West side shakles Victoria, 2-1**

Despite finishing the Northwest League season in second place, the Victoria Orioles did not make it to the playoffs. Westside finished 12-9 in tournament, their sister to the South End's 10-8. The Orioles scored seven runs in the first inning, but the Westside pitcher held them scoreless after that. In the season opener, the Orioles were led by second baseman John Lee, who hit a grand slam. The Orioles will play their next game against Woodinville on Sunday.
The Bureausachs had the monkey wrench in the Big Red Machines' quest of a state title. The AVB handed the Federal Way Boys' and Giants' Club-sponsored team a loss when Eilertson poked six-hits in the second contest. The Machine turned to its hitting Thursday to win in three innings. The Federal Way Friars won the state title, 11-3 but by entering the league title in the monkey wrench in Wednesday, August 1, 1979.

Valley Pony League teams played in the double-elimination tournament with a 5-4 win Saturday. Burien lost the championship game in Kent. Fairwood Greens, 4-3.

The Federal Way Machine beat state champ Kent twice during the regular season, but I'm not one to believe in playing so well in the postseason. The former took first place, 7-4, over Puyallup. Federal Way's third-place effort. Burien A's proved fatal to the Machine's quest of a finals place effort.

Harry Brooks

Six weeks of fun, action, and relaxation at "THE CLUB!" The all new, Pacific West Sport and Recreation Clubs. Offer good only to April 15 to August 31. Expires Aug. 31, 1979.

A top auto Gas Saver: SPARK PLUGS WIRE SETS

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Metro bus riders who use public transit as a second car can now buy "The Second Car Owner’s Manual" — a complete bus system map and information packet. The Owner’s Manual has a helpful color map of Metro’s bus routes, including the bus, description of special transit services and a chart that lists the approximate interval between buses on each route. New, experienced, and potential bus riders can buy The Second Car Owner’s Manual for 50 cents at many bus stops. Bartell’s Drug stores, Queen Anne’s Drug stores, King Arthur’s Drug stores, and many other pharmacies have copies. Passengers are using public transit like a second car and saving money on fuel. And that makes it an outstanding buy.

Metro packet available

Street in Seattle. Riders who buy Metro monthly passes for September will receive the manual free.

Kirkland Mayor Bob Neir, chairman of the Metro Council, said thousands of new riders who use public transit like a second car and saving money on fuel. And that makes it an outstanding buy.

The Stihl 015 with its built-in Anti-Vibration system is a bargain at any price. But by buying one now, you’ll also get a free no-maintenance, never-out-of-adjustment, no-moving-parts, high-voltage Electronic Ignition system, for even better starts and more dependable woodcutting.

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And that makes it an outstanding buy.
Red Carpet to help Jerry's kids

by Kay Crane

Red Carpet Real Estate is proud to assist in making the dream of obtaining a college education a reality for one or more deserving children of our community. We are very excited to announce that Red Carpet is matching the $50 contribution to Southland Corporation's 7-Eleven stores that are also participating as they have for several years.

At the Sea-Tac office, each listing his or her permission, will be used. It simply means, "You might be able to raise those statistics as you can turn your home into a fundraiser." If there is anything we can do to help you in realizing your real estate sales goals please call DAN GAMER, Broker, RED CARPET.

Another popular offer is the Red Carpet Services represented by Red Carpet Avalon Realty in Renton, is also participating in the Jerry Lewis Telethon. Their "Call on Jerry" service says, "after all, we're all in this together."
FANCY TRI-LEVEL NEAR NEW

12600 43rd Ave NE

Just installed new carpeting, there is a superb
ing for your money's worth! Well priced at

BEVERLY PARK

$179,500

Large well finished 4 bedroom 2 bath	house located on a huge fenced lot.

FEDERAL WAY

$79,500

PAPA, VA terms are offered on this

TWIN LAKES

$175,000

Large well finished 4 bedroom 2 bath
home, nestled on a large fenced lot.

STEEL LAKE WFT

$112,500

Long driveway leads you to a large fenced
lot. Large well finished 3 bedroom, 2 bath
home, nestled on a large fenced lot.

BURIEN SECLUSION

$103,500

Country living, yet minutes from work!

DOWNTOWN "BIG AND CHEAP!

$249,990

Energy-efficient new construction with 10' ceilings and prosperous
mountain view. Come and excited about this.

STACATE AIRCRAFT

264-1234 OR 878-0307

HOMELESS! MOVE IN!

CAMBRIDGE SOUTH

941-3600

For those in need, this 2 bedroom, 1 bath
unit features two nice sized two

EXECUTIVE TERRACE

936-3101

BEAUTIFUL HOME WITH VIEWS!

TWIN LAKES CHANCELLOR!

$47,500

When was the last time you heard of a price for a Lakefront Home? Probably years ago -

106* ON THE WATER!

$57,000

Situated on a professionally landscaped and maintained lot, this lovely single family

GATEWOOD

$69,500

Great View of Sound and Olympic Mountains. This

FAULCON HILLS

$29,500

A dramatic sweeping view of Sound and Olympic
Mountains from this outstanding, quality

NEW HAULAGERS

$84,950

8451 or 232-9823-

SHIELDING SOUND VIEW

MAWMOTH 200 S

106* ON THE WATER!

679-6500

NEW HAULAGERS

$84,950

8451 or 232-9823-

BURLINGTON

$42,500

113Apts.-West Seattle

MAPLEWOOD

$62,500

19th, P.W. In

TWIN LAKES

$128,500

108.

TRIANGLE HOMES

$128,500

108.

149-500

348-0501

EXECUTIVE TERRACE

936-3101

HOMELESS! MOVE IN!

CAMBRIDGE SOUTH

941-3600

For those in need, this 2 bedroom, 1 bath
unit features two nice sized two

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19th, P.W. In

TWIN LAKES

$128,500

108.

TRIANGLE HOMES

$128,500

108.
**RENTAL**

- 2 Bedroom, 1 bath, fully furnished
- All utilities included
- Includes washer/dryer, parking, and internet
- Located in trendy Capitol Hill

**FOR SALE**

- 3 Bedroom, 2 bath, modern home
- Fully updated kitchen and bathrooms
- Spacious backyard with garden
- Located in South Seattle

**SOLD**

- 4 Bedroom, 2 bath, brick home
- Updated kitchen and bathrooms
- Located in the heart of Capitol Hill

**FOR LEASE**

- 1 Bedroom, fully furnished
- Includes utilities and parking
- Located in the University District

**SOLD**

- 2 Bedroom, 1 bath, townhome
- Fully updated kitchen and bathrooms
- Located in downtown Seattle

**FOR LEASE**

- 3 Bedroom, 2 bath, modern condo
- Includes parking and storage
- Located in South Lake Union

**FOR SALE**

- 4 Bedroom, 2 bath, brick home
- Includes parking and storage
- Located in the University District

**RENTAL**

- 1 Bedroom, fully furnished
- Includes utilities and parking
- Located in the University District

**SOLD**

- 3 Bedroom, 2 bath, modern home
- Fully updated kitchen and bathrooms
- Located in the heart of Capitol Hill

**FOR LEASE**

- 2 Bedroom, 1 bath, fully furnished
- Includes utilities and parking
- Located in the University District

**SOLD**

- 4 Bedroom, 2 bath, brick home
- Includes parking and storage
- Located in the heart of Capitol Hill

**FOR LEASE**

- 1 Bedroom, fully furnished
- Includes utilities and parking
- Located in the University District
A few immediate openings for VERY SPECIAL LOW FINANCING community.

SEE AT OUR OPEN HOUSE DAILY 1-8 pm TO TAKE YOU ON YOUR TOUR OF CONTEMPORARY DESIGNED quality amenities, including some fireplace, dbl gar., quality construc­tion, rough-in rec rm., 2 fireplaces, V1/2 bdrms (5th Rough-in), baths, util. fireplace, insul-glass, huge dbl gar. nestled in the woods - quality 3 bedrooms, 2 baths, unique family room & 2 car garage, huge yellow brick & cedar home; 1.18 acres. Lrg Brick/cedar home; 1.18 acres, offering space for a pool table in the other. New on market. Call Vivian Potter 838-9933, 927-3280.

TOWERING FIRS Approx. 2 Acres

WEST & WHEELER ASSOC, INC.

BY APPOINTMENT

SOMETHING SPECIAL

TERRIFIC home for entertaining. Enormous pool, sunken living room, possible master suite w/office, run off kitchen. 4 bdrms, 2 1/2 kits, 3 fips, lg priv lot, Normandy Park beach rights. $58,950. For term rentals of 3 mos. or more $25,000 per year. 243-2777 or 872-4672.

WEAT & AYER! $120,000

Shorewood - close to beach & schools. It's trim, run util on bottom level. Decks there's another rec rm, rec room & lots of space. Available at appraisal, it's vacant & ready for new. Call REVEREND ROBERSON, 838-3232.

NORMANDY PARK $135,000

Log Brick/cedar home; 1.18 acres, with 2 fireplaces, & hot tub on a deck off family room. 5 bdrms, 4 1/2 bths, sunken family rm, possible extra bldg lot. Call MIKE BRICK for more info. 243-2777, even, 936-3943.

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4 BEDROOM 1) 4 baths, deposit, Available 8-179, 878-3131. $200 deposit. Drive by room, 1 S both. No pets.

ONE YEAR old, 3 bedroom, 2 fireplace. 2 car garage, family D-6

new 3 bedrm. house at this price. See this Mercer Island home close to

F'or a free market estimate or free V.I.P. relocation service, call 941-3000.

Joy the swimming pool while the in­

length deck. Massive Rock Fireplace.

the lake. Large and spacious for ex­

See this Mercer Island home close to

Assume this low interest loan on this

Greenhouse on extra large lot. Call for

Nice 3 bdrm. starter home in quiet

FOR Private beach swimming, picnic-

135 Houses-General

over sized lot with 2 year old split. And ready to go at $63,950. Easy terms.

mother-in-law apt. Recently remodeled

and ready to go at $63,950. Easy terms.

BIG OLD FARMHOUSE-1/2 ACRE

-grow your own food on 1.6 acres. Coun­

needs partner! Mt. Smith, 244.

two years old, block. Ion and
two yeors old, block. Ion ond
two yeors old, block. Ion ond

Rear Kitchen 8«up»j

CUSTOM CABS AND TRUCKS

DOORS, STONING, 839-0868.

WORK, interior trim work, Quoii­

COMPLETE SERVICE

stoining, 839-0868.

CONSTRUCTION

work.

Asphalt paving, repair work. Excellent work. 2*4. Estimate.

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amensities including large fami­

FRA VA

FRA VA

LIFETIME ASSURANCE, talking to each other. The key to lasting happy marriage

us in 293 Stov. 106 breaking up. Call in case of

130 LUXURY APARTMENTS

130 LUXURY APARTMENTS

130 LUXURY APARTMENTS

3090 PACIFIC HWY S.

927-9300
Reactor converts to franchise

A multimillion dollar expansion program is part of Chico Park (Real Estate) Inc.'s plans to move it to RE-MAX, a national 100 percent commission franchise.

In purchasing the rights to RE-MAX, company president and founder Robert E. Stead said, "This is the first time a real estate firm has undertaken such a large project in this area. The firm plans to open the new office next month."

RE-MAX, which stands for real estate maximum, is designed to upgrade and professionalize the real estate business. It combines national advertising with the RE-MAX concept of awarding a monthly management fee and larger equity in the office's profits. "We're now open 100 percent of the time, and every 120 days. There is no commission with the RE-MAX concept."

The concept of the national refers to RE-MAX, which has its own national referral program which handles more than 350 referrals a month. "The system has been very successful in other parts of the country."

The announcement of the expansion was made at the company's annual meeting last week.

A Silent Auction was held at the meeting.

Silent Auction Items

-Moscow 1980 Tote Bag ($25)
-Moscow 1980 T Desk Spinner
-Deformation (a la mode)
-Real estate, stock, and bonds
-CDs and records
-Fruit baskets
-Candies and sausages
-Candy bars and mixed nuts
-Cameras, flashlights, and watches
-Office supplies
-Books and magazines
-Cards and paper products
-Sports equipment
-Carpets and rugs
-Magazines
-Table lamps
-Nights at the Counting House
-Night at the Kent Athletic Club
-Night at the Kent Country Club
-Night at the Kent Lanes
-Night at the Kent Elks Club
-Night at the Kent Masonic Lodge
-Night at the Kent Lodge
-Night at the Kent Lions Club
-Night at the Kent Chamber of Commerce
-Night at the Kent Service Club
-Night at the Kent Kiwanis Club
-Night at the Kent Jaycees Club
-Night at the Kent Women's Club
-Night at the Kent Women's Auxiliary
-Night at the Kent Women's League
-Night at the Kent Women's Guild
-Night at the Kent Women's Civic Club
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-Night at the Kent Women's Civic Club
-Night at the Kent Women's Aid Society
-Night at the Kent Women's Club

MOSCOW 1980

Without your help, we can't afford to win.

Ad


take stock in America.

You can make a DEAL

Up to 12 WORDS

3 DAYS

50 CENTS

SAVE $5.3

WHITE AD HERE - 1 WORD PER BOX

PAYMENT MUST ACCOMPANY AD. (2nd month trial offer)

* FOLLOw THESE RULES: 'Your ad must be one line only. Please call for the minimum commercial rates. Ads may not exceed 12 words. 3. Ad copy changes are permitted and a refund for any errors. Ads may be placed in this section and used by others. A minimum charge of $2 is required for each ad. Ads for personal services may be placed in this section. No classified display ads. Ads must be submitted in writing. Space limited. Ads are filled on a first-come, first-served basis. Ads must be submitted by 5 p.m. Friday, July 25, 1979. Ads will run in the next three publications. DOROTHY M. OWENS, PROBATE NO. E-14855, KING COUNTY, WASHINGTON, this 3rd day of August, 1979, for the following: Probate No E238823

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No. 1 covering sports in your community.

Weekend Sports
Garden News
Real Estate Features
And Much More...

READ ALL ABOUT IT SUNDAY

IN THE

Federal Way News
Des Moines News
Highline Times
Any farmer will tell you there's nothing quite like eating garden fresh fruits and vegetables. Local residents are fortunate because they can also enjoy the fresh produce that comes from nearby farms located throughout the Puget Sound. From Pierce to Snohomish Counties, 62 farms and dairies help supply food for the table.

The produce is sold through open-air markets, roadside stands and U-pick farms. Throughout the summer, a variety of fruits and vegetables appear in the stands and fields as they become seasonal. Right now blueberries, beans, new potatoes, zucchini, Walla Walla sweet onions, carrots, beets, raspberries and cucumbers are available, just to mention a few.

For profit and fun, families can plan an outing to a farm and pick their own supplies for home canning or freezing. Neighbors may find it easier to carpool to the farms and save gas while they save on the produce.

For those who still want fresh produce but can't get out to the farms, convenient farmers' markets are located in various communities. Here the farmers display their products on special weekdays and most Saturdays. Shoppers can choose from a wide variety of fresh vegetables, fruits, honey and crafts. Many open-air markets have additional goals which represent their area. For example, the Redmond's market offers small livestock and poultry.

The long established Pike-Place Market in Seattle is a major center for fresh foods, but other locations include the Issaquah Market, Coral Street Saturday Market, Kent-Saturday Market, Vashon Saturday Market, Hilltop Farmers' Market in Tacoma and the Plateau Farmer's Market in Auburn-Enumclaw.

Farmer Charles Heim, of Swan Creek Organic Farms said that he has observed the Hilltop Farmers' Market becomes very crowded on Saturdays. "It's interesting to watch the shoppers," he said, "I find the senior citizens and the children are the best shoppers. The seniors know how to select the produce they want, and the children are adventurous enough to try something new. I see them asking their parents to buy something all the time." The stand was a cage of furry rabbits, "I sell them, but the children like to play with them while they are waiting for their parents," he said.

When asked why people come to the farmers' market, Heim said it was because the produce is fresh. "It is sold the day it is picked." He said the cost of the fruits and vegetables are comparable to that found in the grocery stores.

However, some consumers who buy their produce at the U-pick and roadside stands may save money, but they must also account for the gas used and time spent picking up the food.

There are two maps available to consumers, Puget Sound Farm Markets Assoc, and "Country Fresh" Farms. Both maps provide farm locations and list the produce seasons. The "Country Fresh" map also lists the addresses of each farmers' market. Maps are available at local libraries and chambers of commerce.
E-2 Wednesday, August 1, 1979 The News

Hawaiian

FROZEN LEMONADE
Green Lee Regular or Pink 12 Oz. Container
$1.00 FOR

ICE CREAM
Green Lee All Flavors 12 Gallon
95¢ FOR

HAUNIAN PUNCH
4 o. Grape, Very Berry, Orange or Low Sugar 46 Oz.
59¢ FOR

C and H SUGAR
Pure Cane Granulated 5 lb. Bag
99¢ FOR

GUARANTEED MEATS

BONELESS HAM
Water Added, 6-8 Lb, Average, Peschke
HALVES $1.59

SLAB BACON
Homel, By the piece Lb.
89¢

GROUND BEEF
Not to exceed 30% fat Lb.
$1.49

RED SNAPPER
Nice Fillets Lb.
$1.79

HEN TURKEYS
Fresh Hormel 3-5 Lb. Avg
10-14 Lb., Grade A Frozen
Acme 75¢

MEAT DELI SPECIALS

CORN KING SLICED BACON
Wilson’s Sugar Cured, Lean and Flavorful Lb.
$4.19

BEEF BACON
Wilson’s Sugar Cured, Lean and Flavorful Lb.
$4.19

BARBECUED CHICKEN
Whole Basted, Pineapple Glazed, Reg. $1.89 Lb., Save 40% 149¢ Lb.

IN-STORE BAKERY BUYS

CAKE-OF-THE-WEEK: “HAUNIAN TORTE”
A delicious 7 inch, 2 layer cake filled with banana icing and adorned with coconut, pineapple and cherries.
REG. $1.49
SAVE 51¢ EACH

HAWAIIAN SWEET BREAD
16 Ounce Loaf Reg. $1.59
SALE 50¢/Each

BANANA CAKE DONUTS
Glazed, Regular 5/1.09

BANANA DONUTS
Glazed, Regular 5/1.09

CHOCOLATE CHIP, SUGAR PEANUT BUTTER OR OATMEAL BOXED COOKIES
3 Dozen 3 For

DELI SHOPPE

BUTCHER BLOCK

BUTCHER BLOCK

CORN KING SLICED BACON
Wilson’s Sugar Cured, Lean and Flavorful Lb.
$4.19

BEEF SALAMI
Hormel, Reg. $2.49 Lb., Save 60% 29¢ Lb.

BEEF BACON
Wilson’s Sugar Cured, Lean and Flavorful Lb.
$4.19

FRESH RAINBOW TROUT
LEANEST GROUND BEEF

FRESHRAINBOW TROUT
Breakfast Special, For Content 9% or Less

40th Anniversary low, low
**GROCERY SPECIALS**

**CHICKEN OF THE SEA CHUNK TUNA**

63¢/6-1/2 Ounce Tin

- Blue Bonnet Cubes One Pound: 49¢
- Margarine: 60¢
- Diet Margarine: $1.54
- Orange Juice: $1.04
- Ritz Crackers: $9.99
- Fabric Sheets: 79¢/9 Count

**CRYSTAL SPRING MEDLEY!**

2470 Oz. Tin

**RONALD'S TEA MIX**

1.99¢/Regular 2.99¢

**FROZEN FOODS**

- Brillant Fish in Batter: 2.99¢
- Mrs. Smith's Crepes: 4.19¢

**BEER & WINE**

- Chenin Blanc: 3.19¢
- Rainier Beer: 3.53¢
- Olympia Beer: 2.13¢

**FARM FRESH PRODUCE**

**BANANAS**

$1.23/5 LBS.

- Chiquita or Dole: Premium
- Florida Limes: 69¢
- Lemon Limes: 49¢
- Mangoes: 89¢
- Papayas: 49¢
- Plain tain Bananas: 59¢/ea.
- Tropical Drinks: 38.9¢

**PINEAPPLES**

79¢/EACH

- Dole Hawaiian: Sweet and Juicy!
- Plantain Bananas: 79¢
- Tropical Drinks: 38.9¢

**BEER & WINE**

- Michelle 750 Milliliters: 3
- Rainier Olympia: 2

**AVAILABILITY**

Each of these advertised items is required to be readily available for sale at or below the advertised price in each Albertson's store, except as specifically noted in this ad.

**RAIN CHECK**

We strive to have on hand (H) sufficient stock of advertised merchandise. If for any reason we are out of stock, a RAIN CHECK will be issued enabling you to buy the item at the advertised price as soon as it becomes available.

**Prices Throughout the Store.**
Entertaining apple crisp adds elegance

The Seafood is a Seattle Tradition...

Wholesale Beef Prices and Lucky Passes The Savings On To You!

Join the excitement of Seattle with an outdoor weekend of fun and sun from foods with Lucky.

Seafar Savings...Lucky Has It!

Compare...Here are added Low Everyday Prices and Key Buys you'll find at Lucky!
A sweet ending

Cautious food budgeting may eliminate some family favorites from the menu. But you can take the time for the psychological and nutritional impact of a pudding dessert made with milk, eggs, cheese, or ice cream. Spiced Apple Pudding is a perfect example.

Spiced Apple Pudding

Yield: 6 Servings

1 package (3 ounces) vanilla instant pudding and pie filling 1% cup apple sauce 1% cup applesauce 1 package (3 ounces) gelatin, any flavor 1 pint vanilla ice cream, stirring until thickened Six to eight hours

1. Combine milk and coffee in saucepan. Add pudding mix and beat slowly until blended—not about two minutes. Pour at once into serving dishes and let stand to set—about five minutes.

2. Place pudding mix in top of double boiler. Stir in apple sauce; add pudding mixture; stir until thickened; stir and let stand to set—about five minutes.

3. Meanwhile, combine milk, flour, and gelatin, and beat until well blended—about one hour. Chill until slightly thickened; stir and let stand to set.

4. Combine pudding and pie filling in mixing bowl. Add pudding mix and beat slowly until blended—not about five minutes. Chill until thickened; stir and let stand to set.

5. Meanwhile, combine milk and coffee in saucepan. Add pudding mix and beat slowly until blended—not about two minutes. Pour at once into serving dishes and let stand to set—about five minutes.

6. Place pudding mix in top of double boiler. Stir in apple sauce; add pudding mixture; stir until thickened; stir and let stand to set—about five minutes.

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17. Combine pudding and pie filling in mixing bowl. Add pudding mix and beat slowly until blended—not about two minutes. Pour at once into serving dishes and let stand to set—about five minutes.

18. Place pudding mix in top of double boiler. Stir in apple sauce; add pudding mixture; stir until thickened; stir and let stand to set—about five minutes.
The flavor is delicious, and it's light colored so that you can see the stripes of bright green peel from shredded zucchini.

I did some work on the recipe which was fine green to me, added more care to the zucchini, and in the browned butter, and made it just the way my family likes it. Now it's published in our new book, Zucchini Nut Bread: 1 cup sugar 1 cup grated lemon rind

Just the way my family likes it, it's great with the simplest of things. It's just right sized portion for don't-overdo on layers of zucchini and cheese and baked. Spiced up in a big way to have a beautifully buttered two quart casserole with layer thin sliced muffin paper. Bake at a cup of the browned cheese on the bottom has a crunch and primarily a mustardy taste. When I made a full meal in the browned cheese in the sauce and topped with a layer of zucchini bread and grated cheese, and top with more cheese, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a casserole. I do best when sliced or stored, and looks and tastes almost like a
Storm the Bastille with a French meal

July 14, France's national holiday, commemorates the day in 1789 when French citizens stormed the Bastille, the French monarchy's favorite prison. This historic date has become symbolic of freedom, and the French celebrate with parades and fireworks.

A Bastille Day celebration gives Americans the opportunity to try a taste of French cuisine. "Beef Strips in Chicken Liver Sauce" is an easy way to introduce French cooking right into your own kitchen. Serve it with a chilled soup for a meal with a real French flair.

Remove fat from beef; cut into chunks to fit feed tube of vegetable chopper. Chill in freezer compartment until firm. Transfer to work bowl; add thinly sliced, finely chopped chicken livers. Add 1 teaspoon beef stock. Pour into sauce pan and ignite.

Heat remaining two tablespoons butter in skillet; saute beef over high heat until but still pink inside. Heat remaining two tablespoons butter in skillet. Add chickens-livers into work bowl; grind. Reheat briefly. Pour into sauce pan and ignite. Place and ignite. Pour

Pour sauce in over beef strips. Serve at once.

BEEF STRIPS IN CHICKEN LIVER SAUCE

(Yield: 4 to 6 servings)

1 pound boneless beef round steak
Most tenderer
1 teaspoon beef stock
1 tablespoon butter
Finely chopped chicken livers
Sauce to taste.
Beef stock

1 tablespoon beef
Saute beef
Sprinkle slices with meat tenderizer and cornstarch.
Meat tenderizer and cornstarch

89¢

PREMIUM PORK

100% HHER TURKEYS

99¢

HICKORY SMOKED BEEF FRANKS

99¢

DINNER FRANKS

99¢

CHICKEN LIVER SAUCE

(1/3) cup chopped green onions

(1/2) cup chopped green onions

4 tablespoons butter

(1/2) cup chopped green onions

1 tablespoon beef stock

1 tablespoon beef stock

MELON BALSAMIC

MELLOUX

69¢

MIO BEEF HAM "TS.98"

12 OZ.

8F

~4 5

106

12 OZ.

12 OZ.

4 5

tions.

MELON BALSAMIC

MELLOUX

69¢

MIO BEEF HAM "TS.98"

12 OZ.

8F

~4 5

106

12 OZ.

12 OZ.

4 5

tions.

Is THE CHEAPEST! 15
E-8 Wednesday, August 1, 1979

**Steam to expand in**

**tight seal, but**

**form**

**3 large fresh nec­**

**tarines**

2 teaspoons chopped**

margarine

envelope-style, to

**Spoon sauce over**

**til slightly thickened.**

**soy sauce, ginger and**

**water; bring to boil,**

**or one serving on each**

**large piece of foil**

**and brown on all**

**fuzzy, and their**

**skins for most**

**fresh nectarines a**

**dividends make**

**meats.**

**And of course, they**

**dress up an ar­**

**ving until mixture is**

**thickened and come**

**to a boil.**

**Cut nectarines into**

**rack in broiler pan;**

**hot, says Jan**

**dangered, says Ms.**

**for the Red Tag Next**

**hot dogs as main**

**Chardonnay.**

**BUTTERHORNS**

**BANQUET DINNERS**

**BANQUET INDOOR PALM**

**fiesta Crackers**

**FIRESIDE CRACKERS**

**RED, GREEN LEAF,**

**GOURMET'S PASTICHE**

**GOURMET'S PASTICHE**

**FIT FOR ROYALTY**

**FOOD KING**

**FOOD KING**
**SAVE TIME**  
**SAVE GAS**  
**SAVE MONEY**

**ONE STOP SHOPPING CENTERS**

Prices good Wed., Aug. 1 thru Sat., Aug. 11, 1979

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### Banquet Chicken
- **2 lb. pkg. Frozen**  
  **Case of 12 $21.30**  
  **Regular price** $1.78

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### Whipped Topping
- **MY-TE-FINE 5 oz. tub Frozen**  
  **Case of 12 • 14.63**  
  **Regular price** $3.99

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### Orange Juice
- **MY-TE-FINE 5 oz. can Frozen**  
  **Case of 48 • 15.95**  
  **Regular price** $3.00

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### FROZEN & CANNED FOOD STOCK-UP SALE

**Eleven Days to Save on Your Favorite Canned and Frozen Food Items. Don’t Miss It!**

#### Frozen Foods
- **Macaroni & Cheese**  
- **Apple Cider**  
- **Frozen Waffles**  
- **Ore-Ida Crispies**  
- **La Pizzeria Pizza**  
- **Orange Juice**

#### Frozen Items
- **Hash Browns**  
- **Whole Tomatoes**

---

#### MY-TE-FINE Sliced or Halves
- **Yellow Cling Peaches**  
  **Case of 24 • 13.89 • Half case • 6.99**

---

#### MY-TE-FINE Grapefruit Juice
- **Case of 12 • 17.85 • Half case • 3.99**

---

#### MY-TE-FINE Pineapple in Juice
- **Case of 24 • 13.17 • Half case • 6.69**

---

#### MY-TE-FINE Mushrooms
- **Case of 24 • 11.85 • Half case • 5.95**

---

### Fruit Cocktail
- **Apple Sauce**  
- **Grape Juice**  
- **Tomato Paste**  
- **Tomato Sauce**

### Fruit Mix
- **Cut Green Beans**  
- **Tomato Juice**  
- **Pineapple Drinks**

### Stems & Pieces
- **Mandarin Oranges**

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Each of these advertised items must be purchase with the advertised price. Fred Meyer stores reserve the right to limit quantities. Prices are in effect only at the Belview and Midway Stores Only.

**M-Z-619 PM 24**
Foods for family get-togethers

**Cream Cheese Spread**

(Yield: 4 cups)

1 (8-ounce) package cream cheese, softened 1 cup chopped green onions 4 eggs, beaten 1 cup sugar 1 teaspoon vanilla 1-1/2 cups milk

Combine ingredients and mix well. Chill thoroughly before serving.

**Cheese Pie**

(Yield: 30 servings)

1 egg, slightly beaten 1 cup sugar 1 cup milk 2 tablespoons flour 1-teaspoon vanilla 1 cup finely chopped pecans 1 cup shredded cheddar cheese 2 unbaked 9-inch pie shells

Mix ingredients together. Pour into pie shells. Bake at 350 degrees for 10 minutes.

**Crushed Pineapple**

(Yield: 5 cups)

5 cups crushed pineapple, well drained (Yield: 5 cups)

Mix well.

**Oven-Fried Chicken**

(Yield: 3 to 4 servings)

1/2 cup all-purpose flour 1/2 cup flour 1-1/2 cups flour 1 teaspoon salt 1/2 teaspoon pepper 1/2 teaspoon cayenne pepper 1/2 teaspoon paprika 1/2 teaspoon dry mustard 1/2 teaspoon garlic powder 1/2 teaspoon onion powder 3 tablespoons margarine 4 eggs

Mix seasonings into flour. Add remaining ingredients and mix well. Beat eggs in separate bowl. Dip chicken in flour mixture. Then in eggs. Place chicken in lightly greased cookie sheet. Bake at 400 degrees for 30 to 35 minutes.

**Baked Ham**

(Yield: 24 servings)

1 ham (36 ounces)

Place ham on roasting rack in oven. Bake at 350 degrees for 1-1/2 hours. Baste with syrup mixture.

**Peanut Butter Cookies**

(Yield: 4 dozen)

2 cups sugar 2 cups flour 2 teaspoons baking soda 1 stick margarine, softened 1 egg, beaten 1 teaspoon vanilla 1/2 cup creamy peanut butter

Mix all ingredients well. Chill. Roll dough into 1-inch balls and bake at 350 degrees for 10 minutes.

**Bake Sale**

**FROSTING**

(Yield: 24 servings)

2 cups sugar 2 cups water 1 cup (2 ounces) chocolate chips 1 cup margarine 3 cups flour 3 eggs 1 teaspoon vanilla 3 teaspoons baking powder 1/2 cup (1 ounce) unsweetened chocolate

Mix ingredients well. Pour into greased and floured 15x10x1-inch pan. Bake at 350 degrees for 20 minutes. Cut into squares. Chill.

**Barbecue Sauce**

(Yield: 1 quart)

1 cup brown sugar 1/2 cup catsup 1/2 cup ketchup 1/2 cup cider vinegar 1/4 cup dry mustard 1/4 cup prepared horseradish 2 tablespoons prepared mustard 1 tablespoon paprika 1/2 cup chili powder 1/2 cup chopped onion 2 tablespoons Worcestershire sauce 2 tablespoons soy sauce

Mix all ingredients together. Chill.

**Barbecue Chicken**

(Yield: 24 servings)

2 cups catsup 1 cup brown sugar 1/2 cup cider vinegar 1/2 cup ketchup 1/2 cup prepared mustard 1 tablespoon paprika 1/2 cup chili powder 1/2 cup chopped onion 2 tablespoons Worcestershire sauce 2 tablespoons soy sauce

Mix all ingredients together. Chill.

**Lettuce-Wrapped Meatball Wraps**

(Yield: 24 servings)

4 large flour tortillas 1/2 cup mayonnaise 2 cups shredded cheddar cheese 1 cup chopped green peppers 1 cup chopped onions 1/2 cup chopped green onions 1/2 cup chopped radishes 2 cups chopped cooked potatoes 2 cups chopped cooked carrots 2 cups chopped cooked peas 2 cups chopped cooked tomatoes 2 cups chopped cooked corn 2 cups chopped cooked green beans 2 cups chopped cooked green peas 2 cups chopped cooked carrots

Mix all ingredients together. Mix well. Place on flour tortillas. Wrap.

**Surprise Frosting**

(Yield: 24 servings)

1 cup firmly packed brown sugar 1/2 cup margarine 4 tablespoons milk 2 cups chopped walnuts 1 cup chopped dates 2 teaspoons vanilla 1/2 teaspoon ground cinnamon

Mix all ingredients together. Mix well. Place on flour tortillas. Wrap.

**Angel Cake**

(Yield: 24 servings)

3 cups sugar 3 cups all-purpose flour 3 eggs 1-1/2 cups milk 1-1/2 cups water 1-1/2 cups chopped nuts 2 cups chopped dates 2 cups chopped raisins 1/2 teaspoon salt 1-1/2 teaspoons baking powder

Mix all ingredients together. Mix well. Pour into greased and floured 15x10x1-inch pan. Bake at 350 degrees for 30 minutes.

**CUSTARDS**

(Yield: 24 servings)

2 large eggs 1/2 cup sugar 1/2 cup milk 1/2 cup cream 1 teaspoon vanilla 1 teaspoon salt 1/4 teaspoon cinnamon

Mix all ingredients together. Mix well. Pour into greased and floured 15x10x1-inch pan. Bake at 350 degrees for 30 minutes.

**meringue**

(Yield: 24 servings)

2 large egg whites 1/2 cup sugar 1/4 teaspoon salt

Mix all ingredients together. Mix well. Pour into greased and floured 15x10x1-inch pan. Bake at 350 degrees for 30 minutes.

**Rolls**

(Yield: 24 servings)

2 cups flour 1-1/2 cups sugar 2 tablespoons baking powder 1-1/2 teaspoons salt 1/2 cup shortening 1-1/2 cups milk 4 eggs 1 teaspoon vanilla 1-1/2 cups chopped pecans 2 cups chopped dates

Mix all ingredients together. Mix well. Pour into greased and floured 15x10x1-inch pan. Bake at 350 degrees for 30 minutes.

**Ambrosia**

(Yield: 24 servings)

2 cups chopped dates 2 cups chopped nuts 2 cups sweetened condensed milk 1/2 cup maraschino cherries 1/2 cup chopped macadamia nuts

Mix all ingredients together. Mix well. Pour into greased and floured 15x10x1-inch pan. Bake at 350 degrees for 30 minutes.

**Lemon Pudding Cake**

(Yield: 24 servings)

2 cups sugar 2 cups flour 1-1/2 cups milk 1-1/2 cups water 2 teaspoons baking powder 1-1/2 teaspoons baking soda 1 teaspoon salt 1 cup chopped dates 1 cup chopped nuts 2-1/2 cups chopped pecans 1-1/2 cups chopped dates 1-1/2 cups chopped nuts

Mix all ingredients together. Mix well. Pour into greased and floured 15x10x1-inch pan. Bake at 350 degrees for 30 minutes.

**Flan**

(Yield: 24 servings)

2 cups sugar 2 cups water 1 cup (2 ounces) chocolate chips 1 cup margarine 3 cups flour 3 eggs 1 teaspoon vanilla 3 teaspoons baking powder 1/2 cup (1 ounce) unsweetened chocolate

Homemade breads brighten meals

Let's face it, convenience mixes on the market. Homemade breads reserved for special occasions. Take biscuit mix, for instance. It's a staple in many homes, ready not only for quick and easy biscuits but also as the basis of creamy onion bread. Bear adds a subtle flavor to the bread as the liquid is drained, and drawn together with the sour cream topping.

Popular condiment mix taken on new dimensions with the addition of deviled ham and cream. CREAMY ONION SQUARES

1 package (10 ounces) green onion dip mix
1 egg, slightly beaten
3 cups biscuit mix
1 cup beer

Combine biscuit mix and beer, stir till dough forms. Lightly pat dough on greased nine-square baking pan. Spread onion mixture over top. Bake in preheated 450 degree oven 20 minutes or until done. Cut into squares and serve while hot.

DEVILED CORN BREAD

1 package (10 ounces) corn bread mix
1 can (14 ounces) deviled ham

Squares and Deviled Corn Bread.

HOMEMADE BREADS will seem easy when making Creamy Onion Squares and Deviled Corn Bread.

Squares and Deviled Corn Bread.

Hi-C Drinks Powdered Drink Mixes

Hi-C Fruit Drinks Summer powdered coolers

Fruit Drinks for All Special Occasions!

Lemonade
Grape
Peach
Cherry
Pineapple
Orange
Peach

Each of these advertised items must be readily available for sale at or below the advertised price in each Fred Meyer store, except as specifically noted in this ad. Food Sections Collections. Midway, Aurora, Everett, Lynnwood, Tacoma.
Century City Shopping Center
32057 Pacific Highway South in Federal Way

WHITE MAGIC Bleach
1 Gallon $0.57

Charcoal Briquets Scotch Buy
10-lb. $1.15

Because of staffing limitations, some fresh meat items in this ad may not be available on Sunday.

Fresh Ground Beef
Any Size Package $1.19 per lb.

Corned Beef Brisket
Safeway Boneless $1.49 per lb.

Valvoline Motor Oil
10W-40 Quart $0.59

Crest Toothpaste
7 oz. $0.85

Cinnamon Pull-A-Parts Package $1.19

Head Lettuce
Fresh Each $0.29

Select Carrots
Fresh 2-lb. $0.49

Everything you want from a store and a little bit more.

Special Items & Prices Effective Wednesday August 1st thru Tuesday August 7, 1979 At the 32057 Pacific Highway South, 28810 Military Rd. South, and 2109 S.W. 336th St. Stores in Federal Way Only.
SAFETY SALUTES Seafair
WITH A GIANT 5 BRANDS SALE

Fresh Whole Fryers
Fryers
Best Grade A
Sliced Green
lb. 48c

Seedless Grapes
Calif. Thompson
lb. 59c

Meat Department

Beef T-Bone Steak
U.S.D.A. Choice
lb. 2.99

Large Slicing Tomatoes
Red Ripe
lb. 39c

Produce Department

SCOTCH BUY
Margarine
Formerly Coldbrook
1-lb. 39c

SAVE 10c

Grocery Department

SAVE 1c

CRAGMONT
Canned Pop
Regular or Diet
12 oz. 89c

SAVE 3c

Case of 24

INFLATION FIGHTER

INFLATION FIGHTER

SEA TRADER
Chunk Tuna
Case of 48 28.32

MANOR HOUSE
Fried Chicken
Frozen

MANOR HOUSE
Family Flour
10-lbs.

KITCHEN CRAFT
Stewed Tomatoes

TOWN HOUSE

12 EXPOSURE
SAFETY COLOR PRINT

Variety Department

INFLATION FIGHTER

INFLATION FIGHTER

We offer you 3 choices...

Every Safeway store carries a wide variety of national name brands. Plus Safeway's Private Label brands, the list of our line, equal in quality to comparable national brand products. Plus, generally, costing you less. Scotch Buy Brand is Safeway's new Good Quality brand, at additional savings.

Prices Effective Wednesday August 1st thru Tuesday August 7, 1979. Sales in retail quantities only.

Prices Effective at the following Safeway Stores:
• Twin Lakes, 21st S.W. & 336th
• Century City, 32057 Pac. Hwy. So.
• 288th & Military Rd. S.
• Town House, 216th & Pacific Hwy. So.

Every thing you want from a store
SAFETY and a little bit more.
Safeway

**Teeny the Clown**
Will be at the 2109 S.W. 336th St.
Federal Way Safeway Store...
Friday, August 3, 1979, 11:00 a.m. - 3:00 p.m.
Saturday, August 4, 1979, 10:00 a.m. - 2:00 p.m.

**TOWN HOUSE**
Sweet Corn
16-oz. $89¢
Green Beans
16-oz. $89¢
Apple Sauce
3-16 oz. $1

**Town House**
Towns Pastes
4 oz. $1

**Refrigerated Food Buys!**

**LUCERNE**
Large AA Eggs
Doz. 59¢

**Margarine**
SCOTCH BUY
Bologna, Sliced
Formerly Coldbrook
2-lb. pack $0.89

**Butter**
HYGRADE or Smok-A-Roma
2-lb. pack $1.19

**LUCERNE**
Yogurt
Fruit Flavors, All Styles
3-8 oz. $4.99

**Fresh Whole Fryers**
Grade A Southern Grown
lb. 48¢

Because of staffing limitations, some fresh meat items in this ad may not be available on Sunday.

**Deli Section**

**SAFETYWAY FRANKS**
PREMIUM Franks
lb. 1-lb. pack $3.99

**BANG BANG**
Bologna, Sliced
lb. $1.49

**Sliced Beef**
lb. $1.49

**Beef T-Bone Steak**
U.S.D.A. Choice
lb. $2.99

**Boneless Ham**
Hygrade or Smok-A-Rama
2-lb. Water Added
lb. $1.49

**Canned Hams**
lb. $1.19

**Bacon, Sliced**
Smok-A-Rama
2-lb, 3-17
lb. $1.09
The News Wednesday, August 1, 1979  L-15

brand sale!

MRS. WRIGHTS

Cake Mixes
Formerly REAL ROAST

18.5-oz.

55¢

SCOTCH BUY

Peanut Butter

48-oz.

$1.99

SAFETY QUALITY

Nu Made

Mayonnaise

Quart

$1.09

KITCHEN CRAFT

Family

Flour

10 lb.

$1.29

Stewed Tomatoes

Town House

3 lb.

89¢

Mrs Wrights

Hot Dog Buns

Mrs. Wright’s

White or Wheat

1/4 Sheet

$1.59

Bake

Shop!

For Back to School and Fall-into-Reading Days

Picnic Cake

$2.49

Variety Department

12 EXPOSURE

SAFETY

COLOR PRINT Film

110 or 116 Sizes

Broccoli

Air-Fresh

Sale

6-oz.

39¢

California, White

Thompson

Seedless Grapes

lb.

59

We go a little farther... we do a little extra... We care a little more... at Safeway!
Everything you want from a store ... and a little bit more
Easy and elegant omelets

Omelets are easy to make, and you may have heard that the French or Italians first invented them. This one is a variation of a French or Italian omelet.

1. Add oil to an omelet pan over medium-high heat. Be sure to cover the bottom of the pan. Pour in the egg mixture. Reduce heat to medium and cook slowly until the bottom of the omelet begins to set. Carefully turn the omelet to preheat the pan. Sprinkle with cheese. Microwave 5 to 6 seconds on full power before cheese. Arrange lettuce and thin strips of cheese over one edge of the omelet. Cut in half, if desired.

2. Crepe - tender Chinese vegetables turn a plain omelet into a hearty combination of flavors. Serve with extra hot sauce. 

Step by step to a perfect omelet

1. Preheat an omelet pan over medium-high heat. Be sure to cover the bottom of the pan. Pour in the egg mixture. Reduce heat to medium and cook slowly until the bottom of the omelet begins to set. Carefully turn the omelet to preheat the pan. Sprinkle with cheese. Microwave 5 to 6 seconds on full power before cheese. Arrange lettuce and thin strips of cheese over one edge of the omelet. Cut in half, if desired.

2. While top is still puffy and lightly browned, Fill the omelet with your favorite cheese and a dash of cumin. To microwave omelet, top withcheese. Place under the broiler, until cheese is melted, about five minutes.

3. Serve with additional ketchup or other sauce.

Kitchen safety

The shock of your life could occur in your kitchen. Follow these safety practices. To avoid a personal injury, use the kitchen, heed these steps:

1. Don’t use electric appliances while standing in water, touching plumbing fixtures or any other moist objects.

2. Keep all electrical equipment away from water. There is no such thing as "waterproof." Where extra cord may dangle, run through a water-resistant cord protector.

3. Don’t overload outlets. Always space appliances when they are not in use and when they are being used, to prevent overheating. Likewise, when using a detachable cord, always unplug it from the outlet first.

4. Never throw a burning piece of electrical equipment, such as a fry pan, into water. Instead, use a Class A or K type fire extinguisher, first, then a Clorox bottle. Water flowing through electricity and water is deadly and dangerous.

5. Have the wiring in your kitchen checked by a qualified electrician.

6. With the proliferation of electrical appliances in modern kitchens, older homes may not have receptacles for the increased demand. Circuits may overload, and smoke, so don’t overload.

In the kitchen, the secret is the pan, or fry pan. After you make an omelet, it is a French, potato or even an egg and cheese omelet, ready to make an omlet. Oil, butter or cream is how we know it. Even a French or Italian omelet.

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**LAKECREST MARK & PAK**

**28855 MILITARY ROAD S. FEDERAL WAY**

**STORE HOURS**
MON-FRI 9AM-9PM
SAT 9AM-9PM SUN 10AM-7PM

**NO MEMBERSHIP REQUIRED**

**PRICES EFFECTIVE AUG 1 TO AUG 5 LIMIT RIGHTS**

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**GROCERY SPECIALS**

**BATHROOM TISSUE**
CHARMIN 4 ROLL PACK 75¢

**PAPER TOWELS**
BOUNTY JUMBO ROLL 57¢

**NABISCO CRACKERS**
RITZ POUND BOX 77¢

**PURINA 50 LB BAG**
DOG CHOW 99¢

**FARMAN'S GENUINE, KOSHER, HOME STYLE**
DILL PICKLES 48 oz EA 99¢

**3 OUNCE PKG NOOKLES**
RAMEN PRIDE 7 FOR $1

**NEW CONVENIENCE PACK-TODDLERS**
PAMPERS 629¢

**PURITAN OIL**
NIBLETS CORN 12 oz 3 FOR 89¢

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**FRESH MEATS**

**RIB CUT PORK CHOPS**
LB. $1.69

**LEAN GROUND BEEF**
LB. $1.59

**TURKEY HAMS OLD SOUTH**
LB. $1.88

**SEA FOODS**

**FRIER LEGS**
LB. $1.25

**FRIER THIGHS**
LB. $1.55

**FRIER BREASTS**
LB. $1.69

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**WASHINGTON GROWN. TYNDELS FARMS**

**FRYER THIGHS**
LB. $1.59

**FRYER BREASTS**
LB. $1.69

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**DELI DEPT.**

**BLUEBONNET, POUND MARGARINE**
MED/DL 1 LB 52¢

**TILLAMOOK BACON**
10 oz PK 325¢

**GRATED CHEESE, KRAFT PARMESAN**
59¢

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**MORE FRESH PRODUCE**

**PEACHES**
RED HAVEN 29¢ LB

**SEEDLESS GRAPES**
LB 67¢

**CUCUMBERS**
LB 37¢

**TOMATOES**
LB 37¢ CORN LOCAL 10 FOR $1

**FRESH FRUIT FOR YOU CANNING NEEDS**
AVAILABLE BY MID AUGUST

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**SPORT SOCKS**
MENS PAIR 98¢

**CONDITONER OR SHAMPOO**
REVON $1.49